

Wexford CYPSC Newsletter

June 2nd 2023

For information on services and supports for children, young people and families see
[Wexford CYPSC](#)

For information on parenting supports and programmes, see [Wexford Parents Hub](#) or
access on facebook www.facebook.com/wexfordparentshub/



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WEBINARS / COURSES & TRAINING

► Supporting People with Down Syndrome Through Loss and Grief

Please see details below of a network event that the Childhood Bereavement Network is involved in. It is open to all parents and or people support children and young people with DS.

The session will run on Wed 7th 2pm-5pm in Thurles (see attached poster) and will look at the issue of grief and loss which is a topic seldom addressed with neuro diverse children/YP.






SUPPORT CONFERENCE & FORUM

Open to Parents/Carers, Family Members and Professionals

SUPPORTING PEOPLE WITH DOWN SYNDROME THROUGH LOSS & GRIEF

This would include siblings moving out of home, changing schools, moving house and losing a pet or someone close through death

Wednesday 7th June 2023

2PM

The Anner Hotel, Thurles,
Co Tipperary E41 X789

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Maura Keating
Irish Hospice Foundation
National Coordinator
Childhood Bereavement



Susanna Stokes
Down Syndrome Ireland,
Tipperary Branch
Clinical Speech & Language Specialist
17 years working with people
with Down Syndrome



Emily Mathews
Dwan Academy
Educational
Drama Facilitator



Ellie Bailey & Will Pritchard
Springhouse Therapy
Creative Arts Therapists & Mental
Health Professionals.
Registered with IACAT & HCPC.
In their clinical practice both have
worked for a leading UK national
bereavement charity and with
children and adults with Down
Syndrome.



Angela Corcoran
Parents



Anne Griffin
Parents

Clár Éire Ildánach
Creative Ireland
Programme



Register Until June 4th

Eventbrite

Search: Down Syndrome Supporting
people with Down Syndrome through
loss & grief

→ **Youth Mental Health First Aid – limited spaces available for South East**



Please click [here](#) for information and registration details re: upcoming online **FREE 2 day training in Youth Mental Health First Aid** that I would appreciate you circulating to the appropriate staff and groups who specifically work and support **young people aged between 12 and 18 years of age**. This training has been extended to the South East.

Please note that places are very limited. Only book a place if you are available to commit to attending the training in full.

Title: Youth Mental Health First Aid

Dates: Thursday 8th and Friday 9th June 2023,

Times: 09.00-16.00 each day

Delivery: The course will take place online via Zoom

Overview : Youth Mental Health First Aid (Youth MHFA) is designed for adults who live with, work with or support **young people aged between 12 and 18**. This evidence-based training programme is particularly suited to parents/guardians, volunteers, school staff, sports coaches, community group leaders, youth workers etc. Participants who undertake Youth MHFA Training will learn how to assist a young person who may be experiencing a mental health problem or a mental health crisis until appropriate professional help is received or the crisis resolves, using a practical, evidence based action plan. We welcome registrations from individuals who are keen to learn Mental Health First Aid skills to build confidence in supporting young people with their mental health.

The course will take place online via Zoom for which you'll receive a link once you register your place.



CURAM ILANTE PORAL
CORCAIGH CIARRAÍ
CORK KERRY
COMMUNITY HEALTHCARE

yourmentalhealth.ie
Information | Support | Services



**→Training on Supporting Autistic Children / Adolescents and their Parents –
Delivered May 31st 2023**



The need for additional training on how to provide better support to autistic children and their parents was identified by the Young People & Mental Health Sub Group of Wexford CYPSC. Training was sourced and funded through DCEDIY / CYPSC. “Counselling and Psychotherapy Services Limerick” (CAPS), delivered this training to 22 participants on Wednesday May 31st 2023.

This interactive training focused on providing a practical model to understand Autism Spectrum Condition (ASC) and neurodiversity.



Participants on the training course delivered on May 31st.

LAUNCHES, REPORTS & EVENTS

→ LET'S TALK, LGBTI+ MENTAL HEALTH South East Regional Event

The HSE Regional Suicide Resource Office is partnering with See Change and the LGBTI+ Projects across the South East to host an event that will tackle mental health judgement in the LGBTI+ Community.

The event will be hosted by See Change Programmes Leader, Barbara Brennan, who will be joined by Mary Butler, T.D., Minister of State for Mental Health and Older People along with individuals with lived experience of mental health difficulties in the LGBTQ+ community.



The poster above is available to download [here](#).

Please click [HERE](#) to book a place at this event

We would love for you to join us at our event to learn:

- What mental health judgement looks like for people in the LGBTI+ community
- The feelings and behaviours of being judged and judging others
- The double stigma of having a mental health difficulty AND being part of the LGBTI+ community

→ The challenges that many in the LGBTI+ community face in getting mental health support

→ What we can all do to help improve our mental health and wellbeing

→ What we can all do to help end the unfair judgement of ourselves and others

The event will include

- Information on supports and services for those in the LGBTQ+ community in the South East area
- Panel discussion on LGBTQ+ and mental health, including the voices of lived experience.
- A poem on the topic presented by a local Waterford poet.

