



Wexford CYPSC News and Resources Update

July 8th 2022

For information on services and supports for children, young people and families see
www.wexfordcypsc.ie.

For information on supports for parents, see **Wexford Parents Hub** at
www.wexfordcypsc.ie/wexford-parents-hub and on Facebook at
www.facebook.com/wexfordparentshub/.

CONTENTS

Ukraine Supports;

P.3 : Posters for Services offering support to people from Ukraine

Children & Young People;

P.5 : EPIC National Youth Participation Drive

P.7 : Research on the impact of the Cost of Living Crisis on Children

Webinars & Training;

P. 8 : Barnardos Online Safety Webinar

UKRAINE

The following posters have been developed by the Department of the Taoisigh Senior Officials Group for display in premises where services are being offered to people from Ukraine.



The **English** version of the poster is also available to download [here](#).



The **Ukrainian** version (above) is available to download [here](#).



Информация для лиц, прибывших в Ирландию из Украины
(в соответствии с Директивой ЕС о временной защите)

На веб-сайте правительства Ирландии вы найдёте следующую информацию:

- Социальная поддержка
- Трудоустройство
- Образование
- Медицинское обслуживание
- Обучение английскому языку

www.gov.ie/Украина

Для получения более подробной информации посетите веб-сайт www.gov.ie/Украина



Rialtas na hÉireann
Government of Ireland

The **Russian** version (above) is available to download [here](#).

○ EPIC: Empowering People In Care



EPIC, Empowering People in Care: National Youth Participation Recruitment Drive We are growing and diversifying our youth participation work and have an open invite for care-experienced children and young people to join the **EPIC Care Community**. This is a great space for meeting other care-experienced children and young people, making friends, learning new things, as well as being a space for action through work on creative campaigns and projects. This national call is for children and young people of all backgrounds with experience of any type of care placement, whether it's relative, foster, or residential care or any other type of State care for minors.

What being a member of EPIC's Care Community means

- Children aged 1-12yrs will get invites to family friendly social events and activities.
- Children and young people aged 13-26yrs will have a choice of participation activities to get involved with throughout the year, including an opportunity to join our Youth Advisory Group.
- For anyone with care-experience aged 27+, we will add you to a special information hub for care-experienced young adults and keep you up to date on the work of EPIC, our events and campaigns and relevant opportunities that may arise.

Participation activities can include (the child or young person decides which ones they want to get involved in):

- Social events and gatherings
- Upskilling and learning new things
- Working on group projects and campaigns
- Helping to develop content for digital media
- Contributing to policy papers and research studies
- Public and political engagement – talking to politicians or journalists and speaking at events

At EPIC, we are committed to empowering children and young people with care experience by ensuring their voices are heard where it matters and by promoting positive care identities. Our promise to the children and young people who join our Care Community:

1. EPIC will provide safe, inclusive, and respectful spaces for you to come together to explore your experiences of the positives and challenges of being in care.
2. Your voices will advise EPIC and other services about how the lives of children and young people in care can be improved, as your voices CAN influence real change.

3. EPIC will ensure that you know your rights, have opportunities develop new skills, while having fun and making new friends along the way!

If you know a child or young person who might be interested in joining the EPIC Care Community, they, or an adult caring or working with them, can fill out our Expression of Interest Form via our website: www.epiconline.ie/epic-care-community/

If you have any questions or would like to talk to a member of our Participation Team please email participation@epiconline.ie.

The EPIC website can be accessed [here](#).

○ Research Published on the Impact of Cost of Living Crisis on Children (Barnardos)



Barnardos children's charity launched new research, conducted by Amárach Research, which highlights the impact that recent cost of living increases are having on parents and children across the country. The children's charity details the impact the rising cost of living is having specifically on the families Barnardos works with, from their experience on the ground. Barnardos is calling on the Government to target additional measures at low income families, including the introduction of a hardship fund, to ensure children don't go without items essential to their social, emotional and physical wellbeing and development.

'All it takes is for one cost to crop up or one thing to breakdown and they are tipped into financial crisis', Barnardos staff member

Barnardos commissioned Amárach Research to carry out a nationally representative survey with over 300 parents/guardians with children aged 17 or younger living with them. It found:

- **Almost two thirds of parents (63%) stated they and their children had to go without essentials, such as those listed in the table below, over the past 6 months due to cost of living increases.**
- **Over one quarter of parents (28%) have cut back or gone without heat, and almost one in four (23%) have cut back or gone without electricity.**
- **Over one third stated they have had to cut back on clothes and alarmingly, one in six have cut back or gone without on medical appointments/medicines.**

To access the research findings click [here](#)

To access the summary document, click [here](#).

To access Barnardos website, click [here](#)

WEBINARS & TRAINING

o Barnardos : Online Safety Webinar



Due to the success of Plugged In Switched Off in 2021, the conference returned this May. This year's theme was **cyberbullying**.

Supported by Google.org, the webinar is aimed at **principals, parents** and **professionals working with children**. This aims to be a practical, solution focused webinar about what cyberbullying looks like nowadays and what can be done to prevent it.



This webinar is available to watch back. Access it [here](#).

To access the Barnardos website, click [here](#).