



Wexford CYPSC Newsletter

May 5th 2023

For information on services and supports for children, young people and families see

www.wexfordcypsc.ie.

For information on supports for parents, see **Wexford Parents Hub** at

www.wexfordcypsc.ie/wexford-parents-hub and on Facebook at

www.facebook.com/wexfordparentshub/.

CONTENTS

Funding

P.3 : Coca Cola Thank You Fund

P.4: Ireland Against Racism Funding Call

P.6 :The Children's Promise Grant Programme : Katharine Howard Foundation

Workshops / Training

P.7 : Applied Suicide Intervention Skills (ASIST)

P.8 : Sports Active Wexford "Autism In Sport" Workshop

P.9 : New Ross FET Open day

P.10 : Covid Partner Pack – Health Service Updates and Information

FUNDING

→ Coco Cola Thank You Fund



Coca-Cola are partnering with the Irish Youth Foundation this year to manage the 2023 **Coca-Cola Thank You Fund**. A fund of €200,000 is available to community-based projects and programmes across Ireland and Northern Ireland that are focused on empowering young people aged 16-25 year under the following three focus areas:

1. ***Empowering Learning***
2. ***Empowering Sustainable Development***
3. ***Empowering Inclusion***

The fund will offer grants of up to €10,000. **Access the fund criteria [here](#).**

- More information about this fund can be found on the IYF website – <https://iyf.ie/coca-cola-thank-you-fund-2023/>
- **Applications for the fund must be made online** – https://iyf.smartsimple.ie/s_Login.jsp

I would be incredibly grateful if you would share this information with your network to ensure those who have a relevant programme have the opportunity to learn about the fund. Feel free to share my contact information if anyone wants to get in touch to discuss the fund in more detail.

****The closing date for this fund is Thursday 15th June 2023****

Kindest Regards,

Sarah Edmonds

Head of Grants & Programmes

Pronouns: she/her

Irish Youth Foundation

16 Fitzwilliam Place

Dublin 2

Mobile: 087-7622946 / Email: sarah@iyf.ie

→ Minister Joe O'Brien announces Ireland Against Racism Funding Call



An Roinn Leanaí, Comhionannais,
Míchumais, Lánpháirtíochta agus Óige
Department of Children, Equality,
Disability, Integration and Youth

- **€1,000,000 is being made available to applicant groups operating at national, regional and local level to support the implementation of the National Action Plan Against Racism.**
- **The overall objective of this fund is to provide funding for national and regional projects, as well as local initiatives, that aim to combat racism and foster racial equality and community cohesion.**
- **The grant scheme is open to applications from existing non-government organisations and community organisations that have a specific focus on anti-racism initiatives.**

The Minister of State for Community Development, Integration and Charities, Joe O'Brien, today announced that applications can now be made for funding from the Ireland Against Racism Fund.

The Ireland Against Racism funding call is an important element in supporting the implementation of the National Action Plan Against Racism, which was published on 21 March 2023. The funding call arises from Action 2.14 of the plan which states: *"Provide funding for national and local initiatives that aim to combat racism and foster racial equality and community cohesion, in order to support the implementation of this plan and the achievement of its objectives"*.

Announcing the fund, Minister O'Brien said:

"The funding call announced today follows on from the launch on March 21st of the National Action Plan Against Racism, and recognises the need for dedicated support for organisations with programmes and initiatives that directly address the issue of racism in Ireland. Provision of this funding underscores the Government's commitment to tackling racism in this country and making life better for both migrants and Irish people who may be subjected to racist discrimination".

There are two streams of funding;

- Scheme A will provide grants, ranging from €50,000 to €100,000, to organisations for national and regional projects.

- Scheme B will provide grants, ranging from €5,000 to €10,000, to organisations for local projects.

All applications must be submitted electronically.

Applications for funding will remain open until noon on 31st May. Groups can access a detailed guidance document and complete an online application form at the following links:

Scheme A –

<https://ec.europa.eu/eusurvey/runner/IrelandAgainstRacismFund2023SchemeAApplication>

Scheme B –

<https://ec.europa.eu/eusurvey/runner/IrelandAgainstRacismFund2023SchemeBApplication>

→ The Children's Promise Grant Programme : Katharine Howard Foundation



The **'Children's Promise' Grants Programme** is a new programme within the Katharine Howard Foundation, in collaboration with Community Foundation Ireland (CFI), and aims to support organisations working with young children and their families in disadvantaged areas, who may not reach their potential due to the corrosive impact of poverty. This is necessary because despite Ireland being a prosperous, developed country, an estimated 89,288 children live in consistent poverty.

