



Wexford CYPSC Newsletter

01 April 2026



For information on services and supports for children, young people and families see [Wexford CYPSC](#)

For information on parenting supports and programmes, see [Wexford Parents Hub](#) or access on [Facebook](#)



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WEBINARS/TRAINING

► Webinar: Men's Health Week 2026 - How you can get involved



WEBINAR INVITATION

Men's Health Week 2026
How you can get involved

Date: Wednesday 15 April 2026
Time: 12:00pm - 1:00pm

FORUM **SE TU** **Men's Development Network**

Are you interested in doing something practical to mark Men's Health Week 2026 on the island of Ireland? If so, this free webinar for partners, stakeholders and supporters of Men's Health Week - and those wishing to get involved for the first time - takes place on Wednesday 15 April 2026, from 12.00pm - 1.00pm. You will hear from experienced practitioners who will share their insights on various activations and activities for Men's Health Week, including:

- Aisling Colreavy, Healthy Galway City Coordinator
- Tara Gleeson, Communications and Partnerships Manager, parkrun Rol
- Clare Deasy, Health Promotion and Improvement Officer, Cork Kerry Community Healthcare
- Fergal Fox, Head of Stakeholder Engagement and Communications, HSE Health & Wellbeing

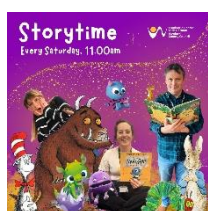
Register [here](#) to attend.

EVENTS & CAMPAIGNS

► Wexford Town Library Events



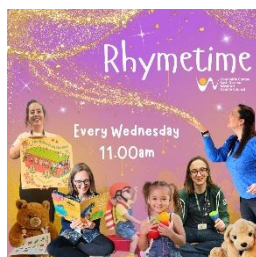
Lego Free Play every Saturday from 11:00am - 3:00pm. Suitable for ages 5yrs+
LEGO Free Play tables available on our Children's floor area from 11am to 3pm. Free to attend. LEGO will be made available for children and families to build their very own designs. Get Creative. Children should be supervised at all times when visiting Wexford Library. No booking required.



Story Time every Saturday, 11.00am-11:30am, Suitable for children aged 3–7 years.
Join us for Story Time in Wexford Library every Saturday morning. Children should be supervised at all times when visiting Wexford Library. **No booking required.**

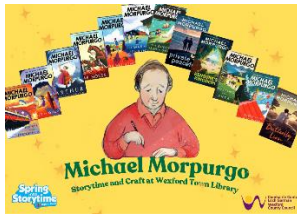
Sensory Hour, Every Saturday from 4.00pm-5.00pm.

Sensory Hour supports library users who have sensory, extra, and/or additional needs. It offers a calm and sensory family friendly environment.



Rhyme Time, every Wednesday, 11.00am-11:30am. Suitable for children aged 0–3 years.

These fun, free and interactive Rhyme Time sessions are perfect for babies and toddlers. Children should be supervised at all times when visiting Wexford Library. No booking required.



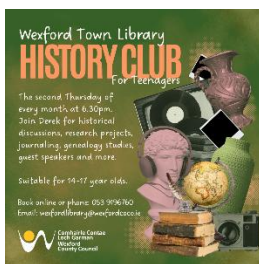
Michael Morpurgo Story & Craft at Wexford Library, Thursday April 9th, 2:30- 3:30

Celebrate Spring into Storytime at Wexford Library! Join us for a magical Storytime and craft session inspired by the wonderful stories of Michael Morpurgo, author of classics *Warhorse* and *The Butterfly Lion*. Attendees will be whisked away into tales of friendship, bravery and amazing animals as we read some of Morpurgo's much loved short stories, followed by crafts inspired by his many great tales.

Suitable for ages 9-12.

Booking is essential. Please book for child only.

Please note that children must be supervised by a parent or guardian at all times.



History Club for Teenagers at Wexford Town Library, Thursday April 9th, 6:30-7:30

Join Derek on the second Thursday of every month at 6.30pm for historical discussions, research projects, journaling, genealogy studies, guest speakers and more. The club is suitable for 14-17 year olds.

Book online or phone: 053 9196760.

All events are FREE. Wexford Public Libraries App.

