

# **Wexford CYPSC Newsletter**

April 12th 2024

For information on services and supports for children, young people and families see <u>Wexford CYPSC</u>

For information on parenting supports and programmes, see <u>Wexford Parents Hub</u> or access on <u>Facebook</u>



# **CONTENTS**

# **Campaigns / Events**

P.3: Hello How Are You?

P.4: Autism Awareness event SETU April 18th

P.5: National Learning Network Open Day April 24th

# Webinars / Training

P.7: Workability Course

# **Funding**

P.8: Community Integration Fund

P.9: European Youth Week Participation and FUNDING Opportunities

#### Resources

P.11: Resources for Effective Communication on Child Health and Obesity

P.13: Supporting Parenting Events – Information Requested by DCEDIY

# **CAMPAIGNS / EVENTS**

#### → Hello How Are You?



#### Hello How Are You?

**HELLO How Are You** takes place again this year, but the new date is a little later, 15<sup>th</sup> May. So many groups have run lovely events over the last two years and the feedback is great, so we are hopeful that you will either run a similar or new event this year and encourage people in your community to connect.

All you need do is register your event on the dedicated page, <u>Home - Hello How Are You?</u> and you can also pop onto an online information session where we can explore ideas to make your event a success and to support your volunteers with the skills they would like when asking 'HELLO How Are You?' to the people at your events. Dates are 25<sup>th</sup> April at 11am and 2<sup>nd</sup> May at 6pm. Email me in advance for a link to join.

#### **Recovery Library**

A working group made up of community and HSE service providers, people with lived experience and family members worked with the local library service, Healthy Ireland Coordinator and Mens Shed in Kilkenny to create a library in the Department of Psychiatry. Feedback is really good from people working and staying in the department. Link to a press release below.

Recovery Library launched in Kilkenny to 'share supports and hopeful stories' - Kilkenny Observer

Haven House in Clonmel have also successfully developed a library for people staying there and were supported by the local library, Health Ireland Coordinator and Recovery Education Facilitator.

#### **Radio Programme**

I also wanted to share the radio show we did for World Mental Health Month again as it is a great listen with lots of inputs from a variety of people and groups and services. You might like to listen or to share with your networks. Mixcloud

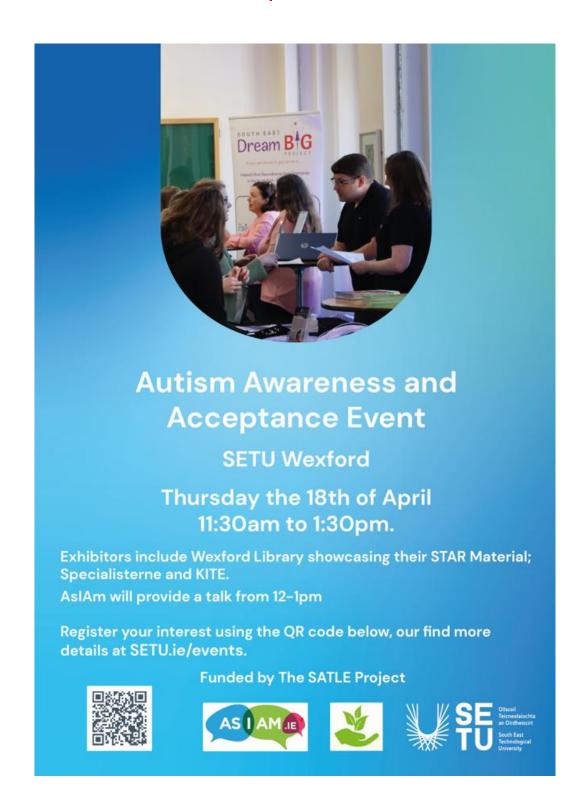
Feedback was great on this too and we might see if we can do on as a region or in a few counties during October to provide more information for listeners on what is available in our communities during World Mental Health Month.

Feel free to contact me to discuss any of the above.

Best regards,

Gina Delaney

# → Autism Awareness event SETU April 18<sup>th</sup>



### → National Learning Network Open Day



National Learning Network is hosting a National Open Day on Wednesday 24th April 2024, when more than 30 centres across the country open their doors to the public.

National Learning Network, which is the education and training division of Rehab Group, provides a range of flexible training courses for people with extra support needs. This year marks a significant milestone for the Rehab Group as we celebrate 75 years of transformative impact.

