



Wexford CYPSC News and Resources Update

April 1st 2022

For information on services and supports for children, young people and families see
www.wexfordcypsc.ie.

For information on supports for parents, see **Wexford Parents Hub** at
www.wexfordcypsc.ie/wexford-parents-hub and on Facebook at
www.facebook.com/wexfordparentshub/.

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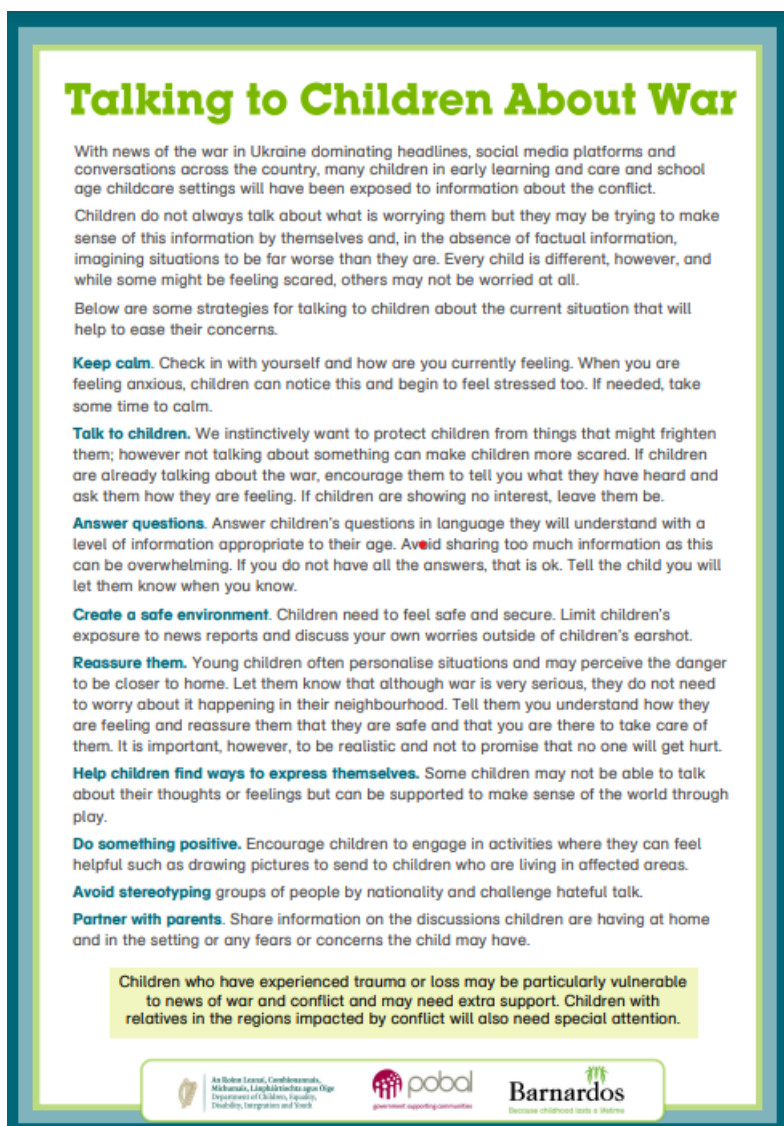
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LINKS & RESOURCES UKRAINIAN REFUGEES

Barnardos Guidance on “Talking to Children About War”



Talking to Children About War

With news of the war in Ukraine dominating headlines, social media platforms and conversations across the country, many children in early learning and care and school age childcare settings will have been exposed to information about the conflict.

Children do not always talk about what is worrying them but they may be trying to make sense of this information by themselves and, in the absence of factual information, imagining situations to be far worse than they are. Every child is different, however, and while some might be feeling scared, others may not be worried at all.

Below are some strategies for talking to children about the current situation that will help to ease their concerns.

Keep calm. Check in with yourself and how you are currently feeling. When you are feeling anxious, children can notice this and begin to feel stressed too. If needed, take some time to calm.

Talk to children. We instinctively want to protect children from things that might frighten them; however not talking about something can make children more scared. If children are already talking about the war, encourage them to tell you what they have heard and ask them how they are feeling. If children are showing no interest, leave them be.

Answer questions. Answer children's questions in language they will understand with a level of information appropriate to their age. Avoid sharing too much information as this can be overwhelming. If you do not have all the answers, that is ok. Tell the child you will let them know when you know.

Create a safe environment. Children need to feel safe and secure. Limit children's exposure to news reports and discuss your own worries outside of children's earshot.

