



Wexford CYPSC News and Resources Update

May 6th 2021

For information on services and supports for children, young people and families see
www.wexfordcypsc.ie.

For information on supports for parents, see **Wexford Parents Hub** at
www.wexfordcypsc.ie/wexford-parents-hub and on Facebook at
www.facebook.com/wexfordparentshub/.

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WEBINARS & TRAINING

o Wexford Libraries – Zoom Talks

Dr. Padraic Gibson, Consultant Clinical Psychotherapist and Clinical Director of the OCD Clinic Ireland, will deliver 3 Zoom talks over the next 3 weeks from Wednesday evening 5th May at 7.00pm. Below are the details of the talks which I hope will be very helpful to many people.

1. The 12 Most Common Mental Traps ; how we fall into them and how we overcome them.
2. Understanding the 4 Faces of Depression.
3. Obsessions, Compulsions and Reassurances.

I would really appreciate if you could circulate and promote each talk as part of our Healthy Ireland at Your Library and Keep Well programmes.

If there is any more information required please don't hesitate to contact me.

Regards,

Yvonne Smith, Executive Librarian, New Ross Library, Barrack Lane, New Ross, Co. Wexford.

Y34 NW56

Wexford Libraries

The 12 Most Common Mental Traps 'How we fall into them, how we can overcome them'

with

Dr. Padraic Gibson
Consultant Clinical Psychotherapist
and Clinical Director of
The OCD Clinic® Ireland



May 5th 7.00pm

**Seminar 1 of 3
will be delivered via Zoom
To book, email:
libraryhq@wexfordcoco.ie**



Healthy
Wexford

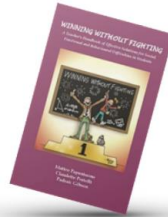


Wexford Libraries

Understanding The 4 Faces of Depression

"only those who surrender
are sure to be defeated"

with
Dr. Padraic Gibson
Consultant Clinical Psychotherapist
and Clinical Director of
The OCD Clinic® Ireland



May 12th 7.00pm

**Seminar 2 of 3
will be delivered via Zoom**

**To book, email:
libraryhq@wexfordcoco.ie**



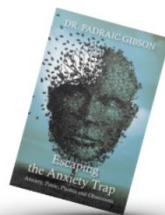
Healthy
Wexford



Wexford Libraries

Obsessions, Compulsions and Reassurances

with
Dr. Padraic Gibson
Consultant Clinical Psychotherapist
and Clinical Director of
The OCD Clinic® Ireland



May 19th 7.00pm

**Seminar 3 of 3
will be delivered via Zoom**

**To book, email:
libraryhq@wexfordcoco.ie**



Healthy
Wexford



○ Archways On-line Training Programmes

Archways have some spaces available for Wexford schools on their upcoming Mentoring for Achievement on line training programme – see attached. They are also running another Understanding Anxiety talk aimed at teachers which is open to Wexford schools free of charge.

A WORKSHOP CO-ORDINATED BY WEXFORD LOCAL DEVELOPMENT,
ORGANISED BY ARCHWAYS AND SUPPORTED BY BASIS POINT

UNDERSTANDING ANXIETY

Information and Support for Teachers


A free 90-minute webinar for teachers and other school staff, to understand more about managing worry, stress and anxiety at work.

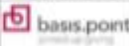
About this Event
This webinar is aimed at Primary and Post Primary teachers, along with other school staff.
Participants will :


- Learn more about teacher stress and anxiety
- Understand the difference between worry, stress and anxiety
- Explore self-care tools and strategies
- Explore childhood stress and anxiety

Mon, 17 May 2021
15:30 – 17:00

[Click here to book your place](#)

 Archways is a national organisation working in collaboration with local and national agencies to promote and research evidence based programmes for children & young people. They have provided funded training for Co. Wexford schools for the past two years supported by basis.point and co-ordinated by Wexford Local Development.

 basis.point
promoting growth

 wexford local development
Shared Enterprise

This workshop is kindly supported by basis.point - www.basispoint.ie

Organised by



Co-ordinated by



MAP Mentoring for Achievement Programme

Monday 10th of May 2021, 9.30am - 3.30pm

Tuesday 11th of May 2021, 9.30am - 3.30pm

Wednesday 12th of May 2021, 9.30am - 12.30pm

The Mentoring for Achievement Programme (MAP) is a 2-year, evidence based mentoring programme which takes place in schools, for children between the ages of 10 and 16 years.

