

Wexford CYPSC News and Resources Update

November 26th 2021

For information on services and supports for children, young people and families see
www.wexfordcypsc.ie.

For information on supports for parents, see **Wexford Parents Hub** at
www.wexfordcypsc.ie/wexford-parents-hub and on Facebook at
www.facebook.com/wexfordparentshub/.

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WEBINARS & TRAINING

○ Barnardos Training Event - Webinar - Designated Liaison Person Training



This webinar takes place over 2 sessions from 10am-1pm on 25th and 26th January. The aim of this 2 part webinar is to equip participants with the knowledge and skills that are necessary to carry out the role of Designated Liaison Person (DLP) effectively and with competence. This training is suitable for newly appointed and established DLPs who have completed one day Children First Child Protection Training in the past 3 years. A strong working knowledge of Children First 2017 is required

Date 25th & 26th January 2022, Time 10:00-13:00, Cost is €90

Book the event [here](#)

○ **Power of Intervention Workshop** :A free one-hour online workshop presented by Archways as part of the “What Works” Learning Together initiative.



This one-hour Workshop will discuss the results of The Changing Lives ADHD project and how the application of an evidence based early intervention approach can greatly improve outcomes for families. The workshops will also highlight the success achieved through partnership working and provide a platform for discussion and exploration of an early intervention approach.

Workshops will take place (same workshop both days):

- Friday 3rd December, 10:00am – 11:00am
- Monday 6th December, 2:00pm – 3:00pm

For more information and to register, please click the following link -

<https://www.eventbrite.ie/e/the-power-of-early-intervention-the-changing-lives-adhd-project-case-study-tickets-215758899677>

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Find us on [Facebook](#), [Twitter](#) & [Linkedin](#)



The Power of Early Intervention: The Changing Lives Initiative ADHD Project as Case Study



A free one-hour online workshop presented by Archways as part of the What Works Learning Together initiative.

Archways along with partners in Northern Ireland, the Republic of Ireland and Scotland earlier this year concluded a three-year cross border inter-connected demonstration project and evaluation of a new early intervention programme for ADHD (The EU funded Changing Lives Initiative). We've recently been awarded funding under the 'What Works' programme to disseminate the learning from this project and the three project evaluations. As part of this we are inviting you to come along to one of two online Workshops being held in December.

The one-hour Workshops will discuss the results of the project and how the application of an evidence based early intervention approach can greatly improve outcomes for families. The workshops will also highlight the success achieved through partnership working and provide a platform for discussion and exploration of an early intervention approach.

The workshops will be of interest to:

- Those working in the area of Prevention and Early Intervention
- Those working with children and families that may be impacted by ADHD
- Service Commissioners and Policy Makers
- Organisations interested in developing cross border / EU funded initiatives

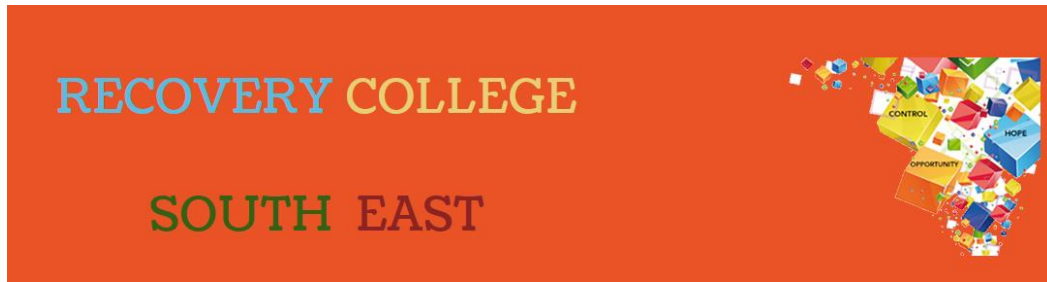
The agenda will include: An Overview of the Project and the issue it sought to address; What the intervention entailed; Result of the Intervention (Outcomes Evaluation); Families' feedback on the Intervention; Learnings from the project (Results of the Process Evaluation); Discussion and Questions

