



Wexford CYPSC News and Resources Update

April 29th 2022

For information on services and supports for children, young people and families see
www.wexfordcypsc.ie.

For information on supports for parents, see **Wexford Parents Hub** at
www.wexfordcypsc.ie/wexford-parents-hub and on Facebook at
www.facebook.com/wexfordparentshub/.

CONTENTS

Supports for Displaced People from Ukrainian;

P.3 : Tusla Child & Family Agency : Child Protection Guidance

P.4 : Department of Social Protection supports for those arriving from Ukraine under the EU Temporary Protection Directive

P.5 : Ukraine Cultural Competency Guide : Points of Light

P.6 : Family Carers Ireland : Rights and Entitlements Webinar for Ukrainians

Training & Webinars;

P.7 : “Design Your Future” Training Course

P.8 : Local Mental Health Forums Training

Young People;

P.9 : “Inspire” Online Mentoring Programme

P.10 : Exam Support Group : FDYS

P.11 : Report On Children Whose Parents Use Drugs : Pompidou Group

Funding;

P.12 : What Works ‘Sharing Knowledge’ Fund

Covid 19;

P.13 : Partner Pack Update Dept. of Health

Supports for People from Ukraine

○ Tusla Child & Family Agency : Child Protection Guidance



Tusla Briefing Document re: Child Protection;

Tusla has prepared a briefing document which is intended for anybody who is in contact with Ukrainian children and young people at community level (attached with this newsletter and available to view on the CYPSC website). Where a need for intervention or targeted support has been identified at community level, the document outlines Tusla's standard referral pathways.

To access the briefing document, please see the Resources section of Wexford CYPSC website [here](#).

Tusla Website : [Ukraine ResponseTusla - Child and Family Agency](#)

Tusla has developed a website page that is available in English, Ukrainian and Russian. It outlines the following information;

- How to report a child protection / welfare concern
- How to make a report
- How to recognise child abuse
- What happens after a report is received by Tusla
- Information for Ukrainians arriving in Ireland – Unaccompanied Minors.

To visit the Ukraine page on the Tusla website click [here](#)

○ **Department of Social Protection supports for those arriving from Ukraine under the EU Temporary Protection Directive**



The European Union has put in place a temporary protection Directive to allow Ukrainian citizens and others fleeing Ukraine access to a wide range of supports including social welfare income supports. The Department of Social Protection is providing support and services to assist people covered by this Directive who are fleeing Ukraine and who arrive in Ireland.

The DSP has developed a newsletter that outlines supports that are available for people from Ukraine who have been displaced as a result of the conflict.

The newsletter is available to view [here](#).

To access the DSP website, click [here](#).

o Ukraine Cultural Competency Guide : Points of Light

“Points of Light” have developed a Ukraine Cultural Competency Guide.



POINTS OF LIGHT

UKRAINE CULTURAL COMPETENCY GUIDE: SUMMARY

INSERT
LOGO
HERE

The following is a condensed version of the full Ukrainian Cultural Competency Guide. Please refer to that resource for more in-depth analysis.
Note this will not cover all Ukrainians but it does provide an overview of norms and social interactions commonly followed.

