



Wexford CYPSC Newsletter

March 10th 2023

For information on services and supports for children, young people and families see

www.wexfordcypsc.ie.

For information on supports for parents, see **Wexford Parents Hub** at

www.wexfordcypsc.ie/wexford-parents-hub and on Facebook at

www.facebook.com/wexfordparentshub/.

CONTENTS

Training & Webinars

P.3 : Workshop for professionals and key contacts who are supporting people bereaved by suicide

P.4 : SOS Supporters Programme

P.6 : Connect Safely Programme : Foróige

P.7 : Gorey FET Open Evening

Funding

P.8 :St Stephen's Green Trust: Supporting Vulnerable Women and Families in the International Protection Process

Consultation

P.9 : Wexford Local Economic and Community Plan Public Consultation - Have Hour Say

TRAINING / WEBINARS

→ Workshop for professionals and key contacts who are supporting people bereaved by suicide

The HSE Regional Suicide Resource Office is delivering a one day, face to face 'Workshop for professionals and key contacts who are supporting people bereaved by suicide' on **Thursday, March 23rd from 9.30 am to 4.30 pm in St. John's Pastoral Care Centre, Waterford.** To book a place on the workshop please go to <https://bookwhen.com/sro/e/ev-sgao-20230323093000>. Please [click here](#) for further information attached and please feel free to share with colleagues who might be interested.

Kind regards,

Tracy Nugent

HSE Service Manager/Resource Officer for Suicide Prevention

Front Block, St. Patrick's Hospital, John's Hill, Waterford X91 KX25

Tel: 051 874013

Mobile: 087 9271041 Email: Tracy.Nugent@hse.ie

www.connectingforlifeseast.ie

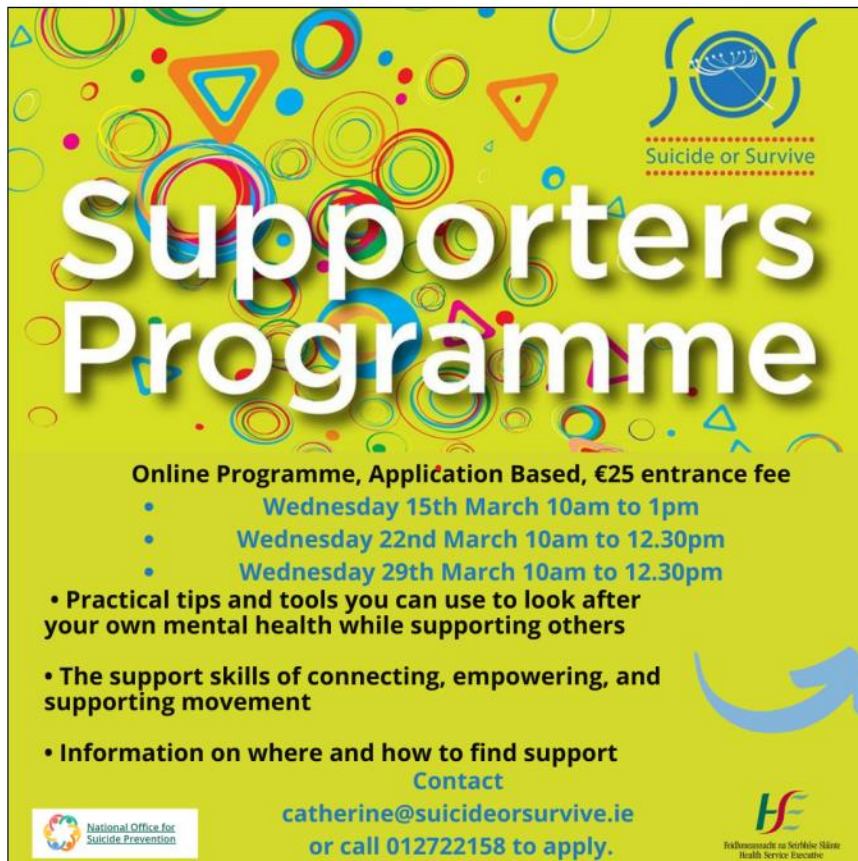
To book a place on any of our suicide, self-harm or bereavement Training Programmes please visit www.bookwhen.com/sro



→ SOS Supporters Programme

The next Suicide or Survive Supporters Programme will start next week online over Zoom. It is an 8-hour programme held over 3 sessions. We are currently recruiting participants for the programme.

I am emailing to **ask for your help** to spread the word about this programme to people who could benefit from attending.

