



Wexford CYPSC Newsletter

March 15th 2024

For information on services and supports for children, young people and families see [Wexford CYPSC](#)

For information on parenting supports and programmes, see [Wexford Parents Hub](#) or access on [Facebook](#)



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WEBINARS & TRAINING

→ Lone Parents Digital Activation : Piloting a tailored and holistic approach to employment and social integration

The Department of Social Protection and One Family invite you to Register for this webinar event:

Wednesday 20th March 2024, 10:00am to 12:00pm

This **online webinar** will discuss and review the EU EaSI Lone Parent Digital Activation Project, delivered by the Department of Social Protection and One Family for lone parents living in the North East. We will discuss lessons learned, what worked and what did not, and how they may benefit lone parents.

To view the Agenda and Register, please click here [Webinar Registration Page](#) and enter your email address

We would kindly request that you confirm your interest before Friday 15 March 2024. Please share with colleagues who may like to attend.

This project was co-funded by the European Programme for Employment and Social Innovation (EaSI) and the Department of Social Protection (DSP)



An Roinn Coimíre Sóisialaí
Department of Social Protection



This project is co-funded by
the European Union

→ NALA: Free introduction to literacy webinars for the community and voluntary sector



The National Adult Literacy Agency (NALA) is organising free webinars for the **community and voluntary sector**. These each provide a 1-hour introduction to literacy, numeracy and digital literacy in Ireland.

There are two dates to choose from:

[Introduction to literacy 21 March, 10am – 11am](#) – Register now

[Introduction to literacy 25 April, 10am – 11am](#) – Register now

Literacy in Ireland

In Ireland, over 500,000 adults struggle with reading and understanding information and using everyday maths*. This means they may find it difficult to:

- fill in a form;
- divide or add up a bill; or
- help kids with homework.

Community and voluntary organisations provide essential support and services to communities across Ireland. You are in a unique position to champion literacy and be a support to those who are nervous or embarrassed to ask for help.

About the webinar

The webinar will help you better understand the issues, hear from colleagues about being literacy friendly, and get tips you can bring back to your organisation.

We will look at:

- What is literacy;
- the impact of struggling with reading, writing, everyday numbers or digital tasks;
- Using a literacy friendly approach;
- Your experience of responding to adults with literacy, numeracy and digital needs;
- Tips for how to support people sensitively; and
- Using plain English.

You will also hear from a Literacy Ambassador about their experience returning to education. [Find more information on the NALA website](#)

→ Irish Hospice Foundation to host online Open Evening on Professional Certificate in Children and Loss (Level 9)



Royal College of Surgeons in Ireland (RCSI) in association with Irish Hospice Foundation (IHF) offer a **Professional Certificate in Children and Loss**.

It is a **two-module postgraduate course, accredited at Level 9**. It is designed to equip practitioners including social workers, counsellors, psychotherapists, and teachers or others working with children, with the skills to understand bereavement and loss and its impact on children and young people and to support them on their grief journey.

IHF will host an **Open Evening** online on **Wednesday 17 April 2024, 7 – 8pm** aimed at prospective students for the PCCL course commencing **5 September 2024**.

IHF invite and welcome professionals who have an interest in further studies in the areas of Children's Loss and Grief to attend.

At the Open Evening, you will have the opportunity to:

- Meet the Course Co-ordinator and support staff
- Meet a former course student
- Receive information about the programme outline, assignments and timetable.
- Ask questions

To register for the Open Evening:

See: [Open Evening: Professional Certificate in Children and Loss \(Level 9\) Tickets, Wed 17 Apr 2024 at 19:00 | Eventbrite](#)

For further information:

See:

<https://hospicefoundation.ie/our-supports-services/education-training/bereavement-post-graduate-courses/prof-cert-children-loss/>

Or contact:

Iris Murray, Education Administrator, Irish Hospice Foundation.

iris.murray@hospicefoundation.ie

[01 679 3188](tel:016793188)

→ **Connecting with Men : A one day training course for health professionals and community workers who work with men**



Connecting with Men

Date: Wednesday 10th April 2024

Time: 9.15am – 4.30pm

Venue: Kilcannon Garden Centre, Old Dublin Road, Kilcannon, Enniscorthy, Co. Wexford

Aim of the Workshop

The aim of this workshop is to assist a broad range of practitioners and service providers to explore the world of males, and to develop practical strategies for effectively engaging with them around health and wellbeing issues. It focuses on the engagement process (i.e. **WHY** and **HOW** to build relationships with men) rather than offering a new or revised health programme (i.e. **WHAT** to offer them).