Dates and Times for Workshops (same Workshop both days)
Friday 3 rd December, 10:00am – 11:00am
Monday 6 th December, 2:00pm – 3:00pm

To register for the event, please click the following link - <https://www.eventbrite.ie/e/the-power-of-early-intervention-the-changing-lives-adhd-project-case-study-tickets-215758899677>

This is an on-line workshop delivered over Zoom. Registered participants will receive the Zoom link in advance of the Workshop

○ Recovery College South East: Recovery Principles and Practice Workshop



We wish to advise that we will be running an online Recovery Principles and Practice workshop on Tuesday 7th December via Zoom from 10am to 1.30pm. Recovery Principles and Practice aims to bring an increased awareness of the benefits of a recovery approach in practice. The training is built on incorporating the unique expertise that core stakeholders, service users, family members and service providers bring to the recovery process.

If you are interested in taking part in this workshop, please email recoverycollegesoutheast@gmail.com to enrol or phone us on 086 1746330. All our workshops are free of charge.

o South East Wellbeing & Recovery Autumn / Winter 2021 Schedule

Note : This document with links is available to download at :
<http://www.wexfordcypsc.ie/resources>



South East Wellbeing & Recovery Autumn/ Winter 2021



Hello and welcome. Below is a brief update on some of the initiatives and developments in the area of mental health, wellbeing and recovery which are being supported by Mental health Ireland through the Development Officer, Mental Health Associations and Community & Statutory groups.

Gina Delaney, Development Officer, Mental Health Ireland






What's Been Happening?

There were lots of events promoting mental health across the South East most specifically in October around World Mental Health Day on 10th October.

- MHAs and Community groups had dedicated events across the South East
- The MHI National Webinar/Workshop on Human Rights took place 5th October
- 'The Man I am' Webinar focussed on men's mental health on 12th October
- Presentation to students completing the DCU Family Peer Support Programme
- Coproduction Workshop at the Slovakian Mental Health Policy Conference
- Development of dedicated Mindfulness webpage for Mental Health Ireland

What's Ongoing?

Mental Health Ireland link with many groups in the South East working to promote mental health and wellbeing and recovery through partnerships & coproduction.

- MHI Mental Health Associations, Involvement Centres, Recovery Education in the Recovery College, Link Up Groups and Mental Health Forums in the South East
- Kilkenny Community Café Development led by LifeLink group
- Community Workers Peer Support Network meetings run monthly
- The development of a Mental Health Hub in Enniscorthy -Service Reform Fund
- Regional Steering Group for Face in the Crowd theatre production

What's Coming Up?

There are many events and initiatives coming up but this is only a flavour so keep an eye out on Facebook for more events and information.

- Sailing into Wellness initiative is open to anyone interested in improving their wellbeing through learning new skills in nature
- Woodlands for Health Carlow walking programme begins 26th November
- MHI Strategy launch and Creativity for Wellbeing Workbook launch at the annual Conference 27th November
- Deliver Mental Health and Wellbeing Workshop with Waterford Libraries 18th Nov
- The Kevin Plunket award for mental health nurses closing date for applications is Wednesday, December 15th
- A Courageous Conversation Café 23rd November for intercultural wellbeing
- One Million Stars initiative celebration event 26th November via zoom
- Mind Out Mayo post primary school programme Webinar on 18th November

And so much more! Please check out the South East Wellbeing & Recovery Facebook page among others for more information and see look up some of the suggested groups, events and supporting information links

Find out more: www.mentalhealthireland.ie

Email gina@mentalhealthireland.ie Phone 0878353925

Facebook: <https://www.facebook.com/South-East-Wellbeing-Recovery-102059721548657>



**Mental Health
Ireland**

**South East Wellbeing & Recovery
Autumn/ Winter 2021**



Mental Health and Wellbeing
Thursday 18th November at Quin
Online - All Welcome!
With Gina Delaney, Mental Health Ireland



FIND OUT MORE!

