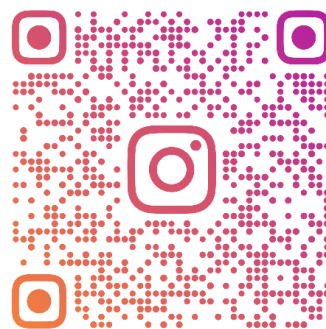




CYPSCWEXFORD

Wexford CYPSC Newsletter

09 October 2026

For information on services and supports for children, young people and families see [Wexford CYPSC](#)

For information on parenting supports and programmes, see [Wexford Parents Hub](#) or access on [Facebook](#)



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EVENTS & CAMPAIGNS

► 16 Days of Activism 25 November 2026 - 10 December 2026



16 DAYS OF ACTIVISM AGAINST DOMESTIC, SEXUAL & GENDER-BASED VIOLENCE

25th November 10 am

Volvo Cars Wexford
Ferrybank, Y35 RH73

COME ALONG FOR A CHAT, LIVE MUSIC AND REFRESHMENTS.



OUR SPEAKERS:

1. Opening by **Mayor Vicky Barron**
2. **Catherine McCurdy**
Director of Services
Wexford Women's Refuge
3. **Clare Williams**,
Chief Executive Officer,
Wexford Rape Crisis,
4. **Dr Kenny Doyle**
Head of Programmes
Men's Development Network CLG
5. **Kay Bradley**
President
Soroptimist International Wexford



► Gorey Family Resource Centre

Hi all,

Ready to see what's happening in the Centre?

Choose the button below that works best for you.

Mobile version if you open it on your mobile phone or the PC version if you open it from a laptop or desktop.

You are receiving this email as you are currently on our mailing list. If you no longer wish to receive these updates, please let us know and we will remove your details from future mailings.

If you or someone you know would benefit from our supports, please feel free to share our information or get in touch with us directly.

Kind regards,

Gorey Family Resource Centre

October Newsletter PC Version

October Newsletter Mobile
Version

► Invite - GAA National Youth Forum Saturday Nov 7th



The National GAA Youth Forum which invites young people aged 12 -21 to offer their opinions and experiences within and of Gaelic games.

The forum is scheduled for Saturday November 7th in Croke Park from 11:00am – 3:00pm.

The GAA Youth Forums are developed with guidance and direction from the national GAA Youth Committee comprising of young members aged 14 to 22 and from across the Gaelic games family.

An integral part of their vision is exposing young people attending the forums to available resources and supports as offered by CYPSC.

Please see link below:

<https://www.gaa.ie/my-gaa/community-and-health/youth-leadership/youth-forum>

► You're Invited: Barnardos Plugged In, Switched Off 2026 – Digital Wellbeing Today



Barnardos, through its Online Safety Programme supported by Google.org, is delighted to invite you to Plugged In, Switched Off 2026: Digital Wellbeing Today, taking place on Thursday 12 November 2026 at The Foundry, Dublin.

Plugged In, Switched Off is Barnardos' annual conference exploring emerging issues relating to children's online lives and experiences.

This year's event is informed by a national consultation involving more than 1,200 children, young people, parents and carers across Ireland with parent and carer perspectives gathered in collaboration with the National Parents Council. The conference will explore what children's everyday online experiences tell us about digital wellbeing in a rapidly changing digital world.

Children are growing up in online environments shaped by AI, algorithms and personalised content. While online spaces continue to provide important opportunities for connection, belonging and learning, children are also navigating new challenges relating to trust, control and understanding what is real online.

At a time when technology continues to evolve and new approaches to online safety and regulation are emerging, the conference will bring together children and young people, parents, educators, policymakers, researchers, industry representatives and professionals working with children and families to explore:

- What children's everyday online experiences look like today
- How online experiences affect wellbeing
- The role of AI, algorithms and emerging technologies
- What helps children feel supported online
- What children, parents and trusted adults believe needs to change

The event will include the launch of the Digital Wellbeing Today consultation report, contributions from young people, expert speakers, panel discussions and an exhibition of children's artwork created as part of the consultation. The event will be followed by light refreshments and networking opportunities.

To register your place today, please book through this [EVENTBRITE LINK](#).

