



Wexford CYPSC News and Resources Update

June 17th 2022

For information on services and supports for children, young people and families see
www.wexfordcypsc.ie.

For information on supports for parents, see **Wexford Parents Hub** at
www.wexfordcypsc.ie/wexford-parents-hub and on Facebook at
www.facebook.com/wexfordparentshub/.

CONTENTS

Support for Ukrainian Community;

P.3 : “Reactions To Trauma” : Free Resources to Download

P.3 : Post Traumatic Stress : A Self-Help Guide

P.4 : “Coping With Trauma”: Information Leaflet

P.4 : Disability Services for Ukrainian Nationals – HSE

P.5 : “Understanding Trauma and Supporting the Needs of People Fleeing War or Persecution” : Free Training Available until September

Parenting Supports;

P.7 : Practice Seminar Parents Plus Special Needs Programme : 27 June

P.8 : Access & Inclusion Model (AIM) Information Session : 22 June

P.10 : One Family Parenting Courses

Webinars / Training;

P.12 : The Kinia Tech Tour

Funding

P.13 : Ireland for Ukraine Fund : Community Foundation for Ireland

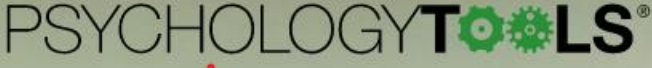
Action Plans

P.15 : Minister O’Gorman publishes Ireland’s EU Child Guarantee National Action Plan

UKRAINE SUPPORTS

○ Reactions To Trauma : Free Resources to Download

Free Ukrainian, Polish, and Russian Translations of Trauma and PTSD Psychoeducational Resources




Free Ukrainian, Polish and Russian versions of trauma and PTSD psychoeducation resources

There will inevitably be psychological fallout from this war. In anticipation of this we have translated a selection of trauma and PTSD resources into key languages in the hope that they will be helpful to as many people as possible.

You don't need to be a Psychology Tools member to download these resources, they are available for everyone.

[Download translated resources](#)



To access these resources, see : <https://www.psychologytools.com/>.

○ Post Traumatic Stress : A Self-Help Guide

Northumberland, Tyne and Wear 
NHS Foundation Trust

Post Traumatic Stress
A self help guide

Shining a light on the future



To access this guide, click [here](#)

○ **“Coping With Trauma” Information Leaflet**

This information leaflet is designed by Dublin South Psychology Service for you if you have been recently exposed to a traumatic event. It aims to provide you with information to help you understand your experience and reactions and how best to help and support yourself while you are healing.

To access this guide, click [here](#)

○ **Disability Services for Ukrainian Nationals – HSE**



Information on disability services and supports for people from Ukraine is now available in Ukrainian, Russian and English. The HSE National Disability Operations Team and disability umbrella organisations are supporting people with disabilities arriving to Ireland from Ukraine.

To access information click [here](#).

○ **Understanding Trauma and Supporting the Needs of People Fleeing War or Persecution : Free Training Available until September**

Understanding trauma and supporting the needs of people fleeing war and / or persecution



HSE Cork Kerry Community Healthcare in conjunction with the HSE National Social Inclusion Office and HSE Mental Health delivered this free on-line training.

Who is this training for?

[This training](#) is for anyone working with or supporting children, adults or families who have fled war and / or persecution, including those providing support to people who have arrived in Ireland from Ukraine and all other people seeking International Protection here in Ireland. It is suitable for people working in Statutory and Non-Statutory organisations such as the HSE, Child and Family Agency, Department of Education and Science, Department of Social Protection, Department of Justice, NGO's and community support services.

What are the learning goals?

Participants will leave with an awareness / basic understanding of the following:

- War trauma and Post Traumatic Stress Disorder (PTSD)
- The psychosocial needs of people who have fled war and are adjusting to a new life in Ireland
- Understanding the barriers that interfere with people accessing and benefitting from supports
- Helpful do's and don'ts when working with people who have survived war trauma
- When and where to get help for trauma / PTSD
- Understanding the importance of minding your own psychological wellbeing when helping others

Trainer

Dr. Jennifer Hayes is Principal Psychology Manager for Social Inclusion in Cork Kerry Community Healthcare. She is a qualified clinical psychologist and a counselling psychologist and has supported children, adults and families across multiple services in the HSE for almost 20 years. Over the last number of years she has worked extensively with Syrian and Iraqi war survivors living in Ireland as part of the Resettlement Project. Her area of clinical expertise is trauma, PTSD and supporting people who have fled war and persecution are resettling in Ireland. She has represented the HSE on selection missions with Department of Justice on to Lebanon, Jordan and Greece. In her downtime she plays Gaelic football with Gaelic for Mothers and Others and is an avid Cork hurling supporter.