All children are born with the potential to thrive and the 'Children's Promise' Grants Programme aims to support community-based organisations working to protect that potential and to support the wellbeing of their families.

The 'Children's Promise' Grants Programme is a promise from KHF to provide financial and other supports to selected organisations, to support and develop the potential of the children engaged with the organisations. The Programme aims to build on the powerful work taking place at community-level to address child poverty with a grants programme of €1,000,000 in financial and non-financial supports over the duration of the programme 2023-27

For more information, please check out our website [here](#) or follow us on social media at: [FB](#) [t: @Khfdn](#)

The Grant opens 18 April and closes on 12 May

WORKSHOPS & TRAINING

→ Applied Suicide Intervention Skills (ASIST)

Just a reminder that we are delivering a weekend Applied Suicide Intervention Skills (ASIST) Training next weekend, **Saturday/Sunday, May 13th and 14th** from 9 am to 5 pm both days. The training will take place in Waterford Teacher's Centre, the Newtown Road, Waterford. This may be of interest to people who cannot commit to two full days during the week. Participants must have completed safeTALK or Start (Online Suicide Prevention Skills Training) in advance of ASIST. Further details on safeTALK and Start are available at www.bookwhen.co/sro.

To book a place on the weekend ASIST please visit <https://bookwhen.com/sro/e/ev-s9fe-20230513000000>. Feel free to share this email with your networks.

Kind regards,

Tracy Nugent

HSE Service Manager/Resource Officer for Suicide Prevention

Front Block, St. Patrick's Hospital, John's Hill, Waterford X91 KX25

Tel: 051 874013

Mobile: 087 9271041 **Email:** Tracy.Nugent@hse.ie

www.connectingforlifesoutheast.ie

To book a place on any of our suicide, self-harm or bereavement Training Programmes please visit www.bookwhen.com/sro



→ Sports Active Wexford “Autism In Sport” Workshop



The poster features a dark blue background with teal and yellow accents. At the top left is the 'cara' logo with the tagline 'sport • inclusion • ireland'. To the right are two circular images: one of a female athlete running on a track and another of a smiling male athlete with a backpack. The title 'Autism in Sport' is prominently displayed in the center, with 'Autism' in white on a teal background and 'in Sport' in white on a yellow background. Below the title, 'Online Workshop' is written in white next to a computer monitor icon. The Sport Ireland logo is in the bottom right. A white box at the bottom contains event details: Date (10th May 2023), Time (6.30pm – 9.00pm), Email (anna.flynn@wexfordcoco.ie), and Tel (Register online: <https://bit.ly/3EhzhYN>). The bottom of the white box says 'Presented By:' followed by the Sports Active Wexford logo.

cara
sport • inclusion • ireland

Autism in Sport

Online Workshop

SPÓRT ÉIREANN
SPORT IRELAND

Date: 10th May 2023

Time: 6.30pm – 9.00pm

Email: anna.flynn@wexfordcoco.ie

Tel: Register online: <https://bit.ly/3EhzhYN>

Presented By:

Sports Active
Wexford

New Ross Further Education and Training Centre & Youthreach Open Day

New Ross FET Centre, Butlersland
Y34 AD63

Monday the 8th of May
10:00-12:00

Come and find out about our;

- Free Full & Part-Time Courses
- *Youthreach*
(Ages 16-20 Years)
- *Educational*
Guidance Service



Call us on
051 425 034
or
051 440 307

Health service updates and information



The Assisted Decision-Making (Capacity) Act 2015

[Watch Bernard Gloster, CEO of the HSE talk about the importance of this piece of human rights legislation.](#)

The Assisted Decision-Making (Capacity) Act 2015 was commenced on Wednesday 26th April 2023. The Act gives people the right to be assisted to make decisions with legally recognised supports regardless of disability or any condition which may affect a person's decision-making capacity. The Act ensures the right of people to make autonomous and independent decisions for as long as possible.

There are a number of guiding principles in the Act including the presumption of decision-making capacity and that people should be supported to make their own decisions as far as is possible. The Act emphasises minimal restriction of a person's rights and freedoms and the importance of respect for will and preferences.

The Decision Support Service have published 13 Codes of Practice to provide guidance to people who have statutory obligations under the Act. The Codes of Practice can be viewed [on their website.](#)

You can find more information about the Act and additional resources on www.assisteddecisionmaking.ie.

Every dose counts – HSE marks European Immunisation Week 2023

- *Ensuring children are up to date with their vaccines will protect them from vaccine-preventable diseases*

- *Information on vaccines recommended for you and your family is available [here](#)*

On 24th April, the HSE marked the World Health Organization's (WHO) European Immunisation Week 2023, which takes place each year during the last week of April. The theme for this year is "the big catch-up" and aims to improve vaccination uptake worldwide, especially in younger children who may have missed out on their routine vaccines since the COVID-19 pandemic.

