



Wexford CYPSC News and Resources Update

April 22nd 2021

For information on services and supports for children, young people and families see
www.wexfordcypsc.ie.

For information on supports for parents, see **Wexford Parents Hub** at
www.wexfordcypsc.ie/wexford-parents-hub and on Facebook at
www.facebook.com/wexfordparentshub/.

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CHILDREN & YOUNG PEOPLE

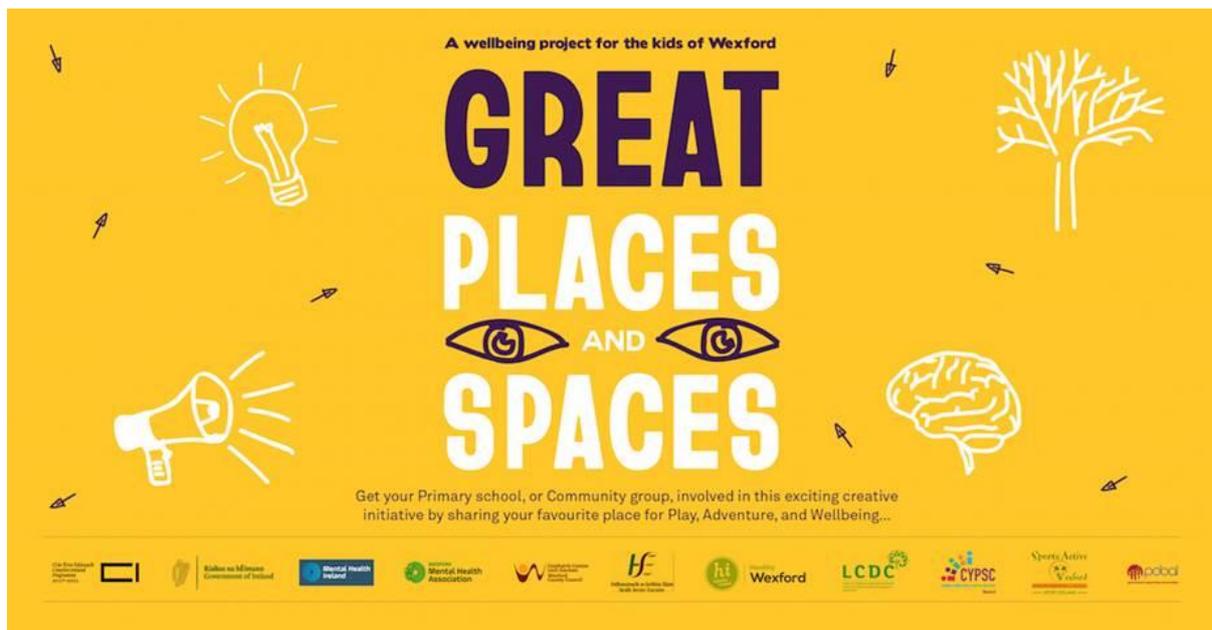
○ Great Spaces & Places Project

Wexford Mental Health Association is delighted to launch a new initiative for primary school aged children “Great Places and Spaces”

For Further information please visit WMHA website :

<https://wexfordmentalhealthassociation.ie/great-spaces-great-places-project/>

If your school or community group would like to get involved with this wellbeing project for children, please contact Theresa Goff Admin WMHA by email on: Wexfordmha@mentalhealthireland.ie or telephone 087 1808703 (Monday to Friday 9:30am-2:30pm)



Paula Lowney, Service Reform Fund Project Lead

South East Community Healthcare

Summerhill Mental Health Centre

Summerhill

Wexford

087 2754752 Paula.lowney@hse.ie



○ **Parenting Today 2021- Bi-lingualism: How to get your child to speak your native language and why it matters.**

This talk will be available to watch at any time, online on all Wexford County Council Public Library Service Facebook pages and Wexford Libraries YouTube channel from **Thursday May 6th at 8.00pm onwards.**



Send any questions for Dr. La Morgia to libraryhq@wexfordcoco.ie by 5.00pm on Friday 30th April. Complete privacy is assured.