Objectives of Workshop

The key objectives for this workshop are to:

- Reflect upon how to create a 'safe space' for working with men.
- Gain a common understanding of what men's health is and why it is important.
- Explore how gender influences the values and attitudes that men develop in relation to their health, and how this influences their health behaviours.
- Identify some of the determinants that shape health outcomes for men.
- Reflect on participants' own value base, experience, skills, attitudes towards and expectations of men.
- Explore what a 'male friendly' health programme or service looks like in practice.
- Signpost participants to further sources of help, advice, guidance and support.

Who Should Attend?

This workshop will be of interest to a broad range of service providers and practitioners who wish to connect in more meaningful ways with men.

Cost

The 'Connecting with Men' workshop is free for all participants.

To Apply

To apply for a place on this workshop, please follow the link below:

➤ <https://bookwhen.com/southeasttraining/e/ev-sp2c-20240410091500>

Further Information

For further information contact Ann Bates (ann.bates@hse.ie) / Colm O'Connor (colm.oconnor@hse.ie)

To download this leaflet, click [here](#).



**Men's
Development
Network**
Better Lives for Men, Better Lives for All



FORUM
men's health
in Ireland

→ **Gorey Youth Needs Group : Information Session on Apprenticeships**



**ARE YOU
INTERESTED
IN AN**

APPRENTICESHIP

**Come along to our information
session with Speaker
John O'Leary from WWETB**

Thursday 28th March at 11am

In GYNG located at Y25T8P8.

Phone: 085-8612670



wwetb
Boord Oideachais agus Oiliúna
Phoirt Láirge agus Loch Garman
Waterford and Wexford
Education and Training Board

→ “Healthy Food Made Easy” Tutor Training



April 9th & 16th or May 8th & 9th from 9.15am -4.30pm Kilkenny City (Venue TBC)

Health & Wellbeing Division are seeking Tutors to deliver “Healthy Food Made Easy (HFME)” courses in the South East (CHO5).

HFME is a six week nutrition education and cooking programme which provides practical information on healthy eating and improves cooking skills by showing participants ways to provide healthy, nutritious, low cost meals and snacks.

The Tutor Training is 2 days in Kilkenny which aims to provide an overview of the HFME Programme and includes facilitation skills and practical information on the delivery of the programme. A HFME resource pack will be provided to all participants on completion of the training.

Further information is available [here](#).

Applications : To apply complete application form [here](#) and return to southeastHFME@hse.ie

Closing date for applications: 20th March 2024

Lisa Nangle

Health Promotion & Improvement Officer, Gorey Primary Care Centre, Block B The Palms Centre, The Avenue, Gorey, Co. Wexford. Y25 C7 Y3

053 9489149 / 087 1880032 lisa.nangle@hse.ie  <https://www.hse.ie/healthandwellbeing/>

Get the help you need to QUIT for free!

You Can QUIT and we Can Help. Visit www.quit.ie, call 1800 201 203, or join www.facebook.com/HSEquit



CONSULTATIONS

→ Survey Launch : 'Who Runs the World? YOUTh'

The “Who Runs the World?” survey will be officially launched on ISSU social media tomorrow morning **Wednesday March 13th at 8am**.

We would be very appreciative if you could share this survey online and with your networks to reach young people and **over 18 year olds**.

Please see the link to the survey here: www.surveymonkey.com/r/NBRGQJ2

Please also find our social media assets and posters at this link: www.issu.ie/survey

The ISSU ‘Who Runs the World? YOUTh’ survey and subsequent report, ‘Irish Society: The Power of Youth’ aims to map and capture civic participation and knowledge students in Ireland possess. The ISSU wants to use this data to produce resources on voter registration, public participation and sustainability in accessible language, which will all be made publicly available. This survey will better inform the training the ISSU provides and support advocacy for the improvement of Civic Education and new methods of engaging students politically. Information gathered through this survey has the potential for far reaching consequences in how engaging with young people politically is perceived and challenging stereotypes for young people being disengaged with society as a whole.

If you have any questions or there is anything I can help with please let me know.

Thank you for your time, we look forward to engaging with you in the future.