 Ukrainian Culture	 Social Interaction	 Meetings and Greetings	 Possible Feelings of Displaced Ukrainians
<ul style="list-style-type: none"> Ukrainians may adopt a more formal manner at first, but once you earn their trust, you will find your way to their “inner circle.” You’ll be treated as family and form lifelong friends. In Ukraine, there is no common business without friendly relationships. There exists the concept of inner and outer circles. Until you become accepted to the “inner circle,” you will remain an outsider. Ukrainians are extremely generous and hospitable. All social occasions include food. Visitors are always offered something to eat as well as a beverage. It is considered the height of rudeness to eat in front of another person and not offer them something. It is common for Ukrainians to be five minutes late for the majority of social and private events. Physical appearance is particularly important, including special attention to wardrobe, which is typically neat and formal. 	<ul style="list-style-type: none"> Ukrainians tend to be outgoing, warm and sociable, so initiating a conversation with a Ukrainian is not difficult. In social situations, however, Ukrainians clearly define the borders between formality and familiarity. The style of language used among people who have just met and are engaged in a professional project differs from the style of language used among people who have developed a closer acquaintance and meet more frequently. Territorial dialects influence both formal and informal languages. Young people prefer to use slang when talking with peers. When embarking on a visit, it is customary to bring fresh-cut flowers for the host. (Traditionally, it is recommended that the bouquet consists of an odd number of flowers.) If children are present, fruits, marshmallow sticks (nacruta), candy or toys are appreciated. 	<ul style="list-style-type: none"> The typical greeting is a warm, firm handshake, maintaining direct eye contact and repeating your name. In wartime, people say “Glory to Ukraine! / Slava Ukraini,” at the beginning or end of a communication. Given that many of those displaced are women and children, it is more appropriate to greet with a smile, a head nod and “Good Morning Добрий ранок” / “Good Day Добрий день” / “Good Evening Добрий вечір,” as appropriate, rather than any form of physical touch. It is always recommended to ask before making any physical contact. Ukrainian names include: <ul style="list-style-type: none"> First name, which is the person’s given name. Middle name, which is a patronymic, or a version of the father’s first name formed by adding “-ovich” or “-ivich” for a male and “-ivna” or “-ivna” for a female. (E.g. the son of Tania would have a patronymic of Taniavych, while the daughter’s patronymic would be Tarasivna). Last name, which is the family name or surname. In formal situations, people use all three names. Friends and close acquaintances may refer to each other by their first name and patronymic. <p style="font-size: 0.8em; margin-top: 10px;">In formal situations, people use all three names or add Pany/Mr. or Pani/Ms. to the first name. Friends and close acquaintances may refer to each other by their first names and patronymic if one of the friends is older.</p>	<ul style="list-style-type: none"> Close connections of generations are common, with two or three generations living together and taking care of children. Isolation from relatives and loved ones may cause distress. Temporary asylum seekers (“refugees” or “displaced people”) might be constantly stressed, even in a safe environment, as they are concerned about their relatives and friends who are back-home and by the atrocities they have witnessed. Many Ukrainians will continue reading news from Ukraine and might seem depressed as a result. If they appear to be upset, it may be because of the information they are hearing, reading or watching. Many Ukrainians experience “survivor’s guilt” because they managed to flee. They have survivor’s guilt because they have avoided dangers while others did not manage to escape or survive. Some Ukrainian refugees feel ashamed to stay in a relatively safe place, while in Ukraine people are suffering in dire conditions including living in bomb shelters indefinitely. Be mindful that it can be challenging to hold a normal conversation when their thoughts are focused on the desperate situation of their friends, family and homeland. Ukrainians may be concerned about their future and the future of their children. They are experiencing tremendous change in their lives. This is an unexpected change that they did not plan for and interrupted the life they built for themselves and their family. At the same time, it does not mean that Ukrainians are not resilient. Many of them will adapt eventually an ethos of Ukrainians as noted in the history of the country.

This guide is available to download on the Wexford CYPSC website [here](#).

To access the “Points of Light” website, click [here](#).

○ Family Carers Ireland : Rights and Entitlements Webinar for Ukrainians



Family Carers Ireland are hosting a family carers' rights and entitlements information session in Ukrainian via Zoom on **12th May at 7pm**. It is free and open to anyone arriving from Ukraine who is caring for someone due to illness, disability or frailty.

The link to register is

<https://www.eventbrite.ie/e/rights-and-entitlements-for-family-carers-in-ukrainian-tickets-324594860967>

A poster in Ukrainian is available for the event, click [here](#).

WEBINARS & TRAINING

○ “Design Your Future” Training Course

Broader Horizons, through **Wexford Local development *leader funding*** are delighted to share with you a fully funded personal development summer programme for young adults living in the county of Wexford.

The programme ‘**Design Your Future**’ will support young people aged between **18 - 25 years**, who are socially excluded or at risk of social exclusion to actively engage in planning and taking first steps towards a more socially inclusive future.