Access your library 24/7. Online resources include eBooks, eAudiobooks, eMagazines, eNewspapers, eComics & Graphic Novels, music, take eLearning or language courses, business, education, and research databases and more. **Library membership is free.**

<https://www.wexfordcoco.ie/libraries/whats-on-in-my-library>

► Bunclody Library Events



Rhymetime for ages 0 to 5 years - every Wednesday at 11.15am

Join us for Rhymetime every Wednesday when we will have lots of fun nursery rhymes and stories suitable for babies and toddlers followed by a Duplo play session. No booking required.



Sensory Friendly Hour

Every Saturday from 4.00 to 5.00pm, Sensory Friendly hour will be observed in Bunclody Library. We encourage you to come along and relax in the calm environment of the library. **No booking required.** All welcome!

Sensory Basket

A sensory basket containing various sensory toys/books available for children to use while visiting the library. Just ask at the desk.



Saturday Storytime every Saturday at 11am

Join us every Saturday morning at 11am for stories and songs for ages 3-7 years. **No need to book** - all welcome!



Easter Craft for ages 8+ - Thursday 2nd April, 11.00am to 12.00pm

Join library staff to create a fun Easter craft to bring home. This event is for children aged 8+. Booking essential. Please wear old clothes as the craft might be messy.



Junior Comhaltas led by Helena Dunbar - Thursday 2nd April, 2.30 to 3.30pm

Join us this afternoon for a fantastic musical hour with the Junior Comhaltas led by Helena Dunbar. Come along and support some amazing local musical talent and enjoy this family event. Booking essential.



Nature Creation Station – Tuesday 7th April, 2.30 to 4.30pm

Join us in the library for a fun nature creation station. This is a family creative event. **No need to book** - all welcome!

► **Enniscorthy Library Events**



Interactive Story Time at Enniscorthy Library

Join us in Enniscorthy Library every Saturday at 11am for our Interactive Story Time! Perfect for 3-5 years old but fun for everyone!

All welcome and no booking required.

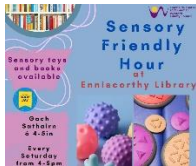


LEGO Free Play at Enniscorthy Library - every Saturday 11.30am-5pm.

Enniscorthy Library invites you and your family to join us for a session of LEGO Free Play, LEGO will be made available for children and families to build their very own designs. This session is suitable for ages 5+.

Please note we're closed for lunch from 1pm-2pm.

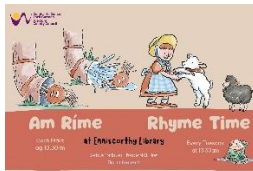
No Booking Required



Sensory Friendly Hour at Enniscorthy Library - Every Saturday from 4-5pm

Sensory Friendly Hour will be observed in Enniscorthy Library.

We encourage you to come along and relax in the calm environment of the library. No booking required. All welcome!



Baby and Toddler Rhyme Time at Enniscorthy Library - every Tuesday at 10.30am

Join us in Enniscorthy Library for songs, stories and rhymes!

Perfect for up to 3 years old but fun for everyone!

Through rhymes children naturally learn essential skills for communicating such as turn-taking and joining in.

All welcome and no booking required.



Sensory Magic Table for Kids, Thursday 2nd April, 2:30-3:30 & 3:30-4:30

To celebrate World Autism Awareness Day join us in Enniscorthy Library for a Sensory Magic Table event.

The Magic Table (Tovertafel) is a sensory-friendly device that projects interactive games onto a table (using image and sound) and infrared sensors respond to the hand and arm movement of the players.

The Magic table consist of a series of interactive light games which include chasing bees away, splashing in water, target practice, sweeping up leaves and a drum kit with interactive drums.

Booking essential.



Imagination Station – Cosy Reading Room, Tuesday 7th & Wednesday 8th & Friday 10th April, 12:30-17:30

Join us at the library this Easter break for a series of free drop-in play sessions for children and families.

Each day offers something little different, with spaces design for children to relax, explore and create at their own pace.

Cosy Reading Room - Tuesday, 7th April from 12.30pm-5pm

Step into our cosy reading room filled with lovely selection of books and story sacks.

