

## Wexford CYPSC Newsletter

13 June 2025

For information on services and supports for children, young people and families see

[Wexford CYPSC](#)

For information on parenting supports and programmes, see [Wexford Parents Hub](#) or  
access on [Facebook](#)



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## WEBINARS & TRAINING

### ► Supporting your child positive mental health in early years

This programme supports parents to encourage and promote positive mental health and wellbeing in their children. The programme also explores how the building of resilience in children helps them to manage and cope with the day-to-day stresses of life as they occur.



#### Session Dates and Times:

- **Monday, 16th June:** 10am or 7.30pm
- **Tuesday, 17th June:** 10am or 7.30pm
- **Wednesday, 18th June:** 10am or 7.30pm
- **Thursday, 19th June:** 10am or 7.30pm
- **Friday, 20th June:** 10am

#### Session Details:

Each webinar lasts approximately **70 minutes**.

**How to Register:** To secure your spot, simply click the link below and choose your preferred date and time: [https://www.surveymonkey.com/r/Early\\_years\\_mental\\_health\\_June2025](https://www.surveymonkey.com/r/Early_years_mental_health_June2025)

## ► Solihull Approach to Infant Mental Health : Facilitator Training



Solihull Approach Training is all about supporting emotional health and wellbeing with a focus on relationships and nurturing connected, sensitive and responsive interactions. The Solihull Approach was founded in practice and is also evidence-based, developed by psychologists, child psychotherapists, Health Visitors and practitioners. It is a way of thinking and working with families, groups or one-to-one that transcends professions and communities. The Solihull Approach is also about understanding brain development to understand behaviour, communication and emotional health.

The Solihull approach uses a cascade model of training whereby practitioners having completed a two-day foundation training can train in specialist training, for example fostering, adoption and social training, ante natal training and trauma informed training. Practitioners can also train in a large variety of parenting groups using the Solihull approach, for example understanding your child groups, antenatal programmes and programmes specifically for foster carers. Solihull also provides a suite of online training parents can be guided through with a practitioner or complete on their own in their own time.

In 2024 the National Infant Mental Health Network working group published 'Frameworks for Foundation Level Infant & Early Childhood Mental Health Professional Development'. This framework outlines the importance of facilitating training to advance and embed the theory into practice following up on the National Healthy Childhood Programme IMH eLearning modules available on HSELand.

From a theoretical and practice perspective the Solihull Approach was identified as a suitable model, compatible with the Infant Mental Health masterclass training, to provide a foundation level training in IECMH and reflective practice.

There are three elements to this implementation across Ireland over the next 12 months:

- The roll out of the 2-day Solihull Approach Foundation course to staff across the early childhood workforce in Ireland through the training of foundation course trainers across the country. **We are currently looking for facilitators for the two-day foundation course. If you work with infants, young children and families, have facilitation experience and have the capacity to deliver this training as part of your work role, please contact Debbie at the email address below to learn more.**
- The second element involves the implementation of the Solihull Approach in supporting all families in Ireland, through access to a multiuser licence offering various resources and online courses for families. This evidence-based, self-paced learning is

available online anytime, anywhere, helping parents and caregivers understand brain development, emotional health, and fostering wellbeing.

- The third element involves training practitioners in Solihull Approach parenting courses. Solihull Approach Parenting Group Facilitators' Training prepares practitioners to effectively deliver the 10-week 'Understanding your child: from toddler to teenager' group for parents, the antenatal 'Understanding pregnancy, labour, birth and your baby', postnatal 'Understanding your baby', and Postnatal Plus groups.

**Further Information on Facilitator Training** : contact Debbie Scales at scalesdebbie@hotmail.com

- The [Expression of Interest Form](#) can be accessed here.
- The closing date for submitted EOIs is **27 June 2025**
- To read more about the Solihull Approach to infant mental health, access the [Solihull website](#) here.

