



Wexford CYPSC News and Resources Update

November 2nd 2022

For information on services and supports for children, young people and families see
www.wexfordcypsc.ie.

For information on supports for parents, see **Wexford Parents Hub** at
www.wexfordcypsc.ie/wexford-parents-hub and on Facebook at
www.facebook.com/wexfordparentshub/.

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WEBINARS & TRAINING

○ Video on Self Care for Professionals and Volunteers with Dr Jennifer Hayes : last chance to view!

Waterford and Wexford CYPSC's have engaged Dr. Jennifer Hayes to develop a video on "Self Care for Professionals and Volunteers". In this video, Dr. Jennifer gives practical advice on how to look after yourself when you are in a caring role with others.

Dr Jennifer is a qualified clinical psychologist and counselling psychologist with 20 years experience supporting children, adults and families. She works for the HSE supporting refugees who have survived war. She also has a small private practice where she focuses on training and consultation. She led her HSE team to winning the inaugural HMI Award in 2013 and was also recipient of the Therese Brady medal for clinical sensitivity in her research.

She has accompanied the Department of Justice on UN selection missions to Lebanon, Greece and Jordan. She provided the psychological input to Midleton Senior Hurling Team helping them become County Champions in 2021. More recently she provided the psychological input to Fr. O' Neills supporting them to claim the Cork Premier A Championship title 2022. She loves hurling, being in nature and going for trail runs. She can be contacted on LinkedIn or by email at Drhayesjm@gmail.com



The video can be accessed on the Wexford CYPSC website [here](#) This video will be available to view until **November 11th 2022**. Please share with staff and volunteers as appropriate.

- **TAPin Trauma and Attachment in Practice Training**



This FREE online training is aimed at Early Care & Learning (ELC) and School Age Childcare (SAC) Educators

Facilitated by Mr Paul Harvey, Principal Social Worker & Dr Lynn Connor, Consultant Clinical Psychologist.

Objectives:

- Participants will be able to understand the importance of attachment in one's lives and explore challenges to a child's development who has experienced attachment difficulties
- Participants will understand the different types of trauma and how it can impact relationships and development
- Participants will gain an understanding of how to support children who have experienced trauma.

This TAPin programme runs over 3 consecutive sessions; Monday 7th November, 14th November and 21st November. Each session is 3hrs and will run from 10am – 1pm each day.

Participants must be able to attend all 3 sessions to obtain CPD attendance certification. Places are limited to 25, therefore bookings facilitate two people per service. To book a place, please email info@wexfordchildcare.ie or contact Mary on 087-1769418 (Tuesday – Friday) with your name, the name of the Wexford ELC/ SAC service you work in, your email address and your phone number.

For further details, access the information poster here.

- **Suicide Bereavement Training: Spaces Available**

We are delivering the *One day workshop for professionals and key contacts who are supporting people bereaved by suicide* in both Carlow and Clonmel in the coming weeks.

Please see the details below including the links to register. I would appreciate if you could share this email with your networks.

- Tuesday, November 8th, the Cathedral Parish Centre, Carlow, 9.30 am to 4.30 pm, <https://bookwhen.com/sro/e/ev-syk4-20221108093000>
- Thursday, November 24th, Clonmel Community Resource Centre, 9.30 am to 4.30 pm, <https://bookwhen.com/sro/e/ev-si0u-20221124093000>

Warm regards,

Tracy Nugent

HSE Service Manager/Resource Officer for Suicide Prevention

Front Block, St. Patrick's Hospital, John's Hill, Waterford X91 KX25

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Mobile: 087 9271041 **Email:** Tracy.Nugent@hse.ie

www.connectingforlifesoutheast.ie

To book a place on any of our suicide, self-harm or bereavement Training Programmes please visit www.bookwhen.com/sro



- **Bereaved Children's Awareness Campaign #SeeTheirNeed – We Can All Help**



Every November, the Irish Childhood Bereavement Network (ICBN) organise a series of events across Ireland to highlight bereaved children's needs and provide a voice for them to be heard.

Children are the "hidden mourners" in our society they feel the loss over a lifetime, and in different ways: as they grow and learn to understand the real meaning of death and loss. Every child has different needs, perspectives and understandings of what death means.

Spread the Awareness!

For this year's awareness campaign, we are asking you to take **one minute to watch** this video to learn how you can help. [Children grieve too. So, what can you do?](#)

We know that all adults can help by understanding and seeing the needs of bereaved children, **so watch and share this short video** to help build a compassionate community where bereaved children are supported to express grief.