Sensory Play Room - Wednesday, 8th April from 12.30pm-5pm

Our sensory play room will be full of activities including LEGO, sensory toys, play dough and drawing.

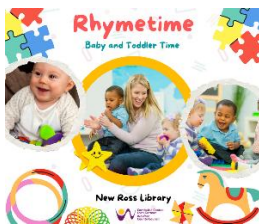
Craft and Create Room - Friday, 10th April from 12.30pm-5pm

Get creative with our free play craft session where children can experiment with materials and make their own creations to take home.

All welcome

No booking required

► New Ross Library Events



Join us in New Ross Library **every Thursday at 11.00am** for a fun-packed session with lots of stories, rhymes and songs! Just come along, no booking required

<https://wexfordcoco.libcal.com/event/4158186>

► Gorey Library Events



Baby Rhyme time at Gorey Library, Every Thursday 10:30-11am

Join us at Gorey Library for a fun session of singing and rhymes! This is an interactive session for 0-2 years.

Booking essential.

WHEN BOOKING PLEASE REMEMBER TO BOOK BOTH THE ADULT AND CHILD/CHILDREN ATTENDING.

If you require additional assistance to participate in this event please contact the library on 0539483820



Story time at Gorey Library, Every Tuesday 11-11:30am

Drop in to storytime at Gorey Library! Every week, we will have a fun session of stories, rhymes and songs.

This event is suited to children aged 2-4 years, but we encourage all the family to join in!

No need to book, just call in.



La Leche League Winter / Spring Sessions, Wednesday 8th April, 11-1pm

Join the La Leche League for a monthly meeting at Gorey Library.

La Leche League of Ireland is a voluntary organisation which provides free information and support to all those who want to breastfeed or give their babies human milk.

Our Mission is to help mothers worldwide to breastfeed through mother-to-mother support, information, encouragement, education, and to promote a better understanding of breastfeeding as an important element in the healthy development of the baby and mother.

If you need additional assistance to attend this event, please contact the library on 05394 83820 or goreylibrary@wexfordcoco.ie



Spring into Storytime: Storytime and Craft, Wednesday 8th April, 3:30-4:30pm

Join us for a special storytime and craft to mark our Spring Into Storytime programme, which all libraries hold every April, encouraging us to share stories with children of all ages.

In this event we will share a Springtime story and learn how to make something beautiful using recycled materials

This event is suitable for children aged 4-7. Parents must remain with children for the duration of this event.

Booking essential.

If you need additional assistance to attend this event, please contact the library on 05394 83820 or goreylibrary@wexfordcoco.ie

LITERACY

► Waterford Lifelong Learning Festival



wwetb
Bord Oideachais agus Oiliúna
Phort Láirge agus Loch Garman
Waterford and Wexford
Education and Training Board



**Adult
Literacy
for Life**

Waterford Wexford Regional Adult Literacy Coalition has organised **three learning opportunities** during the **Waterford Lifelong Learning Festival** in April.

Please see details of our **three free events**, all planned for Friday 17 April



WWETB Adult Literacy Service

Help Hub



Waterford and Wexford
Regional Adult Literacy Coalition invites you to:

**Drop in to get help with all your literacy needs
at Waterford's Lifelong Learning Festival**



Friday, 17 April 2026, 10 am to 2 pm

Waterford Volunteer Centre, O'Connell Street





Financial Literacy



Do you want to learn what you're doing well with money and what could be easier

Join our financial literacy workshop at Waterford's Lifelong Learning Festival to learn:

- what you're already doing well
- simple steps to improve your money skills
- easy ways to save and spend wisely, and
- where to find clear, trustworthy financial information



Friday, 17 April 2026, 10 am to 11 am

Waterford Volunteer Centre, O'Connell Street

Supported by Waterford Wexford Regional Adult Literacy Coalition



Health Literacy



Do you want help understanding how to eat well?

Join nutritionist, Maria Chester, for a health literacy workshop at Waterford's Lifelong Learning Festival to learn:

- how to choose foods that are good for your health,
- where to find clear and trustworthy information, and
- simple tips for eating well every day.