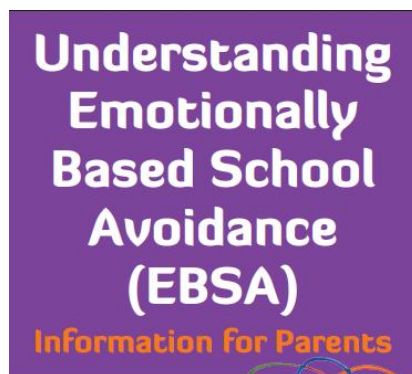
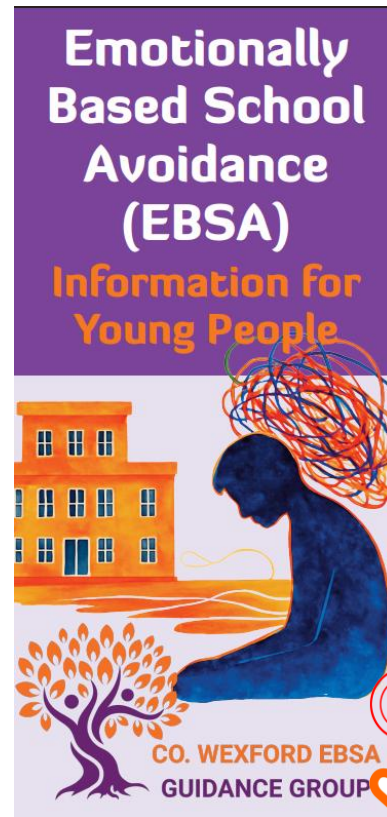
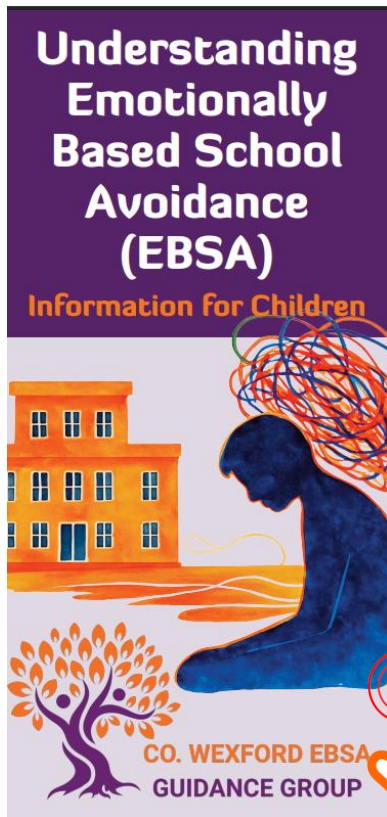
If you have any questions about the event, or would like to discuss accessibility, communication or support requirements, please contact us at onlinesafety@barnardos.ie.

Places are limited, advance registration is required and early booking is recommended

We hope you can join us!

INFORMATION/RESOURCES

► EBSA Information Leaflets



► Achieving Change for Children - Research Report



Barnardos recently hosted an “*Achieving Change for Children*” event which showcased the findings from the use of standardised measures across Barnardos’ family support services.

I am pleased to share a copy of those findings with you - [Research & Evaluation Studies - Barnardos](#)

At the event, Dr. Gráinne Hickey, Research Manager, Barnardos, presented on the introduction of standardised measures in our intensive family support services and the collection of outcomes data for *1,262 parents and children* attending Barnardos services. The data shows that Barnardos’ family support services are *achieving outcomes* for families with significant vulnerabilities. Importantly, the findings also demonstrate *statistically significant* improvements in child and family wellbeing after receiving support, indicating that Barnardos’ intensive family support leads to reduced risk and stronger protective factors in children’s lives.

The event featured presentations from Dr Emer Smyth (ESRI), Dr Stella Owens (Tusla), Dr John Canavan (University of Galway) and Professor Harry Ferguson (University of Birmingham), who shared insights on family support outcomes, child poverty, evidence-based practice and relationship-based approaches to working with vulnerable children and families.

These findings provide strong evidence of the positive difference our services are making in the lives of vulnerable children and families.

MEN'S HEALTH & WELLBEING

► Engage - Connecting with Men Training

You are invited to apply for a place on ...



