

Wexford CYPSC Newsletter

September 15th 2023

For information on services and supports for children, young people and families see Wexford CYPSC

For information on parenting supports and programmes, see <u>Wexford Parents Hub</u> or access on <u>Facebook</u>



CONTENTS

Webinars & Training

P.3: World Suicide Prevention Day (WSPD) 2023: "Creating Hope Through Action"

P.4: Gorey VTOS Programmes Recruiting

P.5: Engage National Men's Health Training Connecting with Men: A one day training course for health professionals and community workers who work with men

Funding

P.6: Tik Tok Digital Future Fund

WEBINARS & TRAINING

→ World Suicide Prevention Day (WSPD) 2023 : "Creating Hope Through Action"



World Suicide Prevention Day (WSPD) 2023 was yesterday 10th of September and events will be ongoing this week in regard to its message of "Creating Hope Through Action".

In the South East, this is an important theme in our regional Suicide Prevention Action Plan, *Connecting for Life South East Community Healthcare, 2022-2024*. It is a time when we can spread a message of hope to others.

Even though suicide is a very complex issue, we can always look out for others who might be experiencing suicidal thoughts, and provide support. This helps to create a more caring society where those who need to, feel more comfortable in seeking help.

Free suicide prevention and awareness programmes are available from the HSE. These can build your confidence, help you recognise people who might be at risk of suicide, ask them about suicide, and connect them with helpful supports and services.

For example:

- LivingWorks Start, a 90 minute online programme
- safeTALK, a half day face-to-face programme

To book a place on any of our suicide, self-harm or bereavement Training Programmes please visit www.bookwhen.com/sro

→ Gorey VTOS Programmes Recruiting

We would like to inform you that Gorey Further Education and Training Centre is now enrolling for Gorey VTOS programs.

We are recruiting for Full time learners, from level 3 to 5, in the following areas.

- Level 3 Employability Skills
- Level 4 Office Skills
- Level 4 Engineering Skills
- Level 5 Business Administration

If you are on a social welfare payment for 6 months or more and over the age of 21, these fully funded courses which follow the school term holidays may be an option for you.

Interested in finding out more, please call in to us @Gorey FET Centre, Civic Square, The Avenue, Gorey, Co Wexford, Y25 N720

We would appreciate if you could cascade this through your organisation or pass it on to anyone who may be interested in returning to education.

(Please note if you are on this mailing list and wish to be removed or update an email address, please email me directly maryrooney@wwetb.ie)

Thanks

Kind Regards,

Mary Rooney

Clerical Officer | Gorey VTOS and Youthreach

→ Engage National Men's Health Training Connecting with Men: A one day training course for health professionals and community workers who work

with men

Wed Oct 18th 2023 Waterford

Aim: To assist a broad range of practitioners and service providers to explore the world of males, and to develop practical strategies for effectively engaging with them around health

and wellbeing issues.

The workshops primarily focus on the engagement process (i.e. WHY and HOW to build

relationships with men and boys), rather than offering a new or revised health programme.

Objectives:

The key objectives for this training are to:

• Reflect upon how to create a "safe space" for working with men.

Gain a common understanding of what men's health is and why it is important.

• Explore how gender influences the values and attitudes that men develop in relation to their health, and how this influences their health behaviours.

• Identify some of the determinants that shape health outcomes for men.

• Reflect on participants' own value base, experience, skills, attitudes towards and

expectations of men.

Explore what a 'male friendly' health programme or service looks like in practice.

Signpost participants to further sources of help, advice, guidance and support.

Methodology: Experiential

Number of Places:

22

To book a place please click on the link and fill in the necessary information

https://bookwhen.com/southeasttraining/e/ev-siax-20231018091500

for more information ann.bates@hse.ie

5

FUNDING

→Tik Tok Digital Future Fund

RETHINK IRELAND

The TikTok Digital Future Fund is a €750,000 three-year fund created by Rethink Ireland in partnership with TikTok to enhance the lives of young adults in Ireland. The Fund is part of a €1 million total commitment by TikTok. €250,000 will be granted to Rethink Ireland in TikTok advertising to support fund activities with non-profit organisations in communities.

Ages 15-24 are transformative years in the lives of all young people. It is a time when young people make key education and employment choices that influence their long-term prospects. Since the pandemic, many young people are unemployed or are in precarious employment. Young people supported with high quality education and skills training opportunities have an increased chance of building a prosperous life. To build a strong future generation, young people need to be supported to access programmes that build digital and/or creative skills and equip them for further education and/or a job.

The objective of the Fund is to support non-profit organisations that build digital and/ or creative skills to enhance the lives of marginalised young people aged 15-24 who are experiencing unemployment, underemployment, or wish to upskill. This could be done through:

- education programmes
- employment readiness programmes
- or both!

Examples of suitable projects could focus on one of the following areas:

- Improving digital skills and digital literacy for young people to prepare them for further steps in education, training and employment.
- Inspiring and enhancing creative skills in young people to prepare them for further steps in education, training and employment.
- Preparing young people with work readiness skills, including digital skills and creative skills, confidence-building and interview skills to prepare them for employment.
- Connecting young people with inspiring mentors and/or work experience opportunities in the digital and/or creative sectors to further their career options.

This is not an exhaustive list – please refer to the Fund criteria to see if your project/organisation is eligible to apply.

Projects/organisations reaching marginalised young people and using fully digital or hybrid programmes (hybrid means a mix of online and offline) have an advantage.

You can apply to The TikTok Digital Future Fund via the ONLINE PORTAL from **August 9th until September 22nd at 1.00 pm.**

For further details of the fund and how to apply see the website **here**.