MHI Mental Health Associations

Carlow Mental Health Association www.carlowmentalhealth.ie

Kilkenny Mental Health Association www.facebook.com/kilkennyymh

Wexford www.wexfordmentalhealthassociation.ie

Link Up Community and Statutory Groups

South Tipperary Action Network

www.business.facebook.com/SouthTipperaryActionNetwork

LifeLink Kilkenny www.facebook.com/Lifelinkkilkenny

Recovery Education and Peer Led Centres

Recovery College South East www.recoverycollegesoutheast.com

Involvement Centres Carlow Kilkenny or South Tipperary are on Facebook

Supporting Information Links

[World Mental Health Day 2021 - Mental Health Ireland](#)

[Certificate in Peer Support Working in Mental Health DCU - Mental Health Ireland](#)

[Home - Sailing into Wellbeing](#)

[Mindfulness & Meditation - Mental Health Ireland](#)

[Lifelink - Raising Hope within the Community - Community Radio Kilkenny City \(crkc.ie\)](#)

[Get Ireland Walking - 360 view of Barnaslingan Woodland for Health](#)

[Home - One Million Stars Ireland](#)

[Events - Waterford City & County Library Service \(waterfordlibraries.ie\)](#)

[Excellence Award to Recognise Work of Mental Health Nurses Launched on World Mental Health Day - Mental Health Ireland](#)

Other Useful Information

If you or someone you know needs additional support a good place to start is a phone call or visit to your family GP. There is a wealth of information available on www.yourmentalhealth.ie or by contacting the 'Your Mental Health' information line on 1800 111 888. Linking in with local supports in your community can be a great way to meet with others in a similar position (peer support)- you might like to try looking up one of these groups to find out more. If you need emotional support Samaritans are available on 116123 or you can text 'hello' to 50808, and in an emergency, dial 999 or 112

Find out more: www.mentalhealthireland.ie

Email gina@mentalhealthireland.ie Phone 0878353925

Facebook: <https://www.facebook.com/South-East-Wellbeing-Recovery-102059721548657>

CAMPAIGNS

o JAM Card Campaign on Monday November 15th



The Disability Policy Unit, DCEDIY, on behalf of the National Transport Authority (NTA), has asked us to circulate the below information regarding the JAM Card Campaign.

The NTA is also to establish a Transport User Advisory Group, which will provide advice and recommendations to the Authority from the perspective of both transport users as well as those engaged in active travel. The Group is to be made up of regular users of public transport who interact with the various modes including train, tram, bus and taxi services as well as those engaged in active travel including cyclists and pedestrians.

For more information on the recruitment process, visit:
<https://www.nationaltransport.ie/transport-user-advisory-group/>

More Information on the JAM Card;

Transport for Ireland along with Bus Éireann, Dublin Bus, Go-Ahead Ireland, Iarnród Éireann, TFI Local Link and Luas are continuing our journey to become JAM Card friendly. The Jam Card will assist customers using the public transport system and make their experience as stress-free as possible.

What is JAM Card and who is it for?

JAM Card allows people with a communication barrier tell others they need 'Just A Minute' discreetly and easily.

The JAM Card© was created by NOW Group, a social enterprise that supports people with learning difficulties and autism into jobs with a future and their service users told them that they would like a way to relay to people that they need a little extra time or patience.

Find out more about NOW Group at www.nowgroup.org and JAM Card© at www.jamcard.org.



There are 3 message options to choose from:

- 1) **Please be patient, I have autism**
- 2) **Please be patient, I have a learning disability/difficulty**
- 3) **Please be patient, I have a condition**

For those with a **learning difficulty, autism or any condition** where there can be a communication barrier, the JAM Card allows users to relay to others that they may need a little extra time in a simple, effective non-verbal manner. The JAM Card is useful when on public transport, in a retail or any other customer facing environment.

Where can I get one?

There are several different methods to get a JAM Card. JAM Cards are available for collection from the following transport hubs:

Irish Rail Stations:

1. Connolly Station, Dublin
2. Pearse Station, Dublin
3. Heuston Station, Dublin
4. Kent Station, Cork
5. Ceannt Station, Galway
6. Colbert Station, Limerick
7. Plunkett Station, Waterford
8. MacDiarmada Station, Sligo

Dublin Bus:

Dublin Bus Head Office, O'Connell St

Local Link Offices

[You can also request one directly from NOW Group by visiting the JAM Card website and filling out the request form.](#) Or if you would prefer there is a JAM Card App available for Android and iOS. The App allows you to choose your message option and find other JAM friendly businesses.

