



Wexford CYPSC News and Resources Update

November 12th 2021

For information on services and supports for children, young people and families see
www.wexfordcypsc.ie.

For information on supports for parents, see **Wexford Parents Hub** at
www.wexfordcypsc.ie/wexford-parents-hub and on Facebook at
www.facebook.com/wexfordparentshub/.

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WEBINARS & TRAINING

○ Webinar “Education – A gateway to well-being for all children: How the school community can (re)build social & emotional well-being”.



Webinar overview

The webinar takes place on 18 November 2021 from 14.30-16.00 CET, and is Eurochild’s flagship event to mark World Children’s Day this year.

During the webinar, ***Education – A gateway to well-being for all children: How the school community can (re)build social & emotional well-being***, Eurochild are bringing together political representatives, policymakers, school leaders, civil society organisations and teachers to share innovative education practices that offer solutions to the devastating impact of COVID-19 on children’s rights to education and fair access to learning.

Interventions will include perspectives from education and civil society across four countries – Italy, Romania, Spain and the UK. You will also hear from Members of the European Parliament – MEP Victor Negrescu (Romania) from the Socialists & Democrats; MEP Antonio López-Istúriz White (Spain) from the European People’s Party; and MEP Ilana Cicurel (France) from the Renew Group. **Register for our webinar by clicking on this link**.

For more information, visit the webpage of the event: <https://www.eurochild.org/event/education-a-gateway-to-well-being-for-all-children/>. You can also find the event programme attached. Should you have any queries, please contact Ciaran O’Donnell from the Eurochild Secretariat & ICAM Partnership at ciaran.odonnell@eurochild.org.

Social media information

Additionally, you can follow the online discussions for this event on Eurochild’s Twitter, Facebook and LinkedIn feeds & join in the discussions with the **#EqualChances4All**. Re-sharing this email or social media posts with colleagues, partners and allies in the field of education is warmly welcomed and appreciated.

Kind regards, and best wishes,
Ciaran

Ciaran O’Donnell

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○ Parents Plus Healthy Families Programme, Free Introductory Seminar

Parents Plus is a charity based in the Mater Hospital, which designs evidence-based parenting and mental health programmes and trains professionals to run them. The charity is now launching the new **Parents Plus Healthy Families Programme**, which is designed to support families to improve their health and well-being.

By training in the **Parents Plus Healthy Families Programme** professionals will learn how to support parents to:

- Understand how to improve their families health and well-being
- Promote healthy eating and mealtimes
- Incorporate active play and physical activities into their day
- Maintain positive mental health and self-esteem
- Establish good routines for sleep
- Set up rules around technology use at home
- Build positive family relationships

This programme is practical, solution-focused and draws on parents strengths. **It is suitable for all families with young children under 12 years of age.**

Through **training** in this programme, you will learn to:

- Gain opportunities to observe and practise the skills to become a solution-focused facilitator
- Develop an in-depth understanding of this programme;
- Deliver the programme via face-to-face or online sessions to groups and individual families;
- Learn how to build on parents strengths as a basis for ongoing change, and;
- Strengthen inter-agency and community partnerships.

Parents Plus are currently offering **fully sponsored training, supervision and materials** to train in and run the new evidence-based programme to those who support ongoing research on the effectiveness of the programme being carried out by University College Dublin. Successful applicants will also receive:

- All materials required to advertise, run and evaluate the programme (including the Parents Plus Healthy Families Facilitators' Manual, DVD and access to online resources);

- Post-training support and supervision (including 2 Group & 2 Individual Supervision Sessions); and
- A full set of Parents Plus Healthy Families Programme Parent Books for the parents in your group.

To find out more about how training in the **Parents Plus Healthy Families Programme** can enhance your skills as a professional, as well as improve physical and wellbeing outcomes of the families attending, or waiting to attend your service, please attend the **free Introductory Webinar** with **Parents Plus CEO, Prof. John Sharry**.

[Click here to sign up for the free
Introductory Webinar
which will take place on
Friday 26th November from 11.30 a.m. – 1 p.m.](#)

Training will take place online, over five modules from 9:00 a.m. – 1 p.m. on 12th, 13th, 14th, 20th and 21st of January 2022. If you have any further questions relating to this opportunity please feel free to contact keith@parentsplus.ie

Visit <https://www.parentsplus.ie/parents-plus-programmes/the-healthy-families-programme-training-for-professionals/> for more details

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In the past 10 years Parents Plus has empowered over 1,000 organisations to create sustainable change in their service delivery with our programmes.