Connecting with Men

Date: 9th of November 2026

Time: 09:15 – 16:30

Venue: Kilcannon Garden Centre, Enniscorthy, Y21 F5D7

Aim of the Workshop

The aim of this workshop is to assist a broad range of practitioners and service providers to explore the world of males, and to develop practical strategies for effectively engaging with them around health and wellbeing issues. It focuses on the engagement process (i.e. **WHY** and **HOW** to build relationships with men) rather than offering a new or revised health programme (i.e. **WHAT** to offer them).

Objectives of Workshop

The key objectives for this workshop are to:

- Reflect upon how to create a 'safe space' for working with men.
- Gain a common understanding of what men's health is and why it is important.
- Explore how gender influences the values and attitudes that men develop in relation to their health, and how this influences their health behaviours.
- Identify some of the determinants that shape health outcomes for men.
- Reflect on participants' own value base, experience, skills, attitudes towards and expectations of men.
- Explore what a 'male friendly' health programme or service looks like in practice.
- Signpost participants to further sources of help, advice, guidance and support.

Who Should Attend?

This workshop will be of interest to a broad range of service providers and practitioners who wish to connect in more meaningful ways with men.

Cost

The 'Connecting with Men' workshop is free for all participants.

Further Information

To apply for a place on this workshop or for further information, please contact:

Ollie Walsh 087-4492285 Ollie.Walsh@hse.ie



POST NATAL SUPPORTS

► Mummy and Mini Strength & Flow Exercise Programme

Mummy & Mini Strength & Flow Exercise programme



Presentation Arts Centre,
Enniscorthy
Y21 X889



7th of October – 11th of
November, 10.30-11.15am
(6 Week programme)



For postnatal women,
aiding them back into a
physical activity routine
while removing the
barrier of childcare



€30 for 6 weeks

Registration: through Eventbrite



LOCH GARMAN
GNÍOMHACH TRÍ SPÓIRT
SPORTS ACTIVE
WEXFORD
SPÓRT ÉIREANN



SPÓRT ÉIREANN
SPORT IRELAND

LITERACY

► Maths Week Social Media Campaign | 10–17 October



wwetb
Bord Oideachais agus Oiliúna
Phoirt Láirge agus Loch Garman
Waterford and Wexford
Education and Training Board



**Adult
Literacy
for Life**

We're supporting Maths Week 2026!

Maths is part of everyday life. Follow along this week as we share some simple messages about maths and numeracy.

#Waterford #Wexford #RegionalAdultLiteracyCoalition

#MathsWeekIreland #Numeracy #AdultLiteracyForLife

Numeracy isn't just maths –
it's how we use numbers in everyday life.



#MathsWeekIreland
#Numeracy
#AdultLiteracyForLife

**Checking your
bank balance,
comparing prices
or planning a
budget – that's
numeracy in action.**
Numeracy helps
us make better
financial decisions
every day.



#MathsWeekIreland
#FinancialLiteracy
#Numeracy

**Reading a
timetable,
planning your day
and getting where
you need to be on
time all rely on
numeracy.**

Time skills are
everyday life skills.



#MathsWeekIreland
#TimeSkills
#Numeracy

**2pm,
not 14:00.**

Clear time =
clearer
information.



#MathsWeekIreland
#Numeracy

Health information often includes time.



Appointment times

Follow-up dates

Medication schedules

Understanding this information helps people make decisions about their health and use services with confidence.



#MathsWeekIreland
#HealthLiteracy
#Numeracy
#AdultLiteracyForLife

Numeracy is part of everyday work and many daily tasks.

From measuring and estimating to following instructions and managing time, numbers help us get things done.



#MathsWeekIreland
#WorkSkills
#Numeracy
#AdultLiteracyForLife

Numeracy supports better health decisions.