Presented by: Dr. Francesca La Morgia. Francesca works as a lecturer, researcher, consultant and trainer in child language development and child bilingualism. Francesca is also a passionate advocate for social inclusion and migrant integration.

Bilingualism: ‘Why is my child not speaking back to me in my native language?’

This is definitely one of most frequently asked questions for bilingual families!

Join Dr Francesca La Morgia, linguist and founder of Mother Tongues, for a webinar full of practical tips, that have been tried and tested by parents raising bilingual children and find out about all the best strategies to encourage your child to talk more in your language.

Why it matters: Speaking your first language at home supports your child’s development, reading and educational progress, particularly in the early years. Native language plays an essential role in celebrating identity, culture and a pride in heritage and upbringing, establishing your child’s identity and promoting an understanding of history and culture

Background: Wexford County Council Public Library Service works in partnership with CYPSC (Children & Young People’s Services Committee) each year to deliver Parenting Today, an annual programme of free talks for parents and carers throughout Wexford County.

○ Barnardos: “Plugged In, Switched Off” Conference on Digital Wellbeing and Screen Time



Barnardos hosted their first online conference on Digital Wellbeing and Screen Time, “Plugged In, Switched Off” on Tuesday, March 30th. The focus of the conference, supported by Google.org, was on digital wellbeing and aimed to share an understanding of what this means, and how to support children and young people to better manage their time, and wellbeing, online.

The conference arose due to the increased requests and concerns from parents and teachers in relation to children spending too much time online, and concerns for their safety. With over 800 people registering for the conference, it is clear that this is a topic at the fore of the public’s mind.

According to Cliodhna Purdue, Barnardos Online Safety Programme Training Executive, “we receive a lot of questions about how best to approach and manage screen time from participants in our Online Safety Programme. We therefore understood that a conference like this was needed, in an effort to bring people together to gain a better understanding of what digital wellbeing is, and how to better manage screen time. **Plugged In, Switched Off** was an excellent event bringing together experts in the field, professionals, schools, young people and parents; representatives of the many groups concerned about children’s digital wellbeing”.

The event was MC’d by Anton Savage and was headlined by Joanna Fortune, parenting expert and psychotherapist, who examined how we parent in the digital age and discussed how we can ensure that imaginative play is sustained in middle childhood when play patterns change and the digital device play tends to take over. Also participating in the event were two young people representing Webwise and the Youth Advisory Panel, and industry experts from Google and Tik Tok.

The conference can be viewed from Wednesday April 7th until May 5th on the Barnardos website at www.barnardos.ie/pluggedin. Barnardos offer a range of Online Safety Programme workshops for schools and parents, and has qualified trainers available to provide them online. For more information or if you would like to book an Online Safety Workshop please see www.barnardos.ie/osp

WEBINARS & TRAINING

○ “Zones of Regulation” Training

Zones of regulation training is available on May 6th. There is a limited number of places. Please be aware the training starts at 8pm for three hours this is due to time difference this is the only way we can avail of the training. Can you let Sinead Cronin Daly know if you wish to avail of a place as soon possible. Sinead can be contacted at sinead.cronindaly@tusla.ie.

We hope to get the book ordered for each organisation who participates. Further information on training is outlined below.

Description:

The half day shared live webinar is a condensed version of the full day training. Participants will walk away with basic understanding of the Zones framework and support for implementation. This condensed version will highlight key components of the curriculum. Visuals and student work samples are highlighted to illustrate learning activities. A variety of tools (sensory supports, calming techniques, and thinking strategies) are explored to help students recognize their internal emotions, sensory needs, and thinking patterns in each zone, when shifting from one zone to another, and then to self-regulate within zones. Participants explore ideas on how to teach, when, why, and how to use tools effectively. The Zones of Regulation presentation also incorporates core concepts from Michelle Garcia Winner’s Social Thinking® framework to help teach students about perspective taking so they better understand how being in the different zones impacts the thoughts and feelings of other people around them (2.75 clock hours and a 15 minute break to equal a 3 hour day).

