

Wexford CYPSC Newsletter

17 October 2025

For information on services and supports for children, young people and families see

Wexford CYPSC

For information on parenting supports and programmes, see <u>Wexford Parents Hub</u> or access on <u>Facebook</u>



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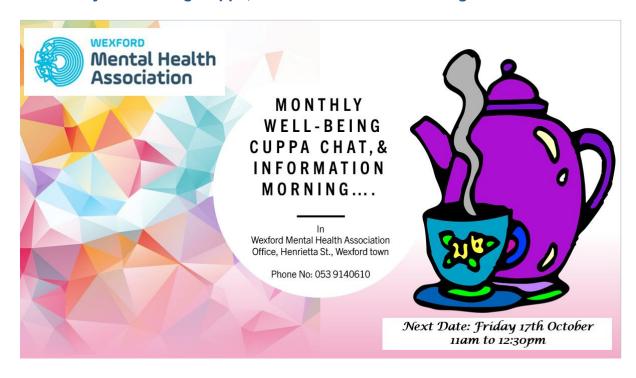
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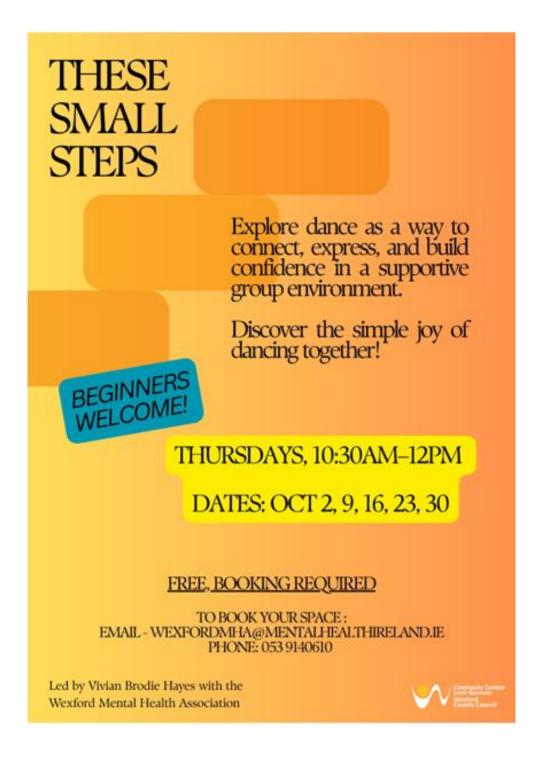
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EVENTS & CAMPAIGNS

- ► World Mental Health Month Events in Waterford, Wexford and Tipperary
- ► Monthly Well- Being Cuppa, Chat & Information Morning- 17th October



► These Small Steps - Explore dance as a way, to connect...



► Creativity Counts - Free Exhibition



► Wexford Town Library: Services for Primary Schools



Access the newsletter outlining the full range of library services, events and resources for Primary Schools <u>here</u>: Wexford Town Library Services for Primary Schools

► Wexford Town Library Events



Children's Book Festival Online



Eilish Fisher

Poetry and the Five Senses Online Workshop

A workshop focusing on engaging all the senses through visual and audio prompts.

In this workshop, every student writes their own poem that they can choose to turn into a stand-alone piece or expand into a story-in- verse of their own.

Eilish Fisher, winner of the An Post Book Award in the Senior Children's category, 2024, *Fia and the Last Snow Deer*, a truly timeless verse novel set in snowy pre-historic Ireland, about hope, kindness and the power of friendship. Eilish grew up in a 200-year-old haunted farmhouse in Vermont and now lives in the Wicklow mountains with her young son and partner, dog Axel, cat Smudge, and Shadow; a giant, wolfy critter who might be a dog, but is probably something else entirely.

Suitable for ages 9 - 12 years

Maximum number of pupils - No maximum capacity

This is an online event available to all schools in Wexford County.

Wexford Town Library will provide your school with the event link.

Thursday 23 October, 11.30am - 12.30pm.

To book email: dervla.dunne@wexfordcoco.ie



Halloween Costume Swap at Wexford Library, Monday, October 6th, 2025 - Wednesday, October 29th.

Not sure what to do with your child's old Halloween costumes? Wexford Library is delighted to host our first Halloween Costume Swap!

From Monday, 6th October donate or swap your fun and fabulous costumes and masks for kids ages 0 - 12.