Reassure them. Young children often personalise situations and may perceive the danger to be closer to home. Let them know that although war is very serious, they do not need to worry about it happening in their neighbourhood. Tell them you understand how they are feeling and reassure them that they are safe and that you are there to take care of them. It is important, however, to be realistic and not to promise that no one will get hurt.


Help children find ways to express themselves. Some children may not be able to talk about their thoughts or feelings but can be supported to make sense of the world through play.


Do something positive. Encourage children to engage in activities where they can feel helpful such as drawing pictures to send to children who are living in affected areas.

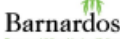
Avoid stereotyping groups of people by nationality and challenge hateful talk.

Partner with parents. Share information on the discussions children are having at home and in the setting or any fears or concerns the child may have.

Children who have experienced trauma or loss may be particularly vulnerable to news of war and conflict and may need extra support. Children with relatives in the regions impacted by conflict will also need special attention.

 An Roinn Eanáil, Comhaltasanna, Mháramh, Líonadairíocht agus Oig
Department of Children, Equality,
Disability, Integration and Youth

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government supporting communities

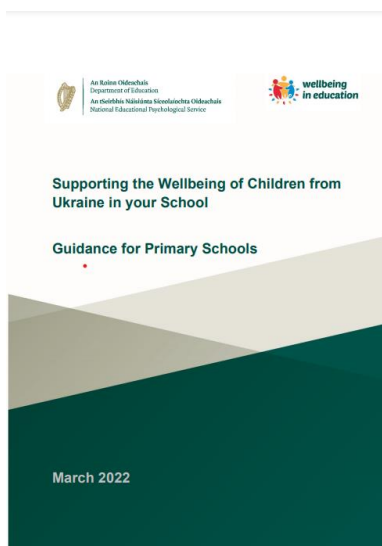
 Barnardos
Because childhood lasts a lifetime

Barnardos have prepared a paper on talking to children about war.

The paper can be accessed on the Wexford CYPSC website [here](#).
To access the Barnardos website, click [here](#).

○ Supporting the Wellbeing of Children from Ukraine in your School : Dept of Education

We are aware in NEPS that many of you are currently welcoming children and young people from Ukraine into your schools. Please find attached a guidance document that has been developed by NEPS in relation to supporting the wellbeing of these children/young people at this time.



NOTE : The Guidance Document is available to download in the Resources Section of Wexford CYPSC website [here](#).

I also wanted to draw your attention to webinars being hosted by NEPS on the following dates:

- 31st March at 4.00 – 4.45 pm Primary
- 5th April 7.00 – 7.45 Primary

The webinars will provide practical strategies to welcome children and young people from Ukraine to our schools, to support them to develop friendships, to assist with addressing their language-related needs and to promote their resilience and recovery. NEPS is running these webinars in collaboration with Education Support Centres Ireland (ESCI). The webinars are suitable for all school staff. Please see attached flyers for further information.

I hope that this information will be useful for those of you who are welcoming students from Ukraine into your schools at this time.

Kind regards, NEPS Wexford



An Roinn Oideachais
Department of Education
An tSeirbhís Náisiúnta Síceolaíochta Oideachais
National Educational Psychological Service

WELCOMING CHILDREN TO OUR SCHOOLS



What is the training about?

This training will focus on the wellbeing needs of children from Ukraine by providing practical strategies to welcome them to school, to support them to develop friendships, to assist with addressing their language related needs and to promote their resilience and recovery.

Who should attend?

This training is suitable for all Primary school staff.

When is the training?

This training will be hosted by Education Support Centres Ireland (ESCI) and will be presented live via zoom. The workshop will run for 45 minutes and will consist of a presentation and facilitated Q&A.

Date: 5th April 2022

Time: 7:00 - 7:45pm

How to register?

Register via your local Education Centre.



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○ INTO Support information for Parents and Schools



In light of the ongoing conflict in Ukraine, many schools across the country will be supporting Ukrainian families and pupils as they arrive in Ireland. The INTO have collated some useful resources.

Please see the attached link to the INTO page for support information for Ukrainian parents and schools. Information is available for parents in Russian and Ukrainian.

To access the INTO website, click [here](#).

○ FAQ's for Ukraine Nationals and Residents of Ukraine

The EU has put in place a Temporary Protection Directive to allow Ukrainian citizens and others fleeing Ukraine to move through the EU as EU citizens.

The Irish government will assist Ukrainian citizens when they arrive in Ireland.

Information on the following issues are available at www.gov.ie/ukraine.