Friday, 17 April 2026, 11:30 am to 12:30 pm

Waterford Volunteer Centre, O'Connell Street

Supported by Waterford Wexford Regional Adult Literacy Coalition



► Literacy resources from Down Syndrome Ireland



wwetb
Bord Oideachais agus Oiliúna
Phort Láirge agus Loch Garman
Waterford and Wexford
Education and Training Board



**Adult
Literacy
for Life**



More great resources from Down Syndrome Ireland for Spring and Easter covering:

- Reading and comprehension
- Speaking and listening
- Activities
- Poetry, songs and writing
- Gardening
- Puzzles
- Cooking and
- Art.

[DSI Spring Resources](#)

[DSI Easter Resources](#)

Down Syndrome Ireland are basing their resources on your feedback so please do continue to complete the feedback form in the Padlets. They have gotten some excellent ideas that they will be working on in the coming months.

► Interactive calendar style resource: Let's Talk About Health Literacy



We are delighted to present our second 2026 calendar style interactive resource: Let's talk about health literacy this April. You can click on a new item each day to access information, resources and tips.

The calendar shows different ways that members of the public, health practitioners and educators can learn about health literacy and best practice. All items are free to view or to use.

[Please visit the Adult Literacy for Life health literacy calendar resource here.](#)

Find your local ETB Service

Let's talk about health literacy this April

Click on the link in each date to access resources.

<p>Videos and podcasts</p> <p>Learning and information for health practitioners and community centres</p> <p>Health literacy information for everyone</p> <p>Research</p> <p>Teaching & Learning Resources</p> <p>Contact </p> <p>Click on the link below</p> <p>If you have any questions about the content or links in this calendar please contact your local Regional Literacy Coordinator.</p>	<p>06 Health literacy in General Practice</p> <p>07 Know your health numbers</p> <p>13 Preparing for your health appointment - HSE</p> <p>20 Let's talk about health literacy for everyone</p> <p>27 Stages of Change</p>	<p>08 HSE plain language guidelines</p> <p>14 Food for thought - easy read guide to healthy eating</p> <p>21 Health promotion publications - HSE</p> <p>28 Ted Talk</p>	<p>01 Introduction What is health literacy</p> <p>02 Health literacy research factsheet - Adult Literacy for Life</p> <p>03 A to Z on health conditions - HSE</p> <p>04 My Medicines List</p> <p>05 Health Literacy in Pharmacy Practice</p> <p>09 My health, my voice - useful questions to ask</p> <p>10 Health and well-being</p> <p>11 The Parenting Platform: Raising healthy children</p> <p>12 Ask me 3</p> <p>15 Well Now: a tutor guide to deliver health literacy - NALA</p> <p>16 Health information from Citizens information</p> <p>17 Talking health and wellbeing - HSE podcast</p> <p>18 Getting health information and support between appointments</p> <p>19 Balancing Stress is the HSE's free programme</p> <p>22 Let's talk about a literacy friendly approach for practitioners</p> <p>23 Getting the most from your health appointment</p> <p>24 How <small>Health Literacy for Life</small></p> <p>25 Let's talk about plain language</p> <p>26 Health information calendar - HSE</p> <p>29 A conversation with your health practitioners</p> <p>30 Unclear terminology and teach back</p>
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WORLD AUTISM AWARENESS DAY

► Requesting details of parenting initiatives taking place in April for promotion under the Supporting Parents communications campaign




Thursday 2nd April

 **SENSORY HOUR** 

Relax • Explore • Unwind

Join us in the Family Room from 11am – 12pm for a calming, inclusive experience designed for children of all needs.

 A welcoming space for gentle play, relaxation, and exploration.

 Perfect for families to unwind together in comfort.

*Call Anne on 053 9489017
for more information*

 **World Autism Awareness Day** 

Today, Gorey Family Resource Centre proudly joins communities around the world in recognising and celebrating World Autism Awareness Day. It's a time to raise understanding, promote acceptance, and celebrate the unique strengths and perspectives of all children.


SENSORY HOUR

Relax • Explore • Unwind

Join us in the **Family Room** from 11 am – 12pm for a calming, inclusive experience designed for children of all needs.

What to expect:

- Softened lighting
- Reduced noise levels
- Tactile toys & soothing textures
- Quiet corners & calming visuals

 A welcoming space for gentle play, relaxation, and exploration.

 **Perfect for families to unwind together in comfort**