Our evidence-based parenting and mental health programmes have made a difference to the lives of over 100,000 families. To learn more about our training and mentoring for those who work in Community, Health, Education and Disability services, visit [here](#)

○ **Final reminder for the Implementation Network of Ireland and Northern Ireland Meeting : 11th November, 3.00pm - 5.00pm online**



The next meeting of the Implementation Network of Ireland and Northern Ireland will take place on the **11th November from 3.00pm - 5.00pm**. The theme of this meeting is **'Implementing resilient and sustainable cities'**.

This meeting will include contributions from:

- **Caroline Creamer**, Director of the International Centre for Local and Regional Development (ICLRD). Caroline co-authored the NESC research paper **'Long-term Resilient and Sustainable Cities - A Scoping Paper'**
- **Denis Barrett**, Cork City Council. Denis works as **Cork City Council's Learning City Co-ordinator** and Community Response Forum Co-ordinator
- A representative from **Belfast City Council** will discuss implementing the **Resilient City programme**

The speakers will discuss the **enablers and barriers** faced when developing resilient and sustainable cities, from concept to implementation. The meeting will also explore some of the **challenges and benefits of using a place-based approach**.

The second part of the meeting will involve the **use of breakout rooms** where attendees will get a chance to **network and discuss what they have heard from the speakers**.

This meeting will be of interest to those involved in multi-agency collaboration, community engagement and co-design as well as leaders of city and community initiatives across the island, policy advisors, individuals working in healthy cities and communities, green and digital cities, community planning and local government.

To join this event please sign up [here](#).

Please share details of this event with your colleagues and contacts!

○ Leinster No Surviving Children Group



I hope all is well with you. Anam Cara wanted to let you know about our upcoming meeting for parents in Leinster. This meeting is specifically for parents living with no surviving children. This meeting allows parents who have tragically lost their only child or children to come together in a safe space to remember their children.

Our **Leinster living with no surviving children** group is facilitated by Dorothy Ingram and will take place via zoom on **Tuesday 16th November at 7pm.**

If you know any bereaved parents living with no surviving children who would like to join this meeting please get them to contact us on 085 288 8888 or info@anamcara.ie. As always Anam Cara offer their services free of charge for as long as needed.

Take care and stay safe

Leanne

Contact Number Office 01 4045378 & NI 02895213120 Email
Address l.milligan@anamcara.ie Web Address www.anamcara.ie

CAMPAIGNS

○ Bereaved Children's Awareness Week

Here are 2 links with all the information about next weeks Bereaved Children's Awareness campaign

The first link gives you downloadable images, info leaflets and a PowerPoint information session to use to promote awareness during the week - please use share these with your communications people and share on social media.

[BCAW 2021 promotional assets - Irish Childhood Bereavement Network](#)

The second link shows all the events planned for the week - so please register and join in and share with others who might find these helpful

[Bereaved Children's Awareness Week 2021 - Irish Childhood Bereavement Network](#)



Bereaved Children's Awareness Week 2021 - Irish Childhood Bereavement Network

Every November, the Irish Childhood Bereavement Network (ICBN) organises a series of events across Ireland to highlight bereaved children's needs and provide a voice for them to be heard. Please find a selection of resources and graphics for use in workplaces and communities to raise awareness about Bereaved Children's Awareness Week 2021 on our Promotional www.childhoodbereavement.ie

A video on "10 Ways to Support a Child's Grief" is now available to view at the following link : <https://www.youtube.com/watch?v=Oov0uVYwl3k>



“Finding Your Way Through Grief : For Teenagers and Young Adults” can be accessed at the following link : <https://www.youtube.com/watch?v=LGIaTtWGxo>



Thanks for being part of this important campaign

Kind regards

Maura

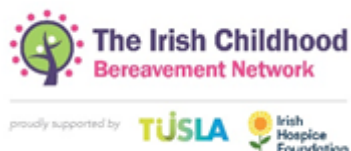
Maura Keating

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Dear ICBN Member and Friend

In addition to the professional sessions for you that we have shared to mark Bereaved Children's Awareness Week, we have also got some interesting online open events for the families you work with.

On **Monday 15th @ 7.30pm** we will host an open evening for parents and carers to empower them to support their children with grief.