Everyone is encouraged to participate, whether by donating, swapping, or selecting a costume, to make this Halloween both fun and green.

Costumes should be clean and in good condition. All sizes are welcome.

From Monday, 6th October until Wednesday, 29th October.

Bedtime Storytime, Tuesday, October 28th, 6:00pm - 6:30pm.

Put on your pyjamas, grab your favourite teddy or a cuddly toy and join us for a magical evening of stories, cuddles and fun at the library! This event is suitable for children aged 3 - 7 years. Please note that children must be supervised at all times. Booking is essential.

Room on the Broom Story Time, Thursday, October 30th, from 2:30pm - 3:30pm.

Celebrate spooky season with your little ones and join us for a special Room on the Broom themed story time. Make sure to dress up in your favourite Halloween costume! This event is suitable for children aged 3-7. Booking is essential. Please book for the child only.

Spooky Craft for 8 - 12 year olds, Friday, October 31st, 2:30pm - 3:30pm.

Join us in Wexford Library and create some spooky crafts. This is a creative event for 8-12 where they will design their own spooky decorations, a monster themed bookmark for their Halloween reading and a flapping bat! Booking is essential. Please book for child only.

History Club for Teenagers, Thursday, 9th October, 6:30pm - 7:30pm.

Join Derek on the second Thursday of every month at 6.30pm for historical discussions, research projects, journaling, genealogy studies, guest speakers and more. The club is suitable for 14-17 year olds. Book online or phone: 053 9196760. Should you require additional supports to attend this event please contact Wexford Library 053 919 6760 or email wexfordlibrary@wexfordcoco.ie.

<u>The Chatterbooks Book Club. We meet on the 3rd Tuesday of the month at 4pm in Wexford Library. 9-12 years. Tuesday, 21st October, 4:00pm - 5:00pm.</u>

Our next meeting is on Tuesday 21st October. The book we will read is The ghosts of magnificent children by Caroline Busher.

Books read so far in 2025 were:

January: Freya's Gold by Fiona February: The Wild Robot by Peter Brown March: Cobweb by Michael Morpurgo April: Tom's midnight garden by Edith (graphic novel adaptation of Philippa Pearce's novel) May: The Great Adventures of Sherlock Holmes by Sir Arthur Conan Doyle June: Bird Boy by Catherine Bruton

Come and join us and meet other people and share the joy of reading!

<u>Wexford Library Teen Club: Pet Ghost Craft, Wednesday, 29th October, 4:00pm - 5:00pm.</u>

Join us this month for a spooky craft and create your own pet ghost. Suitable for 13 - 15 years. Booking is essential.

Weekly Events

Sensory Hour, Every Saturday from 4.00pm-5.00pm.

Sensory Hour supports library users who have sensory, extra, and/or additional needs. It offers a calm and sensory family friendly environment.

Rhyme Time, every Wednesday, 11.00am-11:30am. Suitable for children aged 0–3 years.

These fun, free and interactive Rhyme Time sessions are perfect for babies and toddlers. Children should be supervised at all times when visiting Wexford Library. No booking required.

Story Time every Saturday, 11.00am-11:30am, Suitable for children aged 3-7 years.

Join us for Story Time in Wexford Library every Saturday morning. Children should be supervised at all times when visiting Wexford Library. No booking required.

Lego Free Play every Saturday from 11:00am - 3:00pm. Suitable for ages 5yrs+LEGO Free Play tables available on our Children's floor area from 11am to 3pm. Free to attend. LEGO will be made available for children and families to build their very own designs. Get Creative. Children should be supervised at all times when visiting Wexford Library. No Booking Required.All events are FREE. Wexford Public Libraries App. Access your library 24/7. Online resources include eBooks, eAudiobooks, eMagazines, eNewspapers, eComics & Graphic Novels, music, take eLearning or language courses, business, education, and research databases and more. Library membership is Free.

If you would like more information or to book a place at any of our events, please contact Wexford Town Library 053 919 6760 or email wexfordlibrary@wexfordcoco.ie.

▶ Bunclody Library Events

Rhymetime for ages 0 to 5 years - every Wednesday at 11.15am

Join us for Rhymetime every Wednesday when will have lots of fun nursery rhymes and stories suitable for babies and toddlers followed by a Duplo play session. **No booking required**.