Additional mental health supports and services

Please find link for the training [here](#).

Please also find a directory of resources [here](#)

PARENTING SUPPORTS

○ Practice Seminar Parents Plus Special Needs Programme 27th June 11am-12:30pm on Zoom



Sign up to this seminar to hear about how practitioners have successfully delivered the Parents Plus Special Needs Programme in a variety of settings, with a wide range of disabilities and age ranges as well as the current research and feedback from parents attending the groups

Speakers and presentations

- Parent empowerment and the Parents Plus Special Needs Programme (PPSN), Prof John Sharry Parents Plus
- Rolling out the PPSN with follow up groups – the Scottish Experience. Sylvia Todman, Health and Wellbeing Practitioner, Thistle Young Persons Team
- How the PPSN can work within a HSE disability setting and align with PDS principles. Eileen Crowley, Senior Occupational Therapist Limerick
- Supporting parents in a school for children with mild ID – Suzanne Anglim and Emma Earley, Resource Teachers Scoil Chiarain
- Delivering the PPSN with families with younger children with Intellectual Disabilities Catherine McConnell, Therapeutic Social Work Senior Practitioner in the Children's Learning Disability Therapeutic Service in the Northern Health and Social Care Trust
- What is working for the parents - feedback from recent evaluation - Lesley Lally, Research Psychologist Parents Plus

We will also share details on the Rethink Sponsorship which allows you to apply for fully funded training and programme materials. Our website is www.parentsplus.ie if you'd like to find out more about Parents Plus Programmes and info about the special seminar is on the home page also


For more details and to sign up for this free seminar please [click here](#)

Prof John Sharry


Clinical Director

Parents Plus Charity

○ Access & Inclusion Model (AIM) Information Session : 22 June



**Wexford County
Childcare
Committee**
Coiste Cúram Páistí Chontae Loch Garman




AIM
ACCESS &
INCLUSION MODEL

Calling All Parents of Preschool Children in Wexford
Wexford County Childcare Committee
are hosting a free, online
AIM Information Session
followed by a session with
Progressing Disability Services HSE Area Manager
Mary Teresa Kervick
*who will provide an overview of services offered to parents and
young children*
Wednesday 22nd June 6.30pm-8.45pm


Agenda

- **6.30pm:** WxCCC welcome
- **6.35pm:** AIM Information Session
- **7.35pm:** 15 minute break
- **7.50pm:** Mary Teresa Kervick, Progressing Disability Services, HSE
- **8.35pm:** Q & A

Places are limited so early booking is advisable. Email Mary at info@wexfordchildcare.ie or phone 087 1769418 to book your free place.



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Department of Children, Equality,
Disability, Integration and Youth



pobal
government supporting communities

About AIM

The Access and Inclusion Model (AIM) ensures all children, regardless of disability can fully take part in mainstream pre-school. AIM helps pre-schools create an inclusive environment and provides supports to children to meaningfully participate in ECCE, the two year state funded pre-school programme.

AIM provides universal and targeted supports to pre-school settings that focus on the needs of the individual child. AIM is a Department of Children, Equality, Disability, Integration and Youth (DCEIDY) initiative, administered by Pobal and Better Start AIM.

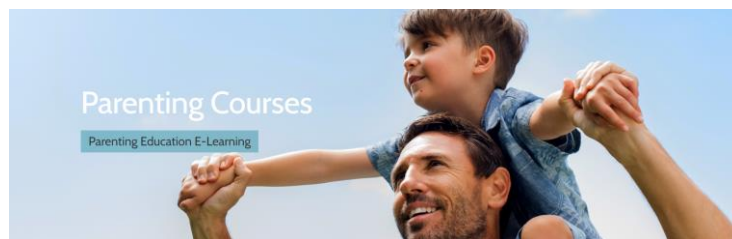
About Progressing Disability Services

Progressing Disability Services (PDS) is a change programme by the HSE and Voluntary agencies, reconfiguring the delivery of children's services all over the country. Some children with a disability or developmental delay will receive their support from their local Primary Care services. Other children with more complex needs will receive their support from newly configured Children's Disability Network Teams (CDNTs).

