

Wexford CYPSC News and Resources Update

May 6th 2022

For information on services and supports for children, young people and families see www.wexfordcypsc.ie.

For information on supports for parents, see **Wexford Parents Hub** at www.wexfordcypsc.ie/wexford-parents-hub and on Facebook at www.facebook.com/wexfordparentshub/.

CONTENTS

Resources for People displaced from Ukraine;

P.3: HSE Website

P.3: Wexford Public Library Service information

Children & Young People;

P.4 : Cruinniú na nÓg : A Day of Free Creative Activity for Young People 11th June 2022

P.5: EPIC (Empowering People in Care): Care Experience Podcast

P.6: 8 Steps to Inclusive Youth Work – New Resource Launched (NCYI)

Webinars and Training;

P.7: Kinia Training

P.9: HSE Suicide Resource Office Training

P.10: LGB Online Training

P11: Dual Diagnosis: Mental Health and Substance Use Challenges Online Lecture May 11th

P.12: Women's Aid Training: Recognising and Responding to Domestic Abuse

Funding;

P.13: Human Rights and Equality Grant Scheme

Consultations;

P.14: Public Consultation on a National Strategy on Outdoor Recreation

RESOURCES FOR UKRAINIAN COMMUNITY

HSE Website

Healthcare services for Ukrainian nationals in Ireland

The HSE website has a section on healthcare for peoples displaced from Ukraine. It is also available in Russian and Ukrainian.

The link is: https://www2.hse.ie/services/healthcare-in-ireland/ukrainian-refugees.html

Wexford Public Library Service "Guide to Library Resources"



Wexford County Council Library Service have prepared a 'Guide to Library Resources for people arriving in County Wexford". It is available in Ukrainian/English versions.

To access in English, click here

To access in Ukrainian, click here

CHILDREN & YOUNG PEOPLE

o Cruinniú na nÓg: A Day of Free Creative Activity for Young People 11th June 2022



Catherine Martin, Minister for Tourism, Culture, Arts, Gaeltacht, Sport and Media, has today announced details of Cruinniú na nÓg 2022, a day of free creative activity for young people. Cruinniú na nÓg 2022 is a collaboration between the Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media, the Creative Ireland Programme, local authorities and RTÉ and is the only event of its kind in the world.

- Saturday 11 June 2022
- more than 450 free creative events for young people throughout the country
- 8 live music stages with performances livestreamed on dedicated TV channel
- 12 pop up dance performances
- Youth Theatre Ireland to host introductory theatre workshops nationwide
- 5,000 juggling balls distributed nationwide, with 4 circus workshops in Tipperary, Cork, Dublin and Galway
- 4 historic houses to host free Cruinniú na nÓg activities

For further details see here.

• EPIC (Empowering People in Care) : Care Experience Podcast



EPIC, Empowering People in Care's latest **Care Experience Podcast** was recorded live at **Waterford Institute of Technology** on March 28 at the 'Advocacy, Education and the Care Experience: Educators from a different perspective' seminar with a full panel of care-experienced guest speakers.

This lively discussion contains a lot of insights from those with lived experience of the Irish care system and offers a lot of learning for anyone studying, or working in, the social care system, and will also be of interest to foster parents, other care experienced youth and all #CareAware advocates and supporters out there. It also happens to be great craic! Massive thanks to **Dr Danielle Douglas** for bringing the event together with support from the WIT Equality Diversity and Inclusion Fund. And an even bigger thank you to the panellists Beatrice Ayo Vaughan (WIT), Sean Downey, Dr **Róisín Farragher** (NUIG), Ciara Fitzgibbon (WIT) and **Thomas O Driscoll** for so generously sharing their care stories and experiences, opinions, and advice to pave a better future for those who come up behind them.

Tune in to the Care Experience Podcast live from Waterford here

To access the EPIC website, click <u>here</u>.

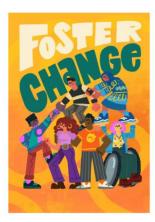


○ 8 Steps to Inclusive Youth Work – New Resource Launched (NCYI)

The National Youth council of Ireland (NYCI) has launched the new updated "8 Steps to Inclusive Youth Work"







The **8 Steps to Inclusive Youth Work** is a tool that supports youth organisations to build best quality inclusion practice in youth settings.

