

Wexford CYPSC News and Resources Update

March 11th 2022

For information on services and supports for children, young people and families see www.wexfordcypsc.ie.

For information on supports for parents, see **Wexford Parents Hub** at www.wexfordcypsc.ie/wexford-parents-hub and on Facebook at www.facebook.com/wexfordparentshub/.

CONTENTS

Webinars & Training;

P.3: Shine: 4 Week Introductory Online Support Groups

P.5: 2022 Workshops on Loss & Bereavement: Irish Hospice Foundation

Funding;

P.6: Equity in Education Fund 2022-2025

P.8: Training Links Programme: The Wheel

Education & Early Years;

P.9: "Narrative 4" schools initiative to foster and celebrate empathy, kindness and connection

P. 10: Storytelling event for Childminders: Wexford Co. Childcare Committee

P.12: Support for Childminders Available from Wexford County Childcare Committee

P.13: DEIS Expansion Announced

Other Information;

P. 14: Garda Recruitment

P.16: National Social Prescribing Day

WEBINARS & TRAINING

Shine: 4 Week Introductory Online Support Groups



4 Week Introductory Online Support Groups

Would you like to join one of our upcoming 4 Week Introductory Online Support Groups?

We will meet weekly for one hour for 4 weeks, where our sessions are delivered over Zoom.

If you are over 18 and live in Ireland, you are invited to register below for the Online Support Group best suited to you.

Each group will have a maximum of 14 participants.

Group 1 – Living with self-experience of mental health challenges. WHEN: Mondays April 4th, 11th, 25th & May 9th at 6.00pm

Groups will be facilitated by training Shine facilitators and each week we will share and support one another.

During our sessions we will:

- Support you to open up about what you are feeling and experiencing in a safe and facilitated environment
- Introduce you to ideas and approaches that others have found helpful
- Reassure you that you're not alone in how you are feeling
- Help you to connect with others and give you a sense of belonging
- Encourage you to value your strengths
- Build your self-esteem and confidence
- Help you to feel more hopeful about the future

Group 2 – Relatives and supporters of a person with mental health challenges. WHEN: Thursdays April 7th, 14th, 21st & 28th at 6.00pm

Groups will be facilitated by training Shine facilitators and each week we will share and support one another. Our group introduces and explores what relative/supporter peer support and family recovery can mean for you During our sessions we will:

- Support you to open up about what you are feeling and experiencing in a safe and facilitated environment
- Introduce you to ideas and approaches that others have found helpful
- Reassure you that you're not alone in how you are feeling
- Help you to connect with others and give you a sense of belonging
- Encourage you to value your strengths
- Build your self-esteem and confidence
- Help you to feel more hopeful about the future

If you are over 18 and live in Ireland, you are invited to register below for the Online Support Group best suited to you.

To register for one of these groups please complete our online registration form here. No prior experience of Shine groups is necessary in order to register your interest. For more information please email onlinesupport@shine.ie

To access the Shine website, click here.

○ 2022 Workshops on Loss & Bereavement : Irish Hospice Foundation



We are now accepting bookings for the 2022 series of Workshops on Loss and Bereavement which will be delivered online via Zoom from January - June. Details and booking process can be found on the following link https://hospicefoundation.ie/our-supports-services/education-training/our-workshops-webinars/

This is a series of introductory workshops. They are targeted at professionals and volunteers who may wish to learn more about loss and bereavement and for those working with people who have experienced a major loss.

Bookings: Please note bookings and payment for the workshops can only be made by using the following link to Eventbrite <u>Irish Hospice Foundation Events | Eventbrite</u>

For queries please contact: Iris Murray, Administrator, Irish Hospice Foundation Email: <u>iris.murray@hospicefoundation.ie</u>

To access the Irish Hospice Foundation website, click here.

FUNDING

 Equity in Education Fund 2022-2025: Supporting equal access to education for young people from minority groups experiencing disadvantage.

Equity in Education Fund 2022-2025

What is the Equity in Education Fund?

The "Equity in Education Fund" aims to support not-for-profit organisations working to enhance access to education for young people experiencing educational disadvantage based on their cultural identity or geographical location. Many students from vulnerable, minority communities and students living in poverty face a greater degree of educational disadvantage when compared to young people in the general population. Students who leave school early are much less likely to find well-paying jobs, and are at more risk of poverty as access to education is heavily linked to socioeconomic status.

Our evaluation with the National University of Ireland, Galway shows that standard formal education does not work for all young people, so it is important that we look for creative solutions that offer equal opportunities to education while understanding the many factors needed for young people to succeed.