Each service will work with families to address their individual needs. Services will work to help children to participate to the best of their ability in all aspect of their lives. The Progressing Disability Services programme draws from extensive research and is in line with Sláintecare.

To download this flyer click [here](#).

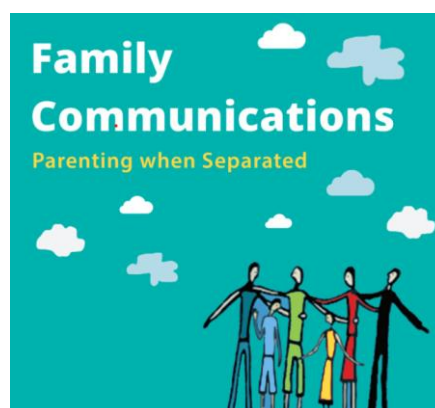
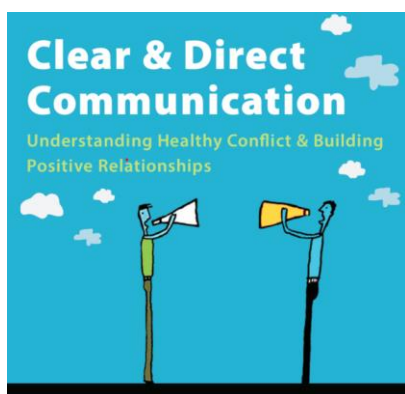
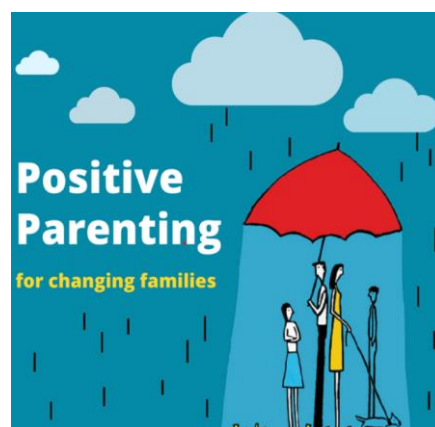
○ One Family Parenting Courses



One Family offer a range of e-learning courses, which are courses you take in your own time, in the comfort of your own home. The courses have video content from One Family staff plus additional learning resources to help you make the most of your learning time. Parents can monitor their own progress and engage in as many courses as they wish as the one time. These courses have specific content for those parenting alone or sharing parenting but in general the programme supports all family forms.

We offer five e-learning courses for parents. These courses support parents parenting toddlers through to teens. We also offer a course specifically aimed at supporting parents post separation.

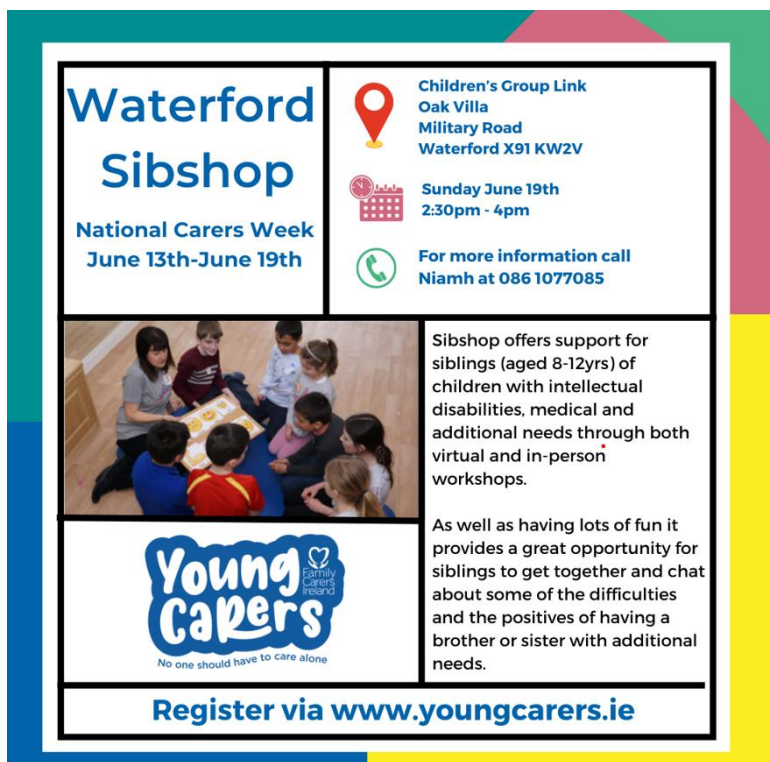
All courses are €19.99 each with unlimited access



To access the One Family website and learn more, click [here](#).