YouTube link that explains Zones of regulation

<https://www.youtube.com/watch?v=4zHR3kYg1vl&t=9s>



For further information : contact Sinead Cronindaly at Mob: 086 0081092

Sinead.cronindaly@tusla.ie

○ Independent Living Movement Ireland: Everything you wanted to know about disability but were afraid to ask! Wednesday 5th May 3pm (Zoom)



INDEPENDENT LIVING
MOVEMENT IRELAND

FREEDOM • RIGHTS • EMPOWERMENT

Independent Living Movement Ireland (ILMI) would like to invite you to our webinar “*Everything you wanted to know about disability but were afraid to ask!*” which will take place via Zoom on Wednesday 5th May 3pm.

May 5th was designated by the European Network on Independent Living as European Day on Independent Living and this event is part of ILMI’s celebration of this date.

The webinar will be an opportunity for people to listen in informally learn about the social model of disability and how that informs the United Nations Convention on the Rights of People with Disabilities (UNCRPD). Disabled activists will discuss the use of language and the role of Disabled Person’s Organisations (DPOs) and how the social model of disability can inform the implementation of the CRPD.

The webinar will feature a short input from special guest Speaker, Maggie Cameron who is a freelance Disability Equality & Diversity Trainer with experience of developing Disabled Persons Organisations in Scotland. A facilitated panel Discussion will feature disabled activists Des Kenny, Selina Bonnie, Amy Hassett and Maggie Cameron

Who is this webinar for?

It is a unique opportunity for anyone who wants to listen directly to disabled activists and hear about the issues facing disabled people through an equality and human rights lens.

Anyone with an interest in equality, human rights, community development, policy development and building an inclusive Ireland should attend to begin to explore how we collectively need to think about disability in Ireland.

We are inviting:

- Politicians,
- Policy makers,
- Public servants,
- Community Development Organisations,
- Trade unions,
- Equality and human rights organisations
- Local Area-based partnerships
- Disabled activists

Please free to circulate among your colleagues and contacts who you think would benefit from listening in.

To attend, please register via info@ilmi.ie by Tuesday 4th May at 12 noon.

o Climate Action Awareness Training Programme – WLD



Climate Change is challenging our society both nationally and locally and will have considerable impact on local Wexford communities. To address this challenge **Wexford Local Development (WLD)** is offering a **FREE** climate action training course to help you and your community build climate awareness and local climate capacity.

This **FREE** 4 week course offers participants an exciting opportunity to gain practical knowledge about climate change and develop their skills in climate action that they can apply to local activities.

The training course is also intended to inform local groups about the SEAI Sustainable Energy Community programme, enabling communities to apply for up to 50% grant funding for community related energy upgrade projects.

Brian Kehoe CEO of Wexford Local Development said “We are offering Wexford Communities 4 Climate Action to help Wexford communities to be more resilient in the face of climate change while assisting participants to identify local climate action projects that could be eligible for funding and support”.

Gavin Harte who will be delivering the course said “We are inviting individuals and groups in County Wexford to sign up for the course and help get Wexford communities climate ready”.

Places are still available on this course. See a course summary and link to the registration form here: [Climate Action Training Summary and Booking Link](#)



CONSULTATION

o Community Benefit Funds Consultation

Our colleagues in the Department of Environment, Climate and Communications are working to support the delivery of the Community Benefit Funds. To inform this process they are hosting two Virtual Town Halls and they have asked us to send on the information to you, and to ask you to please share it within your networks. Please see below.

The Department of Environment, Climate and Communications would be delighted if you could join them in one of their two town hall webinars on this Wednesday 21st at 10am or next Tuesday 27th at 7pm to discuss the Community Benefit Funds that are a mandatory element of the Renewable Electricity Support Scheme.