## CHILDREN & YOUNG PEOPLE

### ► Helium Arts Free Summer Art Camp Online for Children with Lifelong Physical Health Conditions – Spread the Word

Do you know a young person (**age 6–12**) living with a **lifelong physical health condition** (like diabetes, epilepsy, spina bifida, heart conditions, juvenile arthritis, rare conditions, and more) who loves being creative and meeting new friends?

The poster features the Helium Arts logo at the top left, which includes a small sun icon and the tagline 'CREATIVITY CHANGES LIVES'. The main title 'Free Summer Art Camps Online' is prominently displayed in the center. To the right of the text is a collage of colorful, abstract art pieces, including a large red feather, a stack of pancakes, and various geometric shapes in blue, green, and orange. Below the title, the poster provides details about the camp: 'Who? Ages 6–8 and 9–12 with lifelong physical health conditions', 'When? Saturday mornings – 5, 12, 19, 26 July', and 'Where? Online'. It also lists benefits: 'Professional artists | Free art supplies delivered', 'Interactive Zoom sessions | Post-pal'. At the bottom, it states 'Supported Conditions Include: Diabetes, epilepsy, asthma, juvenile arthritis, heart conditions, spina bifida, cystic fibrosis, allergies, rare conditions and more.' and includes the website 'helium.ie' on a yellow brushstroke background.

**Helium Arts**  
CREATIVITY CHANGES LIVES

# Free Summer Art Camps Online

**Who?** Ages 6–8 and 9–12 with **lifelong physical health conditions**  
**When?** Saturday mornings – 5, 12, 19, 26 July  
**Where?** Online

**Professional artists | Free art supplies delivered**  
**Interactive Zoom sessions | Post-pal**

**Supported Conditions Include:**  
Diabetes, epilepsy, asthma, juvenile arthritis, heart conditions, spina bifida, cystic fibrosis, allergies, rare conditions and more.

**helium.ie**

Helium Arts is offering a **FREE Online Summer Art Camp**, open to children across Ireland. The camp is designed to be flexible and fun, with creative activities that children can do at their own pace from home.

- Once registered, you'll receive a **bespoke art pack delivered to your door**
- Every Saturday, you'll get a **fun, easy activity by email**
- **Optional Zoom sessions** offer a chance to meet the artist and other children
- Plus, take part in our **Post Pal exchange** to connect with young artists around the country

**Camp Dates:** 5, 12, 19, 26 July

**Age Groups:**

[Ages 6–8 – Join Today](#)

[Ages 9–12 – Join Today](#)

Please forward this email to your networks or you can share the [Free Summer Camps](#) image above on social media.

Let's help more young people start their summer with creativity, connection, and joy.

► "Let's Get Ready" Dept Children, Equality and Disability Website



Have you heard of Let's get Ready? Well, it's a fantastic website run by the Department that has all the information that families need.

Let's get Ready has tonnes of useful information on:

- Starting pre-school.
- Starting primary school.
- Information for families with children of disabilities.
- Information resources.

Visit [Let's Get Ready](https://gov.ie/letsgetready) for all your information needs.



## CONSULTATIONS & REPORTS

### ► Have your say! – Co Wexford Migrant Integration Strategy



The poster is for the County Wexford Migrant Integration Strategy. It features the Wexford County Council logo at the top left, which includes a stylized 'W' with a sun/moon icon. The text 'Comhairle Contae Loch Garman' and 'Wexford County Council' is to the right of the logo. The main heading is 'Have your say!' in yellow, followed by 'County Wexford Migrant Integration Strategy' in white. Below this is 'Focus Groups for people from migrant backgrounds' in yellow. The body text explains that the council and partner organisations are developing a Migrant Integration Strategy, which is a plan to help people from non-Irish backgrounds feel welcome and included. It asks for help by sharing experiences and ideas, and to sign up for a focus group using the QR code. A list of focus group dates and locations is provided: Rosslare (12th June, 7pm, Cois Barry House Y35 FY58), Wexford (13th June, 11am, women only, Library Y35 AY20), Enniscorthy (13th June, 7.30pm, Presentation Centre, Y21 X889), Wexford (14th June, 10am, Library Y35 AY20), New Ross (14 June, 12.30pm, St Michaels Theatre Y34 D902), Online (18th June, 7.30pm), and Gorey (19th June, 7pm, Library Y25 WK37). A 'Register here:' label is next to a QR code.

