

# Building Connectedness in Our School Communities

WEEK 2 OCTOBER 11TH – 17TH 2021

A Series of Online Talks for Teachers Parents and Young People  
in Post Primary Schools in Co. Wexford



*Talk 6*  
*"The importance of a positive  
environment in the  
home/school/workplace for  
health and wellbeing"*

**A TALK AIMED AT TEACHERS**

*by Jacinta Kitt*  
*Lecturer, Researcher & Organisational Advisor*

Jacinta is a former primary school teacher and has taught for many years in Trinity College on the M.Ed. programme, and in Marino Institute of Education on the B.Sc. and B.Ed. programmes. She provides professional development training and presentations for schools, colleges and various other public and private organisations on the characteristics, skills and benefits of creating and maintaining a positive/effective work environment.

Her Masters thesis had workplace bullying in schools as its theme and she is an acknowledged expert on that subject. She conducts sessions on interpersonal behaviours and relationships in homes, schools and workplaces. Providing strategies for improving how we communicate/interact with each other in every environment is the theme of much of her work. During Covid times she has been giving presentations on Proactive Caring for Yourself with particular reference to building psychological resources.

Jacinta's book, published in 2017, is entitled Positive Behaviours, Relationships and Emotion...the heart of leadership in a school.

Click [here](#) for the link for  
the talk

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