These Funds will see hundreds of million euro being distributed into communities nationwide over the next two decades. The Department have also published a consultation on how these funds can best be operated to maximise the benefits for communities. Registration details for the webinars can be found with the [consultation here](#).

Virtual Town Halls

In order to facilitate the gathering of feedback on the draft, we are hosting two webinars or Virtual Town Halls for the general public. Register your interest in participating at the links below:

10am [Wednesday 21 April](#)

7pm [Tuesday 27April](#)

Michelle Casserly

Community Policy Unit

An Roinn Forbartha Tuaithe agus Pobail

Department of Rural and Community Development

Government Buildings, Brook Street, Ballina, Co. Mayo, F26 E8N6

www.gov.ie

○ **ADAPT Research Study – How Adolescents Deal with and Adjust to Pandemic Restrictions**

A team of psychologists in the School of Psychology, NUI, Galway and Trinity College Dublin are carrying out research on the impact of the COVID-19 pandemic on Irish teenagers (12-18 yrs). Our study is called the **ADAPT research study : how Adolescents Deal with and Adjust to Pandemic restrictions**.

We would be delighted if you would be willing to share information on our study within your networks & help us spread the word in communities . See attached some information for distribution.

The survey is for teenagers. Parent consent is required, and this is completed online on our website:

<https://www.adaptresearchstudy.com/>

Once we have parent/guardian consent, a link to the survey is sent to the student via an email address that was provided by the parent.

If any of your colleagues/parents want to follow us, we are on instagram and facebook:

<https://www.facebook.com/adaptresearchstudy/>

Instagram: @ adapt researchstudy

We are happy to follow-up with you once results are available.

Kind regards

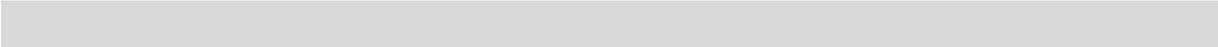
Caroline

Dr. Caroline Heary

Senior Lecturer

School of Psychology

NUI, Galway



FUNDING

○ The Community Foundation for Ireland: All-Island Fund



Linking voluntary, community and charitable groups on both sides of the border is the focus of a new All-Island Community Fund which seeks to promote stronger and more effective voices from civil society.

The result of a partnership between The Community Foundation for Ireland and the Community Foundation for Northern Ireland the new fund has gone live today (Thursday 1st April 2021) with a launch by the Minister for Foreign Affairs, Simon Coveney, TD.

Groups from the South and the North are being invited to come together and apply for grants of up to €20,000. The funding is to support greater co-operation, awareness and stronger more effective advocacy for those communities which have in the past not been heard or excluded.

Launched on a pilot basis the €500,000 fund will invite proposals from those working on a range of issues – including gender-based violence, children’s rights and protections as well as climate change. Communities can also seek support in responding to the impact of Covid-19 as well as the implications of Brexit.

The overall aim is to strengthen the voices of those who in the past have not been heard, including those of young people, women and diverse communities.

Applications are being invited across three strands, up to €5,000, up to €10,000 and up to €20,000 in an approach aimed at ensuring a broad range of groups are covered – in terms of size, work which may already be underway as well as new partnerships.

Full details of the All-Island Fund can be found at www.communityfoundation.ie and www.communityfoundtion.org

o **Dormant Accounts Funding for Community and Voluntary Organisations to Support and Improve Employment Opportunities for People with Disabilities.**

Measures to support and improve employment opportunities for Carers and Persons with a Disability

As part of the Dormant Accounts Fund Action Plan for 2021, the Department of Social Protection (DSP) are inviting applications from community and voluntary organisations who wish to support and improve the employment opportunities (incl. self-employment opportunities) for People with Disabilities.

There are **two key objectives of this funding**:

1. To support People with Disabilities to: access employment; improve their career progression opportunities 'in work'; and improve their employment outcomes through education and training.
2. To support potential employers to provide employment for People with Disabilities.

