



## Wexford CYPSC Newsletter

January 26th 2024

For information on services and supports for children, young people and families see [Wexford CYPSC](#)

For information on parenting supports and programmes, see [Wexford Parents Hub](#) or access on [Facebook](#)



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## WEBINARS & TRAINING

→ One day workshop for professionals and key contacts that are supporting people bereaved through suicide.

Dear Colleagues,

I am emailing you regarding delivery of the *'One day workshop for professionals and key contacts that are supporting people bereaved through suicide.'* The HSE Regional Suicide Resource Office will provide this training on **Thursday, February 8<sup>th</sup> from 9.30 am to 4.30 pm** in the O'Brien Room, Waterford Residential Care Centre, John's Hill, Waterford.

Bookings can be made via the link below and click [here](#) for an information leaflet with further details.

**Bookings :** <https://bookwhen.com/sro/e/ev-swbi-20240208093000>

Please give us a call in the office if you have any queries.

Warm regards,

Tracy Nugent

HSE Service Manager/Resource Officer for Suicide Prevention

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[www.connectingforlifesoutheast.ie](http://www.connectingforlifesoutheast.ie)

To book a place on any of our suicide, self-harm or bereavement training programmes please visit [www.bookwhen.com/sro](http://www.bookwhen.com/sro)



## →Recovery College South East – Timetable Spring 2024



We are delighted to let you know about our upcoming Spring **interactive workshops**. This year, we are able to offer integrated/hybrid workshops which means you have the option of attending **some** of the workshops in person or joining online from home. **Each workshop on the timetable specifies whether it is in-house or online, or both. Please tick the appropriate box on the enrolment form to reflect your choice.**

In this regard, click [here](#) for our timetable for January to April 2024 together with an enrolment form and a brief description of the workshops for your information.

If you are interested in taking part in any of these sessions, please complete the enrolment form and return it to us by email or contact us by phone to enrol. Our contact details are as follows:-

**Email:** [enrolrecoverycollegesoutheast@gmail.com](mailto:enrolrecoverycollegesoutheast@gmail.com)

**Phone:** [086 1746330](tel:0861746330)

The courses/workshops in the Recovery College are for everyone, as mental health is everyone's business. We are all directly or indirectly affected by it and particularly in these challenging times.

## → Irish Hospice Foundation : Introductory Workshops January – June 2024



The Irish Hospice Foundation (IHF) are hosting a series of introductory workshops which will **be delivered online from January to June 2024** on a range of topics covering loss and bereavement.

The workshops are targeted at professionals and volunteers who may wish to learn more about loss and bereavement and for those working with people who have experienced a major loss.

See below for the list of workshops organised with more topics to be added in the coming months also.

- Overview of Loss and Bereavement
- Bereavement in the School Community
- Understanding Grief and Supporting Bereaved Adults
- Children and Loss
- Loss and Grief When Caring for Children with Life Limiting Illnesses
- Supporting Adolescents Through Grief and Loss
- Loss and Grief in Later Life
- Addiction and Loss
- Homicide and the Impact on the Family
- Working with Adults Facing Death
- Handling Difficult Calls or Interactions – An Introductory Workshop for First-line or Front-desk Staff
- Prolonged/Complicated Grief
- Dementia and Loss
- Grief in the Workplace: A Manager's Guide
- Supporting Adults with Intellectual Disabilities through Bereavement and loss
- The Experience of Grief in Maternity Care Services
- Grieving as a Family Carer
- Mindfulness, Self Compassion and the Journey of Grief
- Grief and the Digital Age
- Pet Bereavement

**Booking** :To book, please go to [hospicefoundation.ie/bereavement\\_workshops](https://hospicefoundation.ie/bereavement_workshops)  
For further details please contact [iris.murray@hospicefoundation.ie](mailto:iris.murray@hospicefoundation.ie) or call [01 679 3188](tel:016793188)

## → **NVR : Non Violent Resistance Training**

**NVR (Non-Violent Resistance) Training** for Professionals whose work involves supporting parents and families.

Participants are supported to understand and respond to child to parent violence and abuse, an increasing challenge for many parents, carers and professionals engaged in family work. The training will provide participants with the framework and skills to apply NVR in practice building on their existing professional experience .

Two day Training delivered by NVR practitioner and trainer Marian Dowd who has over 30 years' experience supporting children, young people and families and has been involved with NVR since 2016. Can be delivered to single agency or multi agency groups

Enquiries welcome to [mariandowd176@gmail.com](mailto:mariandowd176@gmail.com) or [083 3344451](tel:0833344451)

## → Facilitation Skills Training



**Monday, 19<sup>th</sup> February 2024 & Tuesday, 20<sup>th</sup> February 2024.**

To provide a practical skills-based training for people who have some experience of group work and would like to develop their skills in this area.