NLN is the largest private provider of personalised education, training and employment services in Ireland. We run over 70 certified training courses, which offer nationally recognised qualifications including QQI, ICDL, and City and Guilds. Students can access courses in a variety of ways: in their local centre, with a local employer, or even from the comfort of their own home. Over 7,000 students completed a training programme with NLN in 2023 and 90% of these students went on to further education or training.

Our focus this year is on the concerning trend of increasing college dropout rates, particularly among students grappling with mental health issues and other challenges. Data released by the Higher Education Authority (HEA) shows the number of students who did not progress from first to second year increased from 9 per cent in 2019/2020, or 3,600 students, to 15 per cent in 2021/2022, or almost 7,000 students.

As dropout rates continue to rise, it's crucial to acknowledge that traditional educational pathways may not be suitable for every individual, especially those with disabilities. NLN is an alternative to traditional higher education pathways for those needing more support to get an education or access employment. Our holistic approach focuses on developing essential life skills, providing mental health support, enhancing employability, and empowering people to overcome barriers and reach their full potential.

Drop in and visit your local NLN Centre, The Swan Training Centre, The Faythe, Wexford, Y35 YR53 on Wednesday 24th April 2024 from 11am to 1pm:

· Purpose: Explore various learning options, pathways to further education, higher education, and job opportunities

· Engage: Take the opportunity to discuss your unique journey with our knowledgeable staff

· Inclusivity: Discover NLN's commitment to inclusive, equitable education and training ensures that no one is left behind

Please feel free to share this email with any colleagues or clients it may be of interest to and please RSVP via email if you plan to attend on the day. Find out more about NLN, the courses we offer and all our centre locations at <a href="https://www.nln.ie">www.nln.ie</a> or contact Vivienne Brady in NLN Wexford on 087 4145495.

To access the Open Day Information Poster, click here.

**Emma Jane Meredith** 

Marketing Project Officer

National Learning Network

Carlow Kilkenny Wexford

M: 0872901004

E: emmajane.meredith@nln.ie

W: www.nln.ie

6

### WEBINARS / TRAINING

# → Workability Course



#### Forbairt Áitiúil Loch Garman

I am writing about a new, exciting opportunity here in Wexford. Wexford Local Development and An Cosán, Dublin are collaborating to offer an award winning, fully funded, QQI Level 5 Major Award in Business Administration called Workability. This a part time, two year course which includes a full suite of wrap around supports, particularly tailored to those returning to education.

The course is hybrid, in that it will be delivered online by tutors based in Dublin, via attendance at our hub in Wexford Local Development, where they will be supported by a classroom facilitator.

Please check out the attached flyer and radio ad and feel free to share with your colleagues and clients. Participants should apply before 23rd April at this LINK

<a href="https://www.ancosan.ie/sign-up-to-our-free-workability-course-starting-7th-may/">https://www.ancosan.ie/sign-up-to-our-free-workability-course-starting-7th-may/</a>>

Sign up to our FREE WorkAbility course starting 7th May! < <a href="https://www.ancosan.ie/sign-up-to-our-free-workability-course-starting-7th-may/">https://www.ancosan.ie/sign-up-to-our-free-workability-course-starting-7th-may/</a>

We are currently inviting applications for our WorkAbility course starting on 7th May 2024. Participants will develop the personal and... <a href="https://www.ancosan.ie">www.ancosan.ie</a> If you have any questions, feel free to contact me.

Kind regards, Jenny Kirwan

SICAP Client Support Officer

Mobile: 087 6930063

Address: Spawell Road, Wexford, Y35 E2FK

Website: <a href="www.wld.ie">www.wld.ie</a> <a href="http://www.wld.ie">http://www.wld.ie</a> >

#### **FUNDING**

# → Communities Integration Fund



An Roinn Leanaí, Comhionannais, Míchumais, Lánpháirtíochta agus Óige Department of Children, Equality, Disability, Integration and Youth

The purpose of the Communities Integration Fund 2024 is to support communities across Ireland to play a greater role in promoting the integration of migrants.

A total of €500,000 will be made available in 2024 to local community based organisations to carry out integration projects in their local area. Organisations eligible to apply include local community groups, sports clubs, faith-based groups, arts groups, cultural organisations and schools. Applicant organisations must operate on a not-for-profit basis.

This funding can be used for both once-off initiatives and short to medium term projects. Projects should take an inclusive approach, aiming to bring migrants and host communities together.

The Community Integration Fund enables community-based organisations across Ireland to build on their vital work in reaching out to, and helping to, integrate migrants into local communities. Successful organisations will receive grant funding of  $\le 1,000 - \le 5,000$  to support local integration initiatives.