Medicine doses

Appointments

Test results



#MathsWeekIreland
#HealthLiteracy
#Numeracy
#AdultLiteracyForLife



#MathsWeekIreland
#HealthLiteracy
#Numeracy
#AdultLiteracyForLife

RECRUITMENT

► Youth Project Co-Ordinator Vacancy – Youth New Ross



JOB DESCRIPTION of Youth Project Coordinator YNR JOB DETAILS

Name of Employer: Youth New Ross CLG
Job Title: Youth Project Coordinator (YPC)
YNR Department: Youth Services
Reporting to: CEO of YNR
Type of Contract: Permanent, Part-time Role with a 6 month-probationary period
Number of Hours: 28 hours per week
Location: Predominantly at The Bullawn, New Ross, Co. Wexford, Y34 YH26

***Application Details: Please email recruitment@ynr.ie for an application form or download from our website youthnewross.com**

***Application Process: Please email completed application form to recruitment@ynr.ie with a cover letter.**

***Closing date for applications is Friday, the 16th of October 5pm. Late applications will not be considered.**

Salary Starting point is dependant on experience.

Actual Salary Range From Pt 1. €35,871	To Pt 6. €41,600.00
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Salary Starting point: Starting on Point 1 (negotiable depending on experience/expertise)

Actual Annual Leave: 20 Days

Other Benefits: Paid Sick Leave, Paid Maternity Leave and other attractive family friendly leave post 6 months service

Role:

This is a key position with direct responsibility for planning (with the management team) managing, developing, leading and delivering the UBU Youth Project at YNR and will include any new initiatives secured by YNR e.g. successful tendering or expansion.

The Youth Project Coordinator will have exemplary administration skills, communication skills, procedural & policy application, strong academic ability in formal English & maths and time management skills.

The YPC will have a committed belief in the children's rights, a strong knowledge of the UN Convention on the Rights of the Child (UNCRC) – the Children's Rights Charter, and the 5 National Outcomes as per the Young Ireland (continuation of BOBF National Policy Framework Doc)

WEXFORD LIBRARIES

► Wexford Town Library Events



Baby Tummy Time, every second Friday - 11.00am-11.45am.

Join us for a Baby Tummy Time session in Wexford Library.

According to the HSE, Tummy time helps to strengthen baby's head, neck, and back muscles. Your baby can begin tummy time as a newborn and continue to do it throughout their first year.

We will provide books for babies and there will also be books on parenting available to borrow. This is a great opportunity to meet other parents and babies.

Regular Events



Rhyme Time, every Wednesday, 11.00am-11:30am. Suitable for children aged 0-3

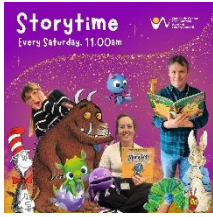
These fun, free and interactive Rhyme Time sessions are perfect for babies and toddlers. Children should be supervised at all times when visiting Wexford Library. **No booking required.**



Lego Free Play, every Saturday from 11am-3.00pm. Suitable for children aged 5+

LEGO Freeplay tables available in Wexford Library on our Children's floor area from 11.30am to 3pm. LEGO will be made available for children and families to build their very own designs. Get Creative! This session is suitable for ages 5yrs +.

No Booking Required. Please note that children must be supervised at all times.



Storytime, every Saturday - 11.00am-11.30am

Join us in Wexford Library every Saturday at 11.00am for lots of Storytime fun!

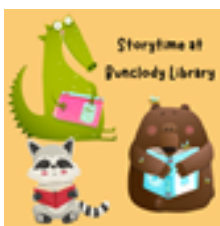
Suitable for 4 - 7 year olds. **No booking required.**

► Bunclody Library Events



Rhymetime for ages 0 to 5 years - every Wednesday at 11.15am

Join us for Rhymetime every Wednesday when will have lots of fun nursery rhymes and stories suitable for babies and toddlers followed by a Duplo play session. **No booking required.**



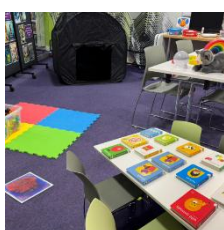
Saturday Storytime for ages 3 to 7 years - Saturday 10th October, 11.00 to 11.40am

Join us every Saturday morning at 11.00am for stories perfect for ages 3 to 7 years. No need to book - all welcome!



New! YA Offline Club for ages 13 to 17 years – Saturday 17th October, 2.00 to 3.30pm

We are delighted to announce our new YA Offline Club which will be held monthly here in Bunclody Library. We will provide a welcoming space for teens to come in and take a break from screens, distractions, and the chaos of everyday life. Pop in, try some new hobbies, meet some new people, and unwind. No need to book all are welcome!