Arriving in Ireland



Accommodation



Social welfare supports



Employment, childcare and education



Healthcare



How people and businesses can help

○ **Irish Refugee Council**



The Irish Refugee Council has information for people fleeing Ukraine. It is available in Ukrainian and Russian. To access the website, click [here](#)

○ English Language Classes – Ukraine Response : WWETB

The Waterford and Wexford Education and Training Board (WWETB), provides English language classes from beginners to advance in all Further Education Centres across Waterford and Wexford. Classes are also offered in some Outreach Centres.

We have now expanded our English class provision to meet the need of Ukrainian Refugees arriving in Ireland.

An initial assessment is completed with anyone referred to our service and the learner will then be placed in a class appropriate to their English Language level.

Please contact the following for further information.

Waterford	Waterford City	Literacy and Language Centre	051-854 444 087 3422628
Waterford	Dungarvan Cappoquin Lismore	Literacy and Language Centre	058-427 74 087 6535141
Waterford	Tramore Portlaw Kilmacthomas	Literacy and Language Centre	051-393 794 086 061 7072
County Wexford	County Wexford	Language and ESOL Programme	087 7189541

FUNDING

○ Communities Integration Fund 2022

- €500,000 will be made available to local community-based projects nationwide to support the integration of migrants.
- Grants of up to €5,000 will be allocated to successful organisations to support integration initiatives.

The Minister for Children, Equality, Disability, Integration and Youth, Roderic O'Gorman, today approved €500,000 in funding under the Communities Integration Fund 2022.

Now in its sixth year, the Communities Integration Fund celebrates the rich cultural diversity within local communities and enables local community-based organisations across Ireland to play a greater role in supporting the integration of migrants. Successful organisations stand to receive grant funding of €1,000 – €5,000 to support local integration initiatives.

How to apply:

Applicants can access a detailed guidance document and complete an online application form [here](#).

The closing date for receipt of applications is **12 pm on Wednesday 6th April 2022**.

Purpose of projects/activities

This call is open to local community based groups and centres around 10 key themes to support migrant integration:

- Intercultural Awareness;
- Combating Racism and Xenophobia;
- Sport & Community Games;
- Arts;
- Food/Cuisine;
- Community Events;
- Capacity Building;
- Employment;
- Education;
- Integration Research.

Projects supporting the following objectives will be given **special priority** this year and will attract additional marking during the selection process:

1. Initiatives that support the integration of migrant women;
2. Initiatives aimed at supporting migrant children and youth;
3. Initiatives that support migrants to meaningfully participate in the labour market;

4. Initiatives that promote community volunteering.

As this Fund is intended to support the integration of migrant and host communities, all applications must demonstrate the ability to involve both migrant and host communities in the activities proposed. The maximum grant amount that can be applied for is €5,000 and the minimum grant is €1,000.

For more information, click [here](#).



**An Roinn Leanaí, Comhionannais,
Míchumais, Lánpháirtíochta agus Óige**
Department of Children, Equality,
Disability, Integration and Youth

CHILDREN & YOUNG PEOPLE

○ My First 5 Little Library



My First 5 Little Library is an initiative of DCEDIY working with the National Library Service, for every 4- and 5-year-old starting school in September. The books are expected to be available from local libraries week beginning 4th April.

“First 5 My Little Library will offer a book bag with books and resources to every 4- and 5-year-old going to school in September. The children will be invited through their ELC or special pre-school. The objective of this action is that all children starting school in September 2022 will have story books in their home and be members of their local library”.

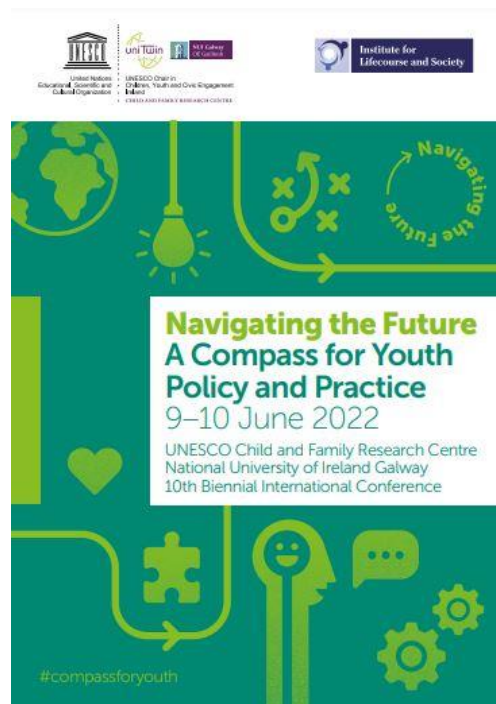
CYPSC, along with other national and local agencies, and networks are asked to please spread the word through our services networks, to try to ensure that the information reaches as many parents as possible.