**By the end of the training participants will have:**

- Gained more confidence and experience in the facilitation of group sessions.
- A better understanding of how groups work.
- Co-facilitated a short workshop on a health topic.
- An understanding of how to give and receive constructive feedback.

**Methodology:** Participatory & Experiential. All materials will be provided.

**When:** Monday 19th February 2024 & Tuesday 20th February 2024 (Attendance at both days is required)

**Time:** 9.15am - 4.30pm

**Location:** Kilcannon Garden Centre, Old Dublin Road, Enniscorthy, Co. Wexford.

Please note: Lunch is provided.

**How to apply :** Please follow the link below , choose February 19<sup>th</sup>, Introduction to Facilitation Skills and complete booking process. Please approve with your line manager before booking.

[HSE Health Promotion & Improvement South East Community Healthcare - Booking by Bookwhen](#)

## YOUNG IRELAND ADVISORY COUNCIL OPPORTUNITY

### → Expressions of Interest for Members of Young Ireland Advisory Council



An Roinn Leanaí, Comhionannais,  
Míchumais, Lánpháirtíochta agus Óige  
Department of Children, Equality,  
Disability, Integration and Youth

The Minister for Children, Equality, Disability, Integration and Youth, Roderic O’Gorman, is inviting expressions of interest to form a new Young Ireland Advisory Council. The new Advisory Council will provide independent advice on policy related to children and young people.

The Advisory Council will bring together key stakeholders and sectoral experts, and young people on issues affecting children and young people up to the end of 2028, in line with the lifetime of [Young Ireland: the National Policy Framework for Children and Young People 2023-2028](#).

Please see [gov.ie/youngireland](https://gov.ie/youngireland) click [here](#) for details on how to register your interest in becoming a member of this Council.

A maximum of ten members with expertise in children and young people’s services and policy will be selected, and the Department is particularly interested in hearing from those in the areas of child poverty and well-being; children and young people’s mental health and wellbeing; and children’s disability services.

Minister O’Gorman commented: “This is an exciting opportunity for Government to work closely with those who have specific, specialist expertise and I am keen to make sure we hear from different people, from different perspectives and different backgrounds. Expertise can come from working in service provision, professional practice, advocacy, academia, research, in personal or family experience, so I would encourage anyone who has substantial experience of the issues facing children and young people and feels they can make a positive contribution to this Advisory Council to register their interest.”

The Advisory Council will also contribute to the oversight of the implementation of Young Ireland and will be an important element of the overall governance structures. In this context, expressions of interest from those with expertise in the priority areas set out in the policy framework are welcome. These areas are: play and recreation; inclusion in education; education reform; access to further and higher education; foster care, care and aftercare; child protection; children and young people as victims and witnesses of crime; access to housing; the digital environment; and participation in democracy.

**Expressions of interest will be accepted until close of business on 14<sup>th</sup> February 2024**



## SEMINARS & EVENTS

### → Change Event: Mná La Cheile “Unveiling the Elephant in the Room”



As a collective, those with Lived Experience, SERDATF, Tinteán Housing, Better Together, De Paul, Cornmarket Project and SETU are inviting you to join us at a **Change Event** where we will engage in reflection and action to seek to bring about transformative change to service design and delivery in the South East, and build a movement for change throughout Ireland.

At the event we will hear from, and engage with the lived experiences of women in homelessness, substance use and/mental health distress. From this we aim to create more gender-sensitive responses to service design, delivery and practice for women with lived experience in the South East, and nationally.

This change event emerges from a co-production symposium held in Kilkenny on September 5<sup>th</sup> 2023, which involved over 70 women and numerous services from the South East. A number of barriers and challenges to accessing services were identified there by participants

This follow-on two-day reflection -and- action event aims to be a change movement, involving intentional participation and learning from women’s lived experiences. You will get the opportunity to be **part of the change** that is so needed, in creating gender sensitive policy, practice and service responses for women in homelessness, mental health and substance use in the South East and for the whole of Ireland.

#### **Who is this for:**

Those with lived experience, learned experience, policy makers, service providers, carers, family members. All who care about women in Ireland.

**Date :** March 6<sup>th</sup> and 7<sup>th</sup> 2024

**Venue :** SETU Arena Waterford City

**Booking :** Book your space on Activelink [here](#) at no cost:

## TENDERS

### → Invitation to Tender : Development of Wexford Children & Young People's Plan 2024-2026



Wexford Children and Young People's Services Committee (Wexford CYPSC) invites tender submissions from suitably qualified candidates to develop a 3-year Children and Young People's Plan (2024 – 2026) for the county.

This advertisement is currently available to view on **Activelink** [here](#). Closing date for receipt of submissions is **Friday February 16<sup>th</sup> 2024 at 5pm.**

Please **share this link** with colleagues / consultants who may be interested in applying.