A vibrant yellow poster for the 'Supporters Programme'. The background is filled with colorful geometric shapes like circles, triangles, and squares in various colors (red, blue, green, orange). At the top right, there is a logo for 'Suicide or Survive' featuring a blue circle with a white figure inside. The main title 'Supporters Programme' is written in large, bold, white letters with a slight shadow effect. Below the title, the text reads: 'Online Programme, Application Based, €25 entrance fee'. This is followed by a bulleted list of dates and times: 'Wednesday 15th March 10am to 1pm', 'Wednesday 22nd March 10am to 12.30pm', and 'Wednesday 29th March 10am to 12.30pm'. Below the dates, there are three bullet points describing the program's content: 'Practical tips and tools you can use to look after your own mental health while supporting others', 'The support skills of connecting, empowering, and supporting movement', and 'Information on where and how to find support'. At the bottom, there is contact information: 'Contact catherine@suicideorsurvive.ie or call 012722158 to apply.' There are also logos for the 'National Office for Suicide Prevention' and the 'HSE' (Health Service Executive) at the bottom corners.

To download this poster [click here](#).

The Supporter's Programme is for anyone supporting a family member, friend, or neighbour who is struggling with their mental health. The programme teaches supporters **practical skills** they can use to support others, it gives information on what supports are available and how they can be accessed and teaches practical ways of looking after your own mental health while supporting someone else.

Participants have said that alongside the practical skills learned the programme has increased their confidence in their existing support skills, helped them to focus more on self-care, and provided an opportunity for them to connect with others who are in a supporter role, so they feel less alone.

If you know of anyone who may benefit from attending they can find out more and apply for a place on the programme via our website

<https://suicideorsurvive.ie/programmes/supporters-programme/> or by contacting Catherine

at catherine@suicideorsurvive.ie or phoning 01 2722158. I have attached a poster for the programme to this email for you.

Thank you in advance for your support, if you have any queries, please do not hesitate to contact me.

Warm regards

Catherine Redmond (She/Her)

National Programmes Coordinator

Suicide or Survive

01 272 2158 / 0860677923

First Floor, 3-5 Carysfort Avenue, Blackrock, Co. Dublin, A94 W9X6

www.suicideorsurvive.ie

www.wellnessworkshop.ie

www.youmatter.ie

Registered Charity Number: CHY 16442

Company Registered Number: 397632

To register for one of our wellness webinars – click [here](#)

→ Connect Safely Programme : Foróige



The **Connect Safely Programme** promotes safer use of digital resources, equipping young people with the skills to safely benefit from being online, while also empowering young people to safely participate in their online communities as positive digital citizens.

The programme has been developed to engage young people in safe, creative, digital learning experiences where they can learn, connect, be informed and be creative. It is important that young people experience all the opportunities the internet offers and that they can do so in a way that is safe and as positive as can be.

The programme includes topics such as:

- Cyberbullying
- Screen Time and Well Being
- Privacy Settings
- Digital Citizenship, Fake News and Hate Speech
- Gaming/Gambling
- Online Relationships
- Sexting

The **Connect Safely Programme** is available to the Irish Youth Sector and is suitable for young people aged 12-18 years. It was designed by staff, volunteers and young people within Foróige with an external pilot taking place before the summer.

To learn more about the Connect Safely Programme and to sign up for training, updates or get your questions answered contact **Gavin at Gavin.Byrne@foroige.ie or call 086 412 7292.**

Register your interest now: [Connect Safely Programme](#)

→ Gorey FET Open Evening

Open Evening
Wednesday 22nd March 7-9pm

Gorey Further Education
&
Training Centre

Full-time
Part-time
Courses



- Office Skills
- Woodcraft
- Engineering
- Culinary Skill
- English Language
- Employability Skills
- IT Skills
- Horticulture
- Bookkeeping
- Payroll
- Special Needs Assistant
- Business Administration
- ATI Accounting
- Youth Work
- Nursing Studies



wwetb

Bord Oideachais agus Oiliúna
Phoirt Láirge agus Loch Garrahan
Waterford and Wexford
Education and Training Board

**FREE
COURSES**

*SUBJECT TO ELIGIBILITY

Apply Now

053 9421791
goreyfet@wwetb.ie

Gorey FET,
Civic Square, The Avenue,
Gorey

FUNDING

→ St Stephen's Green Trust: Supporting Vulnerable Women and Families in the International Protection Process



In 2023, SSGT launched a new funding programme aimed at supporting the most vulnerable women and families in the IP process including: lone parents, families with children who have additional needs, women and children who have survived abuse, victims of sex trafficking and families with deportation orders who do not have access to adequate financial or social supports.