**Have your say!**  
**County Wexford Migrant Integration Strategy**  
**Focus Groups for people from migrant backgrounds**

Wexford County Council and partner organisations are developing a Migrant Integration Strategy - which is a plan to help people from non-Irish backgrounds to feel welcome and included in the county. You can help by sharing your experiences and ideas. Sign up for a focus group with the QR code below.

- Rosslare, 12<sup>th</sup> June at 7pm, Cois Barry House Y35 FY58
- Wexford, 13<sup>th</sup> June at 11am, women only, Library Y35 AY20
- Enniscorthy 13<sup>th</sup> June at 7.30pm, Presentation Centre, Y21 X889
- Wexford, 14<sup>th</sup> June at 10am, Library Y35 AY20
- New Ross, 14 June at 12.30pm, St Michaels Theatre Y34 D902
- Online, 18<sup>th</sup> June at 7.30pm
- Gorey, 19<sup>th</sup> June at 7pm, Library Y25 WK37

**Register here:**



To access the [Co. Wexford Migrant Integration Strategy poster above in multiple languages](#), click here.

We are excited to invite you to participate in a focus group organised as part of the Wexford Migrant Integration Strategy. The Migrant Integration Strategy will be a 5-year plan for the county that aims to create an inclusive and intercultural society where migrants are facilitated to play a full role. These focus groups are designed to seek feedback and ideas from individuals with a migrant background and those who support migrants in our community.

The focus groups will be held at various locations around the county on different dates between 12<sup>th</sup> and 19<sup>th</sup> June, with one online group. Each focus group will be maximum one hour long.

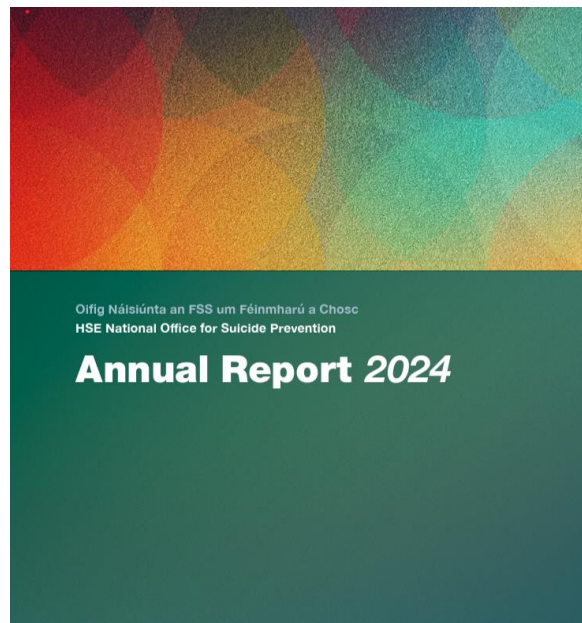
To register for a focus group, please sign up using this link <https://forms.office.com/e/UbD1HL6CMs>. The consultants will then contact you to confirm the exact time and venue of your focus group. Please let us know if you require an interpreter and we will do our best to find one on the day. Further information is also available in the attached poster in different languages.

The Wexford Migrant Integration Strategy is being co-ordinated by Wexford County Council, and we have appointed consultants Dr. Louise Kinlen and Marjo Moonen to conduct the consultations. You can contact them if you have any queries on [KMConsultancy@eclipso.eu](mailto:KMConsultancy@eclipso.eu).



## ► HSE National Office for Suicide Prevention Annual Report for 2024

The HSE National Office for Suicide prevention recently held a webinar to mark the publication of the HSE National Office for Suicide Prevention Annual Report for 2024.



