

Wexford CYPSC News and Resources Update

February 3rd 2023

For information on services and supports for children, young people and families see www.wexfordcypsc.ie.

For information on supports for parents, see **Wexford Parents Hub** at www.wexfordcypsc.ie/wexford-parents-hub and on Facebook at www.facebook.com/wexfordparentshub/.

CONTENTS

Resource Development;

P.3: Disability Information Pathways Resource in Development.

Webinars & Training;

P.4: Healthy Food Made Easy T4T Tutor Training

P.5: Implementation Network Event: "The successful ingredients of implementing policy to enable and support our response to gender-based violence".

P.6: Foróige Evidence Based Youth Mentoring Programme

Events;

P.7: Service of Hope & Growth

Funding;

P.8: Head Start Fund

RESOURCE DEVELOPMENT

→ Disability Information Pathways Resource in Development.



We need your help please!

The CYPSC "Young People & Mental Health Sub Group" are developing an information resource on disability services. We are fortunate to have the assistance of two students from SETU (Laura Finan and Joanne Wilson) assisting us with this task.

As part of this project, Joanne and Laura are collating information on Wexford based projects that support people with disabilities. They may contact your organisation to gather information on the service you provide. We would really appreciate your assistance with this. The final resource will be available for all on the Wexford CYPSC website when it is finalised.



WEBINARS & TRAINING

→ Healthy Food Made Easy T4T Tutor Training

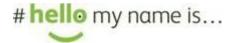




We are pleased to announce that Healthy Food made Easy (HFME) Tutor T4T training is taking place in Waterford on Feb 15th & 16th.

Click <u>here</u> to access the flier and click <u>here</u> to access the application for same. There is a tight turn around on getting this to the interested groups so we would really appreciate your support in getting the word out to organisations that have the capacity to lead on this within in their own organisation. There is budget allocation for delivery which will be finalised for the training.

All queries to southeastHFME@hse.ie



Olive Fanning

Senior Health Promotion Officer

IUHPE Registered Health Promotion Practitioner

Health Promotion & Improvement, Health & Well Being Division, HSE, St Dympna's Hospital, Athy

→ Implementation Network Event: "The successful ingredients of implementing policy to enable and support our response to gender-based violence".

We are delighted to invite you to attend Spring 2023 in-person Implementation Network Event in the Department of Justice, 51 St. Stephen's Green, Dublin on Wednesday 1st March 2023, 10:00am - 2:00pm.



This is a significant event to share learning about how policy can be successfully implemented in this important policy arena. A number of distinguished speakers will consider 'The successful ingredients of implementing policy to enable and support our response to gender-based violence.'

Guest speakers:

- Simon Harris TD, Minister for Further & Higher Education, Research, Innovation and Science & Justice
- Carole Sullivan, Acting Assistant Secretary of Criminal Governance and European Affairs. Department of Justice
- Claire Archbold, Director, Ending Violence Against Women and Girls Strategy. The Executive Office
- Annette Boaz, Professor of Health & Social Care Policy at London School of Hygiene
 & Tropical Medicine, University of London
- Joan Mullan, National Manager for Domestic, Sexual and Gender-Based Violence Services, Tusla Child & Family Agency
- Mary McDermott, Chief Executive, Safe Ireland
- Jenny McGrath, Foyle Women's Aid.

Register now to save your spot! Registration is via Event Brite, click <u>here</u>.

Please note, this is an in-person event and online attendance is not possible.

The Implementation Network is overseen by a steering group comprised of senior representatives of policy, research and practice in Ireland and Northern Ireland. The Centre for Effective Services provides the secretariat for the Network



→ Foróige Evidence Based Youth Mentoring Programme



Foróige plans to establish their Mentoring programme in the Wexford/ Carlow region in the coming months.

The mentoring programme aims to provide additional non- clinical support to young people in CAMHS. The new programme will specifically target referrals of young people, aged 10-18 years, who are on the waiting list, engaged with or exiting CAMHS.

The UNESCO Child and Family Research Centre, University of Galway, recently carried out research into our work with CAMHS nationally. Please find links to the research findings.

- Final Report
- Research Summary

To find out more about Foróige's Evidence Based Youth Mentoring Programme, click here

Mary Lynch

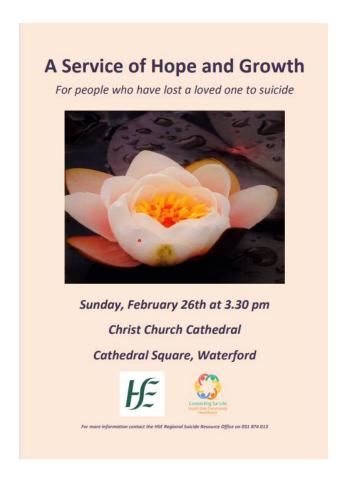
Big Brother Big Sister Manager, Big Brother Big Sister Programme **Foróige**

Big Brother Big Sister, Foróige, Westside Community Resource Centre, Old Seamus Quirke Road, Westside, Co. Galway

- **■** 091 554422 **■** 086 6017344
- www.foroige.ie

→ Service of Hope & Growth For People Who Have Lost a Loved One to Suicide: February 26th, Waterford

Please see below and attached, I would be very grateful if you could share with family, friends and colleagues. You can also display the poster below (click here to download) or share via your social media channels. This service is to remember loved ones who have died by suicide and it is an opportunity for those who are bereaved by suicide to share solidarity and hope. Everyone is welcome.



Tracy Nugent

HSE Service Manager/Resource Officer for Suicide Prevention

Front Block, St. Patrick's Hospital, John's Hill, Waterford X91 KX25

Tel: 051 874013

Mobile: 087 9271041 Email: Tracy.Nugent@hse.ie

www.connectingforlifesoutheast.ie

FUNDING

→ Exciting funding opportunity for not-for-profit organisations in Ireland: HeadStart Fund

RETHINK IRELAND

Rethink Ireland have announced the launch of the <u>HeadStart Fund</u>. This €3,000,000 Fund aims to support not-for-profit organisations that have an innovative approach to effecting positive mental health for young people aged 15-24, with a proven track record of impact and a vision to scale.

This three-year Fund was created using €3million funding from the **HSE and Z Zurich** Foundation. Up to 10 awardees will receive a package of supports, including:

- 1. A cash grant of up to a maximum of €69,330 per annum for 3 years
- 2. A business supports package
- 3. A place on Rethink Ireland's capacity building Programme
- 4. Project performance management

Applications are invited from not-for-profit organisations that work towards enhancing positive outcomes in mental health for their beneficiaries (young people aged 15-24) including but not limited to the areas of:

- o early intervention
- well-being and resilience
- o confidence building
- combatting of depression/social anxiety/social isolation/loneliness/stress
- community-wide approaches and tailored action for specific groups that have worse mental health outcomes including, but not limited to young people, women, ethnic minorities, and those facing socio-economic disadvantage within the target age range.

The fund is open for applications from **23rd of January until the 3rd of March 2023.** Please see Rethink Ireland <u>website</u> for more information on **who is eligible to apply** and **how to submit your online application**.

Please also join an online Information Session on the HeadStart Fund on **Wednesday**, <u>8th</u> <u>February</u> at **11am** or **Friday**, <u>17th February</u> at **1pm** to hear more about this opportunity, ask your questions and get some tips on writing an effective application.

Please share this email with anyone in your networks who may be interested.

Thank you and Best wishes,

The HeadStart Fund Team