Recognising the critical role education plays in the social and economic lives of young people in Ireland, this Fund will support not-for-profit organisations focused on **enhancing educational engagement and improving formal and non-formal educational outcomes for young people from Traveller, Roma and Migrant/Refugee backgrounds as well as those experiencing rural disadvantage.**

Specifically, this Fund will support projects that offer innovative solutions to socio-economic disadvantages that impact education. The fund will:

- Support young people experiencing marginalisation with greater access to education at second level
- Support young people facing intersecting disadvantages to engage in formal and non-formal education. Non-formal education refers to education that occurs outside the formal school system for e.g.: participating in forums and chat rooms, performance support, coaching sessions and games
- Support young people to become leaders in their communities

This is a three-year €1,250,000 fund created by Rethink Ireland in partnership with a private donor and the Department of Rural and Community Development via the Dormant Accounts Fund.

Application Process: You can apply to The Equity in Education Fund via the online application form from Thursday 17th February 2022 to Thursday 24th March at 5pm. Please join us for our application clinics on March 3rd and March 16th to find out more and answer any questions that you have.

For more information click <u>here</u>.

Training Links Programme: The Wheel

Training Links 2022 –2024 is now open! Apply now for a grant ranging from €10,000 - €50,000. The total fund is €270,000.00, and applications will remain open from Monday, 28 February - Friday, 29 April at 5pm.



The Wheel is delighted to announce that applications for funding are now open under the Training Links programme. Training Networks are invited to apply for **grants ranging** from €10,000.00 to €50,000.00.

Applications remain open until 5pm on Friday, 29 April.

Programme Overview;

Training Links funds community and voluntary organisations to form Training Networks — groups of a minimum of ten organisations who come together to undertake training that they may not have the opportunity to do individually. Watch this video to learn more:

What is Training Links? - YouTube

Funding & Application Process

The overall fund available for this programme is €270,00.00. Training Networks can apply for a minimum of €10,000.00, and a maximum of €50,000.00. Applications are open from 28 February – 29 April at 5pm.

Download the application form **here**.

Contact & Information;

Get in touch by emailing me on <u>traininglinks2022@wheel.ie</u>. Find out all you need to know on <u>Training Links Programme 2022 - 2024 | The Wheel</u>.

EDUCATION & EARLY YEARS

"Narrative 4" schools initiative to foster and celebrate empathy, kindness and connection



Launched by the Narrative 4 national youth empathy education charity, co-founded by author Colum McCann

A new national award scheme has been launched that aims to recognise and celebrate post-primary schools that promote empathy, kindness and connection among students and staff. The initiative being rolled out to schools across the country by Narrative 4 Ireland, an empathy education organisation that has trained hundreds of teachers and youth workers to deliver an evidence-based teaching method that fosters connection, empathy and encourages positive relationships in the classroom. Narrative 4 was co-founded by acclaimed Irish author Colum McCann.

The Narrative 4 Empathy School Award follows the format of having three levels of recognition for schools: gold, silver and bronze. The Gold Award requires at least 10 teachers to be trained in Narrative 4's Empathy Education Online CPD as part of their continued professional development. Other requirements include a School Empathy Charter, a 'Walk and Talk' Empathy Challenge, and a series of modules for both students and staff. The silver and bronze options have similar components, albeit with less time commitments.

Narrative 4 was co-founded in 2012 by New York-based Irish author Colum McCann, who went on to bring it to Ireland in 2016. Narrative 4 is a registered Irish charity and has its Irish base in Limerick city. Its empathy education programme has won several awards and praise from students, parents, teachers and beyond. Narrative 4 has received recognition and support from organisations such as Rethink Ireland, the JP McManus Fund, the Ireland Funds, and Creative Ireland.

Colum McCann says the work that the organisation does offers benefits across society.

Watch the launch video here: https://www.youtube.com/watch?v=vTU5V4kV HQ.

More information at https://narrative4.ie/.

Storytelling Event for Childminders



Please see invite flyer below aimed at encouraging all childminders to attend a free storytelling event organised by Wexford County Childcare Committee in Enniscorthy library on Wednesday 23rd March at 10am. This forms part of the "First 5 Book Gifting Initiatives" aimed at increasing Early Literacy and Library membership engagement amongst parents and Early Learning and Care providers. Therefore, childminders in attendance at this session will receive a free gift bag of books, under the Little Library Initiative and National Childminding Action Plan.





Calling All Wexford Childminders

In conjunction with the **National Action Plan for Childminding** and the **Little Libraries Initiative**,

Wexford County Childcare Committee invite you to

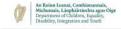
Collect your free book bag in <u>Enniscorthy</u>
<u>Library</u> on
Wednesday 23rd March at 10am

Bring the children along to enjoy a wonderful storytelling session and for you to meet other childminders!