Le gach dea-ghuí,

Leo Galvin



Leo Galvin

ISSU Communications Officer / Oifigeach Cumarsáide ADIÉ
(He/Him - Sé/É)

(+353) 1 443 4461

communications@issu.ie

Click on these images below for our website and linktree:



→ Public Consultation on Green Paper on Disability Reform extended to July



The deadline for the public consultation on the Green Paper on Disability Reform is being extended to **31st July 2024** in response to requests from individuals, Disabled Person's Organisations and disability groups to have further time to make their submissions.

The Green Paper, published in September 2023, is a discussion/consultation document on how best to support people with disabilities into the future.

Its purpose is to start a structured conversation on the future of long-term disability payments.

In extending the deadline for submissions, Minister Humphreys said:

"I know from engaging with the disability sector that they want more time to engage in this important consultation process. This extension will allow that and I encourage all interested parties to make submissions and express their views."

For more information visit [Gov.ie/DisabilityPaymentsReform](https://gov.ie/DisabilityPaymentsReform).

This has been updated on:

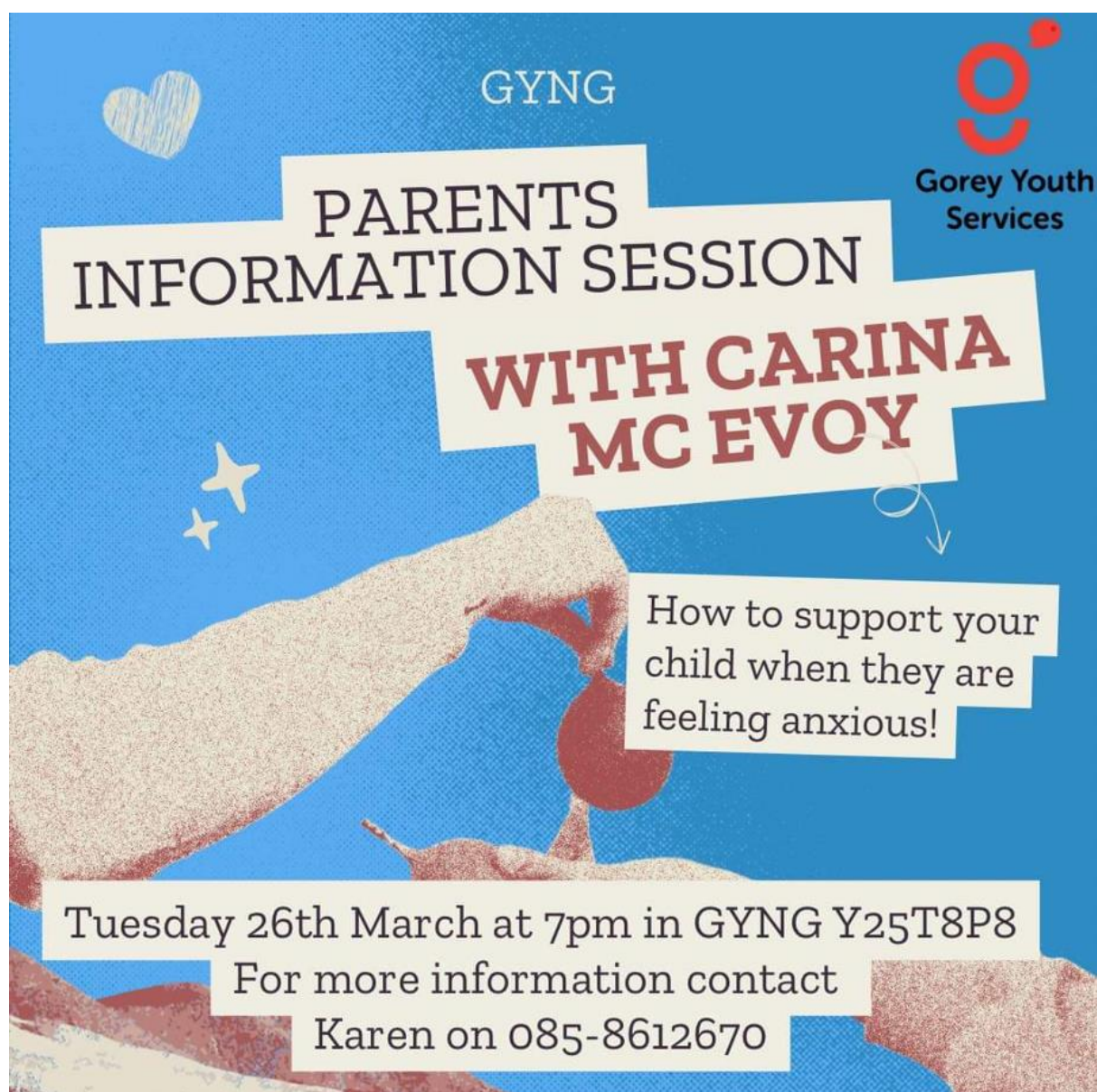
[gov](https://gov.ie) - [Public Consultation on Green Paper on Disability Reform extended to July](https://gov.ie)
(www.gov.ie)