This two week programme will be run twice: -

Group 1- for young people living in Wexford town, Rosslare, New Ross & surrounding areas (south Wexford - July 11th to 21st)

Group 2 - for young people living in Enniscorthy, Gorey and surrounding areas (north Wexford - July 25th to Aug 5th)

This summer programme runs for 8 days per group & is completely free to participants. Transport provided to venues from selected locations.

The activities we have planned are: team building, outdoor activities, cooking, fashion & beauty, car maintenance, day trips, making videos, etc and aims to support young people in strengthening their personal development and confidence in their own abilities.

For further Information : The programme outline is available to view [here](#). An information sheet is available to view [here](#). We are now recruiting interested young people through a link on the information leaflet. Numbers are limited.

We would like to hear from anyone who may have young adults interested in this programme. Please email, text or WhatsApp Deirdre at 087 9536586 for more details and to set up a brief meeting. Alternatively any young person may complete the form themselves.

We would be grateful for your support in spreading the word to other youth and community workers in Wexford and supporting the participation of young people in this initiative.

Yours sincerely

Deirdre and Jack

Deirdre Quinlan, Eolas Soileir, Ph: 087 9536586

o Local Mental Health Forums Training



Local Mental Health Forums Training

Online training
over six weekly sessions
10am to 1.30pm

Join us
online
May
12th
19th
26th,
June
2nd
9th
16th

Discuss;
Lived
experience,
Purpose
of forums,
Members roles,
Self-care,
Leadership and
Change management
Group facilitation skills



To book your place email
recoverycollegesoutheast@gmail.com
or phone 086 174 6330

The mental health forums bring together people who access the mental health services, family members and supporters and people who work in the mental health services to discuss challenges and successes, and input to continued service developments.

YOUNG PEOPLE

○ “Inspire” Online Mentoring Programme



Innovate Communities a Ballymun based NFP (www.innovatecommunities.ie) launched INSPIRE Mentoring in partnership with LinkedIn Ireland. INSPIRE Mentoring supports marginalised young people aged 18-25 through educational transitions such as moving from education to employment. INSPIRE Mentoring is a holistic intervention that provides academic, social and community support via powerful formal online mentoring. Since launching in 2020 we have seen mentees improve their confidence and self-belief and access employment and skills opportunities. INSPIRE Mentoring facilitates weekly 1:2:1 mentoring support with an experienced professional with a similar background.

INSPIRE Mentoring is a transformative digital innovation that supports marginalised young people. It empowers the young person to take responsibility for their future and participate fully in community, environment, and society. To, in time achieve economic security and opportunities and to themselves act as role model for the generation behind them.

What problem does INSPIRE Mentoring address?

INSPIRE Mentoring exists to address a significant gap. That young people from specific socioeconomic backgrounds have less access to role models, job opportunities and networks that are necessary to ensure they reach their full potential in education and employment.

INSPIRE Mentoring aims to reduce this gap for this generation and future generations. It has a quite simple concept. To use the power of skilled mentoring to support young people reach their full potential. It is a customised research based online mentoring programme using mentors that are relatable and motivating with direct relevant workplace experience.

For further information on Inspire, please see the briefing document [here](#).

To view the poster, please see [here](#).

For further information please email the programme manager: elaine@innovatecommunities.ie

○ Exam Support Group : FDYS



○ Report On Children Whose Parents Use Drugs : Pompidou Group



I am pleased to inform you that the PG publication based on the work carried out in 2021 “Children whose parents use drugs: promising practices and recommendations” is now ready.

This publication sheds light on an invisible population: children and adolescents living in families where at least one parent uses drugs. It looks at children growing up in families affected by drug and alcohol dependence, as well as the services, programmes and practices that help protect childhood and ensure children’s needs are met, while at the same time addressing the needs of parents.

It intends to contribute to increasing knowledge and interest in the topic and serve as a practical reference for the identification of promising practices and international partners to address it.

It is a first step in an ongoing joint effort to give visibility to children of parents who use drugs and a tool to foster cooperation and dialogue between governmental and non-governmental actors.

