



**Men's
Development
Network**



**Eight-week
Online Course
through ZOOM**



THE *Good Enough Parent*

SUPPORT PROGRAMME

GROUP 3

Nov 3rd to Dec 22nd
THURSDAY EVENINGS
7.00pm to 8.30pm

Supporting parents in
building good relationships
with their children aged 9–17

**Topics
covered
include:**

- *Communication*
- *Self-Esteem*
- *Problem Solving*
- *Conflict Resolution*
- *Setting Limits*
- *Drugs & Alcohol*

Enquiries: joe@mensnetwork.ie



**SCAN QR CODE
TO REGISTER**

The MDN Parent Support Programme is funded by the HSE National Lottery



An Roinn Dlí agus Cirt
agus Comhionannais
Department of Justice
and Equality



Seirbhís Sláinte
Níos Fearr
á Forbairt

Building a
Better Health
Service



Ireland's Child & Family Agency

We confirm that the Men's Development Network complies with the Governance Code for the Community, Voluntary and Charitable Sector of Ireland.

www.mensnetwork.ie/parenting