Mid-term Storytime for ages 4 to 6 years - Tuesday 28th October, 11.00 to 11.45am

Join us for some fun stories and songs. No need to book, all welcome!



Spooky Colouring Station – Tuesday 28th October, 2.00 to 5.00pm

Pop into the library for our fun Spooky colouring station event. This is a fun activity for all the family to participate in. All materials will be provided. **No need to book** - all welcome!



Sensory Friendly Hour

Every Saturday from **4.00 to 5.00pm**, Sensory Friendly Hour will be observed in Bunclody Library.

We encourage you to come along and relax in the calm environment of the library. **No booking required**. All welcome!



Sensory Basket

A sensory basket containing various sensory toys/books available for children to use while visiting the library. Just ask at the desk.

To book events, please telephone 053 9375466 or book online at wexfordcoco.libcal.com.

Web: .www.wexfordcoco.ie/libraries Bunclody Library, Tel: +353 53 9375466

► Enniscorthy Library Events



Baby and Toddler Rhyme Time at Enniscorthy Library - every Tuesday at 10.30am

Join us in Enniscorthy Library every Tuesday at 10.30am for songs, stories and rhymes! Perfect for up to 3 years old but fun for everyone!

Through rhymes children naturally learn essential skills for communicating such as turn-taking and joining in.

All welcome and no booking required.



Halloween Creation Station – from Tuesday 28th October – Friday 31st October Get into the spooky spirit with our drop-in creation station! Kids and families are invited to make Halloween-themed crafts.

All supplies will be provided - just bring your creativity (and maybe a costume!)



Halloween Family Movie - Saturday, 18th October at 2.30pm-4pm

Take time out this October and join us for Halloween Family Movie at the library.

Gather your family and friends and enjoy a heart-warming movie in a welcoming setting of the library.

We'll have comfortable seating and fantastic movie that's perfect for all ages.

Best of all, it's free and open to everyone!

Contact the <u>library</u> for more information. Booking essential.



Interactive Story Time at Enniscorthy Library – every Saturday at 11am
Join us in Enniscorthy Library every Saturday at 11am for our Interactive Story Time!

Perfect for 3-5 years old.

Through the magic of storytelling, children are transported to far-off lands, introduced to diverse characters, and exposed to a rich tapestry of language, all while developing fundamental literacy skills such as vocabulary acquisition, comprehension, and phonological awareness.

All welcome and no booking required.

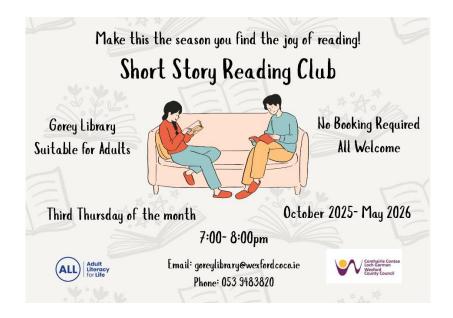
Beata Marchilewicz Phone: (053) 923 6055 E: beata.marchilewicz@wexfordcoco.ie

Find us on Facebook: www.facebook.com/enniscorhylib

▶ Gorey Library Events

Short Story Reading Club starting this Thursday, 16 October 2025

Gorey library's new season of the Short Story Reading Club starts on Thursday 16th October, with further sessions scheduled for the **third Thursday every month until May 2026!**



The dates are as follows:

Thursday, 16 October 2025

Thursday, 20 November 2025

Thursday, 18 December 2025

Thursday, 15 January 2026

Thursday, 19 February 2026

Thursday, 19 March 2026

Thursday, 16 April 2026

Thursday, 21 May 2026

All are welcome to join us in finding the joy of reading this Autumn. The group will read all-new short stories, share ideas on them and build confidence in reading- together!

It is perfect for

- native and non-native speakers who are ready to read for pleasure.
- people who have fallen out of the habit of reading (or never really got into the habit in the first place).
- people who would like to build their confidence in reading aloud
- people who would like to share the experience of reading with other people

Please feel free to share this message among your network, learners, family and friends.

Mary Kearney | Executive Librarian | Gorey Library

► Invitation to the Launch of the Evaluation of the Parental Advocacy and Information Service delivered by Barnardos



Dear All,

We're delighted to invite you to the Launch of the Evaluation of the Parental Advocacy and Information Service delivered by Barnardos.