Now more than ever, we recognise the need to fight injustice and inequality in society. Building responsive, diverse and inclusive youth settings is critical in ensuring that everyone in the community can play their part in creating a society that is socially just and equal.

The 8 Steps to Inclusive Youth Work recognises that every youth worker and every organisation is on a different stage of the journey in their inclusion practice, and it has something to offer everyone on that journey. It can respond to your needs whether you want

- a set of indicators to measure yourselves against, or
- goals to work toward, or if you want
- to deepen your practice to be as inclusive as you can be.

It guides its readers through context sections that explain each of the 8 Steps through a social justice and responsive practice lens. It **explains the concepts clearly and concisely**, demystifying inclusion and situating it in everyday youth work practice. The context sections are followed by self-reflection exercises that resonate with the **voices of the minority and marginalised** young people who seek our support. These are followed with practice indicators that names how inclusion is fostered in your youth work; in your reviews, your policies, your networking, how you resource your work, build your staff and volunteer team, create your environments, evaluate your work and carry out your activities with young people.

To access your free copy of the guide click <u>here</u>. To access the NYCI website, click <u>here</u>.

WEBINARS & TRAINING

Kinia Training



There are new creative technology (STEAM and digital media) training opportunities coming up in May through our sponsored programmes. We are offering in-person training in Wicklow in the week of the 16th to 20th of May in a venue TBC. This would be suitable for people working in the region (Wicklow/Kildare/Wexford/Dublin) who would be able to travel to the venue.

We are also offering the same training options in an online format for people that can't make an inperson session. This training will be running online in 2 two-hour sessions over two weeks. Online participants must be available for **both of these sessions** to complete the training.

The training is available to **staff or volunteers** working with young people in out of classroom settings (e.g. youth work organisations, school completion programmes, family resource centres, etc.). It would be great if you could circulate this with your network, you may have people in mind that would be interested in taking on training.

There are 4 different training types with the dates listed below:

Training Type: Computer Science - Introduction to BBC Microbit

Option 1: Online 9th and 23rd May - 10am to 12pm

Option 2: In-person (Wicklow) 16th May - 10am to 4pm

Training Type: STEAM

Option 1: Online 10th and 24th May - 10am to 12pm

Option 2: In-person (Wicklow) 17th May - 10am to 4pm

Training Type: Digital Creativity - Introduction to Podcasting

Option 1: Online 11th and 25th May - 10am to 12pm

Option 2: In-person (Wicklow) 18th May - 10am to 4pm

Training Type: Digital Creativity - Introduction to Mobile Filmmaking

Option 1: Online 12th and 26th May - 10am to 12pm

Option 2: In-person (Wicklow) 19th May - 10am to 4pm

Booking: We have an automated booking system and people can sign up here. See the link below. Once you click on your preferred training type, you can then choose either the online or in-person option.

https://kinia.clr.events/

Queries: If you have any queries or difficulties with booking you can get back to me at paulamond@kinia.ie or by phone on 086 1535787. Places will be allocated on a 'first come first served basis'. If places are filled we will arrange training for applicants for a later date. Looking forward to hearing from you.

Many thanks,

Paul Amond, Programme Development, Kinia.

M: 086 1535787

E: paulamond@kinia.ie

W:

www.kinia.ie

HSE Suicide Resource Office Training

The HSE Regional Suicide Resource Office is running the courses below in May. If you would like to book a place please visit www.bookwhen.com/sro.

Understanding Self-Harm, Waterford

May 19th 9.30 am - 4.30 pm

safeTALK, Clonmel

May 25th 9.30 am – 1 pm

ASIST (Applied Suicide Intervention Skills Training), Waterford

May 25th & 26th 9 am – 5 pm both days*

*you must be available for training both days and you will need to have completed START or safeTALK in advance of participation on this course

Tracy Nugent (HSE Resource Officer for Suicide Prevention)

Front Block, St. Patrick's Hospital, John's Hill, Waterford X91 KX25

Tel: 051 874013

Mobile: 087 9271041 Email: Tracy.Nugent@hse.ie

To book a place on any of our suicide, self-harm or bereavement Training Programmes please visit www.bookwhen.com/sro







LGB Online Training

Type of Training: VIRTUAL PLATFORMS

Title of training module: LGB VIRTUAL AWARENESS TRAINING

When – Date & Time: Tuesday 17th May 2022 - 10:00am to 1pm

(Limited spaces remaining on this training but further dates will be added to accommodate

those interested)

Information about the event:

South East Community Healthcare's LGBT+ Health Steering Group's Model of LGB

Awareness Training is now available for delivery over a three hour period on virtual platforms.

