



Wexford CYPSC Newsletter

February 24th 2023

For information on services and supports for children, young people and families see
www.wexfordcypsc.ie.

For information on supports for parents, see **Wexford Parents Hub** at
www.wexfordcypsc.ie/wexford-parents-hub and on Facebook at
www.facebook.com/wexfordparentshub/.

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WEBINARS & TRAINING

→ Engage National Men's Health Training : Connecting with Men

A one day training course for health professionals and community workers who work with men.

Wed March 29th 2023, Enniscorthy Co Wexford

Aim: To assist a broad range of practitioners and service providers to explore the world of males, and to develop practical strategies for effectively engaging with them around health and wellbeing issues.

The workshops primarily focus on the engagement process (i.e. WHY and HOW to build relationships with men and boys), rather than offering a new or revised health programme.

Objectives:

The key objectives for this training are to:

- Reflect upon how to create a “safe space” for working with men.
- Gain a common understanding of what men's health is and why it is important.
- Explore how gender influences the values and attitudes that men develop in relation to their health, and how this influences their health behaviours.
- Identify some of the determinants that shape health outcomes for men.
- Reflect on participants' own value base, experience, skills, attitudes towards and expectations of men.
- Explore what a 'male friendly' health programme or service looks like in practice.
- Signpost participants to further sources of help, advice, guidance and support.

Methodology: Experiential

Number of Places: 20

To book a place please click on the link and fill in the necessary information

<https://bookwhen.com/southeasttraining/e/ev-svbu-20230329091500>

Closing date for receipt of completed application is Wed March 15th 23

For further information please contact Sean Davitt Health Promotion and Improvement Officer, 087 1794798 sean.davitt@hse.ie

→ LGB Awareness Training takes places as detailed below with limited spaces available: -

Type of Training:	VIRTUAL PLATFORMS
Title of training module:	<u>LGB VIRTUAL AWARENESS TRAINING</u>
When – Date & Time:	Tuesday 7 th March 2023 - 10am to 1 pm

How to attend/register –link	Email: emma.whitty@fdys.ie
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– where to find on HSEland:

Information about the event: South East Community Healthcare’s LGBT+ Health Steering Group’s Model of LGB Awareness Training is now available for delivery over a three hour period on virtual platforms.

The training aims to enhance the development of a welcoming and supportive environment to both employees and service users who identify as LGBT+.

There is no fee to take part in the training. Certification of Attendance, LGBT+ Awareness Card and LGBT+ Sticker are provided on completion for display within services.

On completion of this training, participants will be offered an opportunity to train as a Trainer, where you will be provided with the tools and knowledge to deliver LGB Awareness Training within your service area.

FUNDING

→ Traveller Wellbeing Through Creativity

Proposals are invited from Traveller organisations with experience of working with health/wellbeing and/or creative arts, and from other interested and experienced organisations and/or individuals to apply for funding under the initiative: ***Traveller Wellbeing through Creativity***.

The Traveller Wellbeing through Creativity initiative is a call to relevant groups and organisations to deliver an innovative project in 2023 focused on enhancing Traveller wellbeing through the medium of creativity. Grant funding between €30,000- €50,000 per project will be provided in 2023 under this initiative up to a total of €200,000 including a new Shared Island grant for one project of up to €50,000.

A full briefing document is available [here](#). Applications must be completed online and submitted via [here](#) by **Friday 31st March 2023**. The projects will commence on the 1st May 2023 and run until 31st November 2023.

This initiative has been developed by the Department of Health (Healthy Ireland Programme), the Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media (Creative Ireland Programme), the HSE, the National Social Inclusion Office and the Arts Council working in partnership to support Traveller health and wellbeing through creative engagement.

If you wish to attend an information webinar on **Friday 10th March at 2:30pm** please click [here](#) to register.



→ Communities Integration Fund



**An Roinn Leanaí, Comhionannais,
Míchumais, Lánpháirtíochta agus Óige**
Department of Children, Equality,
Disability, Integration and Youth

Minister of State O'Brien invites applications to the Communities Integration Fund 2023

- €500,000 will be made available to local community-based projects nationwide to support the integration of migrants.
- Grants of up to €5,000 will be allocated to successful organisations to support integration initiatives.

Purpose of projects/activities

This call is open to local community based groups and centres around 10 key themes to support migrant integration:

- Intercultural Awareness;
- Combating Racism and Xenophobia;
- Sport & Community Games;
- Arts;
- Food/Cuisine;
- Community Events;
- Capacity Building;
- Employment;
- School Aged Projects;
- Migrant Women.