Speakers include:

- Dr Clive Diaz, Professor of Social Work, Swansea University
- Tanya Ward, CEO, Children's Right Alliance
- Francis Chance, Chairperson of the Project Oversight Group
- Niamh McCarthy, Head of Parental Advocacy and Information Service delivered by Barnardos Ireland
- Representative from Tusla
- Parents who have used the service

Please register your attendance via **Eventbrite**

Kind Regards,

Szilvia Gál, Administration Worker, Parental Advocacy Service delivered by Barnardos, 4 Christchurch Square

Dublin 8

M: 086 084 0445, P: 01 708 0444 | Email: szilvia.gal@barnardos.ie

► FREE Helium Online Workshops for Young People Living with Long-Term Health Conditions



Bookings are now open for our **FREE Online Autumn/Winter** workshops and camps for **children and young people with long-term health conditions**.

Online Workshops:

Distance Creates Winter Saturdays (Ages 6-8)

8, 15, 22, 29 Nov & 6, 13 Dec | Online Book your space HERE!

Distance Creates Winter Saturdays (Ages 9–12)

8, 15, 22, 29 Nov & 6, 13 Dec | Online Book your space HERE!

Youth Autumn Camp - Online (Ages 13-16)

28 Oct-1 Nov | Online Book your space HERE!

► Requesting details of parenting initiatives taking place during October for promotion under the Supporting Parents Communications campaign



Dear colleagues,

Thank you for continuing to support our promotion of parenting initiatives around the country by informing us of upcoming events in your area.

We are now seeking details of any parenting initiatives which will be taking place in October. As with previous months, a selection of these events will be promoted across DCDE social media channels to raise awareness among parents of the supports available to them in their locality. Details of upcoming events can be provided via a short survey by clicking here.

It would be appreciated if details of any upcoming events could be provided by Monday 29 September to allow time for the DCDE Communications team to develop content for sharing across DCDE social channels.

You can check across DCDE social channels for your event and please feel free to like and share our social posts. We also encourage you to circulate this email to any service within your network that may have an upcoming parenting event which they wish to promote.

May we request that information on upcoming events is submitted through the survey link above. However, if you experience any issues using the survey or if you have any queries, please do not hesitate to email <u>parentingsupport@dcde.gov.ie</u> for assistance.

Kind regards

The Parenting Support Policy Unit

WEBINARS & TRAINING

► Expand Your Professional Toolkit – Upcoming Training Sessions from FASD Ireland



FASD Ireland is delighted to offer two impactful training sessions this October, designed to support professionals working with children, young people, and families across health, education, and social care sectors. These sessions are ideal for those seeking practical tools, deeper understanding.

Please share this information with your colleagues and networks.

Introduction to Non-Violent Resistance (NVR)

Date: Thursday, 6 November 2025

Time: 9am - 1pm

Location: Online / Zoom

Suitable for: Practitioners working directly with Families

Presented by: Al Coates Social Worker & NVR Practitioner

Cost: €100 per attendee

Registration Link: https://wkf.ms/4nXvhCP an invoice will be sent after the registration form is completed.

Introduction to Foetal Alcohol Spectrum Disorders (FASD)

Date: Thursday 16 October

Thursday 20 November

Thursday 18 December

Time: 10am – 1:15pm

Location: Online / Zoom

Suitable For: Anyone over 18 years of age living in Ireland or Northern Ireland, who

wants to learn more about FASD

Presented By: Tristan Casson-Rennie, CEO FASD Ireland and/or Robert O'Connell,

Training & Research Coordinator

Cost:

People living with FASD / Parents / Carers €25.00 plus VAT and Eventbrite fee

General Admission (Clinician/Social Worker/ Therapist/ Researcher/Other) €50.00 (incl. CPD) plus VAT and Eventbrite fee

Registration Link: www.fasdireland.ie/training and select your preferred date

For more information on anything please feel free to contact me.

Kind regards,

Cillian Flynn

Business Development Manager | Bainisteoir Forbartha Gnó

E: cillian@fasdireland.ie | W: www.fasdireland.ie

► HUGG - Healing Untold Grief Groups



HUGG'S Annual Suicide Bereavement Remembrance Event

Join us for this special gathering to remember our loved ones. This is a space for reflection, connection and shared hope. Registration not required.