○ 16 Days of Action 2021 – Support the Women’s Aid Campaign



The 16 Days of Action Campaign is an important opportunity to raise awareness and call for changes at an international, national and local level to end violence against women and girls. The campaign runs from **25th November (UN Day For the Elimination of Violence against Women) to 10th December 2021**

2021 marks the 30th anniversary of the Global 16 Days Campaign. Inspired by the original vision and history of the Campaign, which focused on raising awareness about violence against women (VAW), Women’s Aid will organise a series of webinar, produce information resources and carry out public awareness campaigns on intimate relationship abuse among young people (aged 18-25), domestic violence during pregnancy and Femicide.

Women’s Aid 16 Days of Action Campaign

1. Online Events

Webinar 1: Women’s Aid UN Day Opposing Violence against Women Webinar – “Too Into You”: Attitudes to and Understanding of Intimate Relationship Abuse Amongst Young People. 11am, 25th November 2021

At our event to launch the International 16 Days campaign, we will share new Women’s Aid research on bystander intervention in intimate relationship abuse amongst young people (aged 18-25) in Ireland. This seminar will also examine young people’s attitudes to and understanding of intervening in intimate relationship abuse amongst their peers, and launch a new Too Into You public awareness campaign.

Speakers include: Helen McEntee, T.D., Minister for Justice, Sarah Benson, Chief Executive, Women’s Aid, **Jackson Katz**, Co-Founder, Mentors in Violence Prevention (MVP), **Ngozi Fulani**, CEO, Sistah Space, **Juliana Shiel**, Survivor of intimate relationship abuse and Too Into You advocate and **Suzanne Jacob OBE**, Chief Executive of Safe Lives UK. **Sarah McInerney**, journalist and broadcaster will chair the event.

Register online

at: https://us02web.zoom.us/webinar/register/WN_LR5Qs98wRhaV2YVuj_aBnA ISL interpretation available.

**Webinar 2: Pregnancy and Domestic Abuse - Prevalence, Impacts & Responses
10am, 30th November 2021:**

Speakers include: Sarah Benson, CEO of Women's Aid, will chair the event and present on the new Maternity Project with four of Ireland's leading maternity hospitals. **Dr. Lorna Jane O'Doherty**, Associate Professor Institute for Health and Wellbeing Coventry University. Dr

O'Doherty will present on Global perspectives on prevalence, impacts and intervention for domestic abuse during pregnancy. **Siobán 'O Brien Green, PhD** has worked in government agencies and the non-profit, research and academic sectors for over 20 years. Her presentation will be on 'Pregnancy & Domestic Violence: findings from recent Irish research'. **Gillian Dennehy**, Maternity Project Co-ordinator, Women's Aid, will outline the Pregnancy and Domestic Violence public awareness campaign taking place during the International 16 Days of Action. Register online at: https://us02web.zoom.us/webinar/register/WN_prTyzqpORQy8U-XbjceOkQ ISL will be provided.

2. Awareness Campaigns

“Too Into You” Public Awareness Campaign 25th November to 10th December 2021

As part of our Too Into You project which supports young people aged 18-25 experiencing intimate relationship abuse we will be launching a **social media awareness campaign on the 25th of November**. From our research we know that young people want to be able to help if they are worried a friend might be experiencing abuse in an intimate relationship but often they don't know what to do or say. **The campaign will focus on guidance and supportive tools** to help young people spot the signs of intimate relationship abuse and will provide information on how to talk to a friend you are worried about and the supports available at ToolIntoYou.ie. You can support the campaign by **requesting a free partner pack** and by **sharing the campaign** on social media from the 25th of November using the hashtag #YesItsAbuse

General Public Awareness:

Request a copy of the most recent **Femicide factsheet**, **promotional materials** for the Women's Aid 24hr National Freephone Helpline 1800 341 900 and the **16 Facts for 16 Days Infographic**.

