

Wexford CYPSC Newsletter

March 8th 2024

For information on services and supports for children, young people and families see <u>Wexford CYPSC</u>

For information on parenting supports and programmes, see <u>Wexford Parents Hub</u> or access on <u>Facebook</u>



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WEXFORD CYPSC

→ Wexford Children & Young People's Plan 2024-2026



Work has commenced on the development of Wexford Children & Young People's Plan 2024-2026. Finbarr Fitzpatrick and the team at "Business Improvement Solutions Ireland Ltd" have been contracted to assist with the development of the next three year plan.

Over the coming months, Finbarr will engage with CYPSC partners and stakeholders as well as children, young people and parents in a consultation process to identify key themes for the next plan. This will consist of a mixture of focus groups, one to one meetings and online surveys. You may be contacted as part of this consultation process. Your co-operation is greatly appreciated.

→ Wexford CYPSC Website : Service Updates



Wexford CYPSC website is an online directory of services and supports for children, young people and families in Co. Wexford. The website can be accessed <a href="https://example.com/here-to-peopl

If your service is included on the website, can you please take a few minutes to review your service details here to ensure that the information is accurate. The website contents can be updated by completing and returning the "Service Details Update" template which is available to access on the website here.

New services can also be included on the website by completing this form. Thank you for your assistance in keeping the website up to date.

You can have your service details removed by contacting sheila.barrett@tusla.ie.

WEBINARS & TRAINING

→ Education Rights & School Exclusions: Reduced hours, Suspension, and Expulsion: Online Training

As part of our CFI RTE Toy Show Appeal project and following the survey on training needs that we conducted in autumn 2023, we would like to share details of our upcoming training opportunities.

Many thanks to those who completed our online survey. Based on the results of that survey, we held training on Accessing Social Housing and Emergency Accommodation for Families and Children in December 2024.

This was the area of training most required followed by training in the area of education and disability. We are therefore now offering the following training: "Education Rights & School Exclusions: Reduced Hours, Suspension and Expulsion"

o Date & Time: Friday 22 March 2024, 10am-12.30pm

Venue: Online / Zoom

o Cost: Free

 Bookings: To book your place please can you send an email to education@communitylawandmediation.ie

Please note places are limited.

LEGAL ADVICE CLINICS ON CHILDREN & YOUNG PEOPLE'S RIGHTS

As you will be aware, we are also offering targeted legal advice clinics as part of this project. The next clinic is on **11 April 2024**. Clinic appointments are delivered over the phone or zoom. In person appointments are also available.

We have held 3 dedicated children and young people's advice clinics under the project. We have advised young people directly and families. Some young people have had the support of a parent while others have had the support of an advocate or social worker. The types of issues we have advised on include education (including SUSI grants, apprenticeships, accommodations for Junior Cert and Leaving Cert exams), equality, domestic violence, risk of homelessness etc.

Bookings can be made by calling our office on 01 847 7804.

Please share this information with widely amongst your network.

In addition, CLM deliver weekly legal advice clinics and a wide range of training courses in the areas of Social Housing, Social Welfare Appeals, Employment Law, Environmental Justice & more. For more information on these courses please click on the link https://communitylawandmediation.ie/services/education/training-and-accredited-courses/

Finally, if you wish to be notified of CLM training courses and other matters via our monthly newsletter, please join <u>CLM mailing list</u>.

Ros Palmer, Community Education Manager

- A Northside Civic Centre, Bunratty Road, Coolock, Dublin, D17 K462 T (01) 847 7804

Please note that while I may contact you outside of core working hours I do not expect you to respond outside of your working hours.







→ "Healthy Food Made Easy" Tutor Training



April 9th & 16th or May 8th & 9th from 9.15am -4.30pm⁷ Kilkenny City (Venue TBC)

Health & Wellbeing Division are seeking Tutors to deliver "Healthy Food Made Easy (HFME)" courses in the South East (CHO5).

HFME is a six week nutrition education and cooking programme which provides practical information on healthy eating and improves cooking skills by showing participants ways to provide healthy, nutritious, low cost meals and snacks.