Please [Register here on EventBrite](#) and encourage anyone you feel would benefit from this event to register with us.

TUS Loss & Grief Research Group's

Children at the Margins:

Supporting Children in Multiple Forms of Loss in the Community
online event for BCAW 2021

This webinar explores the panel's experiences of supporting children on the margins connected to bereavement but also parental incarceration, homelessness, divorce and family separation. The panel of Limerick and Thurles-based professionals includes:

Alison Curtin - The Bedford Row Project

Evelyn Hill - Assistant Lecturer, TUS/Loss & Grief group researcher

Maeve O'Doherty - Child Development Homelessness Project Coordinator, **ABC**

Startright

The event is open to the public and would suit anyone who works with or cares for children in any capacity. It will also be a lecture for students in the BA in Social Care Work program at TUS, Limerick.

EventBrite link [here](#)

○ HSE supporting EU Alcohol Awareness Week 15th-19th November



EU Alcohol Awareness Week 15th-19th November 2022 is the 9th annual awareness week on alcohol-related harm. It is an opportunity to look at our relationship with alcohol, understand the risks and the effects alcohol is having on our body and mind. The HSE Alcohol Programme is hosting a webinar on Thursday 18th November at 3pm. The webinar will focus on **Alcohol's impact on the immune system and brain**. Learn about how alcohol can suppress your immune system, reducing your ability to fight off infections, and how alcohol has a profound impact on the brain, with new large-scale evidence using MRI scans showing the impact of even low alcohol use.

Register for your place

here: https://ims.zoom.us/webinar/register/WN_Tuy2hyU5RWSfz8JBkYlyig

You will learn about the latest evidence from the following experts:

- Prof Cliona O'Farrelly, Professor of Comparative Immunology, Trinity College Dublin

- Dr Dara Cannon, Senior Lecturer, Neuroanatomy Director, Clinical Neuroimaging Laboratory, National University of Ireland Galway
- Dr Helen McMonagle, Alcohol-Related Brain Injury Rehabilitation Coordinator, Alcohol Forum Ireland

Irish Community Action on Alcohol Network (ICAAN) Webinar

Irish Community Action on Alcohol Network (ICAAN) is hosting a webinar on 15th November at 12pm titled **Empowering Young People: Resisting the lure of the alcohol industry**

You will hear from Global expert, Prof David Jernigan, from Boston University School of Public Health who is keynote speaker. Best known for his action research on alcohol advertising, marketing, and promotion and its impact on young people, David's work is policy-relevant and scientifically rigorous. He testifies regularly at US city, state, and national levels around alcohol advertising and youth, alcohol availability, and taxation. He also trains advocates around the world using the best evidence.

Register in advance for this webinar:

https://us06web.zoom.us/webinar/register/WN_mFLsheZQsO3asn-N6Z4Eg

HSE Alcohol Supports:

If you think alcohol may be an unhealthy habit for you, there is expert advice and support available on www.askaboutalcohol.ie or call the HSE Alcohol Helpline Freephone **1800 459 459**.

Go to the HSE Alcohol [Self-Assessment Tool](#) to take our alcohol test to find out more about what type of drinker you are and the impact of your drinking. Contact Alcohol.Programme@hse.ie for further information on the above.

From

HSE Health and Wellbeing

Follow us on Twitter @HsehealthW at HSE Health and Wellbeing on YouTube and subscribe to

our mailing list here: <https://email.ezine.ie/h/t/088BB3A579288204>

FUNDING

◦ LEADER Grants for Community Projects

Open for Expressions of Interest

Wexford Local Development is accepting expressions of interest (EOI) for community projects.

- Projects eligible for LEADER funding include; building works/refurbishment projects, purchase of equipment, development of websites, development of new marketing materials, training and feasibility studies.
- EOI's are welcome under any/all of the community themes; rural towns & villages, social inclusion and environment.
- The total budget for this call is €650,000. The minimum grant aid amount is set at €5,000 and the maximum is €75,000.

Interested community groups should complete and return an expression of interest (EOI) by 12noon, Monday 22nd November.

Further information & EOI form available from: <http://www.wld.ie/leader-community/>



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Funded by the Department of Rural &
Community Development

Ár dTodhchaí
Tuaith
Our Rural
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An Roinn Talmhaíochta,
Bia agus Mara
Department of Agriculture,
Food and the Marine