BROADER HORIZONS PARTNERSHIP

DESIGN YOUR FUTURE

Personal Development Programme for young adults living in the Wexford Area

- The programme aims to support young people aged between 18 and 25 in strengthening their personal development and confidence in their own abilities. To try something new, meet new people and visit new places.
- There will be a focus on healthy living, being physically active, trying new skills such as car maintenance & beauty skills, among others.

- This is a fully funded eight day programme run over two weeks for each group.

Date	WEXFORD/ ROSSLARE/NEW ROSS & surrounding areas						
Week 1	Mon 11tth to 14th of July 2022	 Getting to know each other, Team building, Beginning the Learning Journey, Coaching session Outdoor adventure activities Fashion or car maintenance workshop Go Karting in Waterford Visit to Hook lighthouse Cookery skills 					
Week 2	Mon 18th to 21st of July 2022	 Yoga/strength training, pizza making Making videos with your phone Cookery skills Beauty or car maintenance workshop Outdoor activities 					
	ENNISCORTHY/ GOREY &	surrounding areas.					
Week 1	Mon 25th to 28th of July 2022	 Getting to know each other, Team building, Beginning the Learning Journey, Coaching session Outdoor adventure activities Fashion or car maintenance workshop Go Karting in Waterford Visit to Hook lighthouse Cookery skills 					
Week 2	Tue 2nd to the 5th of Aug 2022	 Yoga/strength training, pizza making Making videos with your phone Cookery skills Beauty or car maintenance workshop 					

All costs are covered - Free to all participants. Free transport to locations where activities take place.

email Deirdre for application form and more info: dquinlan6@gmail.com - Places limited, so get in touch!