We also invite you to join for networking from 6-6.30pm where tea and coffee will be provided.

Sarah Hearne

HSE Resource Officer for Suicide Prevention

The Regional Suicide Resource Office, Front Block, St. Patrick's Hospital, John's Hill, Waterford. **X91 KX25**

Mob: 0871091307 **Tel:** 051 874013

www.connectingforlifesoutheast.ie

www.yourmentalhealth.ie

I work Monday and Wednesday 9am to 1pm, Tuesday, Thursday and Friday 9am to 5pm

To book a place on any of our suicide, self-harm or bereavement Training Programmes please visit www.bookwhen.com/sro

► Report on Pupils from the Traveller Community 2016-2023



An Roinn Oideachais
Department of Education

The Department of Education has published the report: *Pupils from the Traveller Community 2016 – 2020*. You can access the report here [gov.ie - Primary and Post Primary Traveller Statistics 2016-20 \(www.gov.ie\)](http://gov.ie - Primary and Post Primary Traveller Statistics 2016-20 (www.gov.ie)).

The report follows the earlier report: *Number of Pupils who are Members of the Traveller Community 2000/2001 - 2015/2016*, which is available [here](#).

While the data show continuing low levels of Traveller retention to Leaving Certificate compared to the national average, they also show increasing numbers participating in the Leaving Certificate cycle and some positive trends, in particular in relation to retention to Junior Certificate and enrolment at post-primary level. Some key points:

- 2020-2021: highest recorded number of Traveller pupils in post-primary schools (3,292)
- 2020-2021: highest number of Traveller pupils sat the Leaving Certificate programme (412)
- 2011-2015: 91.6% retention to Leaving Certificate nationally; 23% for Traveller pupils.
- 2015: 27.1% retention rate to Leaving Cert for Traveller cohort.

The data show a steady increase in progression and retention in the Junior Cycle and increasing percentages of Traveller students sitting the Junior Certificate:

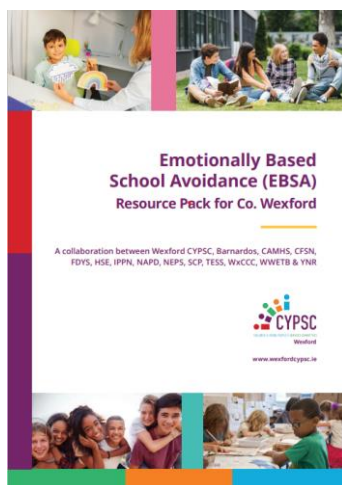
- 61.6% of the 2011 cohort completed the Junior Certificate examination.
- 69.3% of the 2014 cohort completed the Junior Certificate examination (+7.7%)
- 90% of the 2015 cohort progressed to third year; 69% per cent sat the Junior Certificate.

Eamon Bannon

Social Inclusion Unit

Anad um Chuimsiú Sóisialta, An Roinn Oideachais *Department of Education*

→ Launch of “Emotionally Based School Avoidance” Resource Pack for Co. Wexford



Wexford CYPSC has supported the development of an “Emotionally Based School Avoidance” (EBSA) Resource Pack. The pack was officially launched on Wednesday May 31st in the Riverside Park Hotel, Enniscorthy. Over 100 people attended the launch which included representatives from agencies and organisations that support children and young people in Co. Wexford and members of the school community. Sheila Barrett CYPSC Co-ordinator thanked everyone who was involved in the production of the pack for their hard work and commitment. Dr. Theresa Tierney (Regional Director NEPS) was unable to attend in person but prepared a video input. Dr. Anna Marie Cullen (Senior Educational Psychologist NEPS) provided an overview of the pack and how it can be used. A parent recounted her experience of EBSA with her son and how he was supported to return to school. There was also a “round robbin” of services facilitated by Tony Kennedy PPFS Manager Waterford / Wexford, where practitioners outlined the supports they provide to young people.



Members of the EBSA Working Group with Chairperson of Wexford County Council Cllr George Lawlor

This Resource Pack has been compiled by a group of professionals in collaboration with schools all of whom are concerned about the issue of Emotionally Based School Avoidance (EBSA) in Co. Wexford. When EBSA becomes entrenched, it can have negative impacts on children and young people (CYP) in terms of their mental health and wellbeing. It can also influence educational attainment and can limit future employment opportunities. The impact on families who are trying to support CYP to return to education can also be considerable. This pack was developed to provide information and practical tools on how to address EBSA. It is informed by the experience of professionals who work to support children, including pre-schoolers and young people and their families who have been impacted by EBSA.

The pack can be accessed on the Wexford CYPSC website [here](#).



Elaine O'Connor (Taghmon FRC), Sinéad Cronin Daly and Sinéad Joyce (Tusla PPFS)



Amy Goodison, Sharon Grace and Berne Lambert : School Completion Programme Co-ordinators



Claire and Jeanette O'Neill (Youth New Ross)



Catherine Mc Curdy and Karen Mooney (Barnardos / Wexford Parents Hub)



Kieran Donohoe (FDYS)



John, Dean and Mandi Tighe from the Gorey Youth Needs Group team.