NOTE : Please see the Resources section of Wexford CYPSC website for further details, click [here](#) to access.

WEBINARS & TRAINING

○ “Navigating the Future : A Compass for Youth Policy and Practice” : UNESCO Child and Family Research Centre 10th Biennial International Conference : 9th and 10th June 2022

Institute for Lifecourse and Society, NUI Galway



Bookings and Registration: Places are limited please book early to avoid disappointment. Book your place [here](#).

Conference Theme: The current generation of youth is coming of age in a period of unprecedented global change, due to the combined effects of the Covid-19 pandemic, technological developments, migration and globalisation. In this conference, we aim to reflect on trends, challenges and options for the current and future experiences of young people. Our core question is how can policy and practice strengthen youth agency, inclusion and development in a rapidly changing world? The conference will draw on international and national expertise and evidence. Provisional themes and topics to be addressed in keynote presentations and parallel sessions will include mental health and wellbeing, relationships and belonging, youth participation and activism, technology, diversity and inclusion and youth work.

Parallel Sessions:

We will have presentations from the practice, policy, research and academic communities in relation to the conference themes, which are as follows:

- Mental health and wellbeing
- Relationships and belonging

- Youth participation, civic engagement and activism
- Technology
- Diversity and inclusion
- Youth and/or family work

Conference Brochure: The full Conference brochure is available to view in the “Resources” section of the Wexford CYPSC website [here](#).

Keynote Speakers:

- Mr Sean Campbell, CEO of Foróige, Ireland
- Professor Pat Dolan, UNESCO Child and Family Research Centre, National University of Ireland Galway, Ireland
- Dr Danielle Kennan UNESCO Child and Family Research Centre, National University of Ireland Galway, Ireland
- Professor Alfgeir L. Kristjansson, West Virginia University, USA
- Professor Sonia Livingstone, London School of Economics and Political Science, UK
- Dr Muireann Ní Raghallaigh, University College Dublin, Ireland
- Professor Swaran Singh, University of Warwick, UK
- Professor Renée Spencer, Boston University, USA

Special Guest: Tolü Makay

Tolü Makay, singer, songwriter, and performer has ascended in becoming one of Ireland’s leading creative voices after releasing her first EP ‘Being’ in 2020 which provided positivity in a year that felt never-ending. Soon after followed the huge success of her rendition of the classic Saw Doctors song ‘N17’ accompanied by the RTE Concert Orchestra which made her the highest ever charting female solo artist in Ireland. Following an array of stirring TV appearances where she performed on Other Voices, The Late Late Show and The Tommy Tiernan Show, 2021 concluded with a sold out tour of Ireland including a headline performance at Vicar Street. Topping off a substantially meaningful twelve months Tolü, was recognised by Irish Tatler Woman of The Year for music and Best Female Artists at Black & Irish. The future looks golden as she prepares for her debut album.

For regular Conference updates please
visit <https://nuigalwayunesco.clr.events/event/131757#>

○ Suicide Bereavement Training : HSE April 28th 2022



The HSE Regional Suicide Resource Office is running Suicide Bereavement Training in Waterford on April 28th from 9:30am to 4:30pm. If you would like to book a place on this programme please visit www.bookwhen.com/sro.

NOTE : To access the leaflet for this training programme, click [here](#).

The office is also happy to accommodate groups in relation to specific training requests.

Kind regards,

Tracy Nugent (HSE Resource Officer for Suicide Prevention)

Front Block, St. Patrick's Hospital, John's Hill, Waterford X91 KX25

Tel: 051 874013

Mobile: 087 9271041 **Email:** Tracy.Nugent@hse.ie

To book a place on any of our suicide, self-harm or bereavement Training Programmes please visit www.bookwhen.com/sro

○ National Learning Network Open Day April 6th



National Learning Network
Think *Possible*

Open Day Wexford 6th April 2022!
11am - 3pm

www.nln.ie

Wexford@nln.ie

Visit us during our Open Day! Tour the centre, meet the instructors and students and ask any questions you may have about our courses!
Contact Emma on 087 2901004 to confirm time of arrival, we would ask that face masks be worn also.

National Learning Network Wexford, The Swan Training Centre, The Faythe, Wexford, Y35 YR53