3. How to get involved:

1. Share the resources

Please email carmen@womensaid.ie and indicate which packs you would like.

- Too Into You Digital Campaign Pack
- Too Into You Campaign Pack by Post
- General Awareness Digital Campaign Pack
- General Awareness Campaign Pack by post

2. Support the Women's Aid campaign on social media.

Follow us **Twitter**, **Facebook** and **Instagram** and **LinkedIn** using the hashtag #16Days #YesItsAbuse

Read more on the International 16 Days of Action campaign. Visit <https://www.womensaid.ie/about/campaigns/16days.html> and <https://16dayscampaign.org/>

EVENTS

○ Remembrance & Healing Service For Those Who Have Lost A Loved One To Suicide



I hope you are all keeping safe and well. I am emailing you to remind you that we will be hosting our annual Remembrance and Healing Service for people who have lost a loved one to suicide next **Sunday, November 28th at 4 pm in Christ Church Cathedral in Waterford**. This is a simple, non-denominational service with music, readings, candles and white ribbons to remember friends and family that have died by suicide. We will be asking people to leave their contact details on the day (for contact tracing purposes only) and we would ask that you do not attend if you have not been vaccinated or if you are feeling unwell. This event is being held within strict adherence to current public health guidance. Do not hesitate to contact me should you have any queries.

Warmest wishes,

Tracy Nugent (HSE Resource Officer for Suicide Prevention)

Front Block, St. Patrick's Hospital, John's Hill, Waterford X91 KX25

Tel: 051 874013

Mobile: 087 927 1041 **Email:** Tracy.Nugent@hse.ie



○ **Let's CHIME! Mental Health Ireland Event December 7th**



I hope you can come along and join with colleagues and peers from Mental health Associations, Community and Statutory groups, Recovery Initiatives and Local Forums for a get together to celebrate our achievements and share hopes for 2022 on Tuesday 7th December, from 12-1pm, over zoom.

Hot chocolates and mince pies optional ;)

RSVP gina@mentalhealthireland.ie

Kind regards,

Gina Delaney, Development Officer

South East/CHO5

Mental Health Ireland

<https://www.facebook.com/South-East-Wellbeing-Recovery-102059721548657>

Email: gina@mentalhealthireland.ie

Mobile 087 835 3925, Recovery College South East,, Greenshill, Kilkenny

FUNDING

○ Department of Justice: Funding for the provision of services supporting victims in the Criminal Justice System 2022



The Department of Justice is inviting applications for funding from registered charities, voluntary community groups and other bodies which provide or have proposals for the provision of

- Support services / assistance for victims of crime generally, including provision of support, information and advice on the rights of victims, and court and other accompaniment. The objective is to ensure that these services are available to all victims who need them, to a consistently high standard and throughout the State.

Applications for funding must be civil society organisations and preferably a registered charity. Joint applications between two or more groups would be welcome.

For details on how to apply, please contact: fundsadmin-victims-crime@justice.ie
Application forms must be returned online by 5 pm on 29 November 2021.

SURVEY

○ Survey re: Improved Access to Wexford Arts Centre

I'm an independent consultant and I have been engaged by Monika Sapielak (Centre for Creative Practices) who is conducting research for the Wexford Arts Centre. She has asked me to contact **people and groups from Black, Asian and Minority Ethnic Communities in the Wexford area** and I was wondering if you might be able to put me in touch with anyone you know in County Wexford.

Wexford Arts Centre is working to improve access to their centre, services and facilities for all members of the community in County Wexford. Monika has **developed a survey that she is hoping will help to find out how Wexford Arts Centre can better serve the needs of the Wexford communities and improve access to the Centre for everyone.**

If you could pass on any contact details that you have, I would be most grateful, or if you feel you would be in a position to forward this email and the link to the survey (below) that would be fantastic too.

Here is the link to the survey

<https://www.surveymonkey.com/r/WAC2022>

Thank you very much for your assistance, it is much appreciated.