The MAP programme works with children who have personal characteristics that interfere with their learning, such as inattention, disinterest, disorganisation and behaviour problems.

This programme trains Primary school teachers, Post Primary school teachers and other school staff (such as school completion programme staff) to become MAP mentors.

MAP mentors are trained in two stages. This Stage 1 mentor training introduces the skills of the MAP programme and gives trainees an opportunity to practice the specific skills required for MAP mentoring.

The training will take place via Zoom online over 3 consecutive days. Attendance is required at all 3 days.

Stage 2 training involves online on-going training sessions every 4-8 weeks (for approx 1 hour) once the trainee begins mentoring.

[Click here to register
for this online training](#)



○ Virtual Information Workshop for Professionals and Volunteers who engage with Asylum Seekers / Refugees



All the team at Youth New Ross are delighted to invite you to join us for a **Virtual Information Workshop for Professionals and Volunteers** who currently work with or may engage with **Asylum Seekers/Refugees**.

The workshop will aim to help participants gain a better understanding of:

- ü The experience of those who have come through the direct provision system or refugee resettlement
- ü What are the needs of asylum seekers/refugees that local services may be able to meet
- ü Insight into what service providers should know when engaging with asylum seekers/refugees

The virtual workshop will be led by Tiffy Allen from **Places of Sanctuary Ireland** and will include first hand testimonials from **Sanctuary Ambassadors** with real lived experiences.

The event will take place on **Monday 17th of May 2021 at 2.30pm** and run for approximately 1.5 hours. Places are limited so to register please email **ger@ynr.ie** by Wednesday 12th May and Zoom video call details will follow nearer the time. Please share this invitation with team members and anyone you think may benefit & who covers the Co. Wexford area.

o **Nutrition for U5's - Save the Date: Friday 14th May @ 12pm to 1.30pm**

Are you interested in the latest information on nutrition for children aged under 5?

Then SAVE THE DATE Friday May 14th @ 12pm to 1.30pm

Want to know how to access training and resources on:

- healthy eating guidelines for children
- weaning
- portion size
- food allergies
- vitamin D
- and much more

If you are a health professional supporting parents in the course of your work, then this webinar is for you.

Invest some time to join our team of experts who will present the most up to date information on healthy eating for under 5s.

This will include a question and answer session where you can ask the panel your questions.

SAVE THE DATE: The webinar is scheduled for on Friday May 14th @ 12pm to 1.30pm

Registration details will be circulated next week so please make a note in your diary, you won't want to miss this one!

Many thanks,

Jolene Cummins

Clerical Support – Nurture Programme

Department of Public Health | HSE – Dublin/Mid-Leinster | HSE Area Office | Arden Road |
Tullamore | Co. Offaly | R35 TY28.

Tel.: 057 93 59883 | E-mail: Jolene.cummins@hse.ie | Website: www.mychild.ie



Seirbhís Sláinte
Níos Fearr
á Forbairt

Building a
Better Health
Service

PARENTING

○ Wexford Parents Hub – Parents Survey



Wexford Parents Hub are conducting a Parents Survey. The information from the survey will help the Hub to plan their programmes and supports going forward. The survey can be accessed at the following link : [here](#).

Please encourage any parents you are working with to complete the survey and share the link among your networks as appropriate.

The survey is also accessible on the [Parents Hub Facebook Page](#). There is a competition where a parent can win a €50 Dunnes Stores voucher if they “like” and “share” the link.

To contact the Parents Hub for information / support;

Phone : 053 9236343

Email : wexfordparentshub@barnardos.ie

Web : <http://www.wexfordcypsc.ie/wexford-parents-hub>

○ Traveller Pregnancy Resource Videos Launched

Please see link below to the recorded Launch of the Traveller Pregnancy Resource and to 30 Pregnancy Resource videos. The videos were produced by the Traveller Health Unit, Community Healthcare West with support from the Nursing and Midwifery Planning and Development Unit HSE West, the HSE National Social Inclusion Office and The Nurture Programme. The videos are short video clips that cover topics such as keeping well in pregnancy, entitlements and supports, visits to the antenatal clinic, labour, bonding with your baby, the Beutler test, feeding your baby and going home with your baby.



Link to Launch video on the 4th May - <https://www.youtube-nocookie.com/embed/jvuSADBbQYU>

Traveller Pregnancy Resource videos -

https://www.youtube.com/playlist?list=PLsQK32cdMW_zbVNR77Rb72sQsc5PgwwXk

○ **Parenting Today 2021- Bi-lingualism: How to get your child to speak your native language and why it matters.**



This talk will be available to watch at any time, online on all Wexford County Council Public Library Service Facebook pages and Wexford Libraries YouTube channel from **Thursday May 6th at 8.00pm onwards.**

Send any questions for Dr. La Morgia to libraryhq@wexfordcoco.ie by 5.00pm on Friday 30th April.