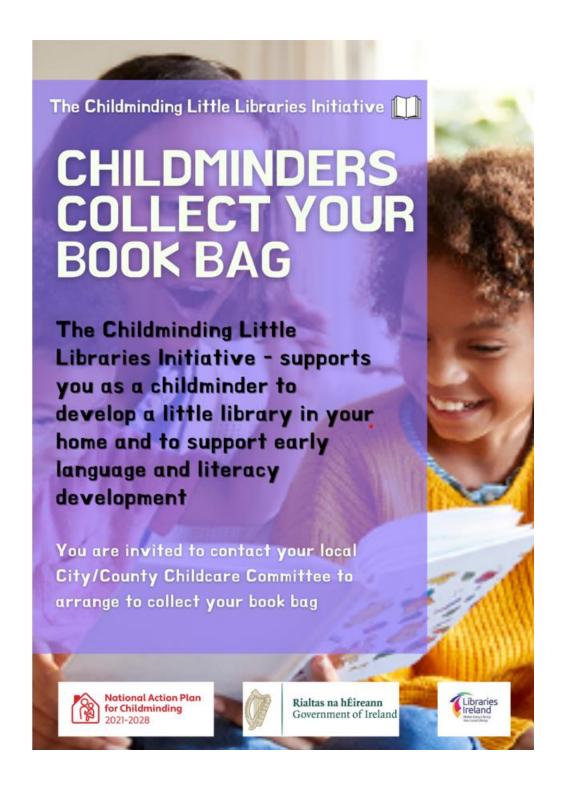


To book your place, please email info@wexfordchildcare.ie with your name, phone number, the number of children you will bring with you and their ages.

We look forward to seeing you there!







Support for Childminders Available from Wexford County Childcare **Committee**

See below for Wexford County Childcare Committee (WxCCC) Childminding flyer which encourages those currently minding children to make contact with WxCCC for relevant information and support, can you please circulate amongst CYPSC members for their information and promotion of same as they see relevant. Mary Murray is WxCCC contact for Childminders in the county, Mary can be contacted by email at info@wexfordchildcare.ie or by mobile on 087-1769418.



Created by Cork City, Cork County, Kerry & Limerick CCCs

To access the Wexford County Childcare Committee website, click here.

○ Minister Foley announces €32 million major expansion of the DEIS programme incorporating 310 new schools.



On March 9th, Minister for Education Norma Foley announced a major expansion of the DEIS – Delivering Equality of Opportunity in Schools programme that will see the programme extended to an additional 310 schools. For the first time since 2017 the DEIS programme is being significantly expanded and eligible schools will now gain access to targeted supports to address educational disadvantage. In addition 37 existing DEIS schools are being reclassified and eligible for increased supports.

Currently 884 schools and over 180,000 students benefit from the DEIS programme. As a result of this announcement from September 2022, this will increase to 1,194 schools and over 240,000 students.

Schools in the DEIS programme avail of a range of targeted supports aimed at tackling educational disadvantage, including additional classroom teaching posts, home school community liaison coordinator posts, DEIS grant funding and access to the School Completion Programme.

Schools have been identified for inclusion in the programme through the refined DEIS identification model which is an objective, statistics-based model which uses information from the Department of Education enrolment databases and the Pobal HP Deprivation index. Schools were not required to apply for inclusion in the DEIS programme and the model has been applied fairly and equally to all schools.

The Department of Education will work with the schools that will benefit from the programme to support them to make the transition. Information sessions will be held for schools in the coming weeks on the DEIS programme, what supports will be available to schools and to support them in planning for improvement. Materials are in development to inform parents and students of the benefits of inclusion in the DEIS programme.

From September 2022, these schools will access all supports under the programme to match their respective band. Schools are assigned to the DEIS bands based on the location of the school and their level of concentrated educational disadvantage.

To view the full list of schools that will be joining the DEIS programme from September 2022, click here.

To access the Dept. of Education website, click here.

O Garda Recruitment

Please see some literature/posters in relation to the recently advertised Garda Recruitment Campaign that some Organisations/Groups attached to Wexford CYPSC might find helpful as some would be working with older teens and their families. Further information is available on www.garda.ie or indeed if any member of the CYPSC have any queries' or questions in relation to this I will endeavour to assist them in any way.

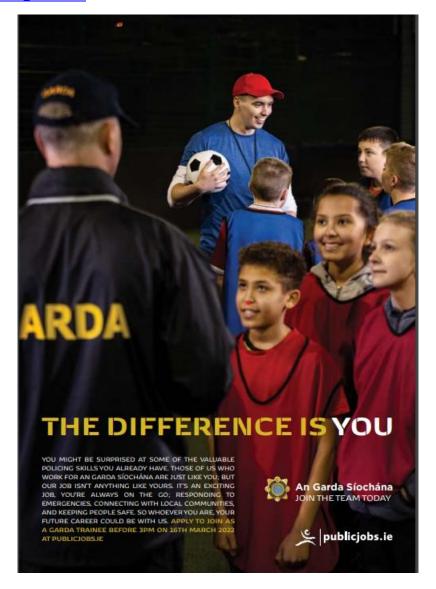
To view the poster that outlines eligibility etc. click **here**.