- €500,000 will be made available to local community-based projects nationwide to support the integration of migrants.
- Grants of up to €5,000 will be awarded to successful organisations to support integration initiatives.

#### How to apply:

Applicants can access a detailed guidance document and complete an online application form link  $\underline{\text{here}}$ .

The closing date for receipt of applications is 12 pm on 8 May 2024.

# → European Youth Week Participation and FUNDING Opportunities



From **12th to 19th April** the EU is celebrating European Youth Week 2024!

The theme for this year's European Youth Week is 'Voice your Vision' is set to inspire and mobilise young people to bring democracy to life.

Organisations working with young people can take this chance to empower youth engagement, participation and active citizenship across Europe.

Here are some ways youth organisations and young people can take part:

- Organise your own EYW2024 events around this year's theme and showcase your activity on the map.
- Join the conversation on the EU Commissions' <u>Voice Platform</u> and contribute your insights on shaping the future.
- Enter Eurodesk Ireland's creative <u>Art Competition 'Your Values in Your Hand'</u>.
  Submit between 12th April and 9th May.

• You can apply for a MICROGRANT closing date May 9<sup>th</sup>, offering an opportunity for organisations working with young people (ages 13–30) to secure a €5,000 grant. Whether you're a youth organisation, secondary school, or community centre, this is your chance to bring an impactful project to life. Find out more here Léargas Microgrant Scheme - Leargas you can apply for the grant to fund any activity taking place within the Republic of Ireland, during June-September 2024, that supports young people's engagement with the priorities and thematic areas listed within the Submission Criteria section.

#### **Example activities could include:**

- conference,
- consultation
- workshop
- music event
- an art exhibition
- a photo competition
- a mini festival
- thematic meetings
- a combination of events and online campaigns
- information session

### **RESOURCES**

# → Resources for Effective Communication on Child Health and Obesity Webinar

At the recent HSE Health & Wellbeing: Effective Communications on Child Health and Obesity Webinar FrameWorks UK introduced different ways of communicating about child health and obesity, to encourage everyone to think about the effective actions we can take to prevent childhood obesity.



A recording of the session is now available to view on the HSE YouTube channel <a href="here">here</a>: Please circulate widely within your teams.

#### Areas covered included:

- An introduction to framing and why it matters
- Evidence-based, practical communication tips and advice for communicating about children's health
- How to build understanding, and increase support for policies and programmes that will help children thrive

As part of this initiative a guide has been developed summarising the key communications recommendations and providing examples of how to apply them.



Improving children's health in Ireland – a communications guide for talking about children's health and obesity can be found here:

This booklet is now available to order from www.healthpromotion.ie

For more information, especially for those interested in talking about obesity in clinical practice, these resources might be helpful:

https://www2.hse.ie/conditions/childrens-weight/https://childhoodobesity.ie/

Siobhán Sinnott RD,

Child Health Programme Development Officer, South East Community Healthcare

Primary Care, Upper George's Street, Wexford Y35AW96.

Mobile: 087-2244686 | Email: siobhan.sinnott@hse.ie



CORU: D1018195





#### **PARENTING CALENDAR DCEDIY**

# → Supporting Parenting Events – Information Requested by DCEDIY



An Roinn Leanaí, Comhionannais, Míchumais, Lánpháirtíochta agus Óige Department of Children, Equality, Disability, Integration and Youth

It is that time again where we are seeking details of upcoming events or initiatives that are designed to assist parents/guardians in their parenting role.

Looking ahead to the summer months which hopefully will bring us some warmer weather, parents will no doubt be thinking about summer camps and events to keep their children active and entertained. With this in mind, we welcome details of any parenting initiatives which will be taking place from 1 May 2024.

As with previous months, a selection of these events will be promoted across DCEDIY social media channels to raise awareness among parents of supports available to them in their locality. Details of upcoming events can be provided via a short survey by clicking <a href="here">here</a>.

Please feel free to circulate this email to any service within your network that may have an upcoming parenting event which they wish to promote.

It would be appreciated if details of any upcoming events could be provided by **COB on Friday 19 April** to allow time for DCEDIY Communications to develop content for sharing across DCEDIY social channels.

You can check across DCEDIY social channels for your event and please feel free to like and share our social posts.

Any queries can be directed by email to: <a href="mailto:parentingsupport@equality.gov.ie">parentingsupport@equality.gov.ie</a>

We wish to sincerely thank you for your continued support on this initiative.

Kind regards

The Parenting Support Policy Unit