WEBINARS / TRAINING

○ National Carers Week : Young Carers



The flyer is titled "Waterford Sibshop" and is part of "National Carers Week" from June 13th to June 19th. It provides details for a workshop on Sunday, June 19th, from 2:30pm to 4pm, held at Children's Group Link, Oak Villa, Military Road, Waterford X91 KW2V. Contact information for Niamh is 086 1077085. The flyer includes a photo of children and a logo for "Young Carers" with the tagline "No one should have to care alone". It describes the Sibshop as a support space for siblings of children with additional needs, offering both virtual and in-person workshops. A registration link is provided at the bottom.

Waterford Sibshop
National Carers Week
June 13th-June 19th

Children's Group Link
Oak Villa
Military Road
Waterford X91 KW2V

Sunday June 19th
2:30pm - 4pm

For more information call
Niamh at 086 1077085

Sibshop offers support for siblings (aged 8-12yrs) of children with intellectual disabilities, medical and additional needs through both virtual and in-person workshops.

As well as having lots of fun it provides a great opportunity for siblings to get together and chat about some of the difficulties and the positives of having a brother or sister with additional needs.

Young Carers
Family Carers Ireland
No one should have to care alone

Register via www.youngcarers.ie

We have a workshop coming up this week to mark National Carers Week. We want to recognise and support our young carers in the community. This workshop is for siblings of children with additional needs. It is a space for them to have fun and chat about what it is like having a sibling with an additional need.

Perhaps this might be relevant for some families you support? Please circulate this to relevant staff and families. We still have spaces available.

For more information give me a call or click [here](#).

To download the flyer above, click [here](#).

Kind regards,

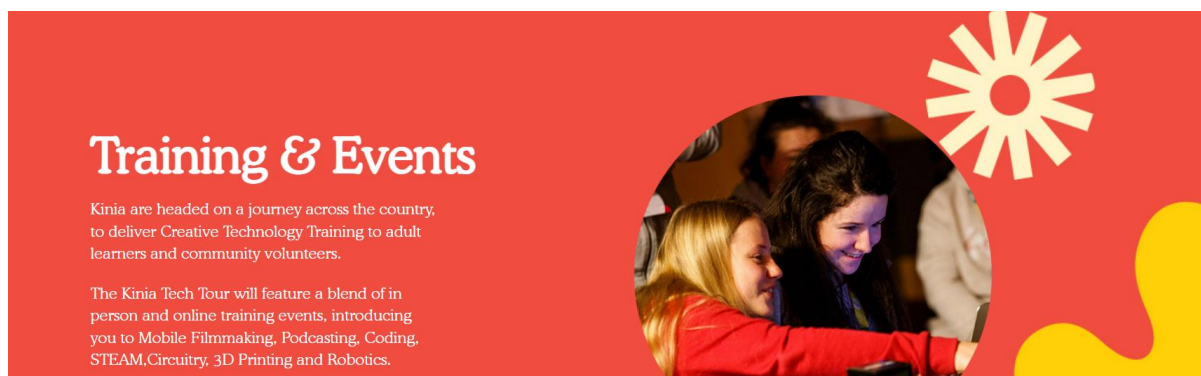
Niamh Finucane

Young Carer Wellbeing Manager

Family Carers Ireland

086 1077085

○ The Kinia Tech Tour



Kinia are headed on a journey across the country, to deliver Creative Technology Training to adult learners and community volunteers. The Kinia Tech Tour will feature a blend of in person and online training events, introducing you to Mobile Filmmaking, Podcasting, Coding, STEAM, Circuitry, 3D Printing and Robotics.

All programmes will be offered through the English and/or Irish and are sponsored “Train the Trainer” sessions, which means free of charge, provided participants are over 18 years of age and working with young people in a voluntary/paid capacity.