To access the Irish Childhood Bereavement Network, click [here](#)

FUNDING

- **Ukrainian Community Funding**



Wexford County Council has received total funding of €38,100 from The Department of Health under the Ukrainian Refugees Health and Wellbeing Support Programme.

The purpose of the Programme is to promote the health and wellbeing of Ukrainian Refugees who have sought protection in Ireland, as part of the international humanitarian crisis arising from the war in Ukraine. The Programme is being delivered under the umbrella of Sláintecare and specifically under the Healthy Ireland initiative.

Sláintecare is the ten-year programme to transform our health and social care services. It is the roadmap for building a world-class health and social care service for the Irish people. Healthy Ireland, A Framework for Improved Health and Wellbeing 2013–2025, is the national framework for action to improve the health and wellbeing of the people in Ireland.

The Programme will be delivered through the Community Response Forum established by **Wexford County Council** to assist the people of Ukraine.

Funding of up to €5,000 is being made available to support qualifying initiatives.

The closing date for receipt of applications is **November 17th**.

Further details and application form is attached.

- **Minister O’Gorman announces 67 projects to be funded under the International Protection Integration Fund 2022**

Over €1.6 million will be made available to 67 not-for-profit, civil society organisations for International Protection support based projects.

Grants of up to €50,000 will be allocated to successful organisations to assist in the integration of International Protection Applicants via a range of projects designed to provide additional services and capacity to those in the International Protection system.

Every county in Ireland to benefit via multiple projects.

Tuesday 01 November

Minister for Children, Equality, Disability, Integration and Youth, Roderic O’Gorman, today announced the 67 projects set to receive €1,621,467 in funding under the International Protection Integration Fund 2022. The Fund aims to enable community based organisations across Ireland to play a greater role in supporting the integration of International Protection applicants at local and national level. This is the first year the grant has been made available and every county in Ireland stands to benefit from multiple projects.

The White Paper to End Direct Provision and to Establish a new International Protection Support Service sets out the Government’s approach to fulfilling the commitment in the Programme for Government to end Direct Provision and to replace it with ‘a new International Protection accommodation policy centred on a not-for-profit approach. The fund represents the delivery of a key commitment of ‘A White Paper to End Direct Provision and to Establish a New International Protection Support Service’.

The White Paper sets out a number of key principles which are to underpin the new model of supports and services:

- Integration from day one:
- Human rights and equality based:
- Delivery of high standards:
- Professional:
- Community engagement:

The International Protection Integration Fund 2022 Funding Call is an important element in achieving the overall objectives of the White Paper and has been guided in design by the principles above.

Successful applicants were asked to demonstrate how their proposed project will build links between International Protection applicants and their host communities, encouraging meaningful integration that benefits the community as a whole.

Successful projects listed [here](#).

Issued by the Press and Communications Office at the Department of Children, Equality, Disability, Integration and Youth.

Tel: 01 647 - 3153/3032

Email: media@equality.gov.ie

- **COVID-19 Partner Pack Update**

Dear Colleague,

Thank you for your continuing support in helping to share information about important health service updates and COVID-19. Our highlight communications updates for you this week are:

HSE publishes Winter Plan 2022/23

The HSE has outlined actions that will be taken to support the health service to manage the expected increase in the number of patients requiring healthcare over the winter period.

Actions to help manage increased demand over the winter period include:

- *Delivering additional capacity in acute and community services*
- *Improving pathways of care for patients*
- *Roll out of the vaccination programme for Flu and COVID-19 and preparing for potential increases in COVID-19 infections*

You can find [more information here](#).

Winter Vaccines Campaign

The HSE has developed a new advertising campaign that aims to promote and encourage people in Ireland to get their recommended winter vaccines (flu and COVID-19). You can view and share the TV ad at this link: <https://youtu.be/IBxdYLOLEHE>

This campaign brings flu and COVID-19 vaccines together for our key audiences – older people (this includes new 65+ cohort for their next booster but also anyone aged 50+ who's yet to get their COVID-19 booster), healthcare workers, parents of children, people with long term conditions, and anyone who's pregnant.

The campaign is informed by research on public attitudes and behaviours around COVID-19 and in-depth qualitative research.

We would be grateful if you would share the campaign messages and assets with your networks. The campaign partner pack is at the bottom of this message, with details on how you can share the campaign.

Please find more information at [hse.ie](https://www.hse.ie)

Children's Nasal Flu Vaccine Campaign

The HSE is also launching a new campaign to encourage parents in Ireland to get all children aged 2 to 17 vaccinated against the flu.

The children's nasal spray flu vaccine is available free for all children aged 2 to 17 from 17th October. The vaccine is given as a spray in each nostril. It is not painful and is absorbed quickly.