Best regards,

Disability and Carers' Policy Unit

Department of Social Protection

PARENTING



GYNG

Gorey Youth Services

**PARENTS
INFORMATION SESSION**

**WITH CARINA
MC EVOY**

How to support your
child when they are
feeling anxious!

Tuesday 26th March at 7pm in GYNG Y25T8P8
For more information contact
Karen on 085-8612670

For information on Parenting Programme / Supports see [Wexford Parents Hub](#).

SUPPORT SERVICES

→ Tusla Wexford Aftercare Drop In Service

Who can avail of Aftercare Drop-In

Tusla Child and Family Agency's aftercare services will offer an aftercare drop-in service to all young adults who are eligible for an aftercare service in each area.

It provides support and guidance to those not eligible for an allocated aftercare worker.

Any person with a care history may avail of the aftercare drop-in service for advice or guidance.

Carers and other support services engaging with young adults/adults who have experience of care.

The service has no age limitations and those with a care history can avail of this service at any age.



Follow up contact will be arranged through this email

Waterford:

Aftercare Drop-In

Every Wednesday

2 - 4pm Community Services

Cork Road, Community Care Waterford

Email: AftercareDropInWaterford@tusla.ie

Wexford:

Aftercare Drop-In

First Tuesday of every month

11am - 1pm

Westlands Community Centre, Westlands, Y35 TKW1

Email: AftercareDropInWexford@tusla.ie



Trust



Respect



Kindness



Empowerment

TUSLA

An Ghníomhaireacht um
Leanaí agus an Teaghlach
Child and Family Agency

AFTERCARE DROP-IN Waterford / Wexford



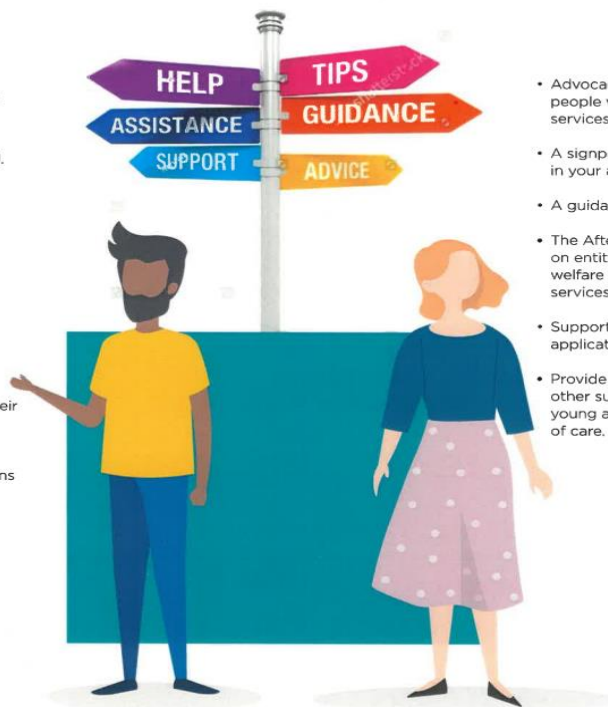
What is the Aftercare Drop-In Service

The Waterford/Wexford aftercare service operates a Drop-in clinic in both Waterford and Wexford.

You do not need an appointment to attend.

The purpose of the Aftercare Drop-in service includes:

- A point of contact for young people and young adults who have been in the care of Tusla.
- A service that will allow those who have disengaged in aftercare services to re-engage.
- Provide an opportunity for a young persons between 18-21 years to review their aftercare plan.
- The Aftercare Worker can provide supporting documentation for applications for training allowances, grants, housing, social welfare.