Please find :

- The link to our PG website : [Children whose parents use drugs \(coe.int\)](https://www.coe.int/pompidou)
- The teaser/video on publication on “Children whose parents use drugs” appearing on the following :
 - [Twitter](#)
 - [Facebook](#)
 - [LinkedIN](#)

Please, do not hesitate to disseminate information on the publication along the teaser/video.

Kind regards,

Lamia ABDENNOURI

Pompidou Group

“Council of Europe International Cooperation

Group on Drugs and Addictions”

Council of Europe - Agora Building, F-67075 Strasbourg Cedex, France

Lamia.abdenbouri@coe.int, www.coe.int/pompidou



FUNDING

○ What Works 'Sharing Knowledge' Fund



Minister for Children, Equality, Disability, Integration and Youth, Roderic O’Gorman, is pleased to announce a €200,000 ‘Sharing Knowledge’ Fund, which will be rolled out as part of the *What Works* initiative and funded through Dormant Accounts Funding.

The ‘Sharing Knowledge’ Fund builds on the 2021 *What Works* ‘Learning Together’ Fund to support learning, share knowledge, open peer discussions and develop strong professional relationships.

The aim of the Fund is to support professionals working in children, youth, and family services with their learning requirements, peer interaction, project collaborations and knowledge dissemination. Projects to be considered will focus on organising or accessing relevant learning/training sessions, while putting a strong emphasis on future collaborations between peers and disseminating learning to larger audiences, including networks. All applications must have a focus on prevention and early intervention.

The fund is open to practitioners and service providers working in not-for-profit organisations, multi-disciplinary networks, Children and Young People’s Services Committees, Child and Family Support Networks and communities of practice working with children, young people and their families and who have a strong emphasis on prevention and early intervention.

Applications : Organisations can apply for a minimum grant of €5,000 and a maximum grant of €20,000. The closing date for applications is 27th May, 2022.

More information on the scheme is available on the [What Works website](#).

COVID 19

o COVID-19 Partner Pack Update

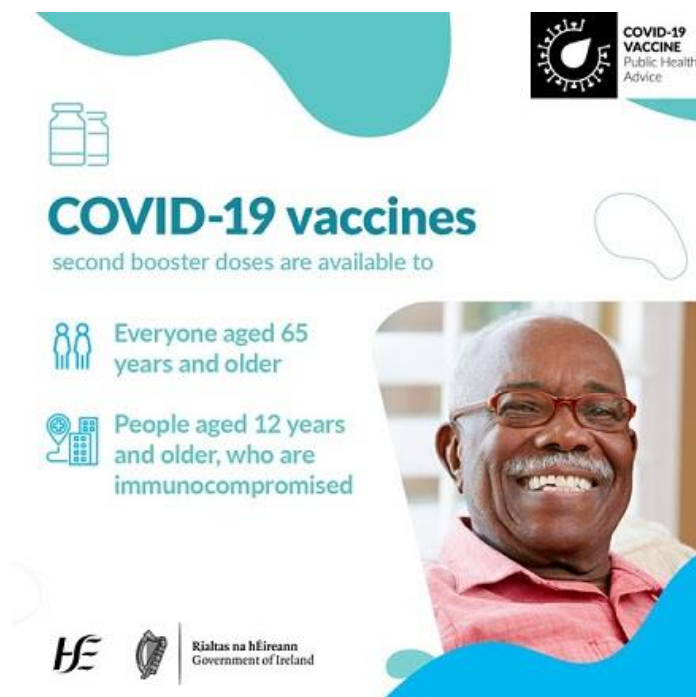


Dear Colleagues,

We hope this message finds you well.

Thank you for your continuing support in helping to share information about COVID-19 and important health service updates. Our highlight communications updates for you this week are:

Second COVID-19 booster vaccine



COVID-19 vaccines
second booster doses are available to

- Everyone aged 65 years and older
- People aged 12 years and older, who are immunocompromised

HSE | Rialtas na hÉireann
Government of Ireland

People aged 65 years and over are now eligible for their second COVID-19 booster vaccine. Those with a weak immune system aged 12 and over can also get their second booster, when it is due. Those who are due their second COVID-19 booster vaccine can:

- [Book a booster appointment online at HSE vaccination centre.](#)
- Participating GPs and Pharmacies will begin giving second boosters in the coming weeks
- Visit <https://www.hse.ie/eng/> for more information

The HSE encourages everyone in these two groups who has already had their first booster to get their second booster dose when they become eligible. This second booster will give you the best protection from serious illness caused by COVID-19.