Your child's vaccine is available from your GP or pharmacy.

Children and young people can become seriously ill with flu. On an average year, 1 in 10 children attend their GP with flu. In the last 10 years in Ireland, almost 5,000 children were admitted to hospital with complications of flu. Almost 200 children had treatment in intensive care and 40 children died.

You can find more information [here](#).

We would be grateful if you would share the campaign messages and assets with your networks and colleagues. The campaign partner pack is at the bottom of this message with details on how you can share the campaign.

What is my COVID-19 vaccination course?

You can [download a visual guide](#) on the recommended COVID-19 vaccination course for people living in Ireland [here](#).

COVID-19 and booster updates

People in the following groups who haven't had a second booster vaccine can now boost their protection:

- People aged 50 and older.
- People aged 12 or over with a long-term health condition like diabetes, asthma or heart disease. Please find the lists of health conditions [here](#).
- Healthcare workers.
- Anyone who is at least 16 weeks pregnant. If you're pregnant and you haven't had a first booster, you can get this at any stage of your pregnancy.

Your next COVID-19 vaccine will help protect you from serious illness in the months ahead. This is because protection from previous vaccines or from COVID-19 infection, decreases over time.

If you've had COVID-19 recently, wait 4 months before booking your vaccine appointment.

Vaccines are also available from participating GPs and pharmacies.

For more up to date information or to book an appointment in a HSE vaccination centre, [visit hse.ie](https://www.hse.ie) or call our team in HSE Live on 1800 700 700.

COVID-19 Testing

Details [are available here](#).

Paxlovid™ in Ireland

Paxlovid™ is an oral medication used to treat COVID-19. It can be used to treat people who are at highest risk and should be taken in the first 5 days of illness. Paxlovid™ may not be suitable for all patients, but it can be considered for:

- Vaccinated people aged 75 or over
- Vaccinated people aged 65 or over who also have additional risks including obesity (BMI over 35), diabetes, high blood pressure, cardiovascular disease

If you have COVID-19 symptoms and are at higher risk, talk to your GP or hospital team. You can find more information [here](#).

COVID-19 vaccine resources

The HSE produces and regularly updates resources for the COVID-19 vaccine. You can visit the [COVID-19 vaccine materials page](#) for the latest leaflets and booklets including information on boosters and vaccines for children.

COVID-19 information in other languages

Visit [hse.ie/translations](https://www.hse.ie/translations) for a range of COVID-19 vaccine information videos and resources that have been produced in other languages, including information on COVID-19 vaccination in pregnancy.

Information videos on COVID-19 vaccination for parents of children aged 5-11 are available [here](#).

Animated videos for children about COVID-19 vaccination

Animated videos for children are now available in English, Irish, Irish Sign Language and 11 other languages. You can see all of the videos [here](#).

Health service updates and information

Mental Health Campaign

The HSE has launched a new national campaign highlighting the common signs of mental health difficulties that many of us are experiencing. It is encouraging people to explore the range of information and resources available on [YourMentaHealth.ie](https://www.yourmentalhealth.ie) to find support that can help you.

We would be grateful for your help in sharing this important campaign information. You can find the campaign partner pack at the bottom of this email with details on how you can share the campaign with your networks and colleagues.

The Irish Cancer Prevention Network (ICPN) Newsletter

The Irish Cancer Prevention Network (ICPN) newsletter provides you with cancer risk reduction information, initiatives and research. In this quarter's newsletter read about:

- National Survey on Cancer Awareness and Attitudes
- National trends for cancers with population-based screening
- Marie Keating Foundation Schools' Cancer Awareness Programme
- Have Your Say: Consultation Workshop on New Skin Cancer Prevention Plan 2023-2026
- SunSmart video series: re-imagining traditional health promotion campaigns
- Reducing Cancer Risk: E-learning Programme
- New publications including the Irish Cancer Prevention Network: Reduce your cancer risk poster and booklet

You can find the information [in the newsletter here](#).

HSE National Recruitment Campaign

A National Recruitment Campaign for HSE Grade IV, Assistant Staff Officer is now open for applications. The HSE is supported in this recruitment initiative by Cpl Healthcare.

This recruitment campaign will create Grade IV, Assistant Staff Officer Panels by county for HSE services from which current and future permanent, and specified purpose vacancies of full or part-time duration may be filled.

Interested applicants can apply by visiting the [HSE website here](#), to complete and submit the on-line application form before the closing date of 9th November 2022 @ 3pm.