A support event for organisations interested in applying will be held on **Thursday 22nd April at 2:30pm**. Event details and registration are available [here](#).

The closing time and date for applications is 3:00pm on Thursday 13th May.

Please see our [How to Apply to DAF](#) page for details.

Le meas,

The Dormant Accounts Fund Team



W: www.pobal.ie

Registered Charity Number: 20029609

o Growing Up In Ireland Report : Key Finding Special COVID-19 Survey



The COVID-19 pandemic has been a life-changing period for all children and young people in Ireland. For the participants in ***Growing Up in Ireland***, one group ('cohort') born in 1998 and another in 2008, the pandemic arrived at key junctures in their respective life-courses.

Information on the experiences of children and young people during the pandemic is crucial in informing appropriate policy responses to support them. The ***Growing Up in Ireland*** study is uniquely placed in being able to capture contemporary information from participants on how they experienced this historical event and link it to information previously collected on their background and characteristics. For this reason, a short online survey was circulated to participants in both cohorts in December 2020.

HIGHLIGHTS OF THIS REPORT

Remote Learning:

More than half of all 12-year-olds and 22-year-old students reported having difficulties with home schooling, and were less likely to have a quiet place to study or adequate internet if they were from low income families.

Mental Health:

While many participants in both cohorts reported increases in symptoms of low mood and the consumption of 'junk food and sweets', this was more common for girls and young women.

Changes to Employment:

Amongst 22-year-olds who were in employment before or during the pandemic, almost half had lost their job or were temporarily laid off.

You can access the report at the following link : [GUII Covid 19 Report](#).

○ Covid Stakeholder Communications

Dear Colleagues,

We are grateful for your continuing support in helping to share information about COVID-19. Below are a few communications updates for you, including some new information about vaccinations.

Public Health Measures

Ireland continues at level 5 restrictions. New public health measures came into place on 12th April, and you can find more information [here](#).

COVID-19 Vaccination Programme

The vaccination programme continues to be rolled out nationwide, and as of 13th April 1,094,964 vaccines have been administered in Ireland. While we have largely completed vaccinations for the first 2 allocation groups, we are still working to vaccinate these groups:

Group 3

Vaccination of people aged 70 and over continues by GPs, who are now largely vaccinating the group aged 70 to 74. Our National Ambulance Service is also providing vaccines to people aged 70 and over who cannot leave home to be vaccinated.

Group 4

Vaccinations, for people aged 16-69 with certain health conditions that put them at very high risk is underway. 76,331 vaccines were administered to people in Group 4 as of Tuesday, 13th April. Our hospital and healthcare teams continue to work to identify, contact and vaccinate people in Group 4. GPs will be vaccinating people in Group 4 who are not regularly in contact with hospitals.

Because of the recent changes in recommendations about the AstraZeneca vaccine, people aged under 60 in this group will now be offered an mRNA vaccine.

For now, people in this group don't need to take any action. We understand that people are waiting to hear about the timing of their vaccine – your hospital, health service, or your GP will contact you when your vaccine is ready. This will continue over the next few weeks.

Group 5 and 6 - from yesterday, Thursday the 15th April, people aged between 65 and 69 can register for their COVID-19 vaccine online. we are asking people to register on different days depending on their age:

Registration dates and age groups

- Friday, 16 April – people aged 68 should register
- Saturday, 17 April – people aged 67 should register
- Sunday, 18 April – people aged 66 should register

- Monday, 19 April – people aged 65 should register

[Register here for your vaccine](#)

People in this age group who are registering online will need their Personal Public Service Number (PPSN), their Eircode, an email address or a mobile phone number.

A friend or family member can help if someone is finding it difficult to go online and register or they can ring HSELive for support on 1850 24 1850 or 01 240 8787 from 8am to 8pm, 7 days.

