



## TAPin

# Trauma and Attachment in Practice

This FREE online training is aimed at Early Care & Learning (ELC) and School Age Childcare (SAC) Educators

*Facilitated by Mr Paul Harvey, Principal Social Worker & Dr Lynn Connor, Consultant Clinical Psychologist.*

### Objectives:

- Participants will be able to understand the importance of attachment in one's lives and explore challenges to a child's development who has experienced attachment difficulties
- Participants will understand the different types of trauma and how it can impact relationships and development
- Participants will gain an understanding of how to support children who have experienced trauma.

This TAPin programme runs over 3 consecutive sessions; **Monday 7th November, 14th November and 21st November**. Each session is 3hrs and will run from **10am – 1pm** each day.

Participants must be able to attend all 3 sessions to obtain CPD attendance certification. Places are limited to 25, therefore bookings facilitate two people per service. To book a place, please email [info@wexfordchildcare.ie](mailto:info@wexfordchildcare.ie) or contact Mary on 087-1769418 (Tuesday – Friday) with your name, the name of the Wexford ELC/ SAC service you work in, your email address and your phone number.



## Session One - Attachment - Understanding Others and Ourselves

- What is Attachment?
- Introduction to the Two Types and the Four Styles
- How to know which we and others are?
- Why does it matter?

## Session Two - Understanding what trauma is and what trauma does?

- Introduction to the different types of trauma
- What Trauma does to Relationships?
- What Trauma does to Development?
- Symptoms of Trauma

## Session Three - How To Be and What to Do

- Let's look beyond behaviour – Unlocking its meaning
- Supporting traumatised children – why is it so different?
- What to do with anxious children, supporting social and emotional regulation in the setting etc?

# Trainer's Details

**Dr Lynn Connor** is a Consultant Clinical Psychologist who has worked within the NHS for almost 24 years. Twenty of those years in the area of children who are care experienced and those caring and planning for them.

She has been part of a small core group of Social Workers and Psychologists who created a relationship based, trauma responsive model of practice across residential childcare initially - and in time far beyond into other social care and healthcare settings.

She is one of three certified practitioners in Ireland in DDP and has with her colleagues contributed a chapter to a book on doing relationship-based practice in Social Work. She also provides private consultation and training.

**Mr Paul Harvey** is a registered Social Worker Independent Trainer and Consultant having worked in social care for 40 years having a broad spectrum of experience from Residential Child Care, Early Years, Child Protection and Looked After Children. He was a Social Work Practice Teacher and Guest Lecturer at the University of Ulster.

For the last 12 years he worked in an NHS Trust in Northern Ireland as Principle Social Worker developing 'Trauma and Attachment' training and development programs. Initially within residential child care this award-winning program was further adapted for all LAC programs, Children's Disability, Child Protection and Family Support, Primary Care Health and Paediatrics Services. He has written practice manuals for this program, also having co-wrote a 'Reflective Supervision' program and manual.

Mr Harvey is the Co-Founder and Coordinator of Irish Attachment in Action having facilitated screenings of the 'Resilience Documentary' across Ireland supported by TUSLA. He has also organised a number of IAIA National Conferences on Trauma and Attachment pre covid. He has provided training and consultation in the statutory, voluntary and private sectors in health, education and social care across Ireland.