Sunday, 9th November, 2pm

Dublin Unitarian Church & streamed live
St. Stephens Green, D02 YP23

► HUGG Volunteer Information Session Monday, October 20th 2025



HUGG is hosting its monthly volunteer information session

Thursday, 17th October 2024 11:00-11:30am via Zoom

If you or someone you know is bereaved by suicide for 3 years or more and you think you are ready to help others on this journey please join us for a free online session over Zoom. You will meet members of the HUGG team and learn more about what's involved in volunteering with HUGG and how we can support you.

You will also have an opportunity to ask questions.

This is a live session and will not be recorded, so please join us if you can.

You can register on **Eventbrite**



► HUGG: Supporting Yourself Through Trauma & Grief – Free Webinar



Living with grief after suicide loss is a deeply complex experience.

For many, this loss is not just a form of grief, but also a traumatic event. The shock, the questions, and the intense emotions can make it feel overwhelming. At HUGG, we understand that these two elements may intertwine.

A Free Webinar on Trauma and Grief

We are pleased to announce our upcoming free webinar, "Supporting Yourself Through Trauma and Grief," designed to provide practical and compassionate support for those affected by suicide loss. This webinar, hosted by HUGG CEO Fiona Tuomey, will feature a presentation by Liz Gleeson, Psychotherapist specialising in Loss & Grief. Together, they will explore the impact of traumatic loss and offer accessible information for self-care.

For more information on this webinar

Register for This Free Webinar

The session will be held on Wednesday, October 22, 2025, from 7.30pm -8.45pm

Please register by following this link: https://bit.ly/HUGGTraumaWebinar.

PARENT SUPPORT

► HSE Webinar for Parents on Vaping & Psychoactive Substances



Dear Childcare Committee / CYPSC / Parent Hub,

My name is Margaret Bolger, and I am the Early Years Manager at the National Parents Council (NPC).

As part of our ongoing work to support parents and enhance children's early learning and wellbeing, we are excited to invite you to partner with us in offering free, high-quality parent training workshops in your area.

With **Mental Health Month** taking place this October, it's an ideal time to promote positive mental health and wellbeing within our communities.

What We Offer:

Supporting Your Child's Positive Mental Health

This interactive workshop is designed to help parents support and nurture their child's mental health from an early age. It can be delivered **online or in person**, depending on your preference and capacity.

NPC is happy to collaborate with:

- Childcare Committees/Parenting Hubs/CYPSC groups to deliver training to local families
- Early Years providers to offer tailored sessions for the families they support
- Communities of Practice (if applicable) I would be delighted to attend a session to present NPC's full training offering

We would love to work with you to host a session during or around Mental Health Month, but we are also available year-round.

Please feel free to contact me with any questions or to arrange a session. I look forward to the possibility of working together to support parents in your area.

Kind Regards

Margaret Bolger ,Early Years Services Manager, 01-8874484, mbolger@npc.ie

► Tipperary Parent Hub Webinar Series

Please see attached poster with details on Parent Webinar Series across Autumn/Winter 2025. These webinars are free to parents and there will be a presentation on each topic at each webinar and opportunity for parents to ask questions also.

There is no need to register in advance as we want to make them as accessible to parents as possible, just use QR code for <u>link</u> to more info. These are open to individuals outside of Tipperary also.



Tipperary Parent Hub is hosting a series of webinars in the upcoming months covering a range of popular topics for parents

Join us and experts in the field on the following dates:

- 25th September 7pm-8:30pm Understanding and Supporting Executive Functioning Skills for Children with Dr. Aine O'Dea
- 22nd October 7pm-8:30pm Childhood anxiety and School Avoidance with Dr. Coleman Noctor
- 19th November 7pm-8:30pm Impact of Technology on Child Mental Health with Dr. Coleman Noctor
- 10th December 7pm-8:30pm Psychological Happiness with Patricia Allen-Garrett



Please check the Tipperary Parents Hub for other events scheduled across the county, and you can share any of your events or news also on the parents hub, www.tipperaryparenthub.ie

Kind Regards

Stephanie O' Callaghan

Tipperary Children and Young People's Services Committee (CYPSC) Co-ordinator

Mobile: +353 872076726 | Email: stephanie.ocallaghan1@tusla.ie

Glenmorgal Ferryhouse Clonmel F91RF38

GROUP SUPPORT

► We Can Quit – Free Stop Smoking Programme



Do you want to stop smoking?