Many children worldwide are not up to date with their recommended vaccines, making them vulnerable to disease. In the WHO European Region alone, over 1.2 million children have missed out on an MMR vaccine.

Dr Lucy Jessop, HSE Immunisation Lead and Consultant in Public Health Medicine at the National Immunisation Office, outlines: "In Ireland children get two doses of the MMR vaccine so they can be fully protected against measles. However, uptake rates of the first and second doses of the MMR vaccine have dropped below the 95% rate recommended by the WHO to stop measles from spreading.

"Unvaccinated, young children are most at risk of infectious diseases like measles. But if your child has missed any of their recommended vaccines, it's not too late to catch up and get protected."

Young people who are eligible for the Laura Brennan HPV vaccine catch-up programme can get a free HPV vaccine if they missed out on the vaccine when it was offered to them in school. "The more young people vaccinated and women screened the better the spread of HPV infection can be controlled and the more HPV related cancers prevented," says Dr Jessop.

This European Immunisation Week, we are encouraging parents and guardians to make sure their children are up to date with their vaccines, including baby and school vaccines. The sooner they catch up and get vaccinated, the sooner they are protected.

"Timing matters, so it is important to get vaccinated on time and catch up on any missed doses as soon as possible so your family is protected. We need to act now to catch up on the children

who missed out on their vaccines during the pandemic so we can restore immunisation levels to pre-pandemic levels and keep everyone safe,” adds Dr Jessop.

On the 75th anniversary of the WHO this European Immunisation Week, we remember how vaccines have been one of the most cost-effective health interventions available, saving millions of people from illness, disability and death each year.

For information about the vaccines recommended for you and your family, talk to your local healthcare provider or visit www.immunisation.ie

People-focused service at the centre of new 5-year strategy published by the National Screening Service

The HSE National Screening Service (NSS) launched its new strategy on 26th April 2023, setting out the direction for the service over the next five years.

‘To work together to save lives and improve people’s health’ is the central message of the NSS Strategic Plan 2023-2027 - Choose Screening, Together We Can Make a Difference.

This new strategy comes at a time of increasing demand for health services, where there is a focus on reducing the impact of disease through prevention and early detection measures.

The strategy places people at the centre of the work of the National Screening Service as it prioritises the development, delivery and improvement of its services.

Partnerships and participation are running themes across the three priorities of the strategy.

The National Screening Service Strategic Plan 2023-2027 [is available here](#).

SunSmart Campaign 2023 – 1st April to 30th September

The annual SunSmart campaign is run by the HSE’s National Cancer Control Programme (NCCP), in collaboration with Healthy Ireland and cross-sectoral partners, and works to support people to reduce their risk of skin cancer by protecting their skin from the sun. The aim of the campaign is to increase awareness of the steps you, your family, friends and colleagues can take to protect

your skin from the sun. This is the fourth year of the campaign and each year it continues to grow.

We have included a campaign pack at the bottom of this email with promotional content for you to use and share with your own networks to support the SunSmart campaign.

You can [find more information here](#).

HSE Injury Units

This week, a radio campaign promoting local injury units across the country will be on air again.

Injury units treat injuries that are not life-threatening. For example, broken bones, dislocations and burns. The waiting times at injury units are usually significantly less than at Emergency Departments (EDs) where staff need to prioritise treating acutely ill patients.

You can [find more information here](#).

‘Dementia: Understand Together’ campaign's new symbol representing dementia inclusive communities

The HSE led Dementia: Understand Together campaign's dementia inclusive community symbol sends an important message that you are supporting people with dementia and working towards becoming more inclusive.

The HSE and its partners are calling for more people to get involved and to join the many people and businesses across Ireland who are already taking action. People and organisations can learn more about the campaign and sign up to get involved at www.understandtogether.ie/get-involved

Self-help for common mental health difficulties

Are you or a loved one experiencing ongoing stress, anxiety, low mood or sleep difficulties?

These are common mental health difficulties that we often accept as part of daily living. Just not

feeling yourself? Take some time to make the connection with your mental health and check out our [self-help](#) options on [yourmentalhealth.ie](#)

During April, the HSE have continued a national campaign on radio, digital audio, social media and [video on display](#). We would appreciate your support in sharing our resources and promoting [www.yourmentalhealth.ie](#) among your networks. Follow us on [facebook.com/hseyourmentalhealth](#) and Twitter: [@hse_ymh](#) [#yourmentalhealth](#)

New HSE free hepatitis C home test now available

Thousands of people in Ireland are living with hepatitis C and don't know it.