Kind regards,

Alison O'Neil

Phone: 086 859 6317

COVID UPDATE

Covid-19 Partner Pack Update

Dear Colleagues,

We hope this message finds you well.

Public Health Measures

You can [find the public health measures here](#).

[/696fc-layer-up-posters-and-guidance-for-you-to-use-to-prevent-the-spread-of-covid-19-in-our-community](#) **New information videos in 10 languages to encourage pregnant women to get vaccinated against COVID-19**

A new COVID-19 vaccine information video for pregnant women has been produced in a range of languages and the videos are now live on the HSE's YouTube channel and being shared on social media.

The multi-lingual videos were created by the HSE's National Social Inclusion Office and National Immunisation Office in partnership with Translate Ireland and encourage pregnant women to take up the COVID-19 vaccine.

The videos are available [here](#) in the following languages: Arabic, French, Polish, Spanish, Portuguese, Romanian, Mandarin Chinese, Russian, Lithuanian and English.

Women at any stage of pregnancy are being offered an mRNA vaccine (Pfizer or Moderna) and we are strongly encouraging women to take up the COVID-19 vaccine, following a discussion with their obstetric caregiver.

For information on COVID-19 and pregnancy, please see [here](#).

Layer Up

[#LayerUp](#) to protect against [#COVID19](#) infection.

- Get a vaccine

- Sanitise hands

- Wear a mask

- Show your Digital COVID Certificate

- Stay home and get tested if have symptoms

- Keep windows open when visiting indoors

- Avoid crowds and reduce social contacts

Please share the public health advice and help reduce the spread of the virus [#ForUsAll](#).

A range of posters and signs are now available to download

from <https://www.gov.ie/en/publication/696fc-layer-up-posters-and-guidance-for-you-to-use-to-prevent-the-spread-of-covid-19-in-our-community/>

COVID-19 Testing - Online Booking System

Full details of [how to get tested are available here](#).

Common symptoms include high temp, dry cough and tiredness. If you have symptoms of COVID-19, it's very important to self-isolate and get tested as soon as possible. [#StaySafe](#) | [#ForUsAll](#)

COVID-19 Contact Tracing - Online System

If you test positive for COVID-19 you will get a text message. This will include a link to a website where you can upload contact details for your close contacts. If you do not use the website, a contact tracer will phone you to collect the details. You can [find out more about close contacts here](#).

Close Contacts

If you are a close contact of someone with COVID-19 - but are fully vaccinated and have no symptoms - we will register you for antigen COVID-19 tests. Close contacts who have symptoms or who aren't vaccinated need a PCR test. [Read more here](#).

COVID-19 Vaccination Programme

You can find the latest information on vaccines administered [here](#).

Walk-in COVID-19 vaccination clinics

You can also get your vaccine without an appointment at a walk-in clinic. The [walk-in clinics open this week are listed here](#).

Walk-in clinics are open for people aged 12 and older. [Children aged 12 to 15 must attend with their parent or guardian](#).

Most walk-in clinics are for the first or second dose of the [Pfizer/BioNTech vaccine](#). The type of vaccine being offered is listed next to the clinic's details.

You can [read about going to a walk-in vaccination clinic here](#).

Walk-in clinics are for first and second dose only. You cannot get a booster dose at a walk-in vaccination clinic. You can [find more information on the booster dose here](#).

Where to find COVID-19 Vaccination Information

We encourage everyone to read about the COVID-19 vaccine and to get their information from a factual, trusted source – here are the links to the pages with information on the vaccine:

- Check [here](#) for information about the vaccine, information on this page is updated regularly
- Find the vaccine information materials at <https://www.hse.ie/eng/services/covid-19-resources-and-translations/covid-19-vaccine-materials/>
- Details on COVID-19 vaccines administered are available [here](#)
- Read the [full COVID-19 Vaccine Allocation Strategy](#)
- Read the [National Immunisation Advisory Committee Chapter about COVID-19 vaccine](#)
- [COVID-19 vaccine information for health professionals](#)
- Information in Irish Sign Language: information resources on the COVID-19 vaccines in Irish Sign Language are available [here](#)
- COVID-19 vaccines easy read and accessible information formats are available [here](#)

National Inpatient Experience Survey is underway

The National Inpatient Experience Survey is a nationwide survey asking patients about their recent experiences in hospital. The purpose of the survey is to learn from patients' feedback in order to improve hospital care. All patients aged 16 years or older, who spend 24 hours or more in a public hospital during September have received a survey by post asking them to participate. A radio campaign encouraging eligibly participants to share their experience is running in November and December.