We Can Quit is a free stop smoking programme, offering group support, one to one support and stop smoking medication.

Have you tried to quit before?



Do you want support to quit?

Make this stop your last stop

Further details

Type of group: Mixed Gender (8 week programme)

Where: LOCATION TO BE CONFIRMED.
When: PROGRAMME STARTING SOON

For more information or to register your interest contact Debbie:

Phone: 0863921525

Email: debbie.roche@fdys.ie











SCHOOL ATTENDANCE

▶ New Government Campaign on School Attendance



Minister McEntee launches national campaign on school attendance

• From: Department of Education and Youth

Published on: 24 September 2025

• Last updated on: 24 September 2025

Trends highlighted in publication of TESS Annual Attendance Report and Student Absence Report for the 2023/2024 year

Minister for Education and Youth Helen McEntee, in partnership with the Tusla Education Support Service (TESS), has announced the launch of a nationwide multimedia campaign to promote regular school attendance across Ireland. The campaign launch comes as new data from TESS shows more than one in five children and young people at primary and post-primary level miss more than 20 days of their school year.

The TESS Annual Attendance Report and Student Absence Report for the 2023/2024 school year, published today by Tusla, also show that while absenteeism remains high, total days lost and chronic absenteeism have both fallen for the second consecutive year. Minister McEntee said that while the reduction in the total number of days lost was positive, the level of absenteeism in schools remained far too high.

For full article please click here

Watch the TV campaign here: https://www.youtube.com/watch?v=NLsNP4lXOKU

LITERACY

► Health Literacy Month





Hi Everyone,

October is Health Literacy Month

I collaborated with my City of Dublin ETB colleague to create a **health literacy interactive calendar**. Please find the calendar attached <u>WWWETB's Adult Literacy</u> <u>webpage</u> with all its accessible links including videos, factsheets/information, health literacy awareness courses, reliable health information websites and podcasts/webinars.

I hope you learn lots from it and find it useful.

Do share it with colleagues, family and friends.

Kind Regards

Edel Finan

► Health Literacy Videos







#HealthLiteracy

If you work with our new communities you might find these videos useful.

Videos on healthcare in Ireland

Watch videos about the Irish healthcare system and common health topics:

Videos with information on how to access health care in Ireland and it is in multiple languages (25 plus languages): https://www.hse.ie/eng/services/mhml/

Kind Regards

Edel Finan

Funding

Supporting Parents, Parent Peer Support Fund 2025/26





The Parent Peer Support Fund:

The Supporting Parents, Parent Peer Support Fund 2025/26 supports statutory, community and voluntary organisations leading or co-ordinating peer support projects for parents and those in a parenting role. The activities funded should focus on best practice in the areas of parent peer support. We encourage applications from organisations already providing peer supports for parents and those wishing to launch new projects.

Two tiers of funding will be made available under the 2025/26 Parent Peer Support Fund.

- 1. Tier 1 will provide grants of €2,500 to successful applicants who either currently operate, or wish to establish a new parent peer support project.
- 2. Tier 2 will provide grants of €5,000 to successful applicants who wish to scale up an existing parent peer support project, that has been proven to have a positive impact for parents.

Organisations seeking funding, should only submit an application for funding under either Tier 1 or Tier 2. Applications for both tiers of funding from the same organisation will not be accepted.

Aims of the Fund:

- To provide easier access to peer supports for parents, or those in a parenting role
- 2. To raise awareness of and create more parent peer support activities within statutory, community and voluntary sector settings
- 3. Further development of resources in partnership with parents, rather than delivered to parents
- 4. Encourage parent peer support activities in communities which have not previously had access to such a resource

Funding Availability:

• Funding of €2,500 or €5,000 per applicant is available on a one off basis only. On-going funding will not be available.

Please click here for full details and how to apply.

Application Process

- The 2025/26 Parent Peer Support Fund is open for applications from Tuesday 30 September until Friday 31 October 2025.
- Grant applications must be received by the deadline of Friday 31 October 2025, by email only to parentingsupport@dcde.gov.ie. The email must be sent from, or cc, the signatory to the application.
- Funding will be made available to successful applicants in early 2026.
- All funding must be expended by 31 December of the year funding is awarded.