

# IPAS CYPSC funding Initiatives 2025

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# IPAS Baby bags

The core principles of the UNCRC, such as the right to life, survival, development, and the best interests of the child, support the provision of essential items like baby bags to ensure newborns have what they need to thrive from the moment they are born.



# Items include:

Baby wipes / creams / nappies / cotton wool /  
teething ring / pacifier etc

Fitted cot sheets

Baby vests / baby grows / bibs/ muslin cloths/  
hats and mittens / hooded baby towel / cellular  
blankets / cardigan.

Thermometer / Manual breast pump



# Women's maternity bags

Providing essential items like maternity bags would further support this care by offering practical assistance to women in a vulnerable situation.



# Items include:

Dressing gown / night dress for labour / night dress post birth /  
flip flops / cotton underwear

Face cloths / Bath towel / shower creams and shampoos etc

Maternity pads / maternity creams post birth

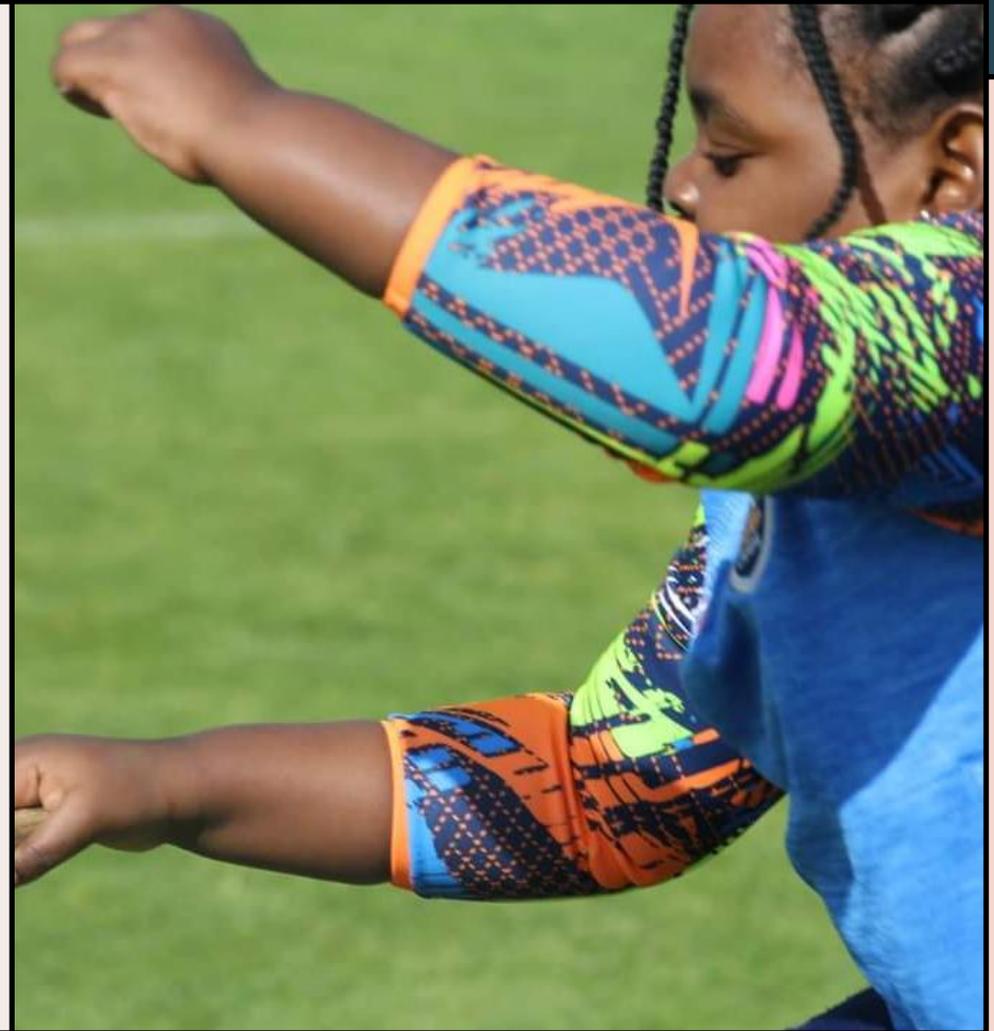
Overnight hospital bag for items



# Cul camps

42 children across IPAS centres to include two children in own door accommodation

"I wanted to thank you for the summer camp for my son. He loves it and is very happy and I think that hurling has become his favourite sport" (IK)



# Trainings

## The Just Right State programme

Four places on the Just Right state practitioner training.

The goal of the programme is to enable children become more emotionally aware of themselves and of others, to give them simple tools to enable them to self regulate and achieve the just right state, whether it is to engage in academic learning, interacting with their peers, or to be able to get a good night's sleep. This programme can be done with individual children and their key worker or caregiver, in small groups of four to six, or can be done with the whole class in schools.

## Infant baby massage



The infographic features a vertical image of a baby being massaged on the left. To the right, a blue header reads 'Benefits of Baby Massage' with a heart icon. Below this, five circular icons are aligned with text boxes: a brain icon for stress hormones, a stomach icon for digestion, a sleep icon for sleep patterns, a parent and baby icon for parental confidence, and a house icon for a peaceful home environment.