The survey is a partnership between the Health Information and Quality Authority (HIQA), the Health Service Executive (HSE) and the Department of Health. For more information, please visit <http://yourexperience.ie>

Flu vaccine for people aged 65 or over

It's time for people aged 65 or over to get their free, annual flu vaccine. While anyone can catch the flu, they're more at risk of getting seriously ill or needing hospital treatment. The new flu vaccine is the best way to be protected from the flu, and it's free from their GP or Pharmacist. Visit www.hse.ie/flu

Flu Vaccine is available for healthcare workers in Section 39 organisations

Flu vaccine and its administration are available free of charge to healthcare workers working in Section 39 organisations. Flu vaccine is available from a local GP or pharmacy or some workplaces provide flu vaccine through an occupational health clinic.

Visit www.hse.ie/flu for information about why it's important for healthcare workers to get their flu vaccine.

COVID-19 Community Swabbers Recruitment

We are recruiting community swabbers for COVID-19 testing teams. You can find more information [here](#).

Tell me more about... Women's Health

The Women's Health Taskforce invites you to join a series of public, online events on women's health this November and December, led by experts and catering for your questions.

- 24th November: Tell me more about...Endometriosis.
- 26th November: Tell me more about...Pelvic floor dysfunction.
- 29th November: Tell me more about...Menopause.
- 1st December: Tell me more about...Physical activity.
- 3rd December: Tell me more about...Mental health.

Each event will focus on a different topic, providing a platform for learning and information sharing. For more information and to register for these events, please [click here](#).

START Talking Treats: The moderation conversation webinar

Thursday, 25th November (from 7:30-8:30pm)

You can register for the webinar [here](#).

This webinar will bring together a panel of speakers, including parenting experts, who will provide their insights and tips in order to support parents and guardians to START the conversation of moderating treats.

The START campaign is a public health awareness campaign from safefood, the HSE and Healthy Ireland (ROI), the Public Health Agency and Department of Health (NI). The campaign has been designed to help parents and guardians start their kids on the way to a healthier life by providing practical advice and useful resources.

This webinar is open to everyone and will be of particular interest to parents and guardians of children aged 5-12 years.

Public Health Information

As always, for the most up to date information and advice on Coronavirus, please go to: <https://www2.hse.ie/conditions/covid19/> and <https://www.hpsc.ie/a-z/respiratory/coronavirus/novelcoronavirus/>. Clinical and professional guidance relating to COVID-19 is available on www.hpsc.ie where you'll find up to date guidance for healthcare settings and non-clinical settings.

You can find the [COVID-19 A-Z information here](#) from the HSE's Health Protection Surveillance Centre (HPSC).

Please also check the Healthy Ireland site [here](#) with further resources and information on the Keep Well campaign.

You can view the latest information on how Ireland is responding to cases of COVID-19 [here](#).

Ireland's COVID-19 Data Hub is [available here](#).

Healthy Ireland Survey 2021 Launch

The Healthy Ireland Survey is a survey of health and health behaviours of people living in Ireland, commissioned by the Department of Health and carried out by Ipsos MRBI.

Speakers will include :

- Welcome address by Minister Frank Feighan T.D
- Introduction by Dr Tony Holohan, Chief Medical Officer
- Presentation of key findings by Kieran O'Leary, IPSOS
- The webinar will be hosted by Tom James, Head of Health and Wellbeing

Time: Dec 7, 2021 11:00 AM

Register here: https://us06web.zoom.us/webinar/register/WN_mcDUoRbeRFSbH2EFNGk52w

Many thanks and best wishes,