- Advocacy - provide support for young people who require a referral to other services.
- A signposting pathway to other services in your area.
- A guidance and support service.
- The Aftercare Worker can provide advice on entitlements such as housing, social welfare benefits, or link you with other services that could also help and advise.
- Support to complete forms such as grant applications, job applications.
- Provide advice or guidance to carers and other support services engaging with young adults/adults who have experience of care.

To access the leaflet above, click [here](#).

Wexford Aftercare Drop in Services: First Tuesday of every month 11:00am -1:00pm

Venue: Westlands Community Centre, Westlands, Y35 TKW1

Dedicated Drop-in Email: AftercareDropInWexford@tusla.ie

→ Cocaine Addiction Support : New Website Cocainesupport.ie



Located in the Southeast of Ireland, the South East Cocaine Addiction Support Service is dedicated to providing comprehensive resources, support, and help for individuals and families affected by cocaine and crack addiction.

The hallmark of this pioneering service lies in its capacity to extend comprehensive and secure assistance to individuals across the Southeast region, including Carlow, Kilkenny, South Tipperary, Wexford, and Waterford. SECAS prioritises a Health Led and Harm Reduction approach, addressing not only the challenges posed by cocaine use but also the broader impact of substance misuse on both the client and their family members.

One of the distinguishing features of SECAS is its accessibility and confidentiality. Individuals seeking support can conveniently schedule appointments online through this site at their convenience, engaging in one-on-one sessions through a completely secure video link. The service is offered free of charge and ensures utmost confidentiality.

Moreover, SECAS offers a versatile referral system, allowing self-referral by individuals seeking help. Additionally, referrals can be initiated through HSE substance misuse and allied services, general practitioners, and community based addiction support services, facilitating a multi-faceted approach to outreach.

To find out more about this service or to book an appointment, click [here](https://www.cocainesupport.ie)



An Roinn Sláinte
Department of Health



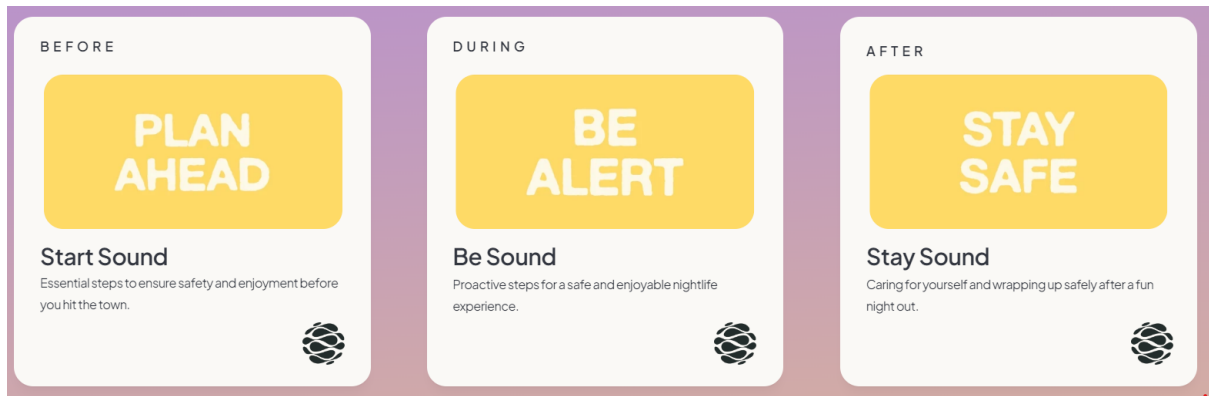
Féidhmeannacht na Seirbhíse Sláinte
Health Service Executive



"Seeking help. Seeking change"



→ “Sound Out” Campaign and Website



Sound Out is a campaign to promote safer behaviours for young people on nights out. The campaign is being run through Wexford Community Based Drugs Initiative (CBDI). This is an FDYS project funded by the HSE. It was established in 1999 and has since been supporting individuals, families and those in the local community who are either directly or indirectly affected by substance misuse.

A range of community-based support services are provided including Education, Prevention & Harm Reduction Interventions which can be offered throughout an individual's continuum of care. The team are county-wide and offer a free, confidential and non-judgemental service.

Working hours are Monday to Friday 9am-5pm, email your contact information to cbdi@fdys.ie if you would like to get in touch.

The Sound Out website can be accessed [here](#).