Sensory Friendly Hour. Every Saturday from 4.00 to 5.00pm.

Sensory friendly hour is observed in Bunclody Library. We encourage you to come along and relax in the calm environment of the library. **No booking required.** All welcome!

Sensory Basket

A sensory basket containing various sensory toys/books available for children to use while visiting the library. Just ask at the desk.

Enniscorthy Library Events



Interactive Story Time at Enniscorthy Library

Join us in Enniscorthy Library every Saturday at 11am for our Interactive Story Time! Perfect for 3-5 years old but fun for everyone!

All welcome and no booking required.

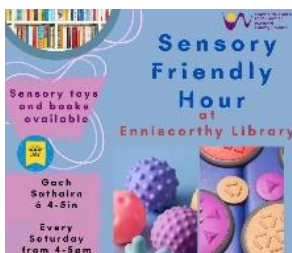


LEGO Free Play at Enniscorthy Library - every Saturday 11.30am-5pm.

Enniscorthy Library invites you and your family to join us for a session of LEGO Free Play, LEGO will be made available for children and families to build their very own designs. This session is suitable for ages 5+.

Please note we're closed for lunch from 1pm-2pm.

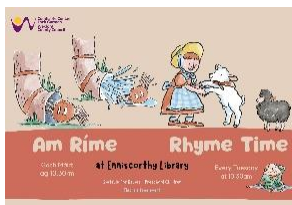
No Booking Required



Sensory Friendly Hour at Enniscorthy Library - Every Saturday from 4-5pm

Sensory Friendly Hour will be observed in Enniscorthy Library.

We encourage you to come along and relax in the calm environment of the library. **No booking required. All welcome!**



Baby and Toddler Rhyme Time at Enniscorthy Library - every Tuesday at 10.30am

Join us in Enniscorthy Library for songs, stories and rhymes!

Perfect for up to 3 years old but fun for everyone!

Through rhymes children naturally learn essential skills for communicating such as turn-taking and joining in.

All welcome and no booking required.

► Gorey Library Events

October Events at Gorey Library

Adults One-Off Events for October:



Hands on Harp:

Saturday, October 17th at 10:30am



Gaeilge inár Saol Book Talk with Molly Nic Ceile:

Tuesday October 13th at 7pm

Children's One-Off Events for October:



Nature Explorers Halloween:

Tuesday, 27th October at 4:00pm

All Ages Welcome



Trick or Treat with Spooky Storytime:

Saturday October 31st at 2:00pm

Storytime at 3pm



Mid-Term Creativity Day with Wiggle

Friday October 29th

12:30pm Animal Mash-Ups Workshop

Ages 4-6

2:30pm Tinfoil printing Workshop

Ages 8-12



Children's Chess Workshop:

Saturday, October 17th at 11:00am

Ages 8-14



Wonderlarking Workshop with Eve McDonnell

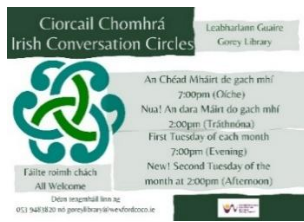
Saturday, October 10th at 3:30pm

Ages 8-12

Regular Adult Events



Lifting the Lid Public Piano: First Monday of the Month at 2:30pm



Ciorcal Comhrá: First Tuesday of the Month at 7:00pm
AND NEW: Second Tuesday of the Month at 2:00pm



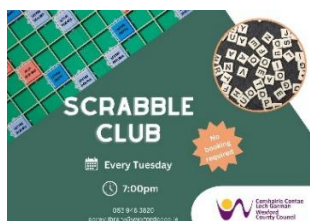
Happy to Chat Coffee Morning: Second Monday of the Month at 11:00am



La Leche League Breastfeeding Support: Second Wednesday of the Month at 10:30am



Gorey Library Film Club: Second Thursday of the Month at 2:30pm



Scrabble Club: Every Tuesday at 7:00pm



Knitting Circle: Every Friday at 11:00am



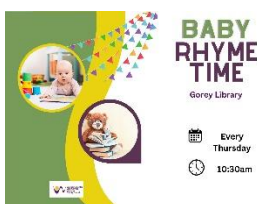
Wordsmiths Writing Group: Every Friday at 2:00pm