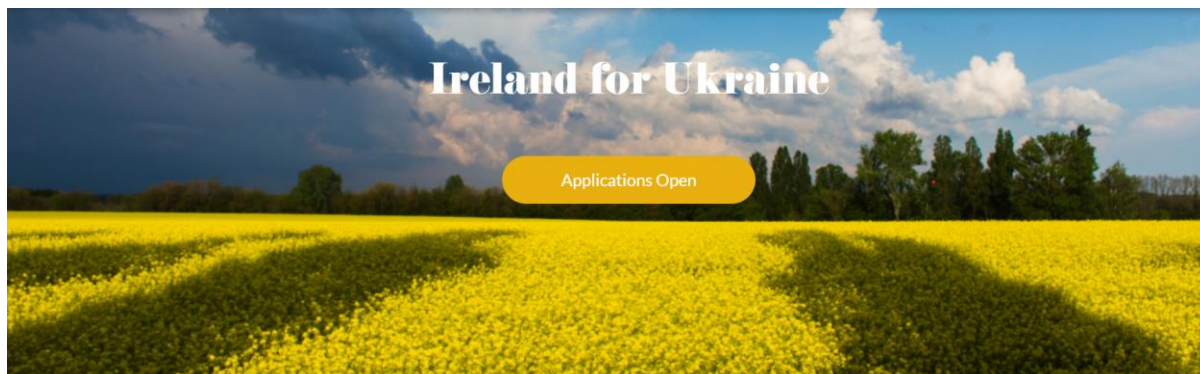
In-person training will take place in a 1 day session at a regional venue. Online training will be over 2 sessions through an online conference call (online participants must attend both sessions).

There are 4 introductory training topics on offer Computer Science, STEAM, Mobile Filmmaking and Podcasting..

Click [here](#) for more information and details of how to book your training place.

FUNDING

○ Ireland for Ukraine Fund : Community Foundation for Ireland



The 'Ireland for Ukraine' campaign aims to raise funds for people affected by the conflict, which includes those who have been displaced.

The objectives of this fund are:

- To support local, regional and national organisations to adapt their work to respond to the emerging and medium-term needs of refugees fleeing Ukraine
- To allow for greater collaboration and coordination across the sector to respond to the crisis in a more effective, impactful way
- To ensure voices and agency of the beneficiary refugees is encouraged through the projects funded

Irish organisations working with refugees from Ukraine at a local, regional and national level can apply for a grant under the following strands:

- **Primary Response**
- **Community Response**
- **Specialised Response**
- **Collaborative Response**

Organisations can apply once to one of the Strands above.

All applications must meet the criteria for the Fund, any organisation or project that does not meet the eligibility criteria will not be successful in this grant round.

It is recommended that organisations read through each criteria document before making a decision about applying. Closing date for receipt of applications is 30th June 2022. Grants will be awarded in September 2022 and work should begin in September / October 2022.



Further Information : Applications can be made through the Community Foundation for Ireland website. [Click here to access.](#)

A webinar outlining the criteria and sharing tips on how to make a good application took place on June 14th. [This webinar was recorded and is available to view here.](#)

◦ Minister O’Gorman publishes Ireland’s EU Child Guarantee National Action Plan



The Minister for Children, Equality, Disability, Integration and Youth, Roderic O’Gorman, today published Ireland’s National Action Plan for the EU Child Guarantee.

In 2019, the European Commission announced the creation of a European Child Guarantee with a view to ensuring that every child in Europe at risk of poverty or social exclusion has access to the most basic of rights like healthcare and education. The objective of the European Child Guarantee, which was adopted by the Council in June 2021, is to prevent and combat social exclusion by guaranteeing the access of children in need to a set of key services:

- early childhood education and care
- education (including school-based activities)
- healthcare
- nutrition
- housing

Government agreed on 31 May to the publication of the National Action Plan and for its submission to the EU Commission.

The publication of the Plan is an important first step in the implementation of the EU Child Guarantee.

Minister O’Gorman noted:

“My Department will coordinate actions across Government in addition to holding responsibility for the delivery of actions contained in this Plan relating to Early Childhood

Education and Care, while the delivery of other key actions in the plan will be managed by the parent Department holding policy and operational responsibility.

“By and large, the Plan references policies, programmes and interventions that are already State funded and are operational. Of particular note is that Exchequer funding, of the quantum of €7.8bn, is annually spent in areas aligned to the EU Child Guarantee. This is just a first step.

“Identifying the most appropriate and effective structures to pursue the reforms necessary to improve outcomes for our most disadvantaged children and young people will be a particular focus of our work in the coming months, in order to progress matters.

“Finally, while the Plan does not contain specific reference to the crises in Ukraine and the resultant impact on children, I have written to the EU Commission in this regard – noting that we consider the EU Child Guarantee to encompass such children and we will act accordingly.”

To download the Plan, click [here](#).



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