Dr Colm Henry, Chief Clinical Officer, HSE, said: “We are now offering a second booster vaccine to those aged 65 years and over and those who are immunocompromised, and I am urging everyone in these groups to get this second booster dose.”

“People being recommended this second booster are those most at risk of severe illness from COVID-19. It is important you get your second booster to help maintain your protection from becoming seriously ill or needing hospital treatment if you catch the virus.”

If you have a weak immune system

People aged 12 years and older who have a weak immune system previously had one additional dose of vaccine and were also offered a first booster dose earlier in 2022. Most people in this group are not yet due to have a second booster, and the HSE will issue SMS reminders to people in this group as their second boosters become due over the coming weeks. Clinicians will also be identifying people who have become immunocompromised recently to be added to this group.

Interval between first and second booster

If you are 65 or over, you should get your second booster at least 4 months (at least 120 days) after your first booster. You can check the date of your last booster on your digital COVID-19 certificate.

If you have had COVID-19 in the last 4 months

You should get your second booster dose at least 4 months after your positive test result or when your symptoms started

Going to the vaccination centre

Please bring a photo ID with you. Examples of ID include passport, driver's licence, Garda age card, student/school ID etc. but if your ID does not include your date of birth, please bring proof of your date of birth (e.g. your birth cert).

What vaccine will I get?

If you are 30 years or older you will be offered a single booster dose of the Moderna COVID 19 vaccine at the HSE vaccination centres and over the coming weeks from GPs and Pharmacies. If you are 29 years or younger, we will offer you a single dose of the Pfizer vaccine. These are mRNA vaccines. NIAC has recommended people are given a mRNA vaccine for this second booster dose, and it is safe to receive if you previously had a different vaccine.

If you have not had your first booster yet

Everyone aged 12 and over can still get their first booster and are invited to come forward and book an appointment at a HSE vaccination centre.

Video explaining second booster

You can [watch this video](#) with Dr Eimear Hayes, Senior Medical Officer from the HSE National Immunisation Office. In the video Dr Hayes answers questions about the second booster dose of the COVID-19 vaccine for people aged 12 and older who have a weak immune system and those aged 65 and older and explains their recommended COVID-19 vaccination course. Information about the recommended vaccine schedule for COVID-19 is available from the [National Immunisation Office Website](#).

Stay safe

COVID-19 is still with us. These are important things that we can all keep doing to help reduce infection:

- isolate if you are symptomatic (even if you are fully vaccinated and boosted) or if you are diagnosed with COVID-19
- complete your [primary and booster programme of vaccination](#)
- continue to [manage risk](#) for yourself and others who are more vulnerable. You can do this by wearing masks, physical distancing and avoiding crowds as well as maintaining basic hand and respiratory hygiene



Treatment for people at the highest risk from COVID-19

Medicines are starting to become available to treat people with COVID-19 (coronavirus) who are at the highest risk of becoming seriously ill. You'll be told by your doctor or consultant if these medicines are for you and other COVID-19 medicines are expected to become available soon. It's a good idea to be aware if you are in a higher risk group for COVID-19.

You can find more information about treatments and higher risk groups [here](#).

Public Health Measures

You can [find information on public health measures here](#).

COVID-19 vaccine for children aged 5 to 11 years

If your child is aged 5 to 11 you can book their COVID-19 vaccine appointment [online](#) at a time and date that suits you. The vaccine will help to protect them and the rest of the family too. The World Health Organization has advised that the COVID-19 vaccine is safe for children of this age. Visit [hse.ie](#) for information or to book an appointment.

COVID-19 Vaccination Programme

You can find the latest information on vaccines administered [here](#).

COVID-19 Testing

Full details of [how to get tested are available here](#).

COVID-19 information in other languages

Visit [hse.ie/translations](#) for a range of COVID-19 vaccine information videos and resources that have been produced in other languages, including information on COVID-19 vaccination in pregnancy.