Regular Children's Events:



Children's Storytime: Every Tuesday at 11:00am

Age: 3-5

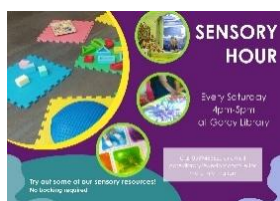


Baby Rhyme Time: Every Thursday at 10:30am

Age: 0-3

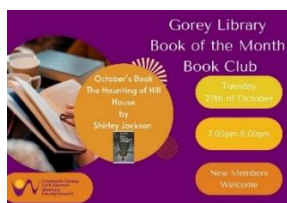


LEGO Freeplay: Every Saturday at 10:30am



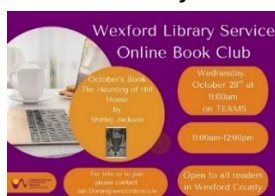
Sensory Hour: Every Saturday at 4:00pm

Adult Book Clubs and Reading Circles:



Book of the Month Book Club:

Last Tuesday of the Month at 7:00pm



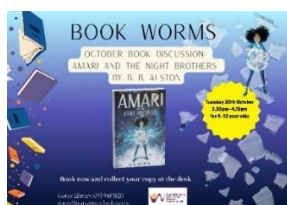
Wexford Library Service Online Book Club:

Last Wednesday of the Month at 11:00am

Children's Book Clubs and Discussion Groups:



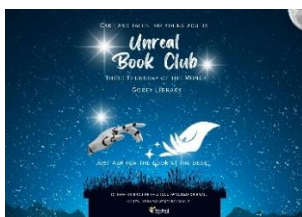
Graphic Novel Book Discussion: NEW DAY! First Saturday of the Month at Age: 9-12



Book Worm Book Circle:

Last Tuesday of the Month at 4:00pm

Age: 9-12



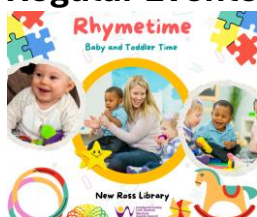
YA Unreal Book Club:

Third Thursday of the Month at 4:30pm

Age:12-15

► New Ross Library Events

Regular Events



Rhyme Time at New Ross Library, Thursday at 11.00am - 11.30am.

Join us for Rhyme Time in New Ross Library every Thursday morning. These fun, free and interactive sessions are perfect for babies and toddlers.

Suitable for children aged 0 - 4 years.

Please note that children must be supervised at all times.

No booking required.



Sensory Hour at New Ross Library. Every Saturday from 4.00pm-5.00pm.

Sensory Friendly Hour will be observed in New Ross Library.

We encourage you to come along and relax in the calm environment of the library.

No booking required.



Let's Go Wonderlarking!, Saturday, 10 October 10.00am-11.00am

Join best selling children's author, Eve McDonnell for a magical, eye-opening worldbuilding workshop searching for the wonder in nature.

Suitable for ages 7 - 12 years.

Booking essential. Book online or phone 053 919 6722 -

<https://wexfordcoco.libcal.com/event/4614591>



Little Movers Tummy Time for ages 0-2 years. Saturday 10 October, 2.30pm - 3.30pm.

Come along and tap tiny toes on the magic floor. We will have songs, rhymes, and interactive floor play.

Suitable for ages 0 to 2 years.

Booking is essential. Book online or phone 053 919 6722 -

<https://wexfordcoco.libcal.com/event/4614611>



Epic Reads Junior Book Club. Saturday 31 October 10.30am-11.30pm.

We are inviting you to join our Epic Reading Adventure this year.

We have selected 60 classic and favourite books for our Epic Reading List that we believe every child should read before leaving primary school.

We would love to hear what our young readers think of the books we have chosen.

Before our club meets in on October 31, why not drop in and borrow a book of your choice! Suitable for ages 9 to 12 years.

Booking is essential. Book online or phone 053 919 6722 -

<https://wexfordcoco.libcal.com/event/4615053>