



Wexford CYPSC News and Resources Update

November 25th 2022

For information on services and supports for children, young people and families see
www.wexfordcypsc.ie.

For information on supports for parents, see **Wexford Parents Hub** at
www.wexfordcypsc.ie/wexford-parents-hub and on Facebook at
www.facebook.com/wexfordparentshub/.

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CAMPAIGNS

- **“Light, Hope & Healing” WWR Event for “16 Days of Action Against Violence Against Women”**

The “16 Days of Action” Campaign is an important opportunity to raise awareness and call for changes at an international, national and local level to end violence against women and girls. The campaign runs from **25th November (UN Day For the Elimination of Violence against Women)** to **10th December 2022**.

Wexford Women’s Refuge

is hosting;

“Light, Hope & Healing”

**For the 1652 women and children we supported
over the past year.**

Where: The Crescent Quay, Wexford

When : December 5th

Time : 5.30 to 6.30

**This is an Awareness Raising Ceremony as part
of the 16 days of Action.**

Please come and support us.

**“Shine a Light of Hope for all those experiencing
domestic abuse”**



- **Women's Aid**



The Women's Aid [National Freephone Helpline](#) 1800 341 900 operates 24 hours a day, seven days a week, and provides support and information to callers experiencing abuse from intimate partners.

The Women's Aid Helpline is the only free, national, domestic violence helpline with specialised trained staff, fully accredited by The Helplines Association and with a Telephone Interpretation Service facility covering 170 languages for callers needing interpreting services.

The service also supports family members, friends, and professionals who have concerns about a person, they know or are working with, who might be experiencing domestic violence and abuse. The Helpline provides support to callers where English is not their first language, through our **Language Line facility (available 24 hours a day, 7 days a week)** and for women who are deaf or hard of hearing through its **Text Service facility (operational daily, 8am-8pm)**.

To access the Women's Aid website, click [here](#)

For more information on the Women's Aid 16 Days of Action campaign click [here](#)

PARENTING SUPPORTS

- **Making the “Big Talk” many small talks**



Making the ‘Big Talk’ many small talks

HSE resources to support parent/child communication about relationships and sexuality

Lay the foundation of good communication with your children by talking to them regularly and from a young age about relationships and sexuality. This will help your children as they navigate the ups and downs of childhood, adolescence and young adulthood.



The suite of new resources available to download (booklets and videos) can all be found here: <https://www.sexualwellbeing.ie/for-parents/resources/>. Additionally, if you wish to order multiple hard copies, you can do so by visiting www.healthpromotion.ie. Simply search ‘big talk’ in the keyword box and you will see all of the booklets. If you wish to bulk order(more than 5 copies) you must register on healthpromotion.ie as a professional.

We are also attaching a soft-copy of a poster with direct links to the booklets and videos.

To download, click [here](#). Please feel free to share with your network, along with links to all of the other resources above.

An edited version of the event will be available on the HSE Health & Wellbeing YouTube channel in the coming days.

Best wishes,

Sexual Health and Crisis Pregnancy Programme Team, HSE

89-94 Capel St | Dublin 1 | D01 P281

www.sexualwellbeing.ie

RESOURCES

- **“Mind Your Nuck” Website for Travellers**



This innovative platform offers culturally appropriate information on many areas impacting on young Travellers’ mental health – racism, discrimination, drug issues and unemployment – and offers signposting to services.

Young Pavees (Mind Your Nuck) has been developed by Pavee Point with young Travellers and the Eastern Region Traveller Health Unit.

Advice is available for young Travellers, Traveller parents and those supporting young Travellers.

To access the website click [here](#).

- **Launch of AkiDwa 3rd Edition FGM Handbook for Healthcare Professionals**



AkiDwa is inviting you to attend the launch of our 3rd Edition FGM Handbook for Healthcare Professionals. The launch will be taking place at the Sexual Assault and Treatment Unit (SATU) in Rotunda Hospital on Tuesday, the 29th of November 2022, starting 10.45 am. We would greatly appreciate if you could pass on the word to your network.

This Handbook is very significant to the work of healthcare professionals, as it has the latest information on how to handle women who have gone through Female Genital Mutilation (FGM) in Ireland. Currently in Ireland, the number of women who have gone through FGM stands at nearly 6,000. What's more, it will go a long way in enlightening those working in the sector on how to increase child protection, as we know that currently in Ireland, at least 1,600 girls are at risk of undergoing FGM.

Your presence will give AkiDwa's work to end the practice of FGM in Ireland a huge boost. In addition, you will also be able to learn about what SATU is doing to support women suffering from the consequences of FGM.

We would love to see you at the event, and **would appreciate your registration at this link:** <https://www.eventbrite.ie/e/458213377547>

Yours sincerely,

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Akina Dada wa Africa, or **AkiDwa** for short, is a national network of migrant women living in Ireland. **Akina Dada wa Africa** means sisterhood in Swahili. Over two decades, AkiDwa has gained recognition as a leading NGO highlighting the issues faced by migrant women in Ireland.

To learn more about AkiDwa, access their website [here](#).

RESEARCH

- **ESRI Research finds Nine-year-olds take part in out-of-school activities like sport and cultural pursuits less often than ten years ago.**



New research, published by the ESRI and produced in partnership with the Department of Children, Equality, Disability, Inclusion and Youth (DCEDIY), looks at how the lives of nine-year-olds have changed over a decade in terms of their relationships with family and friends, their pastimes and their school experiences. The report draws on data from the Growing Up in Ireland (GUI) study, comparing nine-year-olds in 2007/8 and 2017/18 (Cohorts '98 and '08), a period of considerable social and policy change.

Emer Smyth, author of the report said: 'There are concerning trends in children's involvement in sports, cultural pursuits and reading, activities that enhance their development. Subsidised provision of sports and cultural activities for more disadvantaged groups could help encourage participation. Continued efforts on the part of schools and libraries will be crucial in trying to reverse the decline in reading for pleasure found among many groups of children.'

Launching the report, the Minister for Children, Equality, Disability, Inclusion and Youth, **Dr Roderic O'Gorman, T.D.**, said: "This is an important report which makes great use of data from the Growing Up in Ireland Study to show the changing social lives of young 9-year-old children over a decade. The report's finding that the gender and social background differences in children's activities emerge early and tend to persist suggests the importance of early learning and care in providing access to a variety of engaging activities for girls and boys across all social groups. A landmark €1.025 billion in funding was made available under Budget 2023 for early learning and care and school-aged childcare. This will bring transformative change to this vital sector and ensure high quality early learning and care that is affordable, accessible and inclusive.

To access the full report click [here](#).