Information videos on COVID-19 vaccination for parents of children aged 5-11 are available [here](#).

Animated videos for children about COVID-19 vaccination

Animated videos for children are now available in English, Irish, Irish Sign Language and 11 other languages. The videos are intended as resources for parents, guardians or care workers to use to talk about the child's COVID-19 vaccine and the process of being vaccinated with them.

The videos are also available in Arabic, Czech, Dari, French, Lithuanian, Polish, Portuguese, Romanian, Slovak, Urdu, and Yoruba and you can see all of the videos [here](#).

Where to find COVID-19 Vaccination Information

We encourage everyone to read about the COVID-19 vaccine and to get their information from a factual, trusted source – here are the links to the pages with information on the vaccine:

- Check [here](#) for information about the vaccine, information on this page is updated regularly
- Find the vaccine information materials at <https://www.hse.ie/eng/services/covid-19-resources-and-translations/covid-19-vaccine-materials/>
- Details on COVID-19 vaccines administered are available [here](#)
- Read the [full COVID-19 Vaccine Allocation Strategy](#)
- Read the [National Immunisation Advisory Committee Chapter about COVID-19 vaccine](#)
- [COVID-19 vaccine information for health professionals](#)
- Information in Irish Sign Language: information resources on the COVID-19 vaccines in Irish Sign Language are available [here](#)
- COVID-19 vaccines easy read and accessible information formats are available [here](#)
- Translated resources are available [here](#)

Online training – understanding trauma and supporting the needs of people fleeing war and / or persecution

This training will provide you with an awareness and basic understanding of war trauma, post-traumatic stress disorder, psychosocial needs of people who have fled war, understanding the barriers to accessing supports and the importance of minding your own psychological wellbeing when helping others. This training is available to watch online until 6th May 2022: [Watch training here.](#)

Information on healthcare services for Ukrainian nationals: Ukrainian and Russian language resources available

[COVID-19 information for Ukrainian nationals](#) arriving in Ireland is now available to read in both Ukrainian and Russian languages on www.hse.ie/Ukraine . Other recent updates include how to apply for a medical card and links to bi-lingual medical card forms. We will continue to update information in English, Ukrainian and Russian languages.

Bowel cancer awareness month

April is Bowel Cancer Awareness Month and BowelScreen is encouraging people aged 60 to 69 to register for their free BowelScreen test at bowelscreen.ie or to Freephone 1800 45 45 55.

Recent research found that a fear of finding something wrong is the most common reason that people do not participate in bowel screening. But for the majority of people (around 95%), the home test is the only test needed; only around 5% will be referred for a colonoscopy.

Bowel screening can help prevent cancer developing and detect it before symptoms begin. This often means treatment is easier and more effective than if diagnosed later. The test kit is posted out to you so that you can do it in the privacy of your bathroom.

National Patient Representative Panel

The HSE is looking for volunteers to join our National Patient Representative Panel. We want to make sure that the views and experiences of people who have used health services in the past are at the heart of our design, planning and delivery of health services. We are looking for volunteers to share their patient experiences to help us improve our health services. The time you give really depends on the time you have available.

For full information please see the attached leaflet and [our webpage](#)

Public Health Information

For updated information and advice on Coronavirus, please go to: <https://www2.hse.ie/conditions/covid19/> and <https://www.hpsc.ie/a-z/respiratory/coronavirus/novelcoronavirus/>. Clinical and professional guidance relating to COVID-19 is available on <https://www.hpsc.ie/> where you'll find up to date guidance for healthcare settings and non-clinical settings.

Please check [here](#) for the most up to date partner resources for COVID-19.

You can find translated resources [here](#).

You can find the [COVID-19 A-Z information here](#) from the HSE's Health Protection Surveillance Centre (HPSC).

Please also check the Healthy Ireland site [here](#) with further resources and information on the Keep Well campaign.

You can view the latest information on how Ireland is responding to cases of COVID-19 [here](#).

Ireland's COVID-19 Data Hub is [available here](#).

Many thanks and best wishes,

