

## Bereavement Information and Support Evening for Parents



**Anam Cara** is an all island of Ireland organisation committed to supporting bereaved parents after the death of their son or daughter. Our online and face to face services are open to all, regardless of the age of their child or the circumstances of their death. All our services are provided free of charge.

On **Thursday, 18<sup>th</sup> November at 7pm** Anam Cara and David Trickey, a trauma specialist based in the UK, are working together **to facilitate** this online event. Thus ensuring **bereaved mothers and fathers** have access to the information and support they may need following the sudden or unexpected death of their son or daughter. This gentle evening will give parents a **safe and comfortable forum** where they can also **connect** with other bereaved Mams and Dads.



**Guest Speaker:** David Trickey is a UK based consultant clinical psychologist. He has specialised and has extensive experience of working with traumatised children, young people and their families since 2000.

His insights on trauma and how it impacts a family, will be delivered through a presentation/talk.

Anam Cara would appreciate if you could help us grow awareness of this event and reach more parents who have sadly experienced the death of a child. If you could share this with any bereaved parents you are in contact with who may need support after the death of their child.

For more information Parents can contact us on 085 2888 888, from Northern Ireland 028 95213120 or [info@anamcara.ie](mailto:info@anamcara.ie) . Alternatively, you can forward them this link to register their interest for this evening: [Bereavement Information and Support evening](#)