Complete privacy is assured.

Presented by: Dr. Francesca La Morgia. Francesca works as a lecturer, researcher, consultant and trainer in child language development and child bilingualism. Francesca is also a passionate advocate for social inclusion and migrant integration.

Bilingualism: ‘Why is my child not speaking back to me in my native language?’

This is definitely one of most frequently asked questions for bilingual families!

Join Dr Francesca La Morgia, linguist and founder of Mother Tongues, for a webinar full of practical tips, that have been tried and tested by parents raising bilingual children and find out about all the best strategies to encourage your child to talk more in your language.

Why it matters: Speaking your first language at home supports your child’s development, reading and educational progress, particularly in the early years. Native language plays an essential role in celebrating identity, culture and a pride in heritage and upbringing, establishing your child’s identity and promoting an understanding of history and culture

Background: Wexford County Council Public Library Service works in partnership with CYPSC (Children & Young People’s Services Committee) each year to deliver Parenting Today, an annual programme of free talks for parents and carers throughout Wexford County.

○ Parenting Today : Previous talks available to view online.

Parenting Today Online Series



The following talks are available to view online and can be accessed [here](#) .

- **'Supporting Someone with an Eating Disorder'** Presented by Harriet Parsons, Training and Development Manager, Bodywhys. [Wexford Public Libraries YouTube channel.](#)
- **'Developmental Checks and Care for Babies at 3 months and 9 months'** Presented by Wexford Public Health Nurses. [Wexford Public Libraries YouTube channel.](#)
- **'Strategies and supports for Children with Additional Needs in Early Years'** Presented by Olive Buckeridge, Down Syndrome Ireland, Early Years Specialist. [Watch and listen to this online talk.](#)
- **'Recognising and Managing Emotions for Children'** Presented by Emma Cahill, primary school teacher and author of 'Under the Mask'. [Watch and listen to this online talk.](#)
- **'ADHD: What Parents Need to Know'** Presented by Ken Kilbride, Chief Executive of ADHD Ireland. [Watch and listen to this online talk.](#)
- **'Sleep Solutions - Healthy Sleep Habits for Babies & Children'** Presented by Paediatric Sleep Consultant, Erica Hargaden from Babogue Sleep Solutions. [Watch and listen to this online talk.](#)
- **'Managing Anxiety in Children and Adolescents'** Presented by Carina McEvoy. [Watch and listen to this online talk.](#)
- **'Literacy for Little Learners'** Presented by Dr. Rebecca Long. [Watch and listen to this online talk.](#)
- **'Understanding Dyspraxia/Developmental Coordination Disorder (DCD)'** Presented by: Lorraine and Sarahann Mooney. [Watch and listen to this online talk.](#)
- **'TikTok, Instagram and Snapchat for Parents'** Presented by Frank Turner, Tek Central. [Watch and listen to this online talk.](#)
- **'Dyslexia Awareness and Support for Parents and Teachers'** Presented by Jenny Byrne, Information Officer for the Dyslexia Association of Ireland. [Watch and listen to this online talk.](#)
- **'Academic Procrastination: Solutions and Support for your Teenager who can't Study'** Presented by Dr. David Maloney. [Watch and listen to this online talk.](#)

This online programme is brought to you by Wexford County Council Public Library Service in partnership with Wexford Children & Young People's Services Committee (CYPSC), Wexford.

STRATEGIES & PLANS

○ “Challenging Homelessness. Changing Lives” : Focus Ireland Strategic Plan



Focus Ireland published its new 5-year Strategic Plan today which aims to support over 5,000 households out of homelessness by the end of 2025.

The charity will achieve this by delivering 1150 new homes in partnership with Local Authorities and other State agencies through a mix of direct build, buying and leasing.