The training aims to enhance the development of a welcoming and supportive environment to both employees and service users who identify as LGB+.

There is no fee to take part in the training. Certification of Attendance, LGBT+ Awareness Card and LGBT+ Sticker are provided on completion for display within services.

On completion of this training, participants will be offered an opportunity to train as a Trainer, where you will be provided with the tools and knowledge to deliver LGB Awareness Training within your service area.

How to attend/register – link Email: emma.whitty@fdys.ie

- where to find on HSELanD:

Social Inclusion Office | St. Otterans Hospital | Johns Hill | Waterford | X91 DK31

Tel: 353(0) 51 848680

Dual Diagnosis : Mental Health and Substance Use Challenges Online Lecture May 11th



Please see below details of a lecture which is online next Wednesday May 11th from 12.30pm - 1.30pm

Dual Diagnosis: Mental Health and Substance Use Challenges.

by Liam MacGabhann & Emma Murphy.

Liam MacGabhann is professor at School of Nursing, Psychotherapy and Community Health and co-leader of the Mental Health Trialogue Network Ireland.

Emma Murphy is a community member and activist with lived experience in the area of recovery, trauma informed practice and dual diagnosis.

The lecture will explore the changing paradigm in the mental health arena, focusing on research and development in Ireland.

For more information and to access the lecture: <u>Dual Diagnosis</u>: <u>Mental Health and Substance Use Challenges</u>. | <u>Dublin City University (dcu.ie)</u>

To access the DCU website, click here.

Women's Aid Training: Recognising and Responding to Domestic Abuse



Women's Aid has developed a half day online training programme focused on recognising and responding to domestic abuse. The training is for anyone who in their professional capacity interacts with survivors of domestic abuse. Training is delivered on Zoom. Each participant must have access to a private space, a good internet connection, a computer, or another device to take part in the training.

Upcoming training dates

- Thursday, 28 April 2022, 10am-1pm (registration at 9.45am)
- Tuesday, 31 May 2022, 10am-1pm (registration at 9.45am)
- Thursday, 23 June 2022, 10am-1pm (registration at 9.45am)

For information on how to book a space on this training please go to the Women's Aid website here.

To access the Women's Aid website, click here.

FUNDING

Human Rights and Equality Grant Scheme



Organisations and groups across Ireland, who work on issues of human rights and equality are being invited to apply to the Human Rights and Equality Grant Scheme 2022, which has been opened today by the Irish Human Rights and Equality Commission ("the Commission").

What funding is available?

This year there is €400,000 available under two strands. €350,000 is available for Strand One and €50,000 is available for Strand Two.

- Strand One provides for small grants of up to €6,000 and general grants of up to €20,000 to all civil society organisations working to promote human rights and equality.
- Strand Two is new and provides grants of up to €5,000 to local civil society organisations working to promote human rights and equality.

The closing date for receipt of applications is Wednesday 18 May 2022, strictly at 3.00pm and eligible organisations can submit a maximum of one application only.

For further details of this funding stream and details on how to apply, see here.

To access the IHREC website, click <u>here</u>.

CONSULTATIONS



• Public Consultation on a National Strategy on Outdoor Recreation

We are delighted to announce the launch of the second phase of public consultation for the National Outdoor Recreation Strategy today. The consultation can be accessed at the following link - https://www.gov.ie/en/consultation/42e3a-public-consultation-on-a-national-strategy-on-outdoor-recreation/ and will be open until 17 May 2022.

Can you please circulate this to your colleagues, friends, family and other groups who may be interested in providing their input on the future direction of the outdoor recreation sector.

Kind regards,

Lèon

Lèon Fox Walks Scheme and Comhairle na Tuaithe Higher Executive Officer, Rural Programmes & Policy Unit

An Roinn Forbartha Tuaithe agus PobailDepartment of Rural and Community Development



To view the YouTube video on the launch of the public consultation click here.