

Wexford CYPSC News and Resources Update

June 3rd 2022

For information on services and supports for children, young people and families see www.wexfordcypsc.ie.

For information on supports for parents, see **Wexford Parents Hub** at www.wexfordcypsc.ie/wexford-parents-hub and on Facebook at www.facebook.com/wexfordparentshub/.

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UKRAINE SUPPORTS

Understanding trauma and supporting the needs of people fleeing war and / or persecution









Understanding trauma and supporting the needs of people fleeing war or persecution

HSE Cork Kerry Community Healthcare in conjunction with the HSE National Social Inclusion Office and HSE Mental Health delivered this free on-line training.

Please find link for the training <u>here</u>.

Please also find a directory of resources here

Who is this training for?

<u>This training</u> is for anyone working with or supporting children, adults or families who have fled war and / or persecution, including those providing support to people who have arrived in Ireland from Ukraine and all other people seeking International Protection here in Ireland. It is suitable for people working in Statutory and Non-Statutory organisations such as the HSE, Child and Family Agency, Department of Education and Science, Department of Social Protection, Department of Justice, NGO's and community support services.

What are the learning goals?

Participants will leave with an awareness / basic understanding of the following:

- War trauma and Post Traumatic Stress Disorder (PTSD)
- The psychosocial needs of people who have fled war and are adjusting to a new life in Ireland
- Understanding the barriers that interfere with people accessing and benefitting from supports
- Helpful do's and don'ts when working with people who have survived war trauma
- When and where to get help for trauma / PTSD
- Understanding the importance of minding your own psychological wellbeing when helping others

Trainer

Dr. Jennifer Hayes in Principal Psychology Manager for Social Inclusion in Cork Kerry Community Healthcare. She is a qualified clinical psychologist and a counselling psychologist and has supported children, adults and families across multiple services in the HSE for almost 20 years. Over the last number of years she has worked extensively with Syrian and Iraqi war survivors living in Ireland as part of the Resettlement Project. Her area of clinical expertise is trauma, PTSD and supporting people who have fled war and persecution are resettling in

Ireland. She has represented the HSE on selection missions with Department of Justice on to Lebanon, Jordan and Greece. In her downtime she plays Gaelic football with Gaelic for Mothers and Others and is an avid Cork hurling supporter.

Additional mental health supports and services

Many thanks to IMS Integrated Media Solutions for their generous support in organising the training.

Announcement of Additional Funding for Community Response to Support People Arriving from Ukraine.

Ministers Humphreys and O'Brien announce an additional €10.5 million funding for the community response to support people arriving from Ukraine

From <u>Department of Rural and Community Development</u>
Published on 1 June 2022
Last updated on 1 June 2022

- €5 million investment in the Social Inclusion and Community Activation Programme (SICAP)
- a further €5 million for the "Ireland for Ukraine Fund" administered by Community
 Foundation Ireland
- €500,000 to assist volunteer centres to deal with increased demand on services

Minister for Rural and Community Development, Heather Humphreys, and Minister of State with responsibility for Community Development, Joe O'Brien, have announced an additional €10.5 million in funding to assist the community response to support people arriving from Ukraine.

This funding will strengthen the capacity of those already working across the community and voluntary sector to improve the experience and quality of life of people arriving from Ukraine.

As new arrivals begin to settle into community life in Ireland, this funding will help ensure that we continue to look after those most in need.

For more information click here.

WEBINARS & TRAINING

o Training from the HSE Regional Suicide Resource Office, Spaces Available

- safeTALK, Thursday, June 9th, Carlow
- ASIST (Applied Suicide Intervention Skills Training), Wednesday and Thursday, June 29th and 30th, Waterford
- Workshop for professionals and key contacts supporting people bereaved by suicide, Thursday, June 30th, Wexford

For additional information and to book a place on any of our programmes, please visit www.bookwhen.com/sro.

Kind regards,

Tracy Nugent (HSE Resource Officer for Suicide Prevention)

Front Block, St. Patrick's Hospital, John's Hill, Waterford X91 KX25

Tel: 051 874013

Mobile: 087 9271041 Email: Tracy.Nugent@hse.ie

To book a place on any of our suicide, self-harm or bereavement Training Programmes please visit www.bookwhen.com/sro







Collaboratively Supporting Parents to put Children First : Reflections from the ABC Programme.

See Invitation below to a National ABC Event, "Collaboratively Supporting Parents to put Children First: Reflections from the ABC Programme", which will take place at the National College of Ireland, Mayor Street, Dublin, on Wednesday 15 th June from 9 am to 1 pm.



The event provides networking opportunities to see first-hand the work across the 12 ABC sites. Also, Practice Papers will be launched on the ABC work in Oral Language and Infant Mental Health. A panel discussion will discuss and reflect on the role ABCs play in collaboratively supporting parents to ensure better outcomes for children and families.

We do hope you or some of your colleagues will be available to join us on the day.

Bernie Laverty

National Project Manager, A rea B ased C hildhood (ABC) Programme.

Prevention, Partnership, and Family Support



An Ghníomhaireacht um Leanaí agus an Teaghlach

Child and Family Agency

CHILDREN & YOUNG PEOPLE

Upcoming Activities at Enniscorthy Library

June 2nd @ 7pm, "Physical activity to promote children's wellbeing"

June 11th @ 10:30am Cruinniú na nÓg "Growing Imaginations"

June 18th @ 11am "Summer stars story time"

June 25th @ 11am "The beachcombers guide to the treasures of our beaches"

Every Tuesday at 10:30am "Baby & toddler rhyme time"



Growing Imaginations / Ag Cothú Samhlaíocht agus Cruthaitheacht

Suitable for Age 5 - 8 years.











Join artists Jeni Roddy and Bríd Colloton

for a fun filled morning of creativity at the Enniscorthy Library. Young artists will bring the story of 'Jack and the Beanstalk' to life by creating backdrops, characters and their own stage. They will then plant magic beans to take home and grow into a Beanstalk!

Ag baint úsáide as bosca cairtchláir mar stáitse, déanfaidh gach páiste a gcúlra agus a gcarachtar féin chun scéal 'Seaic agus an Gas Pónaire' a thabhairt beo. Cuirfidh siad pónairí draíochta ansin le tabhairt abhaile leo agus fásfaidh siad ina Gas Pónaire!

Booking essential

Click here for more information and to book

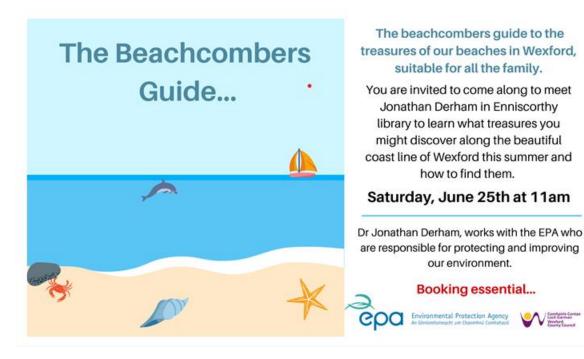






Suitable for ages up to 8 years.
All are welcome!

Click **here** for more information and to book.



Click <u>here</u> for more information and to book.

Physical Activity to Promote Children's Well-being

The Triple P Lifestyle Seminar

Learn how to use positive parenting to promote your child's health, development and well-being and to encourage your children to learn the skills they need to develop healthy lifestyle habits.

> Facilitator: Karen Mooney, Wexford Parent's Hub, parent support mentor.

Booking essential













Click here for more information and to book your place.



Baby & Toddler Time is back at Enniscorthy Library!

Click here for more information and to book your place.