- You can download this report here: [NOSP Annual Report 2024.pdf](#)
- If you would like to view the Webinar click the following link:  
<https://hse.webex.com/hse/jdr.php?RCID=8d3000177dfb16f505324d8d03468218>
  - Password: iTv3APevD36

The Annual Report contains:

- An overview of the strategic context for suicide and self-harm prevention and postvention work in Ireland, and their related governance structures.
- Activities and initiatives from the NOSP, or delivered in collaboration with partners across Government, Health and Community/NGO sector.
- Some highlights of the work of 20+ HSE Resource Officers for Suicide Prevention who work on regional Connecting for Life implementation initiatives across the country.
- Achievements and outputs from 20+ NGOS that receive funding from, and work in close partnership with our Office.

## ENNISCORTHY LIBRARY : JUNE EVENTS

### Children / Family Events



**Summer Stars** is the public library national summer reading programme for children that runs from the start of June until the end of August. All children are invited to join the adventure. Summer Stars is non-competitive and every child who reads even one book is regarded as having completed the programme - and it's all completely free! To join Summer Stars Reading Adventure visit your local library.

**We have prizes for every participant!**



## **Sensory Zone Adventure**

Saturday, 14th June at 2.15pm  
and 3.15pm

Sensory Zone Adventure - Play, Explore & Connect

A special event design for kids to explore, play and discover through touch, sound, sight and movement!

We will have our Sensory Collection on display with a dark den, sensory books, sensory toys and Free Play Lego Table for families to play with and enjoy.

Explore at your own pace!

Booking essential

Please register for your place below

**[Read more](#)**

**[Book 2.15pm session](#)**

**[Book 3.15pm session](#)**



## **Family Movie**

Saturday, 21st June at 2pm

Take time out this June and join us for our Family Movie in Enniscorthy Library.

Contact the library for more information.

Booking essential

Please register for your place below

[\*\*Read more\*\*](#)

[\*\*Book now\*\*](#)



## Toddler Shenanigans

Wednesday, 25 June at 11am-11.30am

### Toddler Shenanigans - Fun and Interactive Activities for Children age 1-3.

Make friends, sing songs, and have lots of fun at our Toddler Shenanigans meeting. This event will be filled with music, shenanigans and sensory playtime, awakening children's imagination, and curiosity.

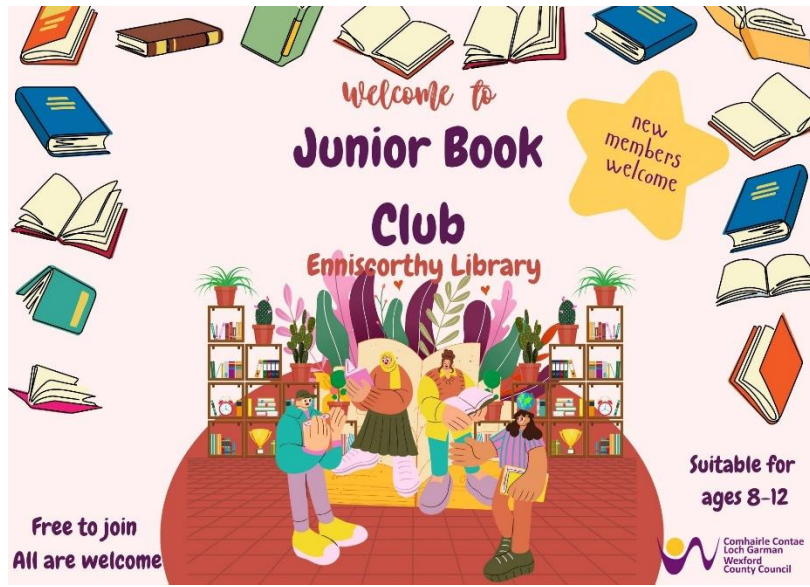
Booking essential

Please register for your place below

[Read more](#)

[Book now](#)





## **Junior Book Club**

Thursday, 19th June at 3.30pm

Would your child like to join our free book club here at Enniscorthy Library?