The programme includes two funding strands and supports work in Ireland and in Northern Ireland. In **Strand 1**, one-year grants of between €5,000 (£4,500) and €8,000 (£7,500) will be offered to local groups working to improve the living conditions and pathways to support for the target beneficiaries. **Strand 2** will welcome applications for up to €20,000 (£17,500) per annum for up to three years from groups working strategically to improve the situation of vulnerable women and families in the long-term.

Detailed criteria and a link to the online application forms can be found [here](#) for Strand 1 and [here](#) for Strand 2.

If you have any queries about the programme, please contact our Grants and Development Manager Sara at sara@ssgt.ie.

The deadline for applications is 16 March 2023 at 17:00.

CONSULTATION

→ **Wexford Local Economic and Community Plan Public Consultation - Have your say**



Colleagues,

Wexford County Council is preparing a new Local Economic & Community Plan for the period 2023-2028. We are inviting you to have your say in shaping the future economic, social and community development of County Wexford.

The LECP consultation phase has now commenced and the public and stakeholders are invited to engage in the process to –

- *identify the programs that will see our county develop and grow.*
- *the opportunities, and challenges you face, across the county that affect your lives.*

The purpose of the LECP is to set out the objectives and actions needed to promote the economic development and community development of County Wexford, both by the local authority directly, and in partnership with other economic and community development stakeholders.

This consultation will seek the views of people living in the five Municipal District (MD) areas of County Wexford, as well as representatives from the public, private and community sectors.

As part of the first step to inform our new plan Wexford County Council have prepared a Socio-Economic Statement. <https://wccleo.s3.eu-west-1.amazonaws.com/WexfordSocio/mobile/index.html>

As part of our consultation programme, we would like to hear your views on the draft high level goals and the sustainable community and economic objectives set out within it, alongside your desired outcomes and vision for County Wexford.

A series of public consultation events for the Wexford Local Economic and Community Plan (LECP) will take place throughout March 2023 at the following locations:

- **New Ross MD:** 6.30pm, 21st of March 2023. Venue: Brandon House Hotel
- **Wexford Borough MD:** 10 am & 6.30pm, 27th of March 2023. Venue: Wexford County Council, County Hall
- **Gorey/Kilmuckridge MD:** 6.30pm, 28th of March 2023. Venue: Ashdown Park Hotel
- **Enniscorthy MD:** 6.30pm, 29th of March 2023. Venue: Riverside Park Hotel
- **Rosslare MD:** 6.30pm, 30th of March 2023. Venue: Johnstown Castle Estate

If you cannot make any of the in-person events an online consultation session will also take place 20th of March 2023 at 7.00pm

In addition to the public events, a series of structured interviews, workshops and focus groups are being scheduled with key stakeholders (elected members ,council representatives, sector representatives, state and semi-state agencies and private sector bodies) the aim of which is to build up a detailed on the ground understanding of County Wexford – its existing strengths and constraints, as well as opportunities available to the County and will allow for the development of an LECP that is reflective and representative of the interests of Wexford’s communities and businesses.

Your views will help to shape the direction the next Local Economic & Community Plan will take. This consultation will form stage one of the consultation process alongside two online surveys (one for the community and one for the business sector).

- Complete the Community Survey (<https://ecv.microsoft.com/J6FgZg4J4N>)
- Complete the Business Survey (<https://ecv.microsoft.com/3f0uGb8oNu>)

Both surveys are now open and will be available until Saturday April 08th 2023

Paper copies of the surveys (Including the Socio Economic Statement and Draft High Level Goals) will be available at the Municipal District Offices and public libraries throughout the county.

All submissions/observations lodged within the above consultation period will be taken into consideration during the preparation of the new Local Economic & Community Plan.

In the coming days we shall be contacting all stakeholders directly, but if you would like to further engage in this public consultation, please contact the Wexford County Council Community Development Section (053) 9196000 or community@wexfordcoco.ie

Further details are available at <https://www.wexfordcoco.ie/community/plans-reports-and-committees/plans-and-reports/wexford-local-economic-and-community-plan-4>

Regards,

Claude Clancy,

Administrative Officer,

Community Development, Wexford County Council. Y35 WY93

Tel: (053) 9196527 Mobile: (087) 6042929 www.wexfordcoco.ie

Need information and advice on COVID-19? Go to www.hse.ie/coronavirus

