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| Friday  22/10/2021 | Services Info Sheet | [https://bit.ly/3Cv5eui](https://scanner.topsec.com/?d=2304&r=show&u=https%3A%2F%2Fbit.ly%2F3Cv5eui&t=a0789db0a341afe76a6c284b1d029f7d0bc7cf5d) |  | Suicide bereavement support is available from Pieta by calling 1800 247 247 or by visiting [www.pieta.ie](https://scanner.topsec.com/?d=2304&r=show&u=http%3A%2F%2Fwww.pieta.ie&t=53d4992a8b73e91303de13c970e443057ed58369). You can see a full list of all the services available here. [https://bit.ly/3Cv5eui](https://scanner.topsec.com/?d=2304&r=show&u=https%3A%2F%2Fbit.ly%2F3Cv5eui&t=a0789db0a341afe76a6c284b1d029f7d0bc7cf5d) **#HereForYouSouthEast** |
| Friday  22-10-21 | Suicide Bereavement Survey | [www.hugg.ie](http://www.hugg.ie)  [www.nsrf.ie](http://www.nsrf.ie) |  | If you are an adult bereaved or affected by suicide, please share your experiences of bereavement supports by completing the following survey. <https://www.hugg.ie/suicide-bereavement-survey/>  **#SuicideAfterWords** **#HereForYouSouthEast** |