As this Fund is intended to support the integration of migrant and host communities, all applications must demonstrate the ability to involve both migrant and host communities in the activities proposed. The maximum grant amount that can be applied for is €5,000 and the minimum grant is €1,000.

How to apply:

Applicants can access a detailed guidance document and complete an online application form <https://ec.europa.eu/eusurvey/runner/CommunityIntegrationFundApp2023>.

The closing date for receipt of applications is **12 pm on Wednesday 15th March 2023**.

→ Launch of Survey on income and Living Conditions (SILC) Report



The Central Statistics Office (CSO) issued results from the Survey on Income and Living Conditions (SILC) for 2022. The CSO Survey on Income and Living Conditions (SILC) 2022 is available [here](#).

Key Findings from the CSO Survey of Income and Living Conditions (SILC) 2022:

- 13.1% of people (671,000 people) were at risk of poverty in 2022, up from 11.6% in 2021. This figure is similar to the 2020 estimate of 13.2%, indicating that the decrease in 2021 may have been temporary and linked to the COVID-19 pandemic and associated economic measures.
- If COVID-19 income supports were excluded, the at risk of poverty rate would have been 20.5% in 2022.
- The weekly 60% at-risk of poverty line is now €301.91 for 2022.
- Those most at risk of poverty in 2022 were people who are unemployed (35.6%, up from 23.2% in 2021), followed by people unable to work due to long-standing health problems (35.2%).
- By age group, the largest year on year change in the at risk of poverty rate was in persons ages 65 or over, going from 11.9% in 2021 to 19.0% in 2022.
- By household composition, the at risk of poverty rate was highest amongst single adult households. One in three persons living in households composed of one adult aged 65 years and over (33.6%), or composed of one adult aged less than 65 years (32.0%) were at risk of poverty in SILC 2022.
- The at risk of poverty rate for individuals in households with one adult and one or more children aged under 18 was 23.8%, compared with 13.1% of persons living in two adult households with 1-3 children.
- 17.7% of people (or over 906,500 people) were experiencing enforced deprivation in 2022 compared with 13.8% in 2021.
- The deprivation rate for those at risk of poverty was 40.7% in SILC 2022 compared with 34.1% in 2021. The deprivation rate for those not at risk of poverty was 14.3% in 2022, compared with 11.2% in 2021.
- 5.3% of people (or more than 271,500 people) were found to be living in consistent poverty, up from 4.0% in 2021 (up over 70,000 from 2021).
- The consistent poverty rate was highest among persons unable to work due to long-standing health problems (19.7%) and the unemployed (18.0%), while it was lowest amongst those who were employed (2.3%).
- The consistent poverty rate for those living in owner-occupied dwellings was 2.2% compared with 12.9% for those living in rented or rent-free accommodation.

- Seven in ten people experiencing consistent poverty are living in rented or rent-free accommodation.
- The richest 20% of people had 4 times the income of the poorest 20% in 2022, compared with 3.8 in 2021

→ A Service for Hope and Growth for those bereaved by suicide



The HSE/South East Community Healthcare's Regional Suicide Resource Office is holding a "A Service of Hope and Growth" for people who have been bereaved by suicide on Sunday 26th of February at 3.30pm in Christchurch Cathedral, Waterford.

The service is non-denominational and everyone from the South East region is welcome to attend.

The theme of hope and growth is supported by GROW HQ in Waterford, who have provided seeds for those attending the service to take home and plant.

There will be poetry and music from the Waterford Trinity Gospel Choir

Those attending A Service for Hope and Growth will be invited to participate by lighting candles and placing the name of their loved ones on a Tree of Hope that will be planted afterwards.

Speaking ahead of the service, Tracey Nugent (HSE/South East Community Healthcare Resource Officer for Suicide Prevention) said:

"The death of a loved one through suicide is devastating but we hope this service will create an opportunity to celebrate their memory and to inspire hope for the future."

"It is also an opportunity to come together in solidarity and support."

If you, a member of your family or someone you know is bereaved, in distress or needs someone to talk to; help, support and advice is available.

In the first instance contact your GP, CAREDOC is available in the evenings or weekend on 0818 300 365.

If you or someone you know is in immediate danger go to the Emergency Department of your nearest hospital or call the Emergency Services on 999 or 112. You can also contact the following:

- 50808, 24 Hour Crisis Text Service: Text HELLO to 50808
- Pieta, 24 Hour Suicide helpline: Freephone 1800 247 247
- Samaritans, 24 Hour Listening Service: Freephone 116 123

- Irish Hospice Foundation Bereavement Support Line: Freephone 1800 80 70 77 (Monday to Friday 10 am to 1 pm)

Further information on supports and services is available at www.yourmentalhealth.ie