Once registered, the person will receive their vaccine appointment for the AstraZeneca vaccine at a HSE Vaccination Centre. Appointment will start from Thursday, 22nd April.

You can read more about the AstraZeneca Vaccine and its safety and effectiveness at this link - <https://www2.hse.ie/screening-and-vaccinations/covid-19-vaccine/astrazeneca/overview.html>

You can read more information about these updates on this page dedicated to the vaccine rollout - <https://www2.hse.ie/screening-and-vaccinations/covid-19-vaccine/rollout/rollout.html>

You can [find more information about how to register here](#) if you are Deaf or hard of hearing.

Where to find COVID-19 Vaccination Information

We encourage everyone to read about the COVID-19 vaccine and to get their information from a factual, trusted source – here are the links to the pages with information on the vaccine:

- Check gov.ie/covid19vaccine for information about the vaccine, information on this page is updated regularly
- Find the vaccine information materials at www.hse.ie/covid19vaccinematerials
- Details on getting the COVID-19 vaccine is updated regularly [here](#)
- Details on COVID-19 vaccines administered are available [here](#)
- Read the [full COVID-19 Vaccine Allocation Strategy](#)
- Read the [National Immunisation Advisory Committee Chapter about COVID-19 vaccine](#)
- [COVID-19 vaccine information for health professionals](#)

COVID-19 Webinar for Disability services including visiting guidance, vaccination implications and testing

Friday, 16th April (12-1pm)

Presented by: HSE Infection Prevention and Control Team

You can [register for the webinar here](#).

COVID-19 Guidance for Homeless Settings and other vulnerable group (social inclusion) settings

You can [find the guidance here](#).

COVID-19 Infection Prevention and Control Guidance for family and friends (informal carers) who support people in their own homes

You can [find the guidance here](#).

COVID-19 Guidance for Older People and Others at Risk of Severe Disease on Reducing Risk of COVID-19 Infection (See Appendix 1 for link to up to date list of who is at very high risk)

You can [find the guidance here](#).

Reducing stress and increasing well-being webinar– how to support your team and access psychosocial supports for disability services

Friday, April 16th (11:30am–1pm)

Hosted by the HSE Disability Services, this webinar will introduce management and staff in a supervisory or staff support role in disability services to the National Psychosocial Response to COVID-19 Framework.

You can [register for the webinar here](#).

Engaging Men’s Health Webinar Series

Taking place on 29th April from 12-1pm, hear from experts in the field of men’s health and men themselves about why we need to improve men’s health and how you can help. Please [register here for the Engaging Men Webinar Series](#).

Active School Week - Healthy Ireland initiative

Active School Week (#ASW21), an initiative supported by Healthy Ireland and part of the government *#KeepWell* campaign, takes place from April 26-30.

All schools, primary, post primary and special schools are encouraged to build Active School Week into their annual school calendars.

The Healthy Ireland Active School Week encourages activity in children and young people to help with their health and wellbeing, and provides an opportunity for schools to involve parents and guardians. It comes at a time of great opportunity to provide an outlet to help students transition from what has been a very difficult period in their lives. All activities are intended to be fun and inclusive.

For more details on activities go to <https://tinyurl.com/5x7wbb76> | #KeepWell | @ActiveFlag | @Education_Ire | @Healthy Ireland

Public Health Information

As always, for the most up to date information and advice on Coronavirus, please go to: <https://www.gov.ie/en/campaigns/c36c85-covid-19-coronavirus/> and <https://www.hpsc.ie/a-z/respiratory/coronavirus/novelcoronavirus/>. Clinical and professional guidance relating to COVID-19 is available on www.hpsc.ie where you'll find up to date guidance for healthcare settings and non-clinical settings.

Please also check the Healthy Ireland site [here](#) with further resources and information on the Keep Well campaign.

Many thanks for your continued support,

COVID-19 Stakeholder Engagement



An Roinn Sláinte
Department of Health



Rialtas na hÉireann
Government of Ireland