The Tutor Training is 2 days in Kilkenny which aims to provide an overview of the HFME Programme and includes facilitation skills and practical information on the delivery of the programme. A HFME resource pack will be provided to all participants on completion of the training.

Further information is available here.

Applications: To apply complete application form here and return to southeastHFME@hse.ie

Closing date for applications: 20th March 2024

Lisa Nangle

Health Promotion & Improvement Officer, Gorey Primary Care Centre, Block B The Palms Centre, The Avenue, Gorey, Co. Wexford. Y25 C7 Y3

053 9489149 / 087 1880032 <u>lisa.nangle@hse.ie</u> <u>https://www.hse.ie/healthandwellbeing/</u>

Get the help you need to QUIT for free!

You Can QUIT and we Can Help. Visit www.quit.ie, call 1800 201 203, or join www.facebook.com/HSEquit



→ WE CAN QUIT Enniscorthy Group starting April 16th 2024





Get the support you need to quit for good.

We Can Quit is a free group programme for people who want support to quit smoking. The programme runs for 7 to 12 weeks and offers you free stop smoking medication, a weekly stop smoking group, and 1-1 support. You get support to quit from a local facilitator, people in your group and a local pharmacist.

You are 5 times more likely to quit for good if you:

- commit to quit for 28 days
- get support to change your behaviour
- use stop smoking medicines

We Can Quit is offered by the HSE in partnership with FDYS.

Location: FDYS Enniscorthy, Island Road, Enniscorthy, County Wexford

Dates: Tuesday 16th April, 23rd April, 30th April, 7th May, 14th May, 21st May, 28th May & 4th June

Time: 10:30am - 12:00pm

Registration for the programme is now open in Wexford. For further Details please

Contact: Aislinn O'Leary - 0861453558

Contact: Debbie Roche - 0863921525

Email: aislinn.oleary@hse.ie

Email: debbie.roche@fdys.ie

OUIT.ie









→ Child Health and Obesity Resource & Webinar





To mark World Obesity Day (4th March) we have a google search campaign active to support parents who are seeking information online for child health & weight concerns. The search campaign will drive to evidenced based content on HSE.ie at https://www2.hse.ie/conditions/childrens-weight/ During the month of March we will also publish and have available free of charge from www.healthpromotion.ie a new resource "Talking to your child about health and weight: A guide for parents and caregivers of children"

HSE Health and Wellbeing Webinar: Effective Communications on Child Health and Obesity

Register here for our upcoming HSE Health and Wellbeing Webinar: Effective Communications on Child Health and Obesity, taking place on **Thursday 21 Mar 2024 at 12:00 pm**.

Using different language when talking about child health and obesity can inspire support for solutions and a belief that we must take action as a society, instead of making people think about individual choice, blame and crisis.

If you are involved in communicating about child health and obesity in Ireland, please join us and find out more about:

- Evidence-based, practical communications tips and advice to help shift people's thinking
- Building understanding, and increasing support for policies and programmes that will help children thrive
- New communications guide for talking about child health and obesity

PARENTING

→ DCEDIY Parenting Support Calendar : Details of April Events Sought

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22	23	21	25	26	21	28
23	30					

To whom it may concern,

It is that time again where we are seeking details of events or initiatives which will be taking place during April that are designed to assist parents/guardians in their parenting role. As with previous months, a selection of these events will be promoted across DCEDIY social media channels to raise awareness among parents of supports available to them in their locality.

Information on all upcoming parenting initiatives is welcome, particularly we would like to have an increased focus on events which will be taking place outside of the greater Dublin area to ensure as wide a representation of supports available across the country as is possible. Details of upcoming events can be provided via the survey by clicking here.

We would also greatly appreciate if this email could be circulated to any service within your network that may have an upcoming parenting event which they wish to promote.

It would be appreciated if details of any upcoming events could be provided by COB on **Friday 22**nd **March** to allow time for DCEDIY Communications to develop content for sharing across DCEDIY social channels.

You can check across DCEDIY social channels for your event and please feel free to like and share our social posts.

Any queries can be directed by email to: parentingsupport@equality.gov.ie

We wish to sincerely thank you for your continued support on this initiative.

