

Supporting Families after Traumatic Bereavement Frontline Professionals Online Workshops Autumn 2021

In October and November 2021 Anam Cara will facilitate a one day workshop for front-line professionals or personnel who are in contact with family members who have experienced a bereavement in traumatic circumstances;

The aim of the workshop:

The aim of this workshop is to identify interventions and responses for frontline personnel when in contact with families who are bereaved in traumatic circumstances.

Overall Objectives:

- Recognise how grief and loss affects the bereaved family
- Understand the normal reactions to grief and loss
- Explore what responses and reactions can be more complex (traumatic grief, PTSD) and require greater interventions;
- understand the purpose of interventions

This workshop is open to:

- Garda Siochana/PSNI Family Liaison Offices
- Emergency First Responders
- Funeral Directors
- Emergency Departments medical staff
- Social Workers
- Chaplains/Clergy
- Front-line staff in organisations in contact with bereaved family members

A certificate for **5 CPD** hours will be issued to all participants who complete both modules

Morning Module '1' 10.00am to 12.30pm	Afternoon Module '2' 1.30pm to 4pm
<p>Facilitator: Brid Carroll <i>Brid is a qualified Psychotherapist and Counselling Supervisor who works with the Irish Hospice Foundation and the HSE and is the present Chairperson of the Irish Child Bereavement Network.</i></p> <p>Overview</p> <ul style="list-style-type: none"> • Enhance the knowledge and skills of participants so that they can support bereaved families through their work and within their communities Increase • Increase awareness of the difficulties involved for bereaved families • Examine what is involved in supporting families and what interventions might be used in • To realise the impact on ourselves in supporting bereaved families 	<p>Facilitator: David Trickey <i>David is a Consultant Clinical Psychologist who specialises in working with traumatised children, young people and their families since 2000. He also focuses on the training and supervision of others working with traumatised families.</i></p> <p>Overview</p> <ul style="list-style-type: none"> • Explore what responses and reactions can be more complex (traumatic grief, PTSD) and require greater interventions; understand the purpose of interventions • Note research findings and contemporary frameworks for supporting families through trauma • Examine possible interventions that can be used with traumatic loss

Workshop dates:

Date	Workshops	Times	Facilitator	No. Participants	Expression of Interest Link
Thursday 11 th November 2021	Workshop 1 Workshop 2	10am–12.30pm 1.30 – 4.00pm	Brid Carroll David Tricky	50	https://bit.ly/3m51bQj
Thursday 25 th November 2021	Workshop 1 Workshop 2	10.00 – 12.30pm 1.30 – 4.00pm	Brid Carroll David Tricky	50	https://bit.ly/3ANWFtA

Please note anyone interested in attending the workshop, will first needs to visit **Eventbrite** to express their interest and choose their workshop date. Anam Cara will contact them with the details of the Zoom registration closer to the workshop date. Please note there will be a high demand for these workshops so only reserve your place if you can attend on the date you have selected. Thank you from Anam Cara