The free Hepatitis C home test allows adults to order a free hepatitis C test online and carry out the finger prick test at home.

The test is to detect hepatitis C in people with no symptoms who may be at risk of hepatitis C infection.

Users complete the tests at home and post the sample to the laboratory in a pre-paid envelope provided. Results are issued by text or phone. Those who require follow on treatment will be referred to participating clinics or hospitals.

Treatment for Hepatitis C is free, tablets are effective and well-tolerated, with over 95% of people cured in as little as 8 to 12 weeks. The new home testing service could help people unknowingly living with Hepatitis C to get a life-saving diagnosis and treatment sooner.

Order your free hepatitis C test today on [www.hse.ie/hepc](#)

Bowel Cancer Awareness

April is Bowel Cancer Awareness Month. This year BowelScreen, Ireland's national bowel cancer screening programme, is reminding people aged 60 to 69 to complete the simple at-home test that could save their life. Bowel screening looks for signs of changes in the bowel that could lead to cancer, before symptoms start. If bowel cancer is found early, it's easier to treat and there's a better chance of recovery.

To make sure you're on the BowelScreen register call 1800 45 45 55 or visit www.bowelscreen.ie.

HSE resources to assist Roma and other migrants to access the health service

The HSE has resources to assist Roma and other migrants to access the health service. You can find the resources and more information at www.hse.ie/translated-health-info and www.hse.ie/eng/services/mhml/

Wexford General Hospital update

The Paediatric Assessment Unit (PAU) is open from 8am to 10pm, daily, for children under the age of 16.

Children can access the PAU with a referral letter from their GP. Alternatively, a concerned parent can ring the service directly to schedule an appointment, 0861041628

The PAU will see patients with the following concerns:

- Sprains, strains and broken bones
- Minor burns and scalds
- Small cuts and injuries
- Mild asthma
- Fever
- Sore Throat
- Vomiting & Diarrhoea

This service – along with the AMAU and MIU - is a temporary measure until the hospital's ED becomes fully functional again.

The ED in WGH is not open while these new services exist. This means that if you feel your treatment is an emergency, please attend your closest alternative ED.

For more information, please visit hse.ie/WexfordHospital

Assisted Decision-Making (Capacity) Act 2015 – Guidance for Healthcare Workers e-learning programme

There is an e-learning programme available online on HSELand. You can [find more information, register and login here..](#)

HSE Talking Health and Wellbeing Podcast

Listen to the latest episode of the HSE Talking Health & Wellbeing Podcast to hear a heart-warming conversation about the positive impact singing in workplace choirs in the health service has on wellbeing. Listen and follow wherever you get your [Podcasts](#) or on the [HSE Health and Wellbeing YouTube](#) channel.

COVID-19 information

Updates to HSE guidance on management of COVID-19

There have been updates to HSE guidance on the management of COVID-19, including the use of face masks in healthcare facilities.

The detailed revised Public Health guidance is published on the HSE's www.HPSC.ie website, and we have also updated the public information on HSE.ie in relation to COVID-19.

Guidance on the use of face masks:

- The universal wearing of facemasks in hospitals and healthcare settings ended on Wednesday April 19th.
- Healthcare workers should wear a surgical mask or respirator mask in settings where patients have suspected or confirmed COVID-19 or respiratory illness.
- Patients and visitors will be advised by staff if they need to wear a face mask, to protect themselves or other people.
- Staff, patients or visitors can continue to use a mask if they choose and facemasks will continue to be available in health and care settings for staff, patients and visitors.

- Healthcare workers do not need to wear a facemask in healthcare settings where they are not clinically required. Staff will continue to do a [point of care risk assessment](#) before treating service users. Local risk assessments will decide which settings will continue or stop using facemasks.

Resources:

- [HSE.ie public advice on COVID-19](#) – a range of updates across all pages to reflect the new guidance
- [HSE.ie public advice on wearing face masks](#)
- [HSE.ie advice for people at higher risk](#)
- [Staff guidance on wearing face masks](#)
- [HPSC Public Health advice for the management of COVID-19](#)

If you or your child has symptoms of COVID-19

For adults, if you have any symptoms of COVID-19 and feel unwell, you should:

- stay at home until 48 hours after your symptoms are mostly or fully gone
- avoid contact with other people, especially people at higher risk from COVID-19

Your child should stay at home and avoid contact with other people if they have symptoms of COVID-19 and:

- are unwell
- have a high temperature (38 degrees Celsius or higher)

It is usually OK to send your child to school or childcare if they:

- only have nasal symptoms, such as a runny nose or a sneeze, but otherwise feel well
- have not had any new symptoms for 48 hours
- have not had diarrhoea for 48 hours

Contact a GP if your child has symptoms of COVID-19 and:

- are age 3 months or less
- feel very unwell and you are concerned about their symptoms
- [have a condition that puts them at higher risk from COVID-19](#)

If you or your child have COVID-19

You do not need a COVID-19 test unless a GP or healthcare worker advises you to have one.