Kind regards

The Parenting Support Policy Unit

CONFERENCE / RESEARCH

→ UCFRC 11th Biennial International Conference 13-14th June 2024



Conference Theme:

Social exclusion, discrimination, poverty, migration, displacement and the accompanying trauma strongly impact on parenting and family life. In this conference, we consider the critical role family support can play in contributing to the achievement of the sustainable development goals by confronting the forces of inequality and exclusion. The conference will reflect on current debates, challenges and opportunities for promoting and supporting equality, inclusion and fairness for all families and children. Through plenary and workshop sessions focused on policy and practice, we will explore themes and issues related to promoting equality in the context of gender, sexuality, disability, poverty, migration and participation. This international, intersectoral and interdisciplinary conference will offer cutting-edge thinking, research evidence and innovative practices. It will be of interest to practitioners, service leaders, policymakers and researchers and academics.

Bookings and Registration:

Places are limited please book early to avoid disappointment. Book your place here.



→ UCD School of Sociology – Volunteering Research Survey Invitation

UCD Volunteering Survey Invitation



This is a final reminder to encourage any volunteers, over the age of 18 years, who are working with your organisation, to participate in this survey and to thank those who have already responded. The survey will close for further responses on 31/3/24.

Those wishing to participate can do so by simply completing the survey at this link https://eu.surveymonkey.com/r/HBK25GR, or by scanning the QR code below, both of which link to the explanatory information sent in my earlier mails. The survey just takes about 5 minutes to complete. For more information on the survey, click <a href="https://example.com/here-new-mails-new-



Please be assured that all responses will be treated confidentiality and all data collected will be anonymised. Neither your organisation nor individual respondents will be identifiable in the research report.

You and your volunteers are very welcome to contact me directly at this email address, if you would like any further clarification.

I would really appreciate it if you could circulate this mail to your volunteers in case anyone else would like to participate.

Yours sincerely,

Aidan Byrne

BSocSc, PhD Candidate UCD School of Sociology

FUNDING

→ 2024 Collaboration & Innovation Fund : Closing 4th April



The Collaboration and Innovation Fund supports adults to improve their literacy, numeracy and digital literacy.

Applications are now being accepted for the 2024 Collaboration and Innovation Fund. We would be grateful if you would share this email with your networks and any other contacts you think might be interested in funding projects that support adults with unmet literacy, numeracy and digital literacy needs and projects that support organisations to be literacy friendly. Organisations can apply for up to €25,000 to fund a local project, or up to €50,000 for a national project. All the details are on our website but here is a summary of what you need to know about the fund:

Aim of the fund	 The fund is for projects that support: adults to improve their literacy, numeracy and digital literacy needs, and organisations to be literacy friendly. 				
Funding available	In 2024, the total funding available is €1.25 million. There is €1 million to fund local projects in any county in Ireland and €0.25 million for national projects.				
Open and closing dates	The fund is open on 4 March. The closing date is 5 pm on Thursday 4 April 2024.				
Who can apply	There must be at least two organisations in the application. These must be from the public, not-for-profit or community and voluntary sector.				

How do I apply	You need to complete and submit an <u>online application form</u> . You will also need to email in five documents. Please read the <u>Guidelines on how to apply</u> before you start your application.
Project examples	In 2023, €1 million supported 51 innovative projects and partnerships. You can read about some of these here: www.adultliteracyforlife.ie/fund/
Further information and questions	Please contact your Regional Literacy Coordinator in one of the 16 Education and Training Boards (ETBs) – see list below and on page 17 of the <u>Guidelines</u> .

You can find more information about the fund here: www.adultliteracyforlife.ie/fund/

Kind regards,

From all the team at the

Adult Literacy for Life National Programme Office

www.adultliteracyforlife.ie



An tSeirbhis Oideachais Leanúnaigh agus Scileanna

Further Education and Training Authority

Block 1, Castleforbes House, Castleforbes Road, Dublin D01 A8N0

+ 353 (0) 1 533 2500/ www.solas.ie

→ Human Rights & Equality Grant Scheme - Closing 18 April 2024



The Irish Human Rights and Equality Commission's 2024-25 Human Rights and Equality Grant Scheme is now open and accepting applications until **3.00pm sharp, Thursday 18 April 2024**.