Meanwhile, Focus Ireland services will also work in partnership with State agencies to support 4,000 families leave homelessness and into homes rented from local authorities, Approved Housing Bodies and private landlords. You can watch a short video about our new strategy [HERE](#)

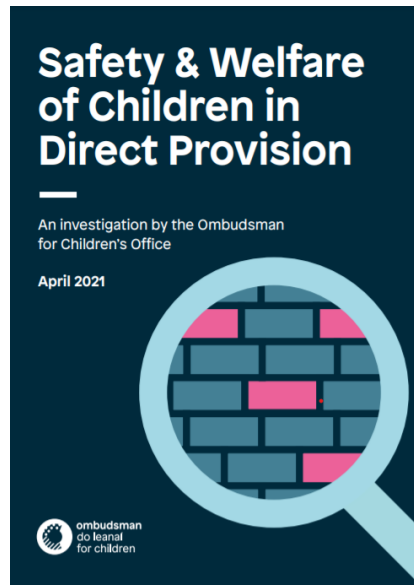
The innovative strategy will guide Focus Ireland's work to help deliver an essential shift away from managing the crisis and towards ending homelessness. Prevention will play a key role in this shift as the organisation also aims to prevent 3,000 households from becoming homeless over the lifetime of its 5-year plan.

The charity's strategy is titled “Restating our Vision 2021-25” and outlines how Focus Ireland will be working to achieve its vision that everyone has a right to a place they can call home.

The strategy can be accessed [here](#).

For more information on Focus Ireland, visit their website [here](#).

○ Launch of Ombudsman Report on Safety & Welfare of Children in Direct Provision



The Ombudsman for Children's Office (OCO) recently published its investigation on the 'Safety and Welfare of Children in Direct Provision'. The investigation report contained recommendations for both the International Protection Accommodation Service (IPAS) and Tusla.

The report is available to download at this [link](#).



○ **Two reports coming out (12th and 27th of May) based on “Growing Up in Ireland” data**



Two reports coming out (12th and 27th of May) based on Growing Up in Ireland data are being launched by the Minister for Children, Equality, Diversity, Integration and Youth.

Risk and protective factors in adolescent behaviour;

On the 12th of May at 2pm, Minister for Children, Equality, Diversity, Integration and Youth, Dr. Roderic O’Gorman, TD, will launch *Risk and Protective Factors in Adolescent Behaviour* by Emer Smyth and Merike Darmody. The webinar will provide an overview of the findings on how family, school, peer and neighbourhood factors shape (mis)behaviour among young people.

Link for registration:

<https://forms.office.com/Pages/ResponsePage.aspx?id=7RMy6btmMk6rlranx0Rnpl63LFx0E19lr3mv2xll-ohUMk4yUzQ5SE5OUlc3TVE2OUo0NFYzU1VXSy4u>

Website: <https://www.esri.ie/events/webinar-risk-and-protective-factors-in-adolescent-behaviour>

The dynamics of child poverty in Ireland: Evidence from the Growing Up in Ireland survey;

This study profiles the long-term exposure to poverty during childhood and identifies the families most at risk of persistent poverty. It also examines the factors that trigger moves into and out of poverty and explores the consequences of poverty for children across a wide range of domains. The study draws on data from both cohorts of the Growing Up in Ireland study, covering children and young people’s lives from 9 months to 17 years. It will be launched by the Minister for Children, Equality, Diversity, Integration and Youth, Dr. Roderic O’Gorman, TD, at 10.30am on the 27th of May.

Link for registration:

<https://forms.office.com/Pages/ResponsePage.aspx?id=7RMy6btmMk6rlranx0Rnpl63LFx0E19lr3mv2xll-ohUNTFBOUJCVFNSNFFZTk9SSkQ2OTNDWkRKVi4u>

Website: <https://www.esri.ie/events/save-the-date-the-dynamics-of-child-poverty-in-ireland-evidence-from-the-growing-up-in>

o Circular Economy Innovation Grant Scheme (CEIGS)



Dear colleague,

The Circular Economy Innovation Grant Scheme (CEIGS) is a Government of Ireland initiative led by the Department of the Environment, Climate and Communications (DECC).

The purpose of this grants scheme is to provide support to projects which work in the Circular Economy space, with the aim of advancing the Circular Economy in Ireland and raising awareness of the need to transition to a Circular Economy.

The CEIGS is now open for applications which must be submitted to circulareconomy@decc.gov.ie by the closing date for applications on **5pm 28 May 2021**.

While the CEIGS is not limited to social enterprises and voluntary and community based organisations, DECC is particularly interested in submissions from organisations of these types. Please read the Guide for Applicants carefully, prior to completing your application. The Guide for Applicants contains further details on the scheme and the types of projects which are eligible for funding.

Please see [here](#) for further information and also the Guide for Applicants for further details on the scheme and the types of projects which are eligible for funding.

Regards,

Paul Skinnader

Executive Director