Suitable for ages 8 - 12, the children get together monthly to talk about books in all genres and to share a love of books.

We explore new styles together to encourage reading and to develop a love for books.

This club is about reading for pleasure, making friends and doing some fun activities, drawing or writing too.

Booking essential

Please register for your place below

[Read more](#)

[Book now](#)



## **Bedtime Stories and Teddy Bear Sleepover**

Thursday 26<sup>th</sup> June at 5.30pm

Put on your pyjamas, grab your favourite teddy or a cuddly toy and join us for a magical evening of stories, cuddles and fun at the library!

We'll start the evening with bedtime stories, sing our favourite lullabies and enjoy a calm and friendly atmosphere to help everyone wind down.

Then, it's time to tuck your teddy in for a special overnight sleepover at the library!

While you go home to bed, your teddy will have a big adventure exploring the library after dark.

Come back the next day (Friday) to collect your teddy and hear all about what they got up to!

This event is suitable for children aged 4-7.

Booking essential

Please register for your place below

[\*\*Read more\*\*](#)

[\*\*Book now\*\*](#)



## Comic Club for Teens

Friday, 27th June at 3.30pm

Love a good story told in both pictures and words? Want to meet like-minded people?

Join fellow comic book lovers for a discussion, snacks, board games, and creative drawing activities.

If you are between the ages of 13 and 15 years, why not drop in and see for yourself! Take a friend with you!

Booking essential

Please register for your place below

[Read more](#)

[Book now](#)



## Regular Events



### Rhyme Time

Twist and Turn every **Tuesday at 10:30am**. We are delighted to welcome parents and guardians with their little ones for fun rhymes, stories and songs.

Suitable for 0-3 year olds.

All the family is welcome to come along.



## Story Time

Saturday, 14th June

Saturday, 21st June

Saturday, 28th June

at 11.00am

Together we can begin to develop and nurture your child's love of books, music, and the library. For some children, this may be their first group experience. Perfect for 3-5 years old but fun for everyone!

All welcome and no booking required.

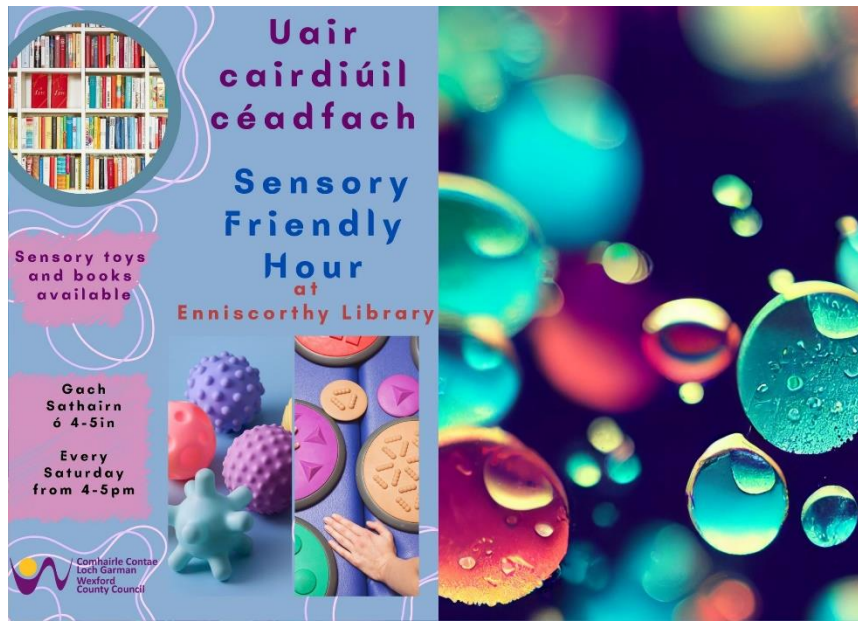


## LEGO Free Play

Enniscorthy Library invites you and your family to join us for a session of LEGO Free Play, every Saturday 11.30am-5pm.