New national survey to ask women about their experiences of bereavement care following the loss of a baby - closing date is 31st October 2022

The National Maternity Bereavement Experience Survey asks women and their partners about the bereavement care they received in an Irish maternity hospital or unit following a pregnancy loss or perinatal death. The aim of the survey is to learn from the experiences of bereaved parents to find out what is working well, and what could be improved.

Women and their partners who experienced a second trimester miscarriage, the stillbirth of a baby or the early neonatal death of a baby in one of Ireland's 19 maternity units or hospitals between 1 January 2019 and 31 December 2021.

You can find out more, and complete the survey online on yourexperience.ie until 31st October 2022.

Being LGBTQI+ in Ireland National Study - closing date is 31st October 2022

The Being LGBTQI+ in Ireland National Study is currently open for participants, until 31st October. This study aims to explore and measure resilience among the LGBTQI+ community, and assess the progress of their mental health and wellbeing since the

LGBTIreland Report in 2016. This national survey is being conducted by Trinity College Dublin in partnership with Belong To Youth Services, and with the support of the HSE and government. Take part in the study - to have your voice heard – and read more [here](#).

Breast Cancer Awareness Month – Attend your BreastCheck appointment when invited

BreastCheck, the National Breast Screening Programme, is encouraging women to attend their screening appointment when invited. BreastCheck offers free breast cancer screening to women aged 50 to 69. The appointment takes less than an hour and, for most women, will happen in a location close to where they live.

It's important for all women to check for lumps or physical changes in the shape, skin or size of their breasts. If there are any changes, they should contact their GP. This is because cancer can occur at any time, including between your screening appointments.

If you haven't had your first BreastCheck screen, you can check you are on our register at hse.ie/BreastCheck, Freephone 1800 45 45 55 (Monday to Friday, 9am to 5pm) or email us at info@breastcheck.ie

Free home STI testing

The HSE has launched the free national home STI testing service, which is now available in all 26 counties in Ireland.

Anyone aged 17 and over can now order a free home STI test kit on the online platform by visiting www.sexualwellbeing.ie.

The service has been re-branded, please see new posters, business cards and social media images in the campaign partner pack at the bottom of this email – these will also be available shortly to order on healthpromotion.ie. Please replace any previous branding with the new HSE images.

We would ask you to support the communication of this service to your relevant networks and ask that you please direct people to www.sexualwellbeing.ie for more information and to order a test. There is a link on the website that will take people to the online platform to book a test.

Quit

The HSE is inviting people who smoke to take the 28-day no smoking challenge this October and join thousands of others who have already quit smoking in 2022. For free advice and support to quit smoking this October. Sign up [here](#).

Health service information for Ukrainian nationals

- Updated mental health supports information is [here](#)
- Disability services information is [here](#)
- Healthcare services information is [here](#)
- COVID-19 information is [here](#)
- COVID-19 vaccination [video](#), Dr Oksana Kozdoba, a Pediatrician from Ukraine, shares information about the vaccination programme in Ireland. She covers the vaccines offered in Ireland to protect babies, school children and adults.

Stay safe

COVID-19 is still with us. These are important things that we can all keep doing to help reduce infection:

- Isolate if you are symptomatic (even if you are fully vaccinated and boosted) or if you are diagnosed with COVID-19
- If you have symptoms, stay at home until 48 hours after symptoms resolve
- Complete your [primary and booster programme of vaccination](#)

- Continue to [manage risk](#) for yourself and others who are more vulnerable. You can do this by wearing masks, physical distancing and avoiding crowds as well as maintaining basic hand and respiratory hygiene

Public Health Information

For updated information and advice on Coronavirus, please go to: <https://www2.hse.ie/conditions/covid19/> and <https://www.hpsc.ie/a-z/respiratory/coronavirus/novelcoronavirus/>. Clinical and professional guidance relating to COVID-19 is available on www.hpsc.ie where you'll find up to date guidance for healthcare settings and non-clinical settings.

Please check [here](#) for partner resources for COVID-19.

You can find translated resources [here](#).

You can find the [COVID-19 A-Z information here](#) from the HSE's Health Protection Surveillance Centre (HPSC).

You can view the latest information on how Ireland is responding to cases of COVID-19 [here](#).

Ireland's COVID-19 Data Hub is [available here](#).

Many thanks and best wishes,



An Roinn Sláinte
Department of Health

Downloads

Time to Top-Up Partner Pack FINAL2

[Download](#)

HSE Free Home STI Testing Partner Pack 2022 061022

[Download](#)

Children's Flu Vaccine Partner Pack.pptx Final

[Download](#)

Mental Health Literacy Partner Pack 10 10 22

[Download](#)