But if you choose to do one and it is positive, for adults, you need to:

- stay at home for 5 days from the day your symptoms started or, if you have no symptoms, from the date of your positive test, and
- avoid contact with other people, especially people at higher risk from COVID-19

If your child tests positive for COVID-19, they should:

- stay at home for 3 full days from the day their symptoms started or, if they have no symptoms, from the date of their positive test, and
- avoid contact with other people

For up to date information visit [HSE.ie](https://www.hse.ie)

COVID-19 Community Testing Centres and PCR Self-Referral Portal have closed

The Public Health advice for COVID-19 has been updated, and COVID-19 testing is no longer recommended for the vast majority of people.

In line with this new advice, community testing centres across the country and the self-referral portal for ordering PCR tests are no longer required, and both closed on 30th March 2023.

Both PCR and antigen testing will continue to be used by doctors in hospitals and General Practice settings for the purpose of diagnosing and deciding on the provision of treatment for COVID-19 to a patient.

Public Health teams may also decide that COVID-19 testing is required in the management of an outbreak in a high-risk setting where they believe that further transmission is likely and could have serious impact, based on Public Health Risk Assessment.

You can find more information on the [HSE website](#).

COVID-19 vaccination for children aged 6 months to 4 years

COVID-19 vaccination is available to children aged 6 months and older to give them protection against serious COVID-19 illness.

The HSE has [provided information on our website here](#) to help parents make an informed decision.

You can find out how to book your child's COVID-19 [vaccine appointment here](#).

Get your COVID-19 booster vaccine

It's important that all eligible people avail of the COVID-19 booster to protect themselves and those around them from serious COVID-19 illness.

All people in the 18-49 years age group are eligible for their second COVID-19 booster, provided it is six months since their last vaccine or since they had a COVID-19 infection.

The HSE strongly urges people who have not yet received a COVID-19 booster vaccine to check their vaccine status and to do so as soon as possible. You can do this by contacting HSELive on 1800 700 700.

Booster COVID-19 vaccines are available at Community Vaccination Centres, participating GPs and pharmacies and information on getting your booster dose of the COVID-19 vaccine is available [here](#).

Advice for people at higher risk from COVID-19

You can find [more information here](#) and also information on [how to stay safe here](#).

COVID-19 vaccine resources

The HSE produces and regularly updates resources for the COVID-19 vaccine. You can visit the [COVID-19 vaccine materials page](#) for the latest leaflets and booklets including information on boosters and vaccines for children.

COVID-19 information in other languages

Visit hse.ie/translations for a range of COVID-19 vaccine information videos and resources that have been produced in other languages, including information on COVID-19 vaccination in pregnancy.

Information videos on COVID-19 vaccination for parents of children aged 5-11 are available [here](#).

Public Health resources

Health service information for Ukrainian nationals

- Updated mental health supports information is [here](#)
- Disability services information is [here](#)
- Healthcare services information is [here](#)
- COVID-19 information is [here](#)
- COVID-19 vaccination [video](#), Dr Oksana Kozdoba, a Pediatrician from Ukraine, shares information about the vaccination programme in Ireland. She covers the vaccines offered in Ireland to protect babies, school children and adults.

COVID-19

For updated information and advice on Coronavirus, please go to:

<https://www2.hse.ie/conditions/covid19/> and <https://www.hpsc.ie/a-z/respiratory/coronavirus/novelcoronavirus/>. Clinical and professional guidance relating to

COVID-19 is available on www.hpsc.ie where you'll find up to date guidance for healthcare settings and non-clinical settings.

Please check [here](#) for partner resources for COVID-19.

You can find translated resources [here](#).

You can find the [COVID-19 A-Z information here](#) from the HSE's Health Protection Surveillance Centre (HPSC).

You can view the latest information on how Ireland is responding to cases of COVID-19 [here](#).

Ireland's COVID-19 Data Hub is [available here](#).

If your organisation has any requests in relation to public health information materials, please reply directly to this email to let us know.

Many thanks,

Kahlil & Katie

COVID-19 Stakeholder Engagement, HSE Communications

Contact Information

HSE Partner Pack

kahlil.coyle@hse.ie