LEGO will be made available for children and families to build their very own designs. This session is suitable for ages 5+.

No booking required. All welcome!



## Sensory Friendly Hour

Every Saturday from 4-5pm, Sensory Friendly Hour will be observed in Enniscorthy Library.

We encourage you to come along and relax in the calm environment of the library.

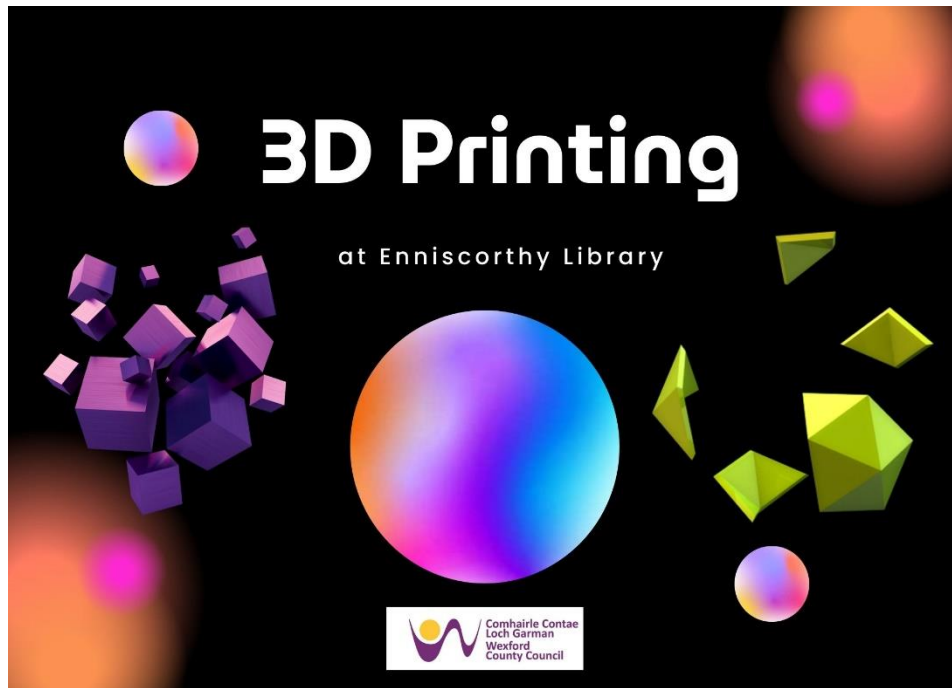
No booking required. All welcome!

## ► Sensory Toys and Assistive Resources



The Sensory Toys and Assistive Resources (STAR) collection holds over 100 items and was developed to support children and young people with additional needs. Items such as toys, special aids and literacy apps can be borrowed from all libraries in County Wexford.

[Click and Browse STAR Catalogue](#)



### **3D Printing at Enniscorthy Library**

Enniscorthy Library offers a free 3D printing service!

Members of the public and particularly primary and secondary school students can imagine, design and make their own concepts and ideas.

You'll be able to pick a design from Thingiverse or design your own by using Tinkercad.

Talk to our staff about how to get your designs to the printer.

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## **Wexford Public Libraries App**

### **Access your library 24/7.**

The app offers access to the library catalogue and to the library user's account, so you can reserve and renew items from anywhere once you have Internet access.

Families with numerous cards can keep the entire family's account details in one place, with loans and requests for everyone available at a glance.





# Just a minute

We welcome JAM Card holders

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Wexford Libraries are proud to be Jam Card Friendly Libraries.

What is a JAM card and who is it for?

A JAM Card lets people with a communication barrier discreetly tell others that they need 'Just a Minute' (JAM).

How do you get a JAM card?

Visit JAM Card website to apply for your free JAM Card.

If you need help applying, ask a member of our staff in any Wexford Libraries branch.