**Benefits of Baby Massage**

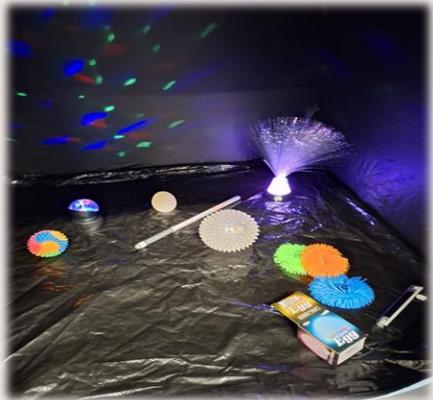
- Message helps **lower stress hormones** and encourages relaxation in babies
- Supports **body awareness, coordination, and healthy digestion**, while also easing common tummy troubles
- Studies link infant massage to **improved sleep patterns** and **less frequent crying**
- It helps **parents feel more confident, connected, and attuned** to their baby's needs
- Baby massage can **create a calmer, more peaceful home environment** for the entire family

## Two day workshop – October 2025

Exploring the Psychological and Emotional Needs of Young People in Asylum-Seeking and Refugee Contexts; with an Educational Focus- A Two-Day Introductory Training Workshop.

with Dr Karen Treisman

# The Just right state programme



# Infant baby massage

- Studies show that bonding increases a parent's feeling of attachment as well as their desire to nurture and care for their infant. Massage can also enhance oxygen and nutrient flow to cells and improve breathing patterns and lung health (respiration). <https://www.chrichmond.org/>



# Self-defence classes

July / August 2025

Age 12-18 years

Run in two IPAS centres during the summer

Total number : 25 young people



# Beach day Families



# Opera festival Opening night



# Beyond the Trees



# Art workshops

- Mid term breaks and summer
- Jigsaw workshop



# Creative Mindfulness Workshops

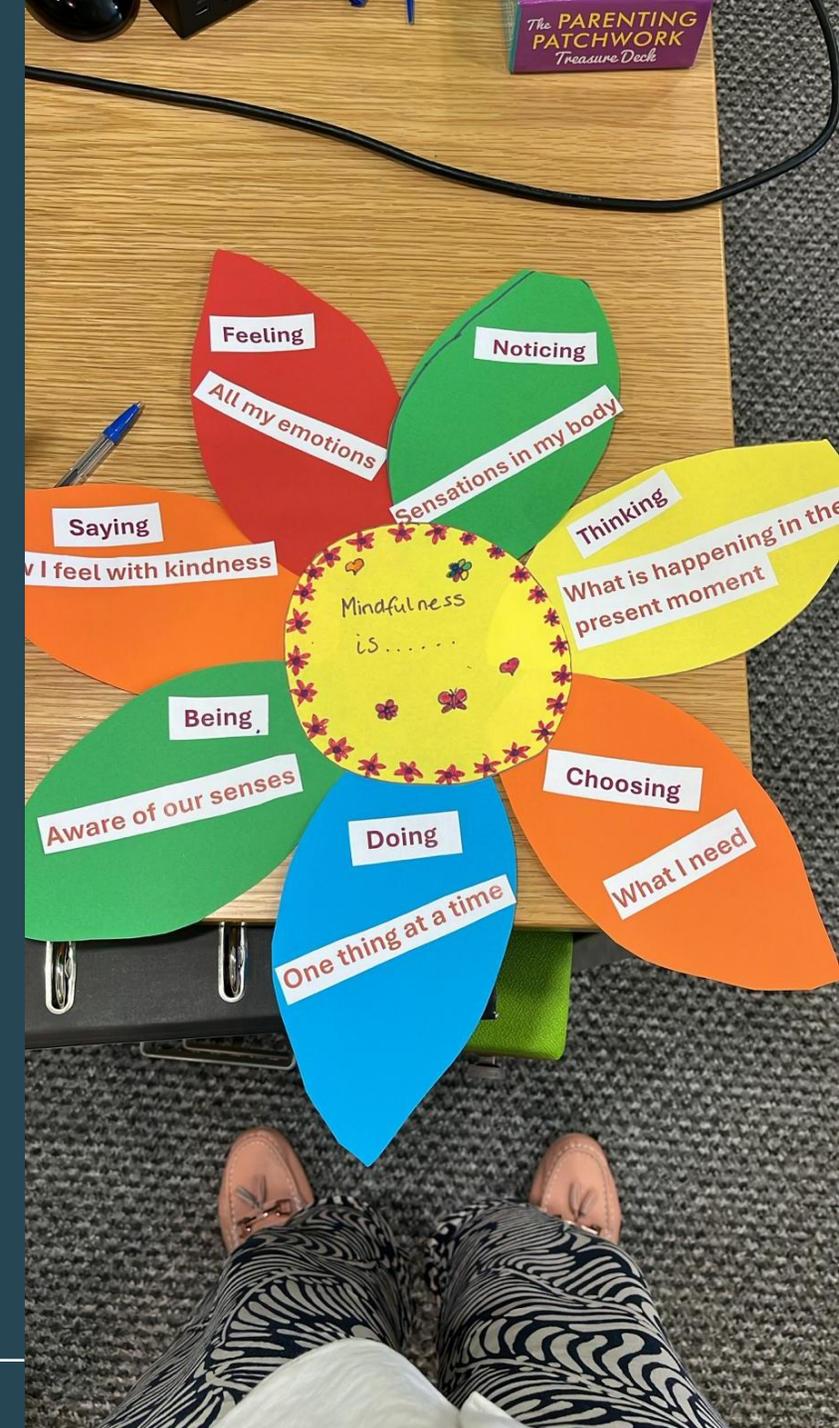
Carrie Brownrigg & Aimee O'Brien – Creative Mindfulness facilitators

Age 6-8 years

Age 8-10 years

Age 10-12 years

@IPAS Slaney Manor



# Tiny Tots Santa Experience



“

Children develop resilience when they are supported to experience small successes, positive connections and meaningful opportunities to grow.

Cameron et al, (2017)

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# Summary

The targeted investment of CYPSC funding has ensured that children & families in IPAS accommodation are not left behind and that their rights to participation, inclusion and development are upheld in line with national child and youth well-being frameworks.



Thank you