The purpose of the grants scheme is to support projects by civil society and trade unions that promote human rights and equality.

A total of €350,000 is available for projects.

Grants Scheme Strands

The 2024-25 Grants Scheme's themes are informed by the Commission's strategic priorities set out in its Strategy Statement 2022-24. This year the Grants Scheme will support projects under the following strands:

- Strand A: Advancing Economic Equality
- Strand B: Promoting Awareness of Rights and Access to Justice
- Strand C: Promoting Climate Justice, Environmental Justice and a Just Transition

Funding Streams

Funding is available for small and general grants:

• Small Grants up to: €6,000

• General Grants up to: €20,000

Guidance and Application Form

- Grant Scheme 2024-2025 Guidance
- Grant Scheme 2024-2025 Application Form

The Grants Scheme is open to civil society organisations and trade unions, registered in the Republic of Ireland only (it is possible to have a partner in Northern Ireland), that aim to promote human rights and equality.

Civil society organisations include: local and national community and voluntary organisations, non-governmental organisations, rights-holder-led groups, groups representing area-based communities or communities of interest protected under the nine

grounds of the Equality legislation, as well as people experiencing poverty, socio-economic discrimination or exclusion, including international protection applicants and migrant communities.

Activities Supported

Activities eligible for grant support include but are not limited to:

- Training and capacity building courses
- Education and training resources
- Participatory and qualitative research, legal and policy analysis
- Conferences, seminars, and workshops
- Creative and participatory engagement initiatives
- Campaigns and digital resources

Are You Interested in Applying? Register for a Grant Scheme Information Session to find out more!

The Grants Information Sessions will provide details about the Grants Scheme including its themes, criteria and the application process.

The Sessions will take place on the Zoom Platform.

- 11.00am-12.00pm, Wednesday 13 March 2024
- 11.00am-12.00pm, Thursday 14 March 2024
- 10am-12.00pm, Wednesday, 20 March 2024 ISL Interpretation Available

Register to attend by emailing grants@ihrec.ie with the date of the session that you would like to attend in the subject line.

When registering please let us know if you have any special requirements. This will help us in our preparations for the sessions.

ISL interpretation is provided at the Information Session on 20 March 2024.

Information for current recipients of Funding

Email address for Queries

grants@ihrec.ie

→The Disability Participation and Awareness Fund 2024

Funding announced by Rethink Ireland and the Department of Children, Equality, Disability, Integration and Youth is set to accelerate access and skills-building for people with disabilities, with a €3.5 million injection of funding for the sector to support projects.

The 2024 Disability Participation and Awareness Fund is now open for applications from change-making non-profit organisations focused on supporting people with disabilities to participate in community life. This includes social, cultural, arts and sports participation, as well as promoting disability awareness and training at a local level, and supporting pathways for young people transitioning through education.

The goal of the Disability Participation and Awareness Fund 2024 is to support innovative projects or organisations across Ireland to:

- 1. Enhance community, social, cultural and physical participation of people with disabilities in all aspects of community life,
- 2. Promote disability awareness and training for people with disabilities at the local level, and
- Promote innovation in supports and pathways for teenagers transitioning from secondary school through the use of innovative and meaningful services, products or programmes.

The Fund offers a package of cash grants and non-financial supports to the value of €200,000* for up to 10 projects, to help them expand and increase their social impact.

You can apply to The Disability Participation and Awareness Fund 2024 via the online <u>portal</u> from 26th February to 5th April 2024. <u>Click HERE to apply.</u>

If you would like to access an Easy Read version of these Fund Guidelines, please click HERE.

Please join us for our application clinics to find out more and answer any questions that you have. The application clinics will be held on:

Tuesday, 12th March at 1 pm: REGISTER HERE
Thursday, 20th March at 1 pm: REGISTER HERE
Thursday, 20th March at 1 pm: REGISTER HERE
Thursday, 12th Mar

Thursday, 20th March at 1 pm: <u>REGISTER HERE</u>

Deadline for applications: Friday, April 05th at 1:00 pm