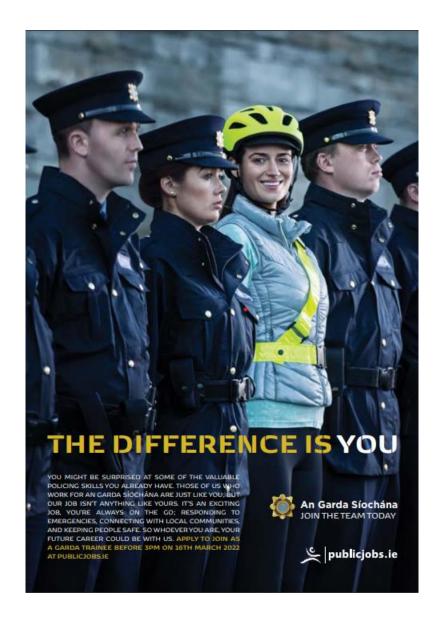
Kind Regards,

David Fitzgerald Garda 27139L

(053) 9165229

David.j.fitzgerald@Garda.ie





To view poster outlining eligibility etc. please see here.

O National Social Prescribing Day: 10th March 2022



National Social Prescribing Day is an annual celebration of social prescribing, recognising local community groups and projects which have kept Ireland and its people healthy throughout the pandemic and beyond.

Social Prescribing services in the South East work with adult who may be experiencing mental health difficulties, long term health conditions, social issues, loneliness and/or social isolation.

Social Prescribing gives health service providers and community workers an opportunity to link people with non-medical sources of support within the community and aims to reduce isolation and improve their health and wellbeing.

Social Prescribing services in counties Carlow, Kilkenny, South Tipperary, Waterford and Wexford are funded by the HSE, Sláintecare and Healthy Ireland. They are managed and delivered by community organisations.

People can contact the Social Prescribing Link Workers themselves or be referred by a health professional or community worker.

The Co-ordinators work with individuals to connect them with activities and opportunities in the community such as relaxation, cookery, exercise, arts, gardening, education, volunteering and debt relief services among other resources.

In Waterford, for example, prescriptions have included linking in with a self-esteem course, a youth arts group, men's cookery group, Pieta House, the Sports Partnership, dog handling training, the Solas Cancer Support Centre, dance classes, yoga, a women's group and to the National Learning Network.

Marking National Social Prescribing Day, Derval Howley (Head of Health and Wellbeing, HSE/South East Community Healthcare) says:

"There is a growing body of evidence that social prescribing can lead to a range of positive health and wellbeing outcomes. Studies have pointed to improvements in quality of life and emotional wellbeing, mental and general wellbeing and levels of depression and anxiety. I'm

delighted to see the expansion of Social Prescribing in Ireland and the integration of it into healthcare services".

Clare Ryan (Programmes Manager at Wexford Local Development Social Prescribing Service) says: "Social prescribing aims to reduce the prevalence of isolation and loneliness in adults in Co. Wexford by connecting people together with something they want to do and something they enjoy"

Mary Anne Hayes (Social Prescribing Link Worker with Clonmel Community Resource Centre) says: "Social prescribing is about focusing on what matters to the person not what's the matter with the person".

A person who used the Waterford Social Prescribing Service says: "Thank you so much to the team at social prescribing Waterford. I have found this to be helpful and rewarding. I am learning new skills and meeting people and I have been given new confidence and I'm delighted with the results".

Social Prescribing Service	Link Worker	E-mail
Carlow	Sinead Fox	socialprescribing@catherines.ie
St. Catherine's Community Services		
Kilkenny	Sharon O'Gorman	socialprescribing@cklp.ie
Kilkenny LEADER Partnership		
South Tipperary	Mary Anne	maryanneSP@clonmelcrc.ie
Clonmel Community Resource	Hayes	
Centre		
Waterford	Nicola Spendlove	socialprescribing@sacredheartfrc.ie
Sacred Heart Family Resource	(Waterford City)	
Centre	Fiona Laffan	socialprescribing-
	(Waterford	county@sacredheartfrc.ie
	County)	
Wexford	Lisa Johnson	ljohnston@wld.ie
Wexford Local Development Company		

For more information on Social Prescribing and to hear from people who have availed of the service see